



X Open Castilla y León Natación Máster Verano Valladolid  
Valladolid, 2/6/2024

| Prueba 116         | Fem., 200m Estilos |                                 |                  | 20 - 94 años |
|--------------------|--------------------|---------------------------------|------------------|--------------|
| 02/06/2024 - 12:02 |                    |                                 |                  | Resultados   |
| RM 75+             | 59:59.00           | , A ESTABLECER                  | .                | 01/01/1998   |
| RM 70+             | 59:59.00           | , A ESTABLECER                  | .                | 01/01/1998   |
| RM 65+             | 6:06.05            | DIEZ-ANDINO RUIZ, CARMEN ELENA  | VALLADOLID       | 01/06/2019   |
| RM 60+             | 5:26.50            | , CARMEN ELENA DIEZ-ANDINO RUIZ | VALLADOLID       | 21/04/2012   |
| RM 55+             | 4:01.50            | , ANA RODRÍGUEZ ROMERO          | VALLADOLID       | 23/05/2021   |
| RM 50+             | 3:31.29            | , ANA Mª SANJUÁN MOYANO         | Valladolid       | 29/05/2022   |
| RM 45+             | 3:03.29            | , MARTA PACIOS PEDRERO          | SEDAVI           | 10/07/2021   |
| RM 40+             | 2:50.90            | , MARTA ALVAREZ GAGO            | OVIEDO           | 03/04/2016   |
| RM 35+             | 2:51.95            | , SARA FERNANDEZ PEREZ          | LAS PALMAS G. C. | 08/07/2022   |
| RM 30+             | 2:50.26            | , ESTHER LOSANTOS PRIETO        | VALLADOLID       | 17/05/2015   |
| RM 25+             | 2:45.75            | , MARINA ISABEL POSADA BUENO    | SABADELL         | 17/07/2004   |
| RM 20+             | 2:40.39            | , NEREA BARRENA ZUDAIRE         | LAS PALMAS G. C. | 08/07/2022   |

Puntos: FINA Master 2024

| Clasificación | AN |                          | Tiempo | Pts                         | 50m            | 100m   | 150m    | 200m    |         |         |
|---------------|----|--------------------------|--------|-----------------------------|----------------|--------|---------|---------|---------|---------|
| <b>20+</b>    |    |                          |        |                             |                |        |         |         |         |         |
| 1.            |    | LAJO GUERRA, Andrea      | 01     | C.N. Palencia               | <b>2:45.93</b> | 609    | 35.23   | 41.46   | 49.22   | 40.02   |
| 2.            |    | SEGOVIA MORENO, Silvia   | 04     | C.D. Torrelago Wellness     | <b>2:55.01</b> | 519    | 36.21   | 43.27   | 54.97   | 40.56   |
| Baja          |    | NOGUERAS GONZALEZ, A.    | 02     | C.D. Torrelago Wellness     |                |        |         |         |         |         |
| <b>25+</b>    |    |                          |        |                             |                |        |         |         |         |         |
| 1.            |    | POMAR SOLANA, Sara       | 95     | C.D.N. Zamora               | <b>2:37.70</b> | 710 RM | 32.56   | 41.22   | 45.54   | 38.38   |
| 2.            |    | DIEZ FERNANDEZ, Marta    | 95     | C.N Tritón Bierzo           | <b>2:47.17</b> | 596    | 34.66   | 46.58   | 45.15   | 40.78   |
| <b>30+</b>    |    |                          |        |                             |                |        |         |         |         |         |
| 1.            |    | APORTA DEL TESO, Eva     | 91     | C.D.N. Zamora               | <b>2:55.95</b> | 440    | 35.06   | 45.26   | 52.07   | 43.56   |
| 2.            |    | SADORNIL GUTIERREZ, A.   | 91     | C.N. Palencia               | <b>3:35.71</b> | 239    | 49.98   | 56.21   | 56.80   | 52.72   |
| <b>35+</b>    |    |                          |        |                             |                |        |         |         |         |         |
| 1.            |    | GARCIA RUBIO, Marta      | 88     | 00006 - C.N. Cuatro Caminos | <b>2:39.06</b> | 697    | 32.56   | 43.14   | 43.88   | 39.48   |
| <b>40+</b>    |    |                          |        |                             |                |        |         |         |         |         |
| 1.            |    | RODRIGUEZ SANCHEZ, L.    | 81     | 00006 - C.N. Cuatro Caminos | <b>3:02.16</b> | 504    | 38.07   | 51.49   | 53.36   | 39.24   |
| 2.            |    | BLANCO VECILLA, Patricia | 84     | C.D.N. Zamora               | <b>3:22.64</b> | 366    | 41.12   | 52.63   | 56.67   | 52.22   |
| 3.            |    | PLAZA LASTRAS, Isabel    | 80     | Casino De La Union          | <b>3:24.47</b> | 356    | 48.54   | 52.59   | 59.82   | 43.52   |
| 4.            |    | MUÑOZ GARCINUÑO, M.      | 84     | CD Upstream                 | <b>3:41.66</b> | 280    | 46.70   | 58.36   | 1:03.29 | 53.31   |
| <b>45+</b>    |    |                          |        |                             |                |        |         |         |         |         |
| 1.            |    | BRAÑA MENENDEZ, Sonia    | 75     | C.D. Jerez Natacion Master  | <b>3:08.80</b> | 419    | 43.77   | 49.71   | 52.67   | 42.65   |
| 2.            |    | MORA ESPINO, Mercedes    | 79     | 00006 - C.N. Cuatro Caminos | <b>3:32.32</b> | 295    | 45.49   | 1:01.33 | 55.51   | 49.99   |
| 3.            |    | DE PRADO ESCRIBANO, M.   | 79     | C.N. Palencia               | <b>3:50.70</b> | 230    | 53.68   | 1:07.39 | 55.61   | 54.02   |
| <b>50+</b>    |    |                          |        |                             |                |        |         |         |         |         |
| 1.            |    | VALLE MUÑOZ, M.          | 72     | 00006 - C.N. Cuatro Caminos | <b>3:26.87</b> | 389    | 40.24   | 56.46   | 1:00.67 | 49.50   |
| 2.            |    | ESPINA ASENSIO, Rocio    | 74     | C.N. Palencia               | <b>4:42.17</b> | 153    | 1:01.40 | 1:15.66 | 1:24.03 | 1:01.08 |
| <b>55+</b>    |    |                          |        |                             |                |        |         |         |         |         |
| 1.            |    | SANJUÁN MOYANO, A.       | 69     | C.N. Palencia               | <b>3:24.87</b> | 404 RM | 45.74   | 54.97   | 56.47   | 47.69   |
| 2.            |    | GARCÍA PALOMARES, M.     | 65     | 00006 - C.N. Cuatro Caminos | <b>5:16.50</b> | 109    | 1:06.87 | 1:24.04 | 1:41.86 | 1:03.73 |



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Prueba 116, Fem., 200m Estilos

60+

|                         |    |                    |                |        |       |         |         |       |
|-------------------------|----|--------------------|----------------|--------|-------|---------|---------|-------|
| 1. AYALA GUTIERREZ, A.  | 64 | C.D. Tizona Burgos | <b>3:24.84</b> | 519 RM | 45.10 | 55.22   | 56.02   | 48.50 |
| 2. RODRÍGUEZ ROMERO, A. | 64 | C.N. Palencia      | <b>4:03.72</b> | 308    | 51.04 | 1:06.64 | 1:12.21 | 53.83 |