



XI Copa de Castilla y León de Clubes Valladolid
Valladolid, 17 - 18/5/2025

Prueba 36
18/05/2025 - 18:04

Masc., 400m Libre

Absoluto Masculino
Resultados

MMA 18	4:01.74	FABIO MARTIN, ROJO	LAS PALMAS DE G.C.	06/08/2021
MMA 17	4:00.67	MARCO RIVERA, MIRANDA	BARCELONA	04/08/2000
MMA 16	4:05.96	DIEGO DE LA FUENTE, ALONSO	LOGROÑO	28/07/2022
MMA 15	4:12.23	MARCOS TIERNO, RECIO	PALMA MALLORCA	02/03/2013
MMA 14	4:21.60	ALVAR CELA, CABAÑAS	Madrid	16/07/2023
RA	3:56.59	JOSE ANTONIO ALONSO, TELLEZ	PALMA DE MALLORCA	06/04/2008

Puntos: AQUA 2025

Clasificación		AN						Tiempo	FINA	Pts
1.	DELGADO SANCHEZ, Manuel	07	C.Acuario Salamanca					4:13.10	657	27,00
	50m: 29.03 29.03	150m: 1:33.89 32.81	250m: 2:39.16 32.36					350m: 3:42.37 30.41		
	100m: 1:01.08 32.05	200m: 2:06.80 32.91	300m: 3:11.96 32.80					400m: 4:13.10 30.73		
2.	DE LA FUENTE ALONSO, Diego	06	C.D. Torrelago Wellness					4:18.89	614	24,00
	50m: 28.84 28.84	150m: 1:33.64 32.70	250m: 2:39.44 32.75					350m: 3:45.80 33.16		
	100m: 1:00.94 32.10	200m: 2:06.69 33.05	300m: 3:12.64 33.20					400m: 4:18.89 33.09		
3.	LARA FONTECHA, Nuno	09	C.N. Castilla-Burgos					4:19.38	610	22,00
	50m: 29.28 29.28	150m: 1:35.34 33.34	250m: 2:41.79 33.21					350m: 3:48.07 33.09		
	100m: 1:02.00 32.72	200m: 2:08.58 33.24	300m: 3:14.98 33.19					400m: 4:19.38 31.31		
4.	LOPEZ MARTIN, Alejandro	09	C.D.N. Zamora					4:25.49	569	21,00
	50m: 30.00 30.00	150m: 1:36.13 33.34	250m: 2:43.82 33.92					350m: 3:51.93 33.70		
	100m: 1:02.79 32.79	200m: 2:09.90 33.77	300m: 3:18.23 34.41					400m: 4:25.49 33.56		
5.	FERNANDEZ HERNANDEZ, Diego	09	C.D.N. Zamora					4:26.56	562	20,00
	50m: 29.71 29.71	150m: 1:35.44 33.36	250m: 2:43.56 33.97					350m: 3:52.85 34.64		
	100m: 1:02.08 32.37	200m: 2:09.59 34.15	300m: 3:18.21 34.65					400m: 4:26.56 33.71		
6.	MARTIN SALCEDO, Sergio	96	C.D.F. Acuatico Soriano					4:28.38	551	19,00
	50m: 29.98 29.98	150m: 1:36.07 33.47	250m: 2:44.62 34.65					350m: 3:54.46 34.96		
	100m: 1:02.60 32.62	200m: 2:09.97 33.90	300m: 3:19.50 34.88					400m: 4:28.38 33.92		
7.	GONZALEZ ALONSO, Mario	01	C.N. Leon					4:34.17	517	18,00
	50m: 29.84 29.84	150m: 1:37.19 34.13	250m: 2:47.39 35.10					350m: 3:59.07 35.30		
	100m: 1:03.06 33.22	200m: 2:12.29 35.10	300m: 3:23.77 36.38					400m: 4:34.17 35.10		
8.	ALONSO LOPEZ, Ivan	08	C.N. Castilla-Burgos					4:35.84	507	17,00
	50m: 30.74 30.74	150m: 1:40.44 34.58	250m: 2:50.52 35.10					350m: 4:01.10 34.76		
	100m: 1:05.86 35.12	200m: 2:15.42 34.98	300m: 3:26.34 35.82					400m: 4:35.84 34.74		
9.	RODRÍGUEZ BLANCO, David	10	Club Natación Máster León					4:36.34	505	-
	50m: 30.87 30.87	150m: 1:39.28 34.51	250m: 2:49.69 35.15					350m: 4:01.53 35.94		
	100m: 1:04.77 33.90	200m: 2:14.54 35.26	300m: 3:25.59 35.90					400m: 4:36.34 34.81		
10.	NUÑEZ SOTO, Alejandro	10	C.D. Parquesol					4:43.64	467	16,00
	50m: 32.67 32.67	150m: 1:45.26 36.59	250m: 2:58.40 36.64					350m: 4:11.39 36.23		
	100m: 1:08.67 36.00	200m: 2:21.76 36.50	300m: 3:35.16 36.76					400m: 4:43.64 32.25		
11.	VILLAR BENGOCHEA, Unai	09	C.D. Parquesol					4:43.98	465	15,00
	50m: 32.76 32.76	150m: 1:45.06 36.57	250m: 2:58.15 36.53					350m: 4:10.46 35.64		
	100m: 1:08.49 35.73	200m: 2:21.62 36.56	300m: 3:34.82 36.67					400m: 4:43.98 33.52		
12.	LARA CALLEJA, Mateo	09	C.D. Parquesol					4:45.42	458	-
	50m: 31.60 31.60	150m: 1:42.78 36.27	250m: 2:56.07 36.59					350m: 4:09.70 36.88		
	100m: 1:06.51 34.91	200m: 2:19.48 36.70	300m: 3:32.82 36.75					400m: 4:45.42 35.72		
13.	GOMES COCO, Alexandre	10	C.D.N. Zamora					4:46.19	454	-
	50m: 32.36 32.36	150m: 1:44.29 36.17	250m: 2:56.82 36.05					350m: 4:10.44 36.58		
	100m: 1:08.12 35.76	200m: 2:20.77 36.48	300m: 3:33.86 37.04					400m: 4:46.19 35.75		
14.	IVANOV, Eduard	08	Club Natacion Ciudad De Avila					4:46.31	454	14,00
	50m: 33.04 33.04	150m: 1:45.31 36.49	250m: 2:58.77 36.64					350m: 4:12.29 36.65		
	100m: 1:08.82 35.78	200m: 2:22.13 36.82	300m: 3:35.64 36.87					400m: 4:46.31 34.02		
15.	DELGADO SANCHEZ, Juan	10	C.Acuario Salamanca					4:47.08	450	13,00
	50m: 32.09 32.09	150m: 1:44.27 36.27	250m: 2:58.63 37.15					350m: 4:12.56 36.40		
	100m: 1:08.00 35.91	200m: 2:21.48 37.21	300m: 3:36.16 37.53					400m: 4:47.08 34.52		
16.	HERRERO IGLESIAS, Roberto	10	C.N. Palencia					4:51.06	432	12,00
	50m: 32.53 32.53	150m: 1:44.91 36.81	250m: 2:59.58 37.72					350m: 4:15.35 37.91		
	100m: 1:08.10 35.57	200m: 2:21.86 36.95	300m: 3:37.44 37.86					400m: 4:51.06 35.71		
17.	MOREJUDO GONZALEZ-MOHINO, D.	08	Club Natacion Ciudad De Avila					4:53.70	420	11,00
	50m: 33.25 33.25	150m: 1:48.05 38.02	250m: 3:03.88 37.85					350m: 4:19.20 38.03		
	100m: 1:10.03 36.78	200m: 2:26.03 37.98	300m: 3:41.17 37.29					400m: 4:53.70 34.50		



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Clasificación		AN		Tiempo	FINA	Pts
18.	MAROTO GARCIA, Jorge	08	Club Natacion Ciudad De Avila	4:54.49	417	-
	50m: 32.14 32.14	150m: 1:44.03 36.61	250m: 2:59.67 37.78	350m: 4:17.02 38.41		
	100m: 1:07.42 35.28	200m: 2:21.89 37.86	300m: 3:38.61 38.94	400m: 4:54.49 37.47		
19.	RUEDA VELASCO, Hugo	09	C.N. Castilla-Burgos	4:58.62	400	-
	50m: 33.61 33.61	150m: 1:47.17 37.41	250m: 3:04.27 38.65	350m: 4:21.76 38.58		
	100m: 1:09.76 36.15	200m: 2:25.62 38.45	300m: 3:43.18 38.91	400m: 4:58.62 36.86		
20.	BELLO COCA, Diego	10	C.N. Bierzo-Ponferrada	4:59.93	395	10,00
	50m: 33.24 33.24	150m: 1:48.77 38.46	250m: 3:05.77 38.08	350m: 4:22.65 38.19		
	100m: 1:10.31 37.07	200m: 2:27.69 38.92	300m: 3:44.46 38.69	400m: 4:59.93 37.28		
21.	PEREZ DE LA FUENTE, Jaime	10	C.D. Torrelago Wellness	5:01.54	388	9,00
	50m: 32.27 32.27	150m: 1:47.07 38.46	250m: 3:05.46 39.30	350m: 4:23.75 38.68		
	100m: 1:08.61 36.34	200m: 2:26.16 39.09	300m: 3:45.07 39.61	400m: 5:01.54 37.79		
22.	ALIJA VALENCIANO, Miguel	10	CD Acuatico Leon	5:12.24	350	8,00
	50m: 31.68 31.68	150m: 1:48.61 39.37	250m: 3:11.04 40.99	350m: 4:33.43 41.25		
	100m: 1:09.24 37.56	200m: 2:30.05 41.44	300m: 3:52.18 41.14	400m: 5:12.24 38.81		
23.	RODRIGUEZ SANTOS, Marcos	11	C.N. Palencia	5:13.01	347	7,00
	50m: 34.61 34.61	150m: 1:53.06 38.76	250m: 3:12.90 39.14	350m: 4:33.78 40.72		
	100m: 1:14.30 39.69	200m: 2:33.76 40.70	300m: 3:53.06 40.16	400m: 5:13.01 39.23		
24.	VEDENIEIEV, Vladyslav	10	C.Acuatico Salamanca	5:15.96	337	-
	50m: 36.21 36.21	150m: 1:55.86 40.33	250m: 3:15.87 39.36	350m: 4:36.61 40.42		
	100m: 1:15.53 39.32	200m: 2:36.51 40.65	300m: 3:56.19 40.32	400m: 5:15.96 39.35		
25.	ALCALDE SERRANO, Samuel	11	C.N. Palencia	5:16.16	337	-
	50m: 36.31 36.31	150m: 1:55.82 39.92	250m: 3:16.65 41.07	350m: 4:38.08 40.31		
	100m: 1:15.90 39.59	200m: 2:35.58 39.76	300m: 3:57.77 41.12	400m: 5:16.16 38.08		
26.	MARTINEZ ABELLA, Adrian	09	C.N. Bierzo-Ponferrada	5:19.25	327	6,00
	50m: 35.01 35.01	150m: 1:54.99 40.42	250m: 3:17.80 41.63	350m: 4:40.56 41.15		
	100m: 1:14.57 39.56	200m: 2:36.17 41.18	300m: 3:59.41 41.61	400m: 5:19.25 38.69		
27.	GONZALEZ LOPEZ, Alejandro	11	C.N. Bierzo-Ponferrada	5:25.94	307	-
	50m: 37.37 37.37	150m: 2:03.37 43.58	250m: 3:26.57 41.59	350m: 4:48.90 40.78		
	100m: 1:19.79 42.42	200m: 2:44.98 41.61	300m: 4:08.12 41.55	400m: 5:25.94 37.04		
28.	RODRIGUEZ MASTROPIETRO, D.	11	C.N. Leon	5:31.91	291	5,00
	50m: 38.35 38.35	150m: 2:05.23 43.68	250m: 3:31.38 41.96	350m: 4:53.51 40.42		
	100m: 1:21.55 43.20	200m: 2:49.42 44.19	300m: 4:13.09 41.71	400m: 5:31.91 38.40		
DSQ	PURAS RODRIGUEZ, Alonso	11	C.D. Torrelago Wellness			-
DSQ	SOLIS ALVAREZ, Javier	11	C.N. Leon			-