



XXX COPA DE CLUBES DE NATACIÓN SEGUNDA DIVISIÓN RFEN VA
 VALLADOLID, 14 - 15/12/2024

Prueba 2
 14/12/2024 - 10:12

Fem., 400m Estilos

Abs.
 Resultados

RA	4:49.17	, CAÑAS GARRIDO SARA	SABADELL	18/04/2009
MMT 17	4:49.17	, CAÑAS GARRIDO SARA	SABADELL	18/04/2009
MMT 16	4:57.63	, CAÑAS GARRIDO SARA	HOSPITALET	19/04/2008
MMT 15	5:03.39	, YARA GARRIDO REBOLLO	VALLADOLID	06/12/2020
MMT 14	5:11.05	, SANDRA SANTOS MARTINEZ	Madrid	15/11/2024

Puntos: AQUA 2024

Clasificación	AN				Tiempo	Pts
1. DOMINGO RUIZ, Andrea	09	C.N. Palencia	5:09.10	587		
50m: 32.06 32.06	150m: 1:50.51 40.67	250m: 3:12.94 42.27	350m: 4:33.33 36.96			
100m: 1:09.84 37.78	200m: 2:30.67 40.16	300m: 3:56.37 43.43	400m: 5:09.10 35.77			
2. SANTOS MARTINEZ, Sandra	10	C.N. Parquesol	5:17.72	541		
50m: 31.61 31.61	150m: 1:50.63 40.65	250m: 3:17.03 45.64	350m: 4:41.41 37.71			
100m: 1:09.98 38.37	200m: 2:31.39 40.76	300m: 4:03.70 46.67	400m: 5:17.72 36.31			
3. AMARILLA ABAGA, Veronica	08	El Perú Cáceres Wellness	5:19.76	531		
50m: 34.29 34.29	150m: 1:53.84 41.61	250m: 3:19.70 45.00	350m: 4:43.41 37.03			
100m: 1:12.23 37.94	200m: 2:34.70 40.86	300m: 4:06.38 46.68	400m: 5:19.76 36.35			
4. CALDERA ROSSELL, Laura	06	C.N. Merida	5:23.49	512		
50m: 33.38 33.38	150m: 1:52.89 42.22	250m: 3:20.47 45.84	350m: 4:46.40 39.27			
100m: 1:10.67 37.29	200m: 2:34.63 41.74	300m: 4:07.13 46.66	400m: 5:23.49 37.09			
5. CASTAÑO CASTAÑEIRAS, Paula	08	CD Acuatico Leon	5:24.66	507		
50m: 35.71 35.71	150m: 1:57.64 41.35	250m: 3:23.39 45.47	350m: 4:48.27 38.71			
100m: 1:16.29 40.58	200m: 2:37.92 40.28	300m: 4:09.56 46.17	400m: 5:24.66 36.39			
6. VALENCIA VIZUETE, Carmen	07	Cn.Caceres Delfines	5:26.37	499		
50m: 34.80 34.80	150m: 1:56.42 43.56	250m: 3:24.20 44.96	350m: 4:49.56 39.46			
100m: 1:12.86 38.06	200m: 2:39.24 42.82	300m: 4:10.10 45.90	400m: 5:26.37 36.81			
7. GONZALEZ SANCHEZ, Nazaret	09	C.N. Merida	5:28.29	490		
50m: 35.02 35.02	150m: 1:57.59 43.30	250m: 3:26.28 46.81	350m: 4:52.61 39.69			
100m: 1:14.29 39.27	200m: 2:39.47 41.88	300m: 4:12.92 46.64	400m: 5:28.29 35.68			
8. PAREJO HERNANDEZ, Irene	09	Cn.Caceres Delfines	5:28.69	488		
50m: 35.43 35.43	150m: 2:00.01 44.67	250m: 3:28.18 44.83	350m: 4:53.24 39.21			
100m: 1:15.34 39.91	200m: 2:43.35 43.34	300m: 4:14.03 45.85	400m: 5:28.69 35.45			
9. TENA RAMIRO, Alea	06	El Perú Cáceres Wellness	5:41.25	436		
50m: 34.80 34.80	150m: 1:59.06 44.27	250m: 3:31.71 49.59	350m: 5:01.84 40.68			
100m: 1:14.79 39.99	200m: 2:42.12 43.06	300m: 4:21.16 49.45	400m: 5:41.25 39.41			
10. RAMOS VILUMBRALES, Nuria	11	C.N. Castilla-Burgos	5:42.37	432		
50m: 36.13 36.13	150m: 2:02.58 43.47	250m: 3:34.38 49.74	350m: 5:04.85 39.26			
100m: 1:19.11 42.98	200m: 2:44.64 42.06	300m: 4:25.59 51.21	400m: 5:42.37 37.52			
11. FERNANDEZ GONZALEZ, Mercedes	11	C.D. Torrelago Wellness	5:47.96	412		
50m: 37.96 37.96	150m: 2:09.75 45.46	250m: 3:39.34 46.73	350m: 5:08.84 39.89			
100m: 1:24.29 46.33	200m: 2:52.61 42.86	300m: 4:28.95 49.61	400m: 5:47.96 39.12			
12. DELGADO MALILLOS, Carmen	10	C.N.Castilla Zamora	5:50.64	402		
50m: 37.10 37.10	150m: 2:08.14 46.53	250m: 3:42.63 48.71	350m: 5:13.19 40.30			
100m: 1:21.61 44.51	200m: 2:53.92 45.78	300m: 4:32.89 50.26	400m: 5:50.64 37.45			
13. ALVAREZ REPARAZ, Olga	10	C.N. Bierzo-Ponferrada	5:51.10	401		
50m: 37.19 37.19	150m: 2:07.69 45.83	250m: 3:41.12 48.71	350m: 5:12.53 40.97			
100m: 1:21.86 44.67	200m: 2:52.41 44.72	300m: 4:31.56 50.44	400m: 5:51.10 38.57			
14. GARCIA GIL, Sofia	09	Casino De La Union	5:56.64	382		
50m: 37.20 37.20	150m: 2:10.12 45.43	250m: 3:43.21 47.79	350m: 5:15.82 43.12			
100m: 1:24.69 47.49	200m: 2:55.42 45.30	300m: 4:32.70 49.49	400m: 5:56.64 40.82			
15. GUERRA MEDIAVILLA, Lucia	11	C.N. Castilla-Burgos	5:58.92	375		
50m: 38.34 38.34	150m: 2:05.81 45.98	250m: 3:40.07 50.00	350m: 5:14.53 44.52			
100m: 1:19.83 41.49	200m: 2:50.07 44.26	300m: 4:30.01 49.94	400m: 5:58.92 44.39			
16. VICENTE ALFONSO, Lucia	08	C.Acuatico Salamanca	6:01.50	367		
50m: 39.22 39.22	150m: 2:08.36 43.83	250m: 3:46.98 55.02	350m: 5:21.48 40.07			
100m: 1:24.53 45.31	200m: 2:51.96 43.60	300m: 4:41.41 54.43	400m: 6:01.50 40.02			
17. DE BLAS RODRIGUEZ, Maria	11	C.N. Ciudad De Avila	6:05.42	355		
50m: 39.49 39.49	150m: 2:17.15 48.62	250m: 3:53.22 48.59	350m: 5:24.79 40.91			
100m: 1:28.53 49.04	200m: 3:04.63 47.48	300m: 4:43.88 50.66	400m: 6:05.42 40.63			
18. GONZALEZ NIÑO, Jimena	10	CD Acuatico Leon	6:07.10	350		
50m: 37.54 37.54	150m: 2:09.79 47.60	250m: 3:48.22 51.83	350m: 5:23.21 43.54			
100m: 1:22.19 44.65	200m: 2:56.39 46.60	300m: 4:39.67 51.45	400m: 6:07.10 43.89			



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Prueba 2, Fem., 400m Estilos, Abs.

Clasificación					AN					Tiempo	Pts	
19.	URBON GOMEZ, Lucia				07	C.N. Palencia				6:19.58	317	
	50m:	39.68	39.68	150m:	2:15.40	48.02	250m:	3:55.31	51.40	350m:	5:33.88	46.40
	100m:	1:27.38	47.70	200m:	3:03.91	48.51	300m:	4:47.48	52.17	400m:	6:19.58	45.70
20.	REVILLA PEREZ, Emma				10	C.N. Parquesol				6:19.94	316	
	50m:	42.38	42.38	150m:	2:24.27	46.96	250m:	4:01.05	48.83	350m:	5:36.21	44.62
	100m:	1:37.31	54.93	200m:	3:12.22	47.95	300m:	4:51.59	50.54	400m:	6:19.94	43.73
21.	GONZALEZ CARRO, Veronica				11	C.D. Torrelago Wellness				6:21.01	313	
	50m:	42.27	42.27	150m:	2:19.92	46.64	250m:	4:03.57	56.72	350m:	5:40.76	40.42
	100m:	1:33.28	51.01	200m:	3:06.85	46.93	300m:	5:00.34	56.77	400m:	6:21.01	40.25
22.	GARCIA MARCOS, Alicia Ainara				10	C.Acuatico Salamanca				6:27.11	299	
	50m:	42.72	42.72	150m:	2:24.75	48.97	250m:	4:08.37	56.08	350m:	5:47.24	41.15
	100m:	1:35.78	53.06	200m:	3:12.29	47.54	300m:	5:06.09	57.72	400m:	6:27.11	39.87
23.	JIMENEZ MOÑIVAS, Maria				09	C.N. Ciudad De Avila				6:33.46	285	
	50m:	38.60	38.60	150m:	2:16.46	51.19	250m:	4:04.25	57.18	350m:	5:48.75	46.29
	100m:	1:25.27	46.67	200m:	3:07.07	50.61	300m:	5:02.46	58.21	400m:	6:33.46	44.71
24.	RAMIREZ REVILLA, Nuria				98	C.D.F. Acuatico Soriano				7:02.54	230	
	50m:	41.59	41.59	150m:	2:29.97	59.18	250m:	4:25.42	57.19	350m:	6:13.64	51.00
	100m:	1:30.79	49.20	200m:	3:28.23	58.26	300m:	5:22.64	57.22	400m:	7:02.54	48.90