



X Copa de Castilla y León de Clubes Valladolid
Valladolid, 25 - 26/5/2024

Prueba 36
26/05/2024 - 17:44

Masc., 400m Libre

Absoluto Masculino
Resultados

RA	3:56.59	, JOSE ANTONIO ALONSO TELLEZ	PALMA DE MALLORCA	06/04/2008
MMT 18	4:01.74	, FABIO MARTIN ROJO	LAS PALMAS DE G.C.	06/08/2021
MMT 17	4:00.67	, RIVERA MIRANDA MARCO	BARCELONA	04/08/2000
MMT 16	4:05.96	, DIEGO DE LA FUENTE ALONSO	LOGROÑO	28/07/2022
MMT 15	4:12.23	, TIERNO RECIO MARCOS	PALMA MALLORCA	02/03/2013
MMT 14	4:21.60	, ALVAR CELA CABAÑAS	Madrid	16/07/2023

Puntos: FINA 2024

Clasificación	AN			Tiempo			FINA	Pts		
1. MARTIN ROJO, Fabio	03	CD Acuatico Leon	4:11.77	667	27,00	50m: 28.52 28.52	150m: 1:31.96 32.03	250m: 2:36.29 31.91	350m: 3:40.54 31.77	400m: 4:11.77 31.23
2. DELGADO SANCHEZ, Manuel	07	C.Acuatico Salamanca	4:21.95	592	24,00	50m: 29.72 29.72	150m: 1:36.18 33.11	250m: 2:42.00 32.58	350m: 3:48.24 33.41	400m: 4:21.95 33.71
3. VALENCIANO MIGUELEZ, Hugo	08	CD Acuatico Leon	4:27.67	555	22,00	50m: 29.67 29.67	150m: 1:38.83 34.77	250m: 2:47.42 33.10	350m: 3:57.38 34.84	400m: 4:27.67 30.29
4. GONZALEZ ALONSO, Julian	01	C.N. Leon	4:27.76	555	21,00	50m: 29.75 29.75	150m: 1:38.11 34.34	250m: 2:47.40 33.80	350m: 3:55.48 33.76	400m: 4:27.76 32.28
5. MARTIN SALCEDO, Sergio	96	C.N. Soriano	4:28.11	553	20,00	50m: 28.99 28.99	150m: 1:34.93 33.76	250m: 2:43.58 34.50	350m: 3:54.58 35.22	400m: 4:28.11 33.53
6. GALÁN VELA, Jorge	08	C.D.N. Zamora	4:29.97	541	19,00	50m: 29.19 29.19	150m: 1:35.92 34.21	250m: 2:45.73 34.93	350m: 3:55.66 34.78	400m: 4:29.97 34.31
7. LARA FONTECHA, Nuño	09	C.N. Castilla-Burgos	4:32.41	527	18,00	50m: 30.80 30.80	150m: 1:40.35 35.23	250m: 2:50.38 34.75	350m: 3:59.78 34.37	400m: 4:32.41 32.63
8. ALONSO DE LA CRUZ, Ivan	04	C.N. Parquesol	4:33.82	519	17,00	50m: 29.80 29.80	150m: 1:36.93 34.31	250m: 2:46.96 35.23	350m: 3:58.61 35.82	400m: 4:33.82 35.21
9. LOBAN JIMENEZ, Hector	07	C.N. Castilla-Burgos	4:38.02	495	16,00	50m: 29.82 29.82	150m: 1:36.78 33.68	250m: 2:47.62 35.65	350m: 4:01.73 36.82	400m: 4:38.02 36.29
10. ALONSO LOPEZ, Ivan	08	C.N. Castilla-Burgos	4:40.51	482	-	50m: 31.36 31.36	150m: 1:42.41 35.71	250m: 2:54.35 36.22	350m: 4:05.64 35.38	400m: 4:40.51 34.87
11. MARTINEZ MELENDEZ, Enrique	02	C.N. Parquesol	4:40.84	481	15,00	50m: 31.14 31.14	150m: 1:41.90 35.46	250m: 2:53.28 35.76	350m: 4:05.63 36.02	400m: 4:40.84 35.21
12. FERNÁNDEZ HERNÁNDEZ, Diego	09	C.D.N. Zamora	4:41.89	475	14,00	50m: 32.18 32.18	150m: 1:43.15 35.72	250m: 2:55.13 35.74	350m: 4:06.99 35.59	400m: 4:41.89 34.90
13. JORGE SANTAMARIA, Joel	02	C.N. Leon	4:43.17	469	13,00	50m: 31.10 31.10	150m: 1:42.60 36.33	250m: 2:55.61 36.60	350m: 4:08.52 36.46	400m: 4:43.17 34.65
14. CALVO ORTEGA, Sergio	02	C.N. Palencia	4:43.91	465	12,00	50m: 30.84 30.84	150m: 1:40.46 35.20	250m: 2:52.57 35.77	350m: 4:08.04 37.90	400m: 4:43.91 35.87
15. GARCIA RODRIGUEZ, Alberto	85	CD Acuatico Leon	4:44.05	465	-	50m: 30.90 30.90	150m: 1:41.60 35.13	250m: 2:54.87 36.46	350m: 4:08.77 36.64	400m: 4:44.05 35.28
16. BASTIAN ANTON, Angel	98	C.N. Leon	4:44.24	464	-	50m: 32.33 32.33	150m: 1:43.21 35.76	250m: 2:54.93 35.98	350m: 4:07.85 36.89	400m: 4:44.24 36.39
17. RODRÍGUEZ BLANCO,, David	10	C.N. Máster León	4:44.68	461	-	50m: 31.89 31.89	150m: 1:43.02 36.11	250m: 2:56.66 36.38	350m: 4:10.35 36.59	400m: 4:44.68 34.33



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Clasificación	AN			Tiempo			FINA	Pts
18. PICADO GOMEZ, Sergio	06	C.Acuatico Salamanca	4:52.63	425	11,00			
50m: 31.93 31.93	150m: 1:43.42 36.19	250m: 2:58.16 37.35	350m: 4:14.20 37.82					
100m: 1:07.23 35.30	200m: 2:20.81 37.39	300m: 3:36.38 38.22	400m: 4:52.63 38.43					
19. MARTIN SANTAMARIA, Eloy	07	C.N. Palencia	4:55.80	411	10,00			
50m: 31.67 31.67	150m: 1:45.49 37.71	250m: 3:02.08 38.68	350m: 4:18.75 38.56					
100m: 1:07.78 36.11	200m: 2:23.40 37.91	300m: 3:40.19 38.11	400m: 4:55.80 37.05					
20. MOREJUDO GONZALEZ, Daniel	08	C.N. Ciudad De Avila	4:59.28	397	9,00			
50m: 34.58 34.58	150m: 1:52.07 39.39	250m: 3:09.05 38.03	350m: 4:24.02 37.56					
100m: 1:12.68 38.10	200m: 2:31.02 38.95	300m: 3:46.46 37.41	400m: 4:59.28 35.26					
21. VILLAR BENGOCHEA, Gorka	09	C.N. Parquesol	5:01.27	389	-			
50m: 34.21 34.21	150m: 1:50.24 38.28	250m: 3:07.62 38.44	350m: 4:24.47 37.91					
100m: 1:11.96 37.75	200m: 2:29.18 38.94	300m: 3:46.56 38.94	400m: 5:01.27 36.80					
22. HERRERO IGLESIAS, Roberto	10	C.N. Palencia	5:04.45	377	-			
50m: 34.25 34.25	150m: 1:50.44 39.09	250m: 3:08.67 39.29	350m: 4:26.61 38.63					
100m: 1:11.35 37.10	200m: 2:29.38 38.94	300m: 3:47.98 39.31	400m: 5:04.45 37.84					
23. PICADO GOMEZ, Diego	08	C.Acuatico Salamanca	5:08.71	362	-			
50m: 33.81 33.81	150m: 1:52.85 39.72	250m: 3:12.04 39.72	350m: 4:31.85 40.07					
100m: 1:13.13 39.32	200m: 2:32.32 39.47	300m: 3:51.78 39.74	400m: 5:08.71 36.86					
24. RUBIO MARTINEZ, Adrian	05	C.N. Soriano	5:12.42	349	8,00			
50m: 33.70 33.70	150m: 1:49.64 38.65	250m: 3:09.64 39.17	350m: 4:31.66 41.40					
100m: 1:10.99 37.29	200m: 2:30.47 40.83	300m: 3:50.26 40.62	400m: 5:12.42 40.76					
25. MAROTO GARCIA, Jorge	08	C.N. Ciudad De Avila	5:25.21	309	7,00			
50m: 37.16 37.16	150m: 1:58.09 40.87	250m: 3:20.99 40.99	350m: 4:44.88 41.94					
100m: 1:17.22 40.06	200m: 2:40.00 41.91	300m: 4:02.94 41.95	400m: 5:25.21 40.33					
26. ALVADO ABAD, Carlos	09	S.D. La Venatoria	5:26.06	307	6,00			
50m: 35.42 35.42	150m: 1:57.59 41.98	250m: 3:22.43 42.50	350m: 4:46.62 41.97					
100m: 1:15.61 40.19	200m: 2:39.93 42.34	300m: 4:04.65 42.22	400m: 5:26.06 39.44					