

XI Open Castilla y León Natación Máster Verano Valladolid
Valladolid, 1/6/2025

Prueba 432 Fem., 400m Estilos 20 - 94 años
01/06/2025 - 18:36 Resultados

MTI 75+	59:59.00	A, ESTABLECER	.	01/01/1998
MTI 70+	59:59.00	A, ESTABLECER	.	01/01/1998
MTI 65+	59:59.00	A, ESTABLECER	.	01/01/1998
MTI 60+	59:59.00	A, ESTABLECER	.	01/01/1998
MTI 55+	7:33.99	SANJUAN MOYANO, ANA MARIA	VALLADOLID	11/01/2025
MTI 50+	8:03.10	SANDRA CARAZO, GARCIA	Valladolid	02/06/2024
MTI 45+	7:16.55	PLAZA LASTRAS, ISABEL	VALLADOLID	11/01/2025
MTI 40+	7:10.00	ISABEL PLAZA, LASTRAS	VALLADOLID	04/06/2023
MTI 35+	7:10.53	NOEMI BARBUDO, GONZALEZ	VALLADOLID	08/06/2008
MTI 30+	7:38.58	BLANCO APARICIO, ANA	VALLADOLID	11/01/2025
MTI 25+	5:30.75	SARA POMAR, SOLANA	CASTELLON	06/07/2024
MTI 20+	5:42.29	NEREA BARRENA, ZUDAIRE	LAS PALMAS G. C.	09/07/2022

Puntos: AQUA Master 2024

Clasificación AN Tiempo Pts

25+

1. ZARAUZA VILLA, Lucia	99	C.N. Master Madrid	5:52.08	636
50m: 35.86 35.86	150m: 2:04.92 45.33	250m: 3:39.77 51.34	350m: 5:12.49 41.24	
100m: 1:19.59 43.73	200m: 2:48.43 43.51	300m: 4:31.25 51.48	400m: 5:52.08 39.59	
2. BAEZ DIEGUEZ, Silvia	98	C.D. Toledo Monteverde	6:46.48	413
50m: 43.77 43.77	150m: 2:27.75 53.08	250m: 4:16.48 59.18	350m: 6:02.85 46.61	
100m: 1:34.67 50.90	200m: 3:17.30 49.55	300m: 5:16.24 59.76	400m: 6:46.48 43.63	

30+

DSQ VISINI, Martina 92 C.N. Master Madrid

40+

1. CASTRO CAMARERO, Raquel	84	C.N. Master Madrid	6:32.44	492
50m: 45.23 45.23	150m: 2:28.89 51.17	250m: 4:13.87 56.44	350m: 5:51.38 40.88	
100m: 1:37.72 52.49	200m: 3:17.43 48.54	300m: 5:10.50 56.63	400m: 6:32.44 41.06	

45+

1. PLAZA LASTRAS, Isabel	80	Casino De La Union	7:18.98	365
50m: 50.85 50.85	150m: 2:44.15 55.57	250m: 4:41.13 1:02.76	350m: 6:32.34 48.84	
100m: 1:48.58 57.73	200m: 3:38.37 54.22	300m: 5:43.50 1:02.37	400m: 7:18.98 46.64	

50+

1. CARAZO GARCIA, Sandra	72	C.N. Palencia	8:05.01	289
50m: 52.50 52.50	150m: 3:00.72 1:06.54	250m: 5:16.59 1:11.97	350m: 7:16.90 52.01	
100m: 1:54.18 1:01.68	200m: 4:04.62 1:03.90	300m: 6:24.89 1:08.30	400m: 8:05.01 48.11	