



XXX COPA DE CLUBES DE NATACIÓN SEGUNDA DIVISIÓN RFEN VA  
 VALLADOLID, 14 - 15/12/2024

Prueba 13  
 14/12/2024 - 17:16

Masc., 400m Estilos

Abs.  
 Resultados

RA	4:14.08	, ALEJANDRO GARCIA MARTIN	SABADELL	12/12/2014
MMT 18	4:30.23	LOPEZ JORGE, RODRIGO	SABADELL	17/12/2016
MMT 17	4:24.45	, GARCIA MARTIN ALEJANDRO	PALMA M.	04/12/2010
MMT 16	4:27.88	, MARCOS SAN JOSE GONZALEZ	Madrid	14/11/2024
MMT 15	4:36.61	, MARCOS SAN JOSE GONZALEZ	VALLADOLID	02/12/2023
MMT 14	4:46.02	, ALVAR CELA CABAÑAS	Cáceres (CNTD)	13/05/2023

Puntos: AQUA 2024

Clasificación	AN				Clubs	Time	Pts
1. SAN JOSE GONZALEZ, Marcos	08	C.N. Parquesol	<b>4:27.59</b>	675			
50m: 28.58 28.58	150m: 1:36.59 35.43	250m: 2:46.99 36.08	350m: 3:56.09 32.82				
100m: 1:01.16 32.58	200m: 2:10.91 34.32	300m: 3:23.27 36.28	400m: 4:27.59 31.50				
2. CELA CABAÑAS, Alvar	09	C.D. Torrelago Wellness	<b>4:35.55</b>	618			
50m: 29.89 29.89	150m: 1:39.25 35.99	250m: 2:52.88 38.54	350m: 4:04.76 32.04				
100m: 1:03.26 33.37	200m: 2:14.34 35.09	300m: 3:32.72 39.84	400m: 4:35.55 30.79				
3. MARCELO MERCHAN, Hugo	06	Cn.Caceres Delfines	<b>4:38.08</b>	602			
50m: 29.12 29.12	150m: 1:39.54 37.36	250m: 2:54.16 37.97	350m: 4:05.89 32.37				
100m: 1:02.18 33.06	200m: 2:16.19 36.65	300m: 3:33.52 39.36	400m: 4:38.08 32.19				
4. VALENCIANO MIGUELEZ, Adrian	04	CD Acuatico Leon	<b>4:50.42</b>	528			
50m: 29.72 29.72	150m: 1:44.47 40.07	250m: 3:01.43 39.72	350m: 4:18.99 35.49				
100m: 1:04.40 34.68	200m: 2:21.71 37.24	300m: 3:43.50 42.07	400m: 4:50.42 31.43				
5. HIDALGO MAÑANAS, Hugo	09	C.N. Merida	<b>4:52.17</b>	519			
50m: 32.29 32.29	150m: 1:47.21 37.97	250m: 3:03.86 40.12	350m: 4:19.45 34.63				
100m: 1:09.24 36.95	200m: 2:23.74 36.53	300m: 3:44.82 40.96	400m: 4:52.17 32.72				
6. GONZALEZ ALONSO, Daniel	01	C.N. Leon	<b>4:54.72</b>	505			
50m: 30.21 30.21	150m: 1:47.02 39.71	250m: 3:07.14 40.85	350m: 4:22.87 33.52				
100m: 1:07.31 37.10	200m: 2:26.29 39.27	300m: 3:49.35 42.21	400m: 4:54.72 31.85				
7. PULIDO MOGOLLON, Carlos	10	Cn.Caceres Delfines	<b>4:57.01</b>	494			
50m: 30.60 30.60	150m: 1:43.32 37.37	250m: 3:06.84 46.59	350m: 4:26.13 32.87				
100m: 1:05.95 35.35	200m: 2:20.25 36.93	300m: 3:53.26 46.42	400m: 4:57.01 30.88				
8. ARIJA SOTO, Carlos	07	C.N. Palencia	<b>5:03.23</b>	464			
50m: 30.48 30.48	150m: 1:46.64 40.28	250m: 3:07.41 41.90	350m: 4:27.05 36.83				
100m: 1:06.36 35.88	200m: 2:25.51 38.87	300m: 3:50.22 42.81	400m: 5:03.23 36.18				
9. CARPALLO RAMIRO, Miguel Angel	09	El Perú Cáceres Wellness	<b>5:07.09</b>	447			
50m: 32.24 32.24	150m: 1:50.95 41.82	250m: 3:12.72 41.58	350m: 4:32.37 36.87				
100m: 1:09.13 36.89	200m: 2:31.14 40.19	300m: 3:55.50 42.78	400m: 5:07.09 34.72				
10. FERNANDEZ FERNANDEZ, Enrique	99	CD Acuatico Leon	<b>5:09.70</b>	435			
50m: 32.28 32.28	150m: 1:50.15 40.62	250m: 3:14.89 45.07	350m: 4:35.12 35.50				
100m: 1:09.53 37.25	200m: 2:29.82 39.67	300m: 3:59.62 44.73	400m: 5:09.70 34.58				
11. IVANOV, Eduard	08	C.N. Ciudad De Avila	<b>5:11.87</b>	426			
50m: 33.05 33.05	150m: 1:54.65 42.98	250m: 3:17.94 42.24	350m: 4:37.38 36.97				
100m: 1:11.67 38.62	200m: 2:35.70 41.05	300m: 4:00.41 42.47	400m: 5:11.87 34.49				
12. VILLAR BENGOCHEA, Gorka	09	C.N. Parquesol	<b>5:13.43</b>	420			
50m: 33.93 33.93	150m: 1:52.84 40.94	250m: 3:18.94 46.15	350m: 4:40.40 35.85				
100m: 1:11.90 37.97	200m: 2:32.79 39.95	300m: 4:04.55 45.61	400m: 5:13.43 33.03				
13. GARCIA URBANO, Sergio	08	C.N. Merida	<b>5:18.82</b>	399			
50m: 33.61 33.61	150m: 1:55.14 41.58	250m: 3:18.57 42.99	350m: 4:41.91 38.65				
100m: 1:13.56 39.95	200m: 2:35.58 40.44	300m: 4:03.26 44.69	400m: 5:18.82 36.91				
14. CASTELA MANZANO, Arlen	10	El Perú Cáceres Wellness	<b>5:19.76</b>	395			
50m: 33.21 33.21	150m: 1:54.69 42.06	250m: 3:20.60 44.16	350m: 4:45.98 37.05				
100m: 1:12.63 39.42	200m: 2:36.44 41.75	300m: 4:08.93 48.33	400m: 5:19.76 33.78				
15. MOREJUDO GONZALEZ-MOHINO, Daniel	08	C.N. Ciudad De Avila	<b>5:28.74</b>	364			
50m: 36.99 36.99	150m: 2:02.82 42.61	250m: 3:30.25 47.83	350m: 4:55.08 36.01				
100m: 1:20.21 43.22	200m: 2:42.42 39.60	300m: 4:19.07 48.82	400m: 5:28.74 33.66				
16. GONZALEZ VALENTIN, Jorge	09	C.N. Castilla-Burgos	<b>5:29.34</b>	362			
50m: 33.01 33.01	150m: 1:54.03 41.31	250m: 3:21.94 45.26	350m: 4:50.39 40.03				
100m: 1:12.72 39.71	200m: 2:36.68 42.65	300m: 4:10.36 48.42	400m: 5:29.34 38.95				
17. DELGADO SÁNCHEZ, Juan	10	C.Acuatico Salamanca	<b>5:29.50</b>	361			
50m: 36.63 36.63	150m: 2:02.51 44.45	250m: 3:30.01 45.10	350m: 4:53.26 38.52				
100m: 1:18.06 41.43	200m: 2:44.91 42.40	300m: 4:14.74 44.73	400m: 5:29.50 36.24				



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Clasificación					AN					Tiempo	Pts	
18.	RUEDA VELASCO, Hugo				09	C.N. Castilla-Burgos				<b>5:33.25</b>	349	
	50m:	35.81	35.81	150m:	1:59.60	41.27	250m:	3:26.52	46.84	350m:	4:54.12	40.34
	100m:	1:18.33	42.52	200m:	2:39.68	40.08	300m:	4:13.78	47.26	400m:	5:33.25	39.13
19.	IZQUIERDO IRUELA, Oscar				03	C.D.F. Acuatico Soriano				<b>5:36.12</b>	340	
	50m:	34.63	34.63	150m:	1:58.87	43.51	250m:	3:29.56	48.29	350m:	4:57.96	39.33
	100m:	1:15.36	40.73	200m:	2:41.27	42.40	300m:	4:18.63	49.07	400m:	5:36.12	38.16
20.	MONJE MENCIA, David				06	C.N. Leon				<b>5:36.89</b>	338	
	50m:	34.27	34.27	150m:	2:00.15	45.41	250m:	3:31.99	48.23	350m:	4:59.65	37.75
	100m:	1:14.74	40.47	200m:	2:43.76	43.61	300m:	4:21.90	49.91	400m:	5:36.89	37.24
21.	GOMES COCO, Alexandre				10	C.D.N. Zamora				<b>5:37.47</b>	336	
	50m:	35.59	35.59	150m:	2:02.23	43.81	250m:	3:34.68	50.85	350m:	5:02.65	36.95
	100m:	1:18.42	42.83	200m:	2:43.83	41.60	300m:	4:25.70	51.02	400m:	5:37.47	34.82
DSQ	HERNANDEZ PIRIZ, Damaso				11	C.Acuatico Salamanca						
DSQ	DIEZ PEREZ, Miguel				10	C.N. Palencia						
DSQ	GUERRA SAN MARTÍN, Hugo				11	C.D.N. Zamora						
Baja	RIVAS BALBOA, Lucas				05	C.N. Bierzo-Ponferrada						
Baja	CAMPOS IBAÑEZ, Alejandro				09	C.N. Bierzo-Ponferrada						