



CTO CYL TROFEO SAN PEDRO REGALADO VA  
VALLADOLID, 14 - 15/5/2022

Prueba 21  
15/05/2022 - 11:08

Fem., 400m Libre

ABSOLUTO FEMENINO

Resultados

RCYL	4:14.72	, CAÑAS GARRIDO SARA	DOHA	31/12/2009
MM 17	4:14.72	, CAÑAS GARRIDO SARA	DOHA	09/12/2009
MM 16	4:18.55	, CAÑAS GARRIDO SARA	BELGRADO	31/07/2008
MM 15	4:25.52	, CAÑAS GARRIDO SARA	GIJON	22/12/2007
MM 14	4:28.09	, CAÑAS GARRIDO SARA	RIO MAYOR	30/06/2006
MM 13	4:33.63	, CAÑAS GARRIDO SARA	VALLADOLID	26/06/2005

Puntos: FINA 2022

Clasificación				AN				Tiempo	Pts
1.	AREVALO VELASCO, Berta			07	C.N. Parquesol			<b>5:07.52</b>	454
	50m:	35.22	35.22	150m:	1:52.02	38.61	250m:	3:10.16	39.18
	100m:	1:13.41	38.19	200m:	2:30.98	38.96	300m:	3:49.43	39.27
							350m:	4:29.10	39.67
							400m:	5:07.52	38.42
2.	CALVO HUIDOBRO, Celia			08	C.Acuatico Salamanca			<b>5:10.59</b>	441
	50m:	35.43	35.43	150m:	1:54.49	39.81	250m:	3:14.00	39.94
	100m:	1:14.68	39.25	200m:	2:34.06	39.57	300m:	3:53.86	39.86
							350m:	4:33.16	39.30
							400m:	5:10.59	37.43
3.	REVILLA PEREZ, Paula			06	C.N. Parquesol			<b>5:10.68</b>	440
	50m:	34.13	34.13	150m:	1:51.28	39.57	250m:	3:11.63	40.35
	100m:	1:11.71	37.58	200m:	2:31.28	40.00	300m:	3:51.47	39.84
							350m:	4:31.89	40.42
							400m:	5:10.68	38.79
4.	TORNERO TEJERINA, Andrea			03	C.N. Parquesol			<b>5:20.79</b>	400
	50m:	35.51	35.51	150m:	1:54.96	40.79	250m:	3:17.13	40.99
	100m:	1:14.17	38.66	200m:	2:36.14	41.18	300m:	3:58.40	41.27
							350m:	4:39.71	41.31
							400m:	5:20.79	41.08
5.	SEQUERA CARO, Miriam			97	C.N. Leon			<b>5:29.15</b>	370
	50m:	36.24	36.24	150m:	1:57.43	40.84	250m:	3:21.76	42.48
	100m:	1:16.59	40.35	200m:	2:39.28	41.85	300m:	4:04.68	42.92
							350m:	4:47.39	42.71
							400m:	5:29.15	41.76
6.	RODRÍGUEZ RODRÍGUEZ, Celia			09	C.N. Bierzo-Ponferrada			<b>5:40.54</b>	334
	50m:	38.12	38.12	150m:	2:03.73	43.65	250m:	3:31.88	43.99
	100m:	1:20.08	41.96	200m:	2:47.89	44.16	300m:	4:16.24	44.36
							350m:	4:59.93	43.69
							400m:	5:40.54	40.61
7.	YAGUE ALONSO, Lucia			07	C.N. Parquesol			<b>5:41.37</b>	332
	50m:	38.25	38.25	150m:	2:05.68	44.04	250m:	3:34.08	44.10
	100m:	1:21.64	43.39	200m:	2:49.98	44.30	300m:	4:17.77	43.69
							350m:	5:00.82	43.05
							400m:	5:41.37	40.55
8.	GÓMEZ FERNÁNDEZ, Valeria			07	C.N. Bierzo-Ponferrada			<b>6:03.96</b>	274
	50m:	41.23	41.23	150m:	2:15.01	46.91	250m:	3:47.91	45.68
	100m:	1:28.10	46.87	200m:	3:02.23	47.22	300m:	4:34.09	46.18
							350m:	5:19.69	45.60
							400m:	6:03.96	44.27
9.	LUCAS PÉREZ, Vega			08	C.D. Natacion Calle 4			<b>6:16.06</b>	248
	50m:	39.46	39.46	150m:	2:14.97	49.23	250m:	3:53.01	48.53
	100m:	1:25.74	46.28	200m:	3:04.48	49.51	300m:	4:41.85	48.84
							350m:	5:29.11	47.26
							400m:	6:16.06	46.95
10.	PALOMO DELGADO, Violeta			08	C.N. Parquesol			<b>6:28.41</b>	225
	50m:	40.68	40.68	150m:	2:18.30	49.46	250m:	4:00.50	52.23
	100m:	1:28.84	48.16	200m:	3:08.27	49.97	300m:	4:51.13	50.63
							350m:	5:41.21	50.08
							400m:	6:28.41	47.20
11.	JIMENEZ GONZALEZ, Carla			06	C.N. Leon			<b>6:42.09</b>	203
	50m:	42.41	42.41	150m:	2:21.86	50.28	250m:	4:05.79	51.64
	100m:	1:31.58	49.17	200m:	3:14.15	52.29	300m:	4:58.74	52.95
							350m:	5:50.92	52.18
							400m:	6:42.09	51.17
Baja enf.	FRAILE GOMEZ, Lucia			07	C.N. Parquesol				