



**CAMPEONATO CASTILLA Y LEÓN ABSOLUTO CAMPEONATO CASTILLA Y LEÓN JUNIOR INVIERNO VALLADOLID  
VALLADOLID, 21 - 22/2/2026**

**Prueba 4**  
**21/02/2026 - 10:28**

**Fem., 400m Libre**

**ABSOLUTA**  
**Lista de salida**

MMA 18	4:22.62	SARA CAÑAS, GARRIDO	MALAGA	25/04/2010
MMA 17	4:14.72	SARA CAÑAS, GARRIDO	DOHA	09/12/2009
MMA 16	4:18.55	SARA CAÑAS, GARRIDO	BELGRADO	31/07/2008
MMA 15	4:25.52	SARA CAÑAS, GARRIDO	GIJON	22/12/2007
MMA 14	4:28.09	SARA CAÑAS, GARRIDO	RIO MAYOR	30/06/2006
RA	4:14.72	SARA CAÑAS, GARRIDO	DOHA	31/12/2009

	AN		M.Acreditada	Long	M.Convertida
<u>Serie 1 de 3</u>					
1	07	C.Acumatico Salamanca	5:29.39	25m	5:35.59
2	10	C.Acumatico Salamanca	5:28.33	50m	5:28.33
3	10	C.D.N. San Jose Obrero	5:15.08	25m	5:21.28
4	12	C.N. Castilla-Burgos	5:13.57	25m	5:19.77
5	10	C.D. Parquesol	5:21.08	50m	5:21.08
6	06	C.Acumatico Salamanca	5:26.77	50m	5:26.77
7	12	C.N. Leon	5:22.73	25m	5:28.93
8	09	C.N. Castilla-Burgos	5:29.92	25m	5:36.12
<u>Serie 2 de 3</u>					
1	06	Club Benavente Natacion	5:14.31	50m	5:14.31
2	10	C.D. Parquesol	5:13.30	50m	5:13.30
3	07	Casino De La Union	5:10.65	50m	5:10.65
4	11	Casino De La Union	5:08.35	50m	5:08.35
5	09	C.Acumatico Salamanca	5:04.19	25m	5:10.39
6	11	C.N. Palencia	5:12.70	50m	5:12.70
7	10	C.Acumatico Salamanca	5:13.84	50m	5:13.84
8	09	Casino De La Union	5:16.85	50m	5:16.85
<u>Serie 3 de 3</u>					
1	09	Club Benavente Natacion	4:56.91	25m	5:03.11
2	08	C.N. Castilla-Burgos	4:46.79	25m	4:52.99
3	10	C.D. Torrelago Wellness	4:41.63	25m	4:47.83
4	07	CD Acumatico Leon	4:31.62	25m	4:37.82
5	07	CD Acumatico Leon	4:38.31	25m	4:44.51
6	10	C.N. Palencia	4:44.24	25m	4:50.44
7	11	N. Casa De Asturias	4:52.63	25m	4:58.83
8	10	C.N. Palencia	4:58.65	25m	5:04.85