



IX Open CyL Natación Máster Verano Va  
Valladolid, 29/5/2022

Prueba 13  
29/05/2022 - 11:19

Masc., 400m Libre

20 - 84 años  
Resultados

MMIM +75	12:16.42	, JOSE JUAN QUINTANA PRIETO	FUERTEVENTURA	08/06/2013
MMIM +70	7:49.58	, DOMINGO JIMENO IBAÑEZ	VALLADOLID	12/05/2018
MMIM +65	6:45.17	, LUIS GUILLERMO CARRANZA RODRIG	Mataró	23/04/2022
MMIM +60	6:03.45	, JOSE LUIS ASENJO SANTAMARIA	VALLADOLID	12/05/2018
MMIM +55	6:06.32	, IGNACIO PEREZ BRAVO	VALLADOLID	01/06/2019
MMIM +50	5:03.10	, MAXIMO CARBAJO RUEDA	MADRID	26/06/2016
MMIM +45	5:11.82	, MAXIMO CARBAJO RUEDA	MADRID	20/07/2013
MMIM +40	4:45.24	, PEDRO FERNANDEZ CARPINTERO	TARRAGONA	11/07/2019
MMIM +35	4:45.44	, GUILLERMO SANCHEZ MAESTRO	OVIEDO	27/03/2010
MMIM +30	4:54.22	, ISRAEL GARCIA GUTIERREZ	TARRAGONA	11/07/2019
MMIM +25	4:39.94	, RUBEN VILLALAIN LINARES	VALENCIA	14/07/2012
MMIM +20	4:50.25	, ALVARO DE FRUTOS DE PABLOS	VALLADOLID	13/05/2017

Clasificación

AN

Tiempo

+20

1.	GARCIA TORRES, Roberto	00	C.D. Tizona Burgos	<b>5:00.71</b>	10,00
	50m: 32.98 32.98	150m: 1:47.08 36.93	250m: 3:03.14 37.83	350m: 4:23.24 39.36	
	100m: 1:10.15 37.17	200m: 2:25.31 38.23	300m: 3:43.88 40.74	400m: 5:00.71 37.47	

+25

1.	ELCANO FRANCÉS, Javier	96	Burlada C.N.	<b>6:14.05</b>	10,00
	50m: 41.47 41.47	150m: 2:15.21 47.61	250m: 3:52.41 48.94	350m: 5:27.27 46.13	
	100m: 1:27.60 46.13	200m: 3:03.47 48.26	300m: 4:41.14 48.73	400m: 6:14.05 46.78	
2.	CANO BAQUERO, Carlos	93	C.N. Playa Salve	<b>6:23.64</b>	8,00
	50m: 41.47 41.47	150m: 2:14.41 48.50	250m: 3:53.35 49.69	350m: 5:35.14 50.84	
	100m: 1:25.91 44.44	200m: 3:03.66 49.25	300m: 4:44.30 50.95	400m: 6:23.64 48.50	

+30

1.	ALONSO RAMIREZ, Alfonso	92	Club Benavente Natacion	<b>5:27.58</b>	10,00
	50m: 34.30 34.30	150m: 1:52.32 39.89	250m: 3:16.98 42.86	350m: 4:44.26 43.87	
	100m: 1:12.43 38.13	200m: 2:34.12 41.80	300m: 4:00.39 43.41	400m: 5:27.58 43.32	

+40

1.	GARCIA QUINTANA, David	79	C.N. Palencia	<b>8:31.41</b>	10,00
	50m: 51.45 51.45	150m: 2:58.57 1:07.80	250m: 5:12.87 1:08.36	350m: 7:31.41 43.36	
	100m: 1:50.77 59.32	200m: 4:04.51 1:05.94	300m: 6:20.88 1:08.01	400m: 8:31.41 43.32	

+45

1.	GONZALEZ MAESO, Esau	77	C.D. Torrelago Wellness	<b>4:55.26</b>	10,00	MMIM
	50m: 33.26 33.26	150m: 1:46.62 37.37	250m: 3:02.39 38.23	350m: 4:18.75 38.24		
	100m: 1:09.25 35.99	200m: 2:24.16 37.54	300m: 3:40.51 38.12	400m: 4:55.26 36.51		
2.	MERINO GONZÁLEZ, Raúl	74	Cd Upstream	<b>5:19.47</b>	8,00	
	50m: 34.86 34.86	150m: 1:52.22 39.45	250m: 3:15.12 41.61	350m: 4:38.52 42.10		
	100m: 1:12.77 37.91	200m: 2:33.51 41.29	300m: 3:56.42 41.30	400m: 5:19.47 40.95		
3.	RUIZ REY, David	75	C.N. Bierzo-Ponferrada	<b>5:28.97</b>	6,00	
	50m: 35.60 35.60	150m: 1:56.36 40.82	250m: 3:21.54 43.11	350m: 4:48.30 43.18		
	100m: 1:15.54 39.94	200m: 2:38.43 42.07	300m: 4:05.12 43.58	400m: 5:28.97 40.67		
4.	AGUILAR CARRETERO, David	75	Club Natacion Master Leon	<b>6:03.37</b>	4,00	
	50m: 41.03 41.03	150m: 2:14.02 46.98	250m: 3:48.49 46.79	350m: 5:21.48 45.86		
	100m: 1:27.04 46.01	200m: 3:01.70 47.68	300m: 4:35.62 47.13	400m: 6:03.37 41.89		

Baja enf. HERRÁN DE LA MAZA, Pablo

77 Cd Upstream

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Valladolid, 29/5/2022

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+50

1.	SANCHEZ APARICIO, Enrique	68	Club Natacion Master Leon	<b>5:06.81</b>	10,00
	50m: 34.97 34.97	150m: 1:52.40	39.25 250m: 3:11.80	39.30	350m: 4:30.07 38.95
	100m: 1:13.15 38.18	200m: 2:32.50	40.10 300m: 3:51.12	39.32	400m: 5:06.81 36.74
2.	GALLEGO VICARIO, Roberto	69	Club Natacion Master Leon	<b>6:04.63</b>	8,00
	50m: 40.40 40.40	150m: 2:11.01	46.56 250m: 3:45.75	47.56	350m: 5:20.43 47.03
	100m: 1:24.45 44.05	200m: 2:58.19	47.18 300m: 4:33.40	47.65	400m: 6:04.63 44.20
3.	LÓPEZ ALONSO, Juan Antonio	68	C.N. Bierzo-Ponferrada	<b>6:33.38</b>	6,00
	50m: 43.51 43.51	150m: 2:22.12	50.78 250m: 4:04.73	51.36	350m: 5:46.41 50.98
	100m: 1:31.34 47.83	200m: 3:13.37	51.25 300m: 4:55.43	50.70	400m: 6:33.38 46.97
4.	MARTINEZ GARCÍA, Carlos	71	Cd Upstream	<b>6:42.28</b>	4,00
	50m: 43.51 43.51	150m: 2:22.84	50.67 250m: 4:08.04	52.53	350m: 5:53.91 52.56
	100m: 1:32.17 48.66	200m: 3:15.51	52.67 300m: 5:01.35	53.31	400m: 6:42.28 48.37

+55

1.	BERZOSA SOLANO, Marco Antonio	66	C.D. Tizona Burgos	<b>6:42.78</b>	10,00
	50m: 46.94 46.94	150m: 2:27.84	50.41 250m: 5:54.55	2:35.78	350m: 6:42.78
	100m: 1:37.43 50.49	200m: 3:18.77	50.93 300m: 5:03.94		400m: 6:42.78
2.	SOLA CASAS, Marcel	67	C.D. Tizona Burgos	<b>6:46.10</b>	8,00
	50m: 46.19 46.19	150m: 5:59.62	4:23.49 250m:		350m: 6:46.10
	100m: 1:36.13 49.94	200m: 3:20.07	300m: 5:07.25		400m: 6:46.10

+60

1.	ASENJO SANTAMARIA, Jose Luis	58	Cd Upstream	<b>6:09.92</b>	10,00
	50m: 41.33 41.33	150m: 2:14.95	48.22 250m: 3:50.62	48.17	350m: 5:25.56 47.64
	100m: 1:26.73 45.40	200m: 3:02.45	47.50 300m: 4:37.92	47.30	400m: 6:09.92 44.36

+65

1.	CARRANZA RODRIGUEZ, Luis Guillermo	57	C.D. Tizona Burgos	<b>6:50.32</b>	10,00
	50m: 44.73 44.73	150m: 2:24.74	52.20 250m: 4:10.23	53.39	350m: 5:57.71 53.37
	100m: 1:32.54 47.81	200m: 3:16.84	52.10 300m: 5:04.34	54.11	400m: 6:50.32 52.61