



Cto Castilla y León Absoluto-Junior de Verano Valladolid
Valladolid, 28 - 29/6/2025

Prueba 34
29/06/2025 - 11:56

Masc., 1500m Libre

Absoluto Masculino
Resultados

MMA 18	16:01.75	FABIO MARTIN, ROJO	LAS PALMAS DE G.C.	05/08/2021
MMA 17	15:58.06	ABEL MISIEGO, GARCIA	DORTMUNT	11/04/1993
MMA 16	15:53.19	MARIO ARIAS, DIEZ	LAS PALMAS DE G.C.	05/08/2021
MMA 15	16:15.07	DIEGO DE LA FUENTE, ALONSO	LAS PALMAS DE G.C.	05/08/2021
MMA 14	17:10.67	ALVAR CELA, CABAÑAS	Madrid	13/07/2023
RA	15:49.06	MARCO RIVERA, MIRANDA	ZARAGOZA	07/04/2001

Puntos: AQUA 2025

Clasificación AN Tiempo Pts

16 años

1. LARA FONTECHA, Nuno	09	C.N. Castilla-Burgos	17:20.19	586
100m: 1:03.36 1:03.36	500m: 5:43.95 1:09.65	900m: 10:22.22 1:09.65	1300m: 15:02.54 1:10.09	
200m: 2:15.15 1:11.79	600m: 6:52.88 1:08.93	1000m: 11:31.90 1:09.68	1400m: 16:12.13 1:09.59	
300m: 3:24.33 1:09.18	700m: 8:02.93 1:10.05	1100m: 12:42.18 1:10.28	1500m: 17:20.19 1:08.06	
400m: 4:34.30 1:09.97	800m: 9:12.57 1:09.64	1200m: 13:52.45 1:10.27		
2. VILLAR BENGOCHEA, Unai	09	C.D. Parquesol	19:00.44	444
100m: 1:10.19 1:10.19	500m: 6:14.56 1:16.87	900m: 11:22.06 1:16.93	1300m: 16:29.17 1:16.74	
200m: 2:25.80 1:15.61	600m: 7:31.26 1:16.70	1000m: 12:38.45 1:16.39	1400m: 17:45.58 1:16.41	
300m: 3:41.51 1:15.71	700m: 8:48.03 1:16.77	1100m: 13:54.85 1:16.40	1500m: 19:00.44 1:14.86	
400m: 4:57.69 1:16.18	800m: 10:05.13 1:17.10	1200m: 15:12.43 1:17.58		
3. RUEDA VELASCO, Hugo	09	C.N. Castilla-Burgos	20:00.48	381
100m: 1:10.00 1:10.00	500m: 6:29.46 1:21.56	900m: 11:53.44 1:20.98	1300m: 17:21.02 1:22.45	
200m: 2:26.94 1:16.94	600m: 7:50.34 1:20.88	1000m: 13:15.35 1:21.91	1400m: 18:41.22 1:20.20	
300m: 3:46.99 1:20.05	700m: 9:10.91 1:20.57	1100m: 14:37.01 1:21.66	1500m: 20:00.48 1:19.26	
400m: 5:07.90 1:20.91	800m: 10:32.46 1:21.55	1200m: 15:58.57 1:21.56		

17 años

1. GALAN VELA, Jorge	08	C.D.N. Zamora	17:49.91	538
100m: 1:06.08 1:06.08	500m: 5:53.14 1:11.78	900m: 10:39.64 1:11.41	1300m: 15:28.55 1:12.18	
200m: 2:17.18 1:11.10	600m: 7:04.35 1:11.21	1000m: 11:51.95 1:12.31	1400m: 16:40.29 1:11.74	
300m: 3:29.26 1:12.08	700m: 8:16.20 1:11.85	1100m: 13:04.09 1:12.14	1500m: 17:49.91 1:09.62	
400m: 4:41.36 1:12.10	800m: 9:28.23 1:12.03	1200m: 14:16.37 1:12.28		
2. ALONSO LOPEZ, Ivan	08	C.N. Castilla-Burgos	18:06.26	514
100m: 1:04.18 1:04.18	500m: 5:53.74 1:13.12	900m: 10:45.51 1:12.88	1300m: 15:42.17 1:14.43	
200m: 2:15.57 1:11.39	600m: 7:06.16 1:12.42	1000m: 11:59.49 1:13.98	1400m: 16:55.05 1:12.88	
300m: 3:28.21 1:12.64	700m: 8:18.93 1:12.77	1100m: 13:13.92 1:14.43	1500m: 18:06.26 1:11.21	
400m: 4:40.62 1:12.41	800m: 9:32.63 1:13.70	1200m: 14:27.74 1:13.82		
3. MAROTO GARCIA, Jorge	08	Club Natacion Ciudad De Avila	19:33.04	408
100m: 1:10.55 1:10.55	500m: 6:25.51 1:19.26	900m: 11:42.47 1:18.67	1300m: 16:59.44 1:18.51	
200m: 2:27.70 1:17.15	600m: 7:44.71 1:19.20	1000m: 13:01.98 1:19.51	1400m: 18:18.05 1:18.61	
300m: 3:46.46 1:18.76	700m: 9:04.17 1:19.46	1100m: 14:21.16 1:19.18	1500m: 19:33.04 1:14.99	
400m: 5:06.25 1:19.79	800m: 10:23.80 1:19.63	1200m: 15:40.93 1:19.77		
4. HERRERO HERNANDO, Angel	08	Club Benavente Natacion	21:23.01	312
100m: 1:16.61 1:16.61	500m: 7:00.62 1:27.90	900m: 12:50.01 1:25.78	1300m: 18:42.51 1:27.92	
200m: 2:39.52 1:22.91	600m: 8:29.41 1:28.79	1000m: 14:17.52 1:27.51	1400m: 20:06.30 1:23.79	
300m: 4:05.50 1:25.98	700m: 9:56.67 1:27.26	1100m: 15:46.31 1:28.79	1500m: 21:23.01 1:16.71	
400m: 5:32.72 1:27.22	800m: 11:24.23 1:27.56	1200m: 17:14.59 1:28.28		

18 años

1. CASADO RODRIGUEZ, Fernando	07	Club Benavente Natacion	19:31.05	410
100m: 1:11.08 1:11.08	500m: 6:24.62 1:18.86	900m: 11:42.62 1:19.18	1300m: 16:59.06 1:18.34	
200m: 2:27.49 1:16.41	600m: 7:44.77 1:20.15	1000m: 13:01.63 1:19.01	1400m: 18:17.92 1:18.86	
300m: 3:45.79 1:18.30	700m: 9:04.54 1:19.77	1100m: 14:21.21 1:19.58	1500m: 19:31.05 1:13.13	
400m: 5:05.76 1:19.97	800m: 10:23.44 1:18.90	1200m: 15:40.72 1:19.51		



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Prueba 34, Masc., 1500m Libre

Absoluto Masculino

1.	LARA FONTECHA, Nuno	09	C.N. Castilla-Burgos	17:20.19	586
	100m: 1:03.36 1:03.36	500m: 5:43.95	1:09.65 900m: 10:22.22	1:09.65 1300m: 15:02.54	1:10.09
	200m: 2:15.15 1:11.79	600m: 6:52.88	1:08.93 1000m: 11:31.90	1:09.68 1400m: 16:12.13	1:09.59
	300m: 3:24.33 1:09.18	700m: 8:02.93	1:10.05 1100m: 12:42.18	1:10.28 1500m: 17:20.19	1:08.06
	400m: 4:34.30 1:09.97	800m: 9:12.57	1:09.64 1200m: 13:52.45	1:10.27	
2.	GALAN VELA, Jorge	08	C.D.N. Zamora	17:49.91	538
	100m: 1:06.08 1:06.08	500m: 5:53.14	1:11.78 900m: 10:39.64	1:11.41 1300m: 15:28.55	1:12.18
	200m: 2:17.18 1:11.10	600m: 7:04.35	1:11.21 1000m: 11:51.95	1:12.31 1400m: 16:40.29	1:11.74
	300m: 3:29.26 1:12.08	700m: 8:16.20	1:11.85 1100m: 13:04.09	1:12.14 1500m: 17:49.91	1:09.62
	400m: 4:41.36 1:12.10	800m: 9:28.23	1:12.03 1200m: 14:16.37	1:12.28	
3.	ALONSO LOPEZ, Ivan	08	C.N. Castilla-Burgos	18:06.26	514
	100m: 1:04.18 1:04.18	500m: 5:53.74	1:13.12 900m: 10:45.51	1:12.88 1300m: 15:42.17	1:14.43
	200m: 2:15.57 1:11.39	600m: 7:06.16	1:12.42 1000m: 11:59.49	1:13.98 1400m: 16:55.05	1:12.88
	300m: 3:28.21 1:12.64	700m: 8:18.93	1:12.77 1100m: 13:13.92	1:14.43 1500m: 18:06.26	1:11.21
	400m: 4:40.62 1:12.41	800m: 9:32.63	1:13.70 1200m: 14:27.74	1:13.82	
4.	RODRIGUEZ BLANCO, David	10	Club Natacion Master Leon	18:12.56	506
	100m: 1:06.57 1:06.57	500m: 5:57.12	1:13.57 900m: 10:49.81	1:13.19 1300m: 15:46.04	1:14.65
	200m: 2:18.40 1:11.83	600m: 7:10.47	1:13.35 1000m: 12:03.22	1:13.41 1400m: 16:59.88	1:13.84
	300m: 3:30.57 1:12.17	700m: 8:23.44	1:12.97 1100m: 13:17.72	1:14.50 1500m: 18:12.56	1:12.68
	400m: 4:43.55 1:12.98	800m: 9:36.62	1:13.18 1200m: 14:31.39	1:13.67	
5.	HERRERO IGLESIAS, Roberto	10	C.N. Palencia	18:52.49	454
	100m: 1:10.16 1:10.16	500m: 6:14.53	1:15.81 900m: 11:14.66	1:13.84 1300m: 16:23.10	1:16.11
	200m: 2:25.63 1:15.47	600m: 7:30.36	1:15.83 1000m: 12:31.33	1:16.67 1400m: 17:38.02	1:14.92
	300m: 3:42.17 1:16.54	700m: 8:46.10	1:15.74 1100m: 13:48.93	1:17.60 1500m: 18:52.49	1:14.47
	400m: 4:58.72 1:16.55	800m: 10:00.82	1:14.72 1200m: 15:06.99	1:18.06	
6.	RAMIREZ RIVERA, Samuel	10	C.D. Parquesol	18:55.10	451
	100m: 1:07.06 1:07.06	500m: 6:09.14	1:16.02 900m: 11:16.23	1:16.55 1300m: 16:25.12	1:16.53
	200m: 2:22.17 1:15.11	600m: 7:25.62	1:16.48 1000m: 12:33.77	1:17.54 1400m: 17:41.39	1:16.27
	300m: 3:37.20 1:15.03	700m: 8:42.76	1:17.14 1100m: 13:51.32	1:17.55 1500m: 18:55.10	1:13.71
	400m: 4:53.12 1:15.92	800m: 9:59.68	1:16.92 1200m: 15:08.59	1:17.27	
7.	VILLAR BENGOCHEA, Unai	09	C.D. Parquesol	19:00.44	444
	100m: 1:10.19 1:10.19	500m: 6:14.56	1:16.87 900m: 11:22.06	1:16.93 1300m: 16:29.17	1:16.74
	200m: 2:25.80 1:15.61	600m: 7:31.26	1:16.70 1000m: 12:38.45	1:16.39 1400m: 17:45.58	1:16.41
	300m: 3:41.51 1:15.71	700m: 8:48.03	1:16.77 1100m: 13:54.85	1:16.40 1500m: 19:00.44	1:14.86
	400m: 4:57.69 1:16.18	800m: 10:05.13	1:17.10 1200m: 15:12.43	1:17.58	
8.	CASADO RODRIGUEZ, Fernando	07	Club Benavente Natacion	19:31.05	410
	100m: 1:11.08 1:11.08	500m: 6:24.62	1:18.86 900m: 11:42.62	1:19.18 1300m: 16:59.06	1:18.34
	200m: 2:27.49 1:16.41	600m: 7:44.77	1:20.15 1000m: 13:01.63	1:19.01 1400m: 18:17.92	1:18.86
	300m: 3:45.79 1:18.30	700m: 9:04.54	1:19.77 1100m: 14:21.21	1:19.58 1500m: 19:31.05	1:13.13
	400m: 5:05.76 1:19.97	800m: 10:23.44	1:18.90 1200m: 15:40.72	1:19.51	
9.	MAROTO GARCIA, Jorge	08	Club Natacion Ciudad De Avila	19:33.04	408
	100m: 1:10.55 1:10.55	500m: 6:25.51	1:19.26 900m: 11:42.47	1:18.67 1300m: 16:59.44	1:18.51
	200m: 2:27.70 1:17.15	600m: 7:44.71	1:19.20 1000m: 13:01.98	1:19.51 1400m: 18:18.05	1:18.61
	300m: 3:46.46 1:18.76	700m: 9:04.17	1:19.46 1100m: 14:21.16	1:19.18 1500m: 19:33.04	1:14.99
	400m: 5:06.25 1:19.79	800m: 10:23.80	1:19.63 1200m: 15:40.93	1:19.77	
10.	RUEDA VELASCO, Hugo	09	C.N. Castilla-Burgos	20:00.48	381
	100m: 1:10.00 1:10.00	500m: 6:29.46	1:21.56 900m: 11:53.44	1:20.98 1300m: 17:21.02	1:22.45
	200m: 2:26.94 1:16.94	600m: 7:50.34	1:20.88 1000m: 13:15.35	1:21.91 1400m: 18:41.22	1:20.20
	300m: 3:46.99 1:20.05	700m: 9:10.91	1:20.57 1100m: 14:37.01	1:21.66 1500m: 20:00.48	1:19.26
	400m: 5:07.90 1:20.91	800m: 10:32.46	1:21.55 1200m: 15:58.57	1:21.56	
11.	HERNANDEZ PIRIZ, Damaso	11	C.Acuatico Salamanca	20:47.67	339
	100m: 1:16.96 1:16.96	500m: 6:55.45	1:23.66 900m: 12:30.68	1:24.22 1300m: 18:02.95	1:22.53
	200m: 2:41.09 1:24.13	600m: 8:19.27	1:23.82 1000m: 13:54.90	1:24.22 1400m: 19:26.28	1:23.33
	300m: 4:06.21 1:25.12	700m: 9:42.68	1:23.41 1100m: 15:17.54	1:22.64 1500m: 20:47.67	1:21.39
	400m: 5:31.79 1:25.58	800m: 11:06.46	1:23.78 1200m: 16:40.42	1:22.88	
12.	CHAMORRO NAVARRO, Arturo	94	Club Benavente Natacion	20:57.94	331
	100m: 1:15.23 1:15.23	500m: 6:47.75	1:24.12 900m: 12:27.91	1:26.02 1300m: 18:09.25	1:25.67
	200m: 2:37.10 1:21.87	600m: 8:12.01	1:24.26 1000m: 13:53.32	1:25.41 1400m: 19:33.78	1:24.53
	300m: 4:00.62 1:23.52	700m: 9:36.32	1:24.31 1100m: 15:18.23	1:24.91 1500m: 20:57.94	1:24.16
	400m: 5:23.63 1:23.01	800m: 11:01.89	1:25.57 1200m: 16:43.58	1:25.35	
13.	HERRERO HERNANDO, Angel	08	Club Benavente Natacion	21:23.01	312
	100m: 1:16.61 1:16.61	500m: 7:00.62	1:27.90 900m: 12:50.01	1:25.78 1300m: 18:42.51	1:27.92
	200m: 2:39.52 1:22.91	600m: 8:29.41	1:28.79 1000m: 14:17.52	1:27.51 1400m: 20:06.30	1:23.79
	300m: 4:05.50 1:25.98	700m: 9:56.67	1:27.26 1100m: 15:46.31	1:28.79 1500m: 21:23.01	1:16.71
	400m: 5:32.72 1:27.22	800m: 11:24.23	1:27.56 1200m: 17:14.59	1:28.28	