



X OPEN CASTILLA Y LEÓN NATACIÓN MÁSTER VERANO VA  
VALLADOLID, 4/6/2023

Prueba 81  
04/06/2023 - 11:54

Fem., 400m Libre

20 - 89 años  
Resultados

MM 75+	9:50.80	, MARINA BUENO DOMINGUEZ	BADAJOS	29/06/2017
MM 70+	8:45.09	, MARINA BUENO DOMINGUEZ	VALENCIA	14/07/2012
MM 65+	8:29.65	, MARINA BUENO DOMINGUEZ	VALLADOLID	23/11/2008
MM 60+	7:43.51	, MARINA BUENO DOMINGUEZ	TENERIFE	02/08/2002
MM 55+	6:20.31	, ANGELES AYALA GUTIERREZ	VALLADOLID	01/06/2019
MM 50+	6:01.09	, M <sup>a</sup> MAR RODRÍGUEZ NIDAGUILA	VITORIA	28/04/2019
MM 45+	5:52.77	, MARIA JOSE GARCIA ALVAREZ	VALLADOLID	12/05/2018
MM 40+	5:34.98	, MARIA MARTIN CHAGUACEDA	VALLADOLID	17/05/2015
MM 35+	5:19.59	, ESTHER LOSANTOS PRIETO	VITORIA	28/04/2019
MM 30+	5:25.77	, SARA FERNANDEZ PEREZ	VALLADOLID	12/05/2018
MM 25+	5:31.61	, SARA FERNANDEZ PEREZ	VALLADOLID	17/05/2015
MM 20+	5:07.36	, MARTA GUERRERO FERNANDEZ	VALLADOLID	23/05/2021

Puntos: DSV Masters 22

Clasificación AN Tiempo Pts

PRE-MÁSTER

1. ULLOA OSORNO, Alba 01 C.N. Palencia 5:54.69 434  
50m: 36.79 36.79 150m: 2:03.91 44.61 250m: 3:37.24 46.91 350m: 5:11.46 47.04  
100m: 1:19.30 42.51 200m: 2:50.33 46.42 300m: 4:24.42 47.18 400m: 5:54.69 43.23

25+

1. SEQUERA CARO, Miriam 97 C.N. Leon 5:34.33 526  
50m: 36.85 36.85 150m: 1:57.58 41.10 250m: 3:22.69 43.22 350m: 4:51.24 44.46  
100m: 1:16.48 39.63 200m: 2:39.47 41.89 300m: 4:06.78 44.09 400m: 5:34.33 43.09

2. RAMIREZ REVILLA, Nuria 98 C.N. Soriano 5:57.85 429  
50m: 38.62 38.62 150m: 2:07.83 45.32 250m: 3:39.43 45.95 350m: 5:11.87 46.15  
100m: 1:22.51 43.89 200m: 2:53.48 45.65 300m: 4:25.72 46.29 400m: 5:57.85 45.98

3. HONRUBIA FERNANDEZ, Marina 96 C.N. Leon 6:53.51 278  
50m: 45.96 45.96 150m: 2:29.95 52.79 250m: 4:16.32 53.46 350m: 6:02.88 53.47  
100m: 1:37.16 51.20 200m: 3:22.86 52.91 300m: 5:09.41 53.09 400m: 6:53.51 50.63

4. BARBERO GONZALEZ, Teresa 96 CD Upstream 7:00.08 265  
50m: 45.70 45.70 150m: 2:30.11 52.88 250m: 4:18.01 53.95 350m: 6:09.91 55.85  
100m: 1:37.23 51.53 200m: 3:24.06 53.95 300m: 5:14.06 56.05 400m: 7:00.08 50.17

35+

1. MAYO ANTON, Rut 87 C.D.N. Zamora 6:47.65 327  
50m: 44.07 44.07 150m: 2:26.41 53.09 250m: 4:13.33 53.99 350m: 5:59.74 52.59  
100m: 1:33.32 49.25 200m: 3:19.34 52.93 300m: 5:07.15 53.82 400m: 6:47.65 47.91

40+

1. LOSANTOS PRIETO, Esther 83 C.D. Tizona Burgos 5:45.56 547  
50m: 42.08 42.08 150m: 2:13.70 45.65 250m: 3:40.14 41.86 350m: 5:04.00 42.56  
100m: 1:28.05 45.97 200m: 2:58.28 44.58 300m: 4:21.44 41.30 400m: 5:45.56 41.56

2. VAZQUEZ FERNANDEZ, Begoña 83 00006 - C.N. Cuatro Caminos 5:56.16 500  
50m: 39.47 39.47 150m: 2:09.89 45.38 250m: 3:40.90 45.04 350m: 5:11.09 45.18  
100m: 1:24.51 45.04 200m: 2:55.86 45.97 300m: 4:25.91 45.01 400m: 5:56.16 45.07

3. ARRANZ ACEVES, Alicia 83 CD Upstream 6:35.38 365  
50m: 42.42 42.42 150m: 2:20.01 49.51 250m: 4:02.64 52.06 350m: 5:48.38 53.05  
100m: 1:30.50 48.08 200m: 3:10.58 50.57 300m: 4:55.33 52.69 400m: 6:35.38 47.00

4. GUTIERREZ ROMERO, Beatriz 80 CD Upstream 7:03.26 298  
50m: 49.11 49.11 150m: 2:37.08 54.73 250m: 4:27.51 56.04 350m: 6:14.23 52.47  
100m: 1:42.35 53.24 200m: 3:31.47 54.39 300m: 5:21.76 54.25 400m: 7:03.26 49.03

DSQ PLAZA LASTRAS, Isabel 80 Casino De La Union



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Prueba 81, Fem., 400m Libre

45+

1.	GONZÁLEZ DE LA FUENTE, M <sup>a</sup> Carolina	77	CD Upstream							<b>6:53.40</b>	325
	50m: 45.94	45.94	150m: 2:29.14	52.65	250m: 4:17.29	54.04	350m: 6:04.80	53.07			
	100m: 1:36.49	50.55	200m: 3:23.25	54.11	300m: 5:11.73	54.44	400m: 6:53.40	48.60			
2.	PASTOR GAGO, Pilar	74	C.D. Natacion Medinense							<b>7:33.78</b>	246
	50m: 47.71	47.71	150m: 2:40.60	57.86	250m: 4:39.80	59.17	350m: 6:36.99	57.53			
	100m: 1:42.74	55.03	200m: 3:40.63	1:00.03	300m: 5:39.46	59.66	400m: 7:33.78	56.79			

50+

1.	RODRÍGUEZ NIDAGUILA, M <sup>a</sup> Mar	69	C.D. Tizona Burgos							<b>6:07.91</b>	481
	50m: 42.17	42.17	150m: 2:14.51	46.31	250m: 3:48.01	46.79	350m: 5:22.15	47.22			
	100m: 1:28.20	46.03	200m: 3:01.22	46.71	300m: 4:34.93	46.92	400m: 6:07.91	45.76			
2.	HERAS GONZÁLEZ, Eva M <sup>a</sup>	69	C.N. Palencia							<b>6:47.24</b>	354
	50m: 48.07	48.07	150m: 2:31.95	52.74	250m: 4:13.10	50.51	350m: 5:56.80	52.25			
	100m: 1:39.21	51.14	200m: 3:22.59	50.64	300m: 5:04.55	51.45	400m: 6:47.24	50.44			
3.	CALVO BARTULOS, Sandra	72	C.D.N. Zamora							<b>6:54.07</b>	337
	50m: 42.46	42.46	150m: 2:26.94	55.75	250m: 4:16.47	54.55	350m: 6:03.96	54.10			
	100m: 1:31.19	48.73	200m: 3:21.92	54.98	300m: 5:09.86	53.39	400m: 6:54.07	50.11			

55+

1.	HERNANDEZ MARTIN, M <sup>a</sup> Isabel	65	CD Upstream							<b>7:13.38</b>	302
	50m: 46.96	46.96	150m: 2:34.58	55.30	250m: 4:26.95	56.71	350m: 6:21.73	57.16			
	100m: 1:39.28	52.32	200m: 3:30.24	55.66	300m: 5:24.57	57.62	400m: 7:13.38	51.65			

70+

1.	DIEZ-ANDINO RUIZ, Carmen Elena	51	C.D.N. Zamora							<b>10:48.01</b>	199
	50m: 1:09.75	1:09.75	150m: 3:46.46	1:20.28	250m: 6:34.14	1:25.07	350m: 9:25.31	1:26.23			
	100m: 2:26.18	1:16.43	200m: 5:09.07	1:22.61	300m: 7:59.08	1:24.94	400m: 10:48.01	1:22.70			