



**XI OPEN CYL NATACIÓN MÁSTER INVIERNO LE  
LEÓN, 20/1/2024**

Prueba 15	Masc., 400m Estilos	20 - 84 años
20/01/2024 - 12:12		Resultados
RMCYL 75+	59:59.00 , A ESTABLECER	01/01/1998
RMCYL 70+	59:59.00 , A ESTABLECER	01/01/1998
RMCYL 65+	59:59.00 , A ESTABLECER	01/01/1998
RMCYL 60+	59:59.00 , A ESTABLECER	01/01/1998
RMCYL 55+	6:10.52 , RAFAEL FERNANDEZ RODRIGUEZ	27/01/2012
RMCYL 50+	6:27.57 , DAVID LAZARO DELGADO	17/01/2021
RMCYL 45+	6:28.40 , CESAR DE LAS CUEVAS SUÁREZ	09/05/2015
RMCYL 40+	5:13.67 , DANIEL MARTIN ANGULO	05/03/2022
RMCYL 35+	5:25.87 , DANIEL MARTIN ANGULO	22/01/2017
RMCYL 30+	5:02.04 , DANIEL MARTIN ANGULO	08/02/2013
RMCYL 25+	4:54.51 , SERGIO MARTINEZ GUTIERREZ	14/01/2023
RMCYL 20+	4:57.68 , SERGIO MARTINEZ GUTIERREZ	15/01/2022

Clasificación	AN	Nombre	Equipo	Tempo	Pts
<b>20+</b>					
DSQ	04	MARTINEZ MARTINEZ, Alberto	C.N. Las Norias		-
<b>25+</b>					
1.	96	DIAZ ALVAREZ, Victor	C.D. Tizona Burgos	<b>5:45.34</b>	10,00 400
		50m: 33.39 33.39	150m: 2:01.86 48.09	250m: 3:37.10 48.24	350m: 5:06.66 39.50
		100m: 1:13.77 40.38	200m: 2:48.86 47.00	300m: 4:27.16 50.06	400m: 5:45.34 38.68
<b>30+</b>					
1.	94	MARTIN DOMINGUEZ, Adrian	00573 - C.N. Leganes	<b>4:59.14</b>	10,00 627
		50m: 30.82 30.82	150m: 1:46.18 39.25	250m: 3:05.98 40.78	350m: 4:23.71 35.72
		100m: 1:06.93 36.11	200m: 2:25.20 39.02	300m: 3:47.99 42.01	400m: 4:59.14 35.43
2.	91	CEBALLOS SANCHEZ, Martin	Club Natación Vulcania Master	<b>5:12.22</b>	8,00 551
		50m: 31.43 31.43	150m: 1:48.25 40.59	250m: 3:13.30 44.39	350m: 4:36.02 37.38
		100m: 1:07.66 36.23	200m: 2:28.91 40.66	300m: 3:58.64 45.34	400m: 5:12.22 36.20
<b>40+</b>					
1.	82	JULIAN AGUILAR, Miguel Angel	00636 - C.N. Alcobendas	<b>5:23.89</b>	10,00 583
		50m: 31.82 31.82	150m: 1:51.25 41.93	250m: 3:17.02 45.15	350m: 4:44.73 40.32
		100m: 1:09.32 37.50	200m: 2:31.87 40.62	300m: 4:04.41 47.39	400m: 5:23.89 39.16
2.	82	MARTIN ANGULO, Daniel	C.D. Tizona Burgos	<b>5:34.06</b>	8,00 531
		50m: 33.70 33.70	150m: 1:55.15 41.74	250m: 3:23.84 48.11	350m: 4:53.99 40.26
		100m: 1:13.41 39.71	200m: 2:35.73 40.58	300m: 4:13.73 49.89	400m: 5:34.06 40.07
<b>45+</b>					
1.	79	PERALTA PÉREZ, Israel	C.D.N. Zamora	<b>6:13.33</b>	10,00 384RMCYL
		50m: 39.69 39.69	150m: 2:16.25 48.11	250m: 3:57.66 52.84	350m: 5:33.19 42.14
		100m: 1:28.14 48.45	200m: 3:04.82 48.57	300m: 4:51.05 53.39	400m: 6:13.33 40.14
2.	76	GONZALO GARCIA, Enrique	Casino De La Union	<b>7:34.37</b>	8,00 213
		50m: 47.71 47.71	150m: 2:47.84 1:03.23	250m: 4:52.37 1:04.34	350m: 6:47.55 50.37
		100m: 1:44.61 56.90	200m: 3:48.03 1:00.19	300m: 5:57.18 1:04.81	400m: 7:34.37 46.82
<b>55+</b>					
1.	68	SABATER REDONDO, Jorge	00006 - C.N. Cuatro Caminos	<b>5:48.31</b>	10,00 576
		50m: 37.52 37.52	150m: 2:07.59 47.55	250m: 3:41.43 48.21	350m: 5:10.69 39.93
		100m: 1:20.04 42.52	200m: 2:53.22 45.63	300m: 4:30.76 49.33	400m: 5:48.31 37.62
2.	69	LARRUCEA CASTAÑEDA, Ramon Angel	Club Natación Mungia	<b>8:03.31</b>	8,00 215
		50m: 51.30 51.30	150m: 3:04.61 1:06.80	250m: 5:18.23 1:07.12	350m: 7:15.90 48.42
		100m: 1:57.81 1:06.51	200m: 4:11.11 1:06.50	300m: 6:27.48 1:09.25	400m: 8:03.31 47.41



## XI OPEN CYL NATACIÓN MÁSTER INVIERNO LE LEÓN, 20/1/2024

### Prueba 15, Masc., 400m Estilos, 55+

Clasificación	AN		Tiempo	Pts
Baja LAZARO DELGADO, David	67	CD Upstream		-
 <b>60+</b>				
1. ALUTIZ DUARTE, Santiago	62	C.N. Iregua-Villamediana	<b>7:14.49</b>	10,00 344
50m: 44.62 44.62	150m: 2:38.05 1:02.94 250m: 4:41.21 1:02.55	350m: 6:30.04 46.00		
100m: 1:35.11 50.49	200m: 3:38.66 1:00.61 300m: 5:44.04 1:02.83	400m: 7:14.49 44.45		
2. BLANCO MANCEBO, Faustino	61	C.N Tritón Bierzo	<b>9:08.05</b>	8,00 171RMCYL
50m: 1:02.92 1:02.92	150m: 3:32.10 1:14.33 250m: 6:05.39 1:17.33	350m: 8:16.57 52.44		
100m: 2:17.77 1:14.85	200m: 4:48.06 1:15.96 300m: 7:24.13 1:18.74	400m: 9:08.05 51.48		