



I TROFEO MÁSTER OPEN DE NATACIÓN "CIUDAD DE PONFERRADA"
PONFERRADA, 21/12/2024

Puntos Máster I Trofeo Máster Ciudad de Ponferrada Femenino

Fem., 20+

1. GONZALEZ BLANCO, 00 C. N. Monforte D	2:13.414	32.28	33.50	38.22	29.41
2. RIOCEREZO SAN ESTO33C.D. Tizona Burg	2:28.154	33.20	39.35	43.90	31.74
3. PEREIRA DÍEZ, Lucía 02 C.N. Bierzo-Ponfe	3:06.174	46.66	46.83	53.58	39.10
4. MERAYO GARCÍA, A. 04 C.N. Bierzo-Ponfe	3:15.864	51.38	52.96	49.37	42.15

Fem., 25+

1. POMAR SOLANA, Sarz95 C.D.N. Zamora	2:12.374	31.57	33.88	36.52	30.40
2. DIEZ FERNANDEZ, M.95 Natacion Sevilla M	2:16.734.D.	33.15	37.35	35.78	30.45
3. SERRANO ARRANZ, L97 00109 - C.N. Mad	2:30.534 ardo	37.29	37.08	44.45	31.71
4. GONZALEZ FIERRO, J.99 C.N. Bierzo-Ponfe	2:39.654	37.62	41.69	44.22	36.16
5. GONZALEZ ORALLO, 98 C.N. Bierzo-Ponfe	2:50.164	40.05	45.74	46.32	38.05
6. BARBON ZAPICO, J. 99 C.D. Tizona Burg	3:46.464	59.73	52.26	1:06.45	48.02

Fem., 30+

1. MORANTE SANCHEZ,94 00109 - C.N. Mad	2:20.964 ardo	33.28	36.80	39.43	31.47
2. LAZARO PRIETO, C. 91 C.D.N. Zamora	2:49.174	39.46	44.24	48.43	37.04
3. MARTINEZ GARCIA, S91 C. N. Monforte D	3:02.444	44.43	50.40	49.69	37.92
4. GONZALEZ MACIA, A. 94 C. N. Monforte D	3:14.344	51.96	53.41	47.68	41.29

Fem., 35+

1. RODRIGUEZ FERNAN87E.C.N. Leon	2:37.564	36.86	40.03	47.35	33.32
2. PRIETO BELVER, Lidi87 C.D.N. Zamora	3:06.664	50.06	48.00	49.22	39.38

Fem., 40+

1. ALONSO NAVARRO, M81 C.D.N. Zamora	2:45.564	39.01	42.60	48.77	35.12
2. GARCIA MARTINEZ, E80 C.N. Bierzo-Ponfe	3:54.464	59.01	58.78	1:10.55	46.12
3. MENDEZ ABELAIRA, J82 C. N. Valdeorras	5:05.534	1:21.23	1:16.74	1:32.84	54.72

Fem., 45+

1. VELA GARCÍA, Silvia 78 C.D.N. Zamora	3:15.564	50.21	49.05	57.88	38.44
2. HERNÁNDEZ ARRIBA76SC.D.N. Zamora	3:28.754	58.44	56.98	48.83	44.54
3. VAZQUEZ GONZALEZ,76 C. N. Valdeorras	4:27.274	1:17.07	1:05.29	1:12.19	52.72

Fem., 50+

1. LUCAS COCHO, Martz74 C.D.N. Zamora	4:15.254	1:01.66	1:08.18	1:11.49	53.92
2. HERAS GONZÁLEZ, M71 C.N. Bierzo-Ponfe	4:45.674	1:17.94	1:26.91	1:08.41	52.41



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Fem., 55+

1. HIDALGO MARTINEZ, 68 C.N. Leon **3:48.014** 54.26 1:02.39 1:03.73 47.63

Fem., 70+

1. DIEZ-ANDINO RUIZ, C51 C.D.N. Zamora **6:10.414** 2:08.79 1:15.20 1:41.97 1:04.45