



CTO CyL Absoluto-Junior de Verano Valladolid
Valladolid, 29 - 30/6/2024

Prueba 27
30/06/2024 - 9:56

Fem., 400m Libre

Absoluto Femenino
Resultados

RA	4:14.72	, CAÑAS GARRIDO SARA	DOHA	31/12/2009
MM 18	4:22.62	, CAÑAS GARRIDO, SARA	MALAGA	25/04/2010
MM 17	4:14.72	, CAÑAS GARRIDO SARA	DOHA	09/12/2009
MM 16	4:18.55	, CAÑAS GARRIDO SARA	BELGRADO	31/07/2008
MM 15	4:25.52	, CAÑAS GARRIDO SARA	GIJON	22/12/2007
MM 14	4:28.09	, CAÑAS GARRIDO SARA	RIO MAYOR	30/06/2006

Puntos: AQUA 2024

Clasificación AN Tiempo Pts

16 años

1. GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos	4:50.24	533
50m: 33.42 33.42	150m: 1:46.79 36.47	250m: 3:00.14 36.55	350m: 4:14.28 37.18	
100m: 1:10.32 36.90	200m: 2:23.59 36.80	300m: 3:37.10 36.96	400m: 4:50.24 35.96	
2. CALVO HUIDOBRO, Celia	08	C.Acuatico Salamanca	5:09.51	439
50m: 33.96 33.96	150m: 1:50.89 38.78	250m: 3:09.37 39.28	350m: 4:29.93 40.27	
100m: 1:12.11 38.15	200m: 2:30.09 39.20	300m: 3:49.66 40.29	400m: 5:09.51 39.58	
3. TOBAR MANGUAN, Esther	08	C.N. Castilla-Burgos	5:11.91	429
50m: 35.39 35.39	150m: 1:53.74 39.52	250m: 3:13.84 39.90	350m: 4:34.13 40.02	
100m: 1:14.22 38.83	200m: 2:33.94 40.20	300m: 3:54.11 40.27	400m: 5:11.91 37.78	
4. CECILIA GARCÍA, Daniela	08	Club Benavente Natacion	5:15.78	414
50m: 35.28 35.28	150m: 1:53.87 39.90	250m: 3:14.04 40.27	350m: 4:35.41 40.37	
100m: 1:13.97 38.69	200m: 2:33.77 39.90	300m: 3:55.04 41.00	400m: 5:15.78 40.37	
5. VICENTE ALFONSO, Lucia	08	C.Acuatico Salamanca	5:18.07	405
50m: 36.22 36.22	150m: 1:55.16 39.47	250m: 3:16.25 40.78	350m: 4:38.13 41.33	
100m: 1:15.69 39.47	200m: 2:35.47 40.31	300m: 3:56.80 40.55	400m: 5:18.07 39.94	

17 años

1. ARROYO BONIFACIO, Sofia	07	C.D.N. Zamora	4:55.63	504
50m: 31.72 31.72	150m: 1:43.42 36.59	250m: 2:59.12 37.57	350m: 4:16.48 38.72	
100m: 1:06.83 35.11	200m: 2:21.55 38.13	300m: 3:37.76 38.64	400m: 4:55.63 39.15	
2. MIELGO DIEZ, Raquel	07	CD Acuatico Leon	5:11.47	431
50m: 35.16 35.16	150m: 1:54.42 40.17	250m: 3:14.34 39.67	350m: 4:33.40 39.53	
100m: 1:14.25 39.09	200m: 2:34.67 40.25	300m: 3:53.87 39.53	400m: 5:11.47 38.07	
3. NIETO HERNANDEZ, Irene	07	C.N. Parquesol	5:36.96	340
50m: 37.14 37.14	150m: 2:00.38 42.19	250m: 3:26.99 43.23	350m: 4:54.85 44.01	
100m: 1:18.19 41.05	200m: 2:43.76 43.38	300m: 4:10.84 43.85	400m: 5:36.96 42.11	

18 años

1. SANTOS MARTINEZ, Lidia	06	C.N. Parquesol	5:13.05	425
50m: 34.19 34.19	150m: 1:52.03 39.46	250m: 3:13.02 40.44	350m: 4:34.90 41.34	
100m: 1:12.57 38.38	200m: 2:32.58 40.55	300m: 3:53.56 40.54	400m: 5:13.05 38.15	
2. REVILLA PEREZ, Paula	06	C.N. Parquesol	5:21.38	392
50m: 34.90 34.90	150m: 1:56.92 41.62	250m: 3:20.19 41.73	350m: 4:42.86 40.95	
100m: 1:15.30 40.40	200m: 2:38.46 41.54	300m: 4:01.91 41.72	400m: 5:21.38 38.52	
3. CECILIA GARCIA, Carlota	06	Club Benavente Natacion	5:21.94	390
50m: 34.76 34.76	150m: 1:54.58 40.69	250m: 3:17.60 41.80	350m: 4:41.63 41.85	
100m: 1:13.89 39.13	200m: 2:35.80 41.22	300m: 3:59.78 42.18	400m: 5:21.94 40.31	
4. BARRIO SAN ESTEBAN, Olaya	06	C.N. Casa De Asturias	5:40.85	329
50m: 36.20 36.20	150m: 2:02.88 43.64	250m: 3:32.67 44.19	350m: 5:00.21 42.97	
100m: 1:19.24 43.04	200m: 2:48.48 45.60	300m: 4:17.24 44.57	400m: 5:40.85 40.64	



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Prueba 27, Fem., 400m Libre

Absoluto Femenino

1.	CARLÓN DE FUENTES, Irene	10	C.D. Torrelago Wellness	4:42.37	579
	50m: 31.55 31.55	150m: 1:41.93 35.52	250m: 2:54.63 36.54	350m: 4:08.16 36.67	
	100m: 1:06.41 34.86	200m: 2:18.09 36.16	300m: 3:31.49 36.86	400m: 4:42.37 34.21	
2.	GONZALEZ SAÑUDO, Daniela	10	C.D. Torrelago Wellness	4:43.05	575
	50m: 31.57 31.57	150m: 1:41.94 35.75	250m: 2:54.70 36.57	350m: 4:08.11 36.68	
	100m: 1:06.19 34.62	200m: 2:18.13 36.19	300m: 3:31.43 36.73	400m: 4:43.05 34.94	
3.	REDONDO DIEZ, Ana	09	C.N. Palencia	4:46.80	552
	50m: 32.08 32.08	150m: 1:43.50 36.07	250m: 2:56.65 36.49	350m: 4:10.67 36.79	
	100m: 1:07.43 35.35	200m: 2:20.16 36.66	300m: 3:33.88 37.23	400m: 4:46.80 36.13	
4.	GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos	4:50.24	533
	50m: 33.42 33.42	150m: 1:46.79 36.47	250m: 3:00.14 36.55	350m: 4:14.28 37.18	
	100m: 1:10.32 36.90	200m: 2:23.59 36.80	300m: 3:37.10 36.96	400m: 4:50.24 35.96	
5.	CARLON DE FUENTES, Elisa	10	C.D. Torrelago Wellness	4:53.81	514
	50m: 32.75 32.75	150m: 1:46.11 37.45	250m: 3:01.43 37.66	350m: 4:17.29 37.66	
	100m: 1:08.66 35.91	200m: 2:23.77 37.66	300m: 3:39.63 38.20	400m: 4:53.81 36.52	
6.	ARROYO BONIFACIO, Sofía	07	C.D.N. Zamora	4:55.63	504
	50m: 31.72 31.72	150m: 1:43.42 36.59	250m: 2:59.12 37.57	350m: 4:16.48 38.72	
	100m: 1:06.83 35.11	200m: 2:21.55 38.13	300m: 3:37.76 38.64	400m: 4:55.63 39.15	
7.	DELGADO NISTAL, Nadia	09	C.N. Castilla-Burgos	5:02.61	470
	50m: 34.22 34.22	150m: 1:49.92 38.52	250m: 3:07.98 38.78	350m: 4:25.10 38.18	
	100m: 1:11.40 37.18	200m: 2:29.20 39.28	300m: 3:46.92 38.94	400m: 5:02.61 37.51	
8.	SACEDO PARIS, Maria	05	C.N. Ciudad De Avila	5:05.90	455
	50m: 33.77 33.77	150m: 1:48.70 37.89	250m: 3:07.08 39.12	350m: 4:26.72 39.47	
	100m: 1:10.81 37.04	200m: 2:27.96 39.26	300m: 3:47.25 40.17	400m: 5:05.90 39.18	
9.	CALVO HUIDOBRO, Celia	08	C. Acuatico Salamanca	5:09.51	439
	50m: 33.96 33.96	150m: 1:50.89 38.78	250m: 3:09.37 39.28	350m: 4:29.93 40.27	
	100m: 1:12.11 38.15	200m: 2:30.09 39.20	300m: 3:49.66 40.29	400m: 5:09.51 39.58	
10.	MIELGO DIEZ, Raquel	07	CD Acuatico Leon	5:11.47	431
	50m: 35.16 35.16	150m: 1:54.42 40.17	250m: 3:14.34 39.67	350m: 4:33.40 39.53	
	100m: 1:14.25 39.09	200m: 2:34.67 40.25	300m: 3:53.87 39.53	400m: 5:11.47 38.07	
11.	TOBAR MANGUAN, Esther	08	C.N. Castilla-Burgos	5:11.91	429
	50m: 35.39 35.39	150m: 1:53.74 39.52	250m: 3:13.84 39.90	350m: 4:34.13 40.02	
	100m: 1:14.22 38.83	200m: 2:33.94 40.20	300m: 3:54.11 40.27	400m: 5:11.91 37.78	
12.	SANTOS MARTINEZ, Lidia	06	C.N. Parquesol	5:13.05	425
	50m: 34.19 34.19	150m: 1:52.03 39.46	250m: 3:13.02 40.44	350m: 4:34.90 41.34	
	100m: 1:12.57 38.38	200m: 2:32.58 40.55	300m: 3:53.56 40.54	400m: 5:13.05 38.15	
13.	SANTIAGO GARCIA, Naia	10	C.N. Palencia	5:15.28	416
	50m: 35.82 35.82	150m: 1:55.42 39.77	250m: 3:15.76 40.43	350m: 4:35.96 40.10	
	100m: 1:15.65 39.83	200m: 2:35.33 39.91	300m: 3:55.86 40.10	400m: 5:15.28 39.32	
14.	CECILIA GARCÍA, Daniela	08	Club Benavente Natacion	5:15.78	414
	50m: 35.28 35.28	150m: 1:53.87 39.90	250m: 3:14.04 40.27	350m: 4:35.41 40.37	
	100m: 1:13.97 38.69	200m: 2:33.77 39.90	300m: 3:55.04 41.00	400m: 5:15.78 40.37	
15.	CORRALES GARCÍA, Dana	09	C. Acuatico Salamanca	5:16.81	410
	50m: 36.68 36.68	150m: 1:55.80 40.15	250m: 3:17.25 40.54	350m: 4:38.66 40.43	
	100m: 1:15.65 38.97	200m: 2:36.71 40.91	300m: 3:58.23 40.98	400m: 5:16.81 38.15	
16.	JIMENEZ GARCIA, Erika	09	Club Benavente Natacion	5:16.97	409
	50m: 35.00 35.00	150m: 1:53.88 39.86	250m: 3:16.06 41.31	350m: 4:38.31 40.93	
	100m: 1:14.02 39.02	200m: 2:34.75 40.87	300m: 3:57.38 41.32	400m: 5:16.97 38.66	
17.	VICENTE ALFONSO, Lucia	08	C. Acuatico Salamanca	5:18.07	405
	50m: 36.22 36.22	150m: 1:55.16 39.47	250m: 3:16.25 40.78	350m: 4:38.13 41.33	
	100m: 1:15.69 39.47	200m: 2:35.47 40.31	300m: 3:56.80 40.55	400m: 5:18.07 39.94	
18.	SANCHEZ HERNANDEZ, Ruth	10	C. Acuatico Salamanca	5:18.22	404
	50m: 36.98 36.98	150m: 1:58.07 40.97	250m: 3:19.90 41.26	350m: 4:41.03 40.09	
	100m: 1:17.10 40.12	200m: 2:38.64 40.57	300m: 4:00.94 41.04	400m: 5:18.22 37.19	
19.	PEREZ PEREZ, Lucia	10	C.N. Leon	5:21.12	393
	50m: 36.20 36.20	150m: 1:57.73 41.22	250m: 3:20.39 41.45	350m: 4:43.90 41.83	
	100m: 1:16.51 40.31	200m: 2:38.94 41.21	300m: 4:02.07 41.68	400m: 5:21.12 37.22	
20.	REVILLA PEREZ, Paula	06	C.N. Parquesol	5:21.38	392
	50m: 34.90 34.90	150m: 1:56.92 41.62	250m: 3:20.19 41.73	350m: 4:42.86 40.95	
	100m: 1:15.30 40.40	200m: 2:38.46 41.54	300m: 4:01.91 41.72	400m: 5:21.38 38.52	



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Prueba 27, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN								Tiempo	Pts	
21. CECILIA GARCIA, Carlota	06				Club Benavente Natacion				5:21.94	390	
50m:	34.76	34.76	150m:	1:54.58	40.69	250m:	3:17.60	41.80	350m:	4:41.63	41.85
100m:	1:13.89	39.13	200m:	2:35.80	41.22	300m:	3:59.78	42.18	400m:	5:21.94	40.31
22. NIETO HERNANDEZ, Irene	07				C.N. Parquesol				5:36.96	340	
50m:	37.14	37.14	150m:	2:00.38	42.19	250m:	3:26.99	43.23	350m:	4:54.85	44.01
100m:	1:18.19	41.05	200m:	2:43.76	43.38	300m:	4:10.84	43.85	400m:	5:36.96	42.11
23. BARRIO SAN ESTEBAN, Olaya	06				C.N. Casa De Asturias				5:40.85	329	
50m:	36.20	36.20	150m:	2:02.88	43.64	250m:	3:32.67	44.19	350m:	5:00.21	42.97
100m:	1:19.24	43.04	200m:	2:48.48	45.60	300m:	4:17.24	44.57	400m:	5:40.85	40.64
24. MORENO CRESPO, Yaiza	01				C.N. Leon				5:43.76	321	
50m:	37.11	37.11	150m:	2:01.52	43.27	250m:	3:30.90	45.06	350m:	5:00.58	44.63
100m:	1:18.25	41.14	200m:	2:45.84	44.32	300m:	4:15.95	45.05	400m:	5:43.76	43.18