



Cto Castilla y León Absoluto-Junior de Verano Valladolid
Valladolid, 4 - 5/7/2026

Prueba 30
05/07/2026 - 10:27

Fem., 400m Estilos

Absoluto Femenino
Resultados

RA	4:57.28	YARA GARRIDO, REBOLLO	LAS PALMAS DE G.C.	04/08/2021
MMT 18	5:02.27	YARA GARRIDO, REBOLLO	Palma de Mallorca	30/03/2023
MMT 17	4:58.17	YARA GARRIDO, REBOLLO	TORREMOLINOS	10/04/2022
MMT 16	4:57.28	YARA GARRIDO, REBOLLO	LAS PALMAS DE G.C.	04/08/2021
MMT 15	5:07.29	YARA GARRIDO, REBOLLO	CASTELLÓN	19/12/2020
MMT 14	5:05.17	NAYARA PINEDA, LOPEZ	Palma de Mallorca	12/02/2022

Puntos: AQUA 2026

Clasificación AN Tiempo Pts

16 años

1. ALONSO PERAL, Lola	10	C.N. Palencia	5:45.97	442
50m: 34.88 34.88	150m: 2:03.71 45.85	250m: 3:39.50 50.84	350m: 5:08.24 37.72	
100m: 1:17.86 42.98	200m: 2:48.66 44.95	300m: 4:30.52 51.02	400m: 5:45.97 37.73	
2. ALVAREZ REPARAZ, Olga	10	C.N. Bierzo-Ponferrada	5:57.84	399
50m: 36.99 36.99	150m: 2:09.49 48.15	250m: 3:46.24 49.86	350m: 5:18.01 42.51	
100m: 1:21.34 44.35	200m: 2:56.38 46.89	300m: 4:35.50 49.26	400m: 5:57.84 39.83	
3. GARCIA MARTIN, Raquel Carmen	10	C.D.N. San Jose Obrero	6:04.96	377
50m: 37.79 37.79	150m: 2:15.41 52.85	250m: 3:55.17 51.35	350m: 5:26.82 40.75	
100m: 1:22.56 44.77	200m: 3:03.82 48.41	300m: 4:46.07 50.90	400m: 6:04.96 38.14	
4. SANCHEZ GONZALEZ, Jimena	10	Club Natacion Rio Adaja	6:10.84	359
50m: 39.99 39.99	150m: 2:12.77 46.58	250m: 3:54.28 54.83	350m: 5:30.66 40.38	
100m: 1:26.19 46.20	200m: 2:59.45 46.68	300m: 4:50.28 56.00	400m: 6:10.84 40.18	
5. REVILLA PEREZ, Emma	10	C.D. Parquesol	6:28.41	312
50m: 41.46 41.46	150m: 2:32.34 51.73	250m: 4:11.93 50.34	350m: 5:46.29 42.29	
100m: 1:40.61 59.15	200m: 3:21.59 49.25	300m: 5:04.00 52.07	400m: 6:28.41 42.12	

17 años

1. DOMINGO RUIZ, Andrea	09	C.N. Palencia	5:17.51	572
50m: 32.84 32.84	150m: 1:52.77 41.80	250m: 3:39.50 50.84	350m: 4:42.21 37.30	
100m: 1:10.97 38.13	200m: 2:48.66 44.95	300m: 4:04.91 51.02	400m: 5:17.51 35.30	
2. ASENSIO RODRIGUEZ, Paula	09	C.N. Palencia	6:31.75	304
50m: 43.13 43.13	150m: 2:28.32 52.11	250m: 4:11.84 52.19	350m: 5:49.73 45.26	
100m: 1:36.21 53.08	200m: 3:19.65 51.33	300m: 5:04.47 52.63	400m: 6:31.75 42.02	

18 años

1. GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos	5:27.13	523
50m: 34.70 34.70	150m: 1:56.35 42.28	250m: 3:26.09 47.48	350m: 4:50.94 36.66	
100m: 1:14.07 39.37	200m: 2:38.61 42.26	300m: 4:14.28 48.19	400m: 5:27.13 36.19	
2. PEREZ GOMEZ, Jimena	08	C.D.F. Acuatico Soriano	6:00.39	391
50m: 40.82 40.82	150m: 2:19.15 49.09	250m: 3:51.83 45.81	350m: 5:21.05 41.43	
100m: 1:30.06 49.24	200m: 3:06.02 46.87	300m: 4:39.62 47.79	400m: 6:00.39 39.34	

Absoluto Femenino

1. TORNERO TEJERINA, Alejandra	05	C.D. Parquesol	5:14.98	586
50m: 31.19 31.19	150m: 1:49.22 42.38	250m: 3:15.53 44.90	350m: 4:39.05 37.22	
100m: 1:06.84 35.65	200m: 2:30.63 41.41	300m: 4:01.83 46.30	400m: 5:14.98 35.93	
2. DOMINGO RUIZ, Andrea	09	C.N. Palencia	5:17.51	572
50m: 32.84 32.84	150m: 1:52.77 41.80	250m: 3:39.50 50.84	350m: 4:42.21 37.30	
100m: 1:10.97 38.13	200m: 2:48.66 44.95	300m: 4:04.91 51.02	400m: 5:17.51 35.30	
3. GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos	5:27.13	523
50m: 34.70 34.70	150m: 1:56.35 42.28	250m: 3:26.09 47.48	350m: 4:50.94 36.66	
100m: 1:14.07 39.37	200m: 2:38.61 42.26	300m: 4:14.28 48.19	400m: 5:27.13 36.19	
4. ALONSO PERAL, Lola	10	C.N. Palencia	5:45.97	442
50m: 34.88 34.88	150m: 2:03.71 45.85	250m: 3:39.50 50.84	350m: 5:08.24 37.72	
100m: 1:17.86 42.98	200m: 2:48.66 44.95	300m: 4:30.52 51.02	400m: 5:45.97 37.73	
5. GOMEZ DIEZ, Ana	11	CD Acuatico Leon	5:57.48	401
50m: 36.51 36.51	150m: 2:08.11 46.86	250m: 3:43.95 49.59	350m: 5:15.56 41.40	
100m: 1:21.25 44.74	200m: 2:54.36 46.25	300m: 4:34.16 50.21	400m: 5:57.48 41.92	



Cto Castilla y León Absoluto-Junior de Verano Valladolid
Valladolid, 4 - 5/7/2026

Prueba 30, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN								Tiempo				Pts
6. ALVAREZ REPARAZ, Olga	10				C.N. Bierzo-Ponferrada				5:57.84				399
50m:	36.99	36.99	150m:	2:09.49	48.15	250m:	3:46.24	49.86	350m:	5:18.01			42.51
100m:	1:21.34	44.35	200m:	2:56.38	46.89	300m:	4:35.50	49.26	400m:	5:57.84			39.83
7. MARTIN ALVARO, Lucia	07				Casino De La Union				5:58.06				399
50m:	36.50	36.50	150m:	2:06.67	49.09	250m:	3:44.79	50.86	350m:	5:18.90			42.57
100m:	1:17.58	41.08	200m:	2:53.93	47.26	300m:	4:36.33	51.54	400m:	5:58.06			39.16
8. FERNANDEZ GONZALEZ, Mercedes	11				C.D. Torrelago Wellness				5:58.82				396
50m:	38.52	38.52	150m:	2:13.94	46.92	250m:	3:47.39	48.84	350m:	5:20.72			41.00
100m:	1:27.02	48.50	200m:	2:58.55	44.61	300m:	4:39.72	52.33	400m:	5:58.82			38.10
9. PEREZ GOMEZ, Jimena	08				C.D.F. Acuatico Soriano				6:00.39				391
50m:	40.82	40.82	150m:	2:19.15	49.09	250m:	3:51.83	45.81	350m:	5:21.05			41.43
100m:	1:30.06	49.24	200m:	3:06.02	46.87	300m:	4:39.62	47.79	400m:	6:00.39			39.34
10. GARCIA MARTIN, Raquel Carmen	10				C.D.N. San Jose Obrero				6:04.96				377
50m:	37.79	37.79	150m:	2:15.41	52.85	250m:	3:55.17	51.35	350m:	5:26.82			40.75
100m:	1:22.56	44.77	200m:	3:03.82	48.41	300m:	4:46.07	50.90	400m:	6:04.96			38.14
11. SANCHEZ GONZALEZ, Jimena	10				Club Natacion Rio Adaja				6:10.84				359
50m:	39.99	39.99	150m:	2:12.77	46.58	250m:	3:54.28	54.83	350m:	5:30.66			40.38
100m:	1:26.19	46.20	200m:	2:59.45	46.68	300m:	4:50.28	56.00	400m:	6:10.84			40.18
12. FERNANDEZ GOMULKA, Maria	12				C.Acuatico Salamanca				6:11.20				358
50m:	40.35	40.35	150m:	2:17.89	49.98	250m:	3:58.85	52.69	350m:	5:32.90			41.46
100m:	1:27.91	47.56	200m:	3:06.16	48.27	300m:	4:51.44	52.59	400m:	6:11.20			38.30
13. REVILLA PEREZ, Emma	10				C.D. Parquesol				6:28.41				312
50m:	41.46	41.46	150m:	2:32.34	51.73	250m:	4:11.93	50.34	350m:	5:46.29			42.29
100m:	1:40.61	59.15	200m:	3:21.59	49.25	300m:	5:04.00	52.07	400m:	6:28.41			42.12
14. ASENSIO RODRIGUEZ, Paula	09				C.N. Palencia				6:31.75				304
50m:	43.13	43.13	150m:	2:28.32	52.11	250m:	4:11.84	52.19	350m:	5:49.73			45.26
100m:	1:36.21	53.08	200m:	3:19.65	51.33	300m:	5:04.47	52.63	400m:	6:31.75			42.02