



X Open Castilla y León Natación Máster Verano Valladolid
Valladolid, 2/6/2024

Prueba 132	Fem., 400m Estilos			20 - 94 años
02/06/2024 - 18:04				Resultados
RM 75+	59:59.00	, A ESTABLECER	.	01/01/1998
RM 70+	59:59.00	, A ESTABLECER	.	01/01/1998
RM 65+	59:59.00	, A ESTABLECER	.	01/01/1998
RM 60+	59:59.00	, A ESTABLECER	.	01/01/1998
RM 55+	10:08.68	, MARÍA DEL PILAR GARCÍA PALOMAR	LAS PALMAS G. C.	09/07/2022
RM 50+	8:08.19	, SANDRA CARAZO GARCIA	Valladolid	29/05/2022
RM 45+	8:58.55	, M ^º CARMEN MARTINEZ MARTINEZ	VALENCIA	13/07/2012
RM 40+	7:10.00	, ISABEL PLAZA LASTRAS	VALLADOLID	04/06/2023
RM 35+	7:10.53	, NOEMI BARBUDO GONZALEZ	VALLADOLID	08/06/2008
RM 30+	59:59.00	, A ESTABLECER	.	01/01/1998
RM 25+	6:39.45	, VERONICA MUÑOZ FERNANDEZ	TENERIFE	03/08/2002
RM 20+	5:42.29	, NEREA BARRENA ZUDAIRE	LAS PALMAS G. C.	09/07/2022

Puntos: FINA Master 2024

Clasificación	AN				Tiempo	Pts
25+						
1. POMAR SOLANA, Sara	95				C.D.N. Zamora	5:41.68 695 RM
50m: 33.83 33.83	150m: 1:58.93 45.65	250m: 3:30.56 47.14	350m: 4:59.97 41.69	400m: 5:41.68 41.71		
100m: 1:13.28 39.45	200m: 2:43.42 44.49	300m: 4:18.28 47.72				
2. DIEZ FERNANDEZ, Marta	95				C.N Tritón Bierzo	6:05.09 570
50m: 37.97 37.97	150m: 2:16.76 51.62	250m: 3:52.24 46.31	350m: 5:24.18 43.94	400m: 6:05.09 40.91		
100m: 1:25.14 47.17	200m: 3:05.93 49.17	300m: 4:40.24 48.00				
40+						
1. PLAZA LASTRAS, Isabel	80				Casino De La Union	7:15.35 360
50m: 51.26 51.26	150m: 2:46.85 55.96	250m: 4:42.82 1:02.36	350m: 6:32.23 46.87	400m: 7:15.35 43.12		
100m: 1:50.89 59.63	200m: 3:40.46 53.61	300m: 5:45.36 1:02.54				
2. BLANCO VECILLA, Patricia	84				C.D.N. Zamora	7:19.31 350
50m: 45.55 45.55	150m: 2:37.57 55.67	250m: 4:32.54 57.78	350m: 6:24.95 53.91	400m: 7:19.31 54.36		
100m: 1:41.90 56.35	200m: 3:34.76 57.19	300m: 5:31.04 58.50				
45+						
Baja BRAÑA MENENDEZ, Sonia	75				C.D. Jerez Natacion Master	
50+						
1. CARAZO GARCIA, Sandra	72				C.N. Palencia	8:03.10 292 RM
50m: 52.21 52.21	150m: 2:57.72 1:03.06	250m: 5:09.00 1:11.24	350m: 7:13.96 52.35	400m: 8:03.10 49.14		
100m: 1:54.66 1:02.45	200m: 3:57.76 1:00.04	300m: 6:21.61 1:12.61				