



Cto Castilla y León Absoluto-Junior de Verano Valladolid
Valladolid, 4 - 5/7/2026

Prueba 31
05/07/2026 - 10:40

Masc., 400m Libre

Absoluto Masculino
Resultados

RA	3:56.59	JOSE ANTONIO ALONSO, TELLEZ	PALMA DE MALLORCA	06/04/2008
MMT 18	4:01.74	FABIO MARTIN, ROJO	LAS PALMAS DE G.C.	06/08/2021
MMT 17	4:00.67	MARCO RIVERA, MIRANDA	BARCELONA	04/08/2000
MMT 16	4:05.96	DIEGO DE LA FUENTE, ALONSO	LOGROÑO	28/07/2022
MMT 15	4:12.23	MARCOS TIerno, RECIO	PALMA MALLORCA	02/03/2013
MMT 14	4:21.60	ALVAR CELA, CABAÑAS	Madrid	16/07/2023

Puntos: AQUA 2026

Clasificación AN Tiempo Pts

16 años

1. BILBAO SEBASTIAN, Adrian	10	C.N. Castilla-Burgos	4:27.87	553
50m: 29.61 29.61	150m: 1:36.60 34.16	250m: 2:45.75 34.38	350m: 3:55.11 34.04	
100m: 1:02.44 32.83	200m: 2:11.37 34.77	300m: 3:21.07 35.32	400m: 4:27.87 32.76	
2. NUÑEZ SOTO, Alejandro	10	C.D. Parquesol	4:27.96	553
50m: 30.39 30.39	150m: 1:38.54 34.38	250m: 2:46.61 33.86	350m: 3:55.47 34.16	
100m: 1:04.16 33.77	200m: 2:12.75 34.21	300m: 3:21.31 34.70	400m: 4:27.96 32.49	
3. RODRIGUEZ BLANCO, David	10	Club Natacion Master Leon	4:29.83	541
50m: 29.16 29.16	150m: 1:34.68 33.38	250m: 2:44.05 35.11	350m: 3:55.22 35.85	
100m: 1:01.30 32.14	200m: 2:08.94 34.26	300m: 3:19.37 35.32	400m: 4:29.83 34.61	
4. GOMES COCO, Alexandre	10	C.D.N. Zamora	4:34.18	516
50m: 30.06 30.06	150m: 1:37.51 34.35	250m: 2:48.53 35.38	350m: 3:59.64 35.42	
100m: 1:03.16 33.10	200m: 2:13.15 35.64	300m: 3:24.22 35.69	400m: 4:34.18 34.54	
5. PEREZ DE LA FUENTE, Jaime	10	C.D. Torrelago Wellness	4:47.51	447
50m: 30.79 30.79	150m: 1:42.15 36.21	250m: 2:56.67 37.44	350m: 4:11.33 37.01	
100m: 1:05.94 35.15	200m: 2:19.23 37.08	300m: 3:34.32 37.65	400m: 4:47.51 36.18	
6. ALIJA VALENCIANO, Miguel	10	CD Acuatico Leon	4:52.82	423
50m: 29.26 29.26	150m: 1:40.22 36.26	250m: 2:56.39 38.48	350m: 4:14.31 39.27	
100m: 1:03.96 34.70	200m: 2:17.91 37.69	300m: 3:35.04 38.65	400m: 4:52.82 38.51	

17 años

1. LARA FONTECHA, Nuño	09	C.N. Castilla-Burgos	4:15.74	636
50m: 29.13 29.13	150m: 1:34.10 32.60	250m: 2:40.84 33.90	350m: 3:44.91 32.56	
100m: 1:01.50 32.37	200m: 2:06.94 32.84	300m: 3:12.35 31.51	400m: 4:15.74 30.83	
2. MANIAS SANTIAGO, Mateo	09	C.D.N. San Jose Obrero	4:16.43	631
50m: 29.01 29.01	150m: 1:35.01 33.37	250m: 2:40.65 32.61	350m: 3:45.47 32.37	
100m: 1:01.64 32.63	200m: 2:08.04 33.03	300m: 3:13.10 32.45	400m: 4:16.43 30.96	
3. FERNANDEZ HERNANDEZ, Diego	09	C.D.N. Zamora	4:19.24	610
50m: 28.78 28.78	150m: 1:33.25 32.54	250m: 2:39.70 33.11	350m: 3:46.10 32.98	
100m: 1:00.71 31.93	200m: 2:06.59 33.34	300m: 3:13.12 33.42	400m: 4:19.24 33.14	
4. LARA CALLEJA, Mateo	09	C.D. Parquesol	4:31.30	532
50m: 29.34 29.34	150m: 1:36.41 34.27	250m: 2:46.06 34.83	350m: 3:56.07 34.85	
100m: 1:02.14 32.80	200m: 2:11.23 34.82	300m: 3:21.22 35.16	400m: 4:31.30 35.23	
5. VILLAR BENGOCHEA, Unai	09	C.D. Parquesol	4:39.44	487
50m: 30.98 30.98	150m: 1:41.86 35.77	250m: 2:54.55 36.20	350m: 4:06.05 35.34	
100m: 1:06.09 35.11	200m: 2:18.35 36.49	300m: 3:30.71 36.16	400m: 4:39.44 33.39	
6. VILLAR BENGOCHEA, Gorka	09	C.D. Parquesol	4:43.06	469
50m: 31.81 31.81	150m: 1:43.10 36.15	250m: 2:55.63 36.06	350m: 4:08.23 36.09	
100m: 1:06.95 35.14	200m: 2:19.57 36.47	300m: 3:32.14 36.51	400m: 4:43.06 34.83	

Baja LOPEZ MARTIN, Alejandro 09 C.D.N. Zamora

18 años

1. MAROTO GARCIA, Jorge	08	Club Natacion Ciudad De Avila	4:49.40	439
50m: 31.35 31.35	150m: 1:41.44 35.35	250m: 2:55.31 37.17	350m: 4:11.55 37.86	
100m: 1:06.09 34.74	200m: 2:18.14 36.70	300m: 3:33.69 38.38	400m: 4:49.40 37.85	



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Absoluto Masculino

1.	LARA FONTECHA, Nuño	09	C.N. Castilla-Burgos	4:15.74	636
	50m: 29.13 29.13	150m: 1:34.10	32.60 250m: 2:40.84	33.90 350m: 3:44.91	32.56
	100m: 1:01.50 32.37	200m: 2:06.94	32.84 300m: 3:12.35	31.51 400m: 4:15.74	30.83
2.	MANIAS SANTIAGO, Mateo	09	C.D.N. San Jose Obrero	4:16.43	631
	50m: 29.01 29.01	150m: 1:35.01	33.37 250m: 2:40.65	32.61 350m: 3:45.47	32.37
	100m: 1:01.64 32.63	200m: 2:08.04	33.03 300m: 3:13.10	32.45 400m: 4:16.43	30.96
3.	FERNANDEZ HERNANDEZ, Diego	09	C.D.N. Zamora	4:19.24	610
	50m: 28.78 28.78	150m: 1:33.25	32.54 250m: 2:39.70	33.11 350m: 3:46.10	32.98
	100m: 1:00.71 31.93	200m: 2:06.59	33.34 300m: 3:13.12	33.42 400m: 4:19.24	33.14
4.	SAN SEGUNDO JIMENEZ, Alvaro	07	Club Natacion Ciudad De Avila	4:21.69	593
	50m: 28.44 28.44	150m: 1:32.75	32.52 250m: 2:40.63	34.10 350m: 3:47.83	33.39
	100m: 1:00.23 31.79	200m: 2:06.53	33.78 300m: 3:14.44	33.81 400m: 4:21.69	33.86
5.	BILBAO SEBASTIAN, Adrian	10	C.N. Castilla-Burgos	4:27.87	553
	50m: 29.61 29.61	150m: 1:36.60	34.16 250m: 2:45.75	34.38 350m: 3:55.11	34.04
	100m: 1:02.44 32.83	200m: 2:11.37	34.77 300m: 3:21.07	35.32 400m: 4:27.87	32.76
6.	NUÑEZ SOTO, Alejandro	10	C.D. Parquesol	4:27.96	553
	50m: 30.39 30.39	150m: 1:38.54	34.38 250m: 2:46.61	33.86 350m: 3:55.47	34.16
	100m: 1:04.16 33.77	200m: 2:12.75	34.21 300m: 3:21.31	34.70 400m: 4:27.96	32.49
7.	RODRIGUEZ BLANCO, David	10	Club Natacion Master Leon	4:29.83	541
	50m: 29.16 29.16	150m: 1:34.68	33.38 250m: 2:44.05	35.11 350m: 3:55.22	35.85
	100m: 1:01.30 32.14	200m: 2:08.94	34.26 300m: 3:19.37	35.32 400m: 4:29.83	34.61
8.	LARA CALLEJA, Mateo	09	C.D. Parquesol	4:31.30	532
	50m: 29.34 29.34	150m: 1:36.41	34.27 250m: 2:46.06	34.83 350m: 3:56.07	34.85
	100m: 1:02.14 32.80	200m: 2:11.23	34.82 300m: 3:21.22	35.16 400m: 4:31.30	35.23
9.	GOMES COCO, Alexandre	10	C.D.N. Zamora	4:34.18	516
	50m: 30.06 30.06	150m: 1:37.51	34.35 250m: 2:48.53	35.38 350m: 3:59.64	35.42
	100m: 1:03.16 33.10	200m: 2:13.15	35.64 300m: 3:24.22	35.69 400m: 4:34.18	34.54
10.	CARRO MARTIN, Jaime	11	C.D.N. San Jose Obrero	4:39.43	487
	50m: 30.46 30.46	150m: 1:40.32	35.06 250m: 2:51.54	35.27 350m: 4:04.01	35.86
	100m: 1:05.26 34.80	200m: 2:16.27	35.95 300m: 3:28.15	36.61 400m: 4:39.43	35.42
11.	VILLAR BENGOCHEA, Unai	09	C.D. Parquesol	4:39.44	487
	50m: 30.98 30.98	150m: 1:41.86	35.77 250m: 2:54.55	36.20 350m: 4:06.05	35.34
	100m: 1:06.09 35.11	200m: 2:18.35	36.49 300m: 3:30.71	36.16 400m: 4:39.44	33.39
12.	TEJEDOR CILLERUELO, Nicolas	12	C.D. Torrelago Wellness	4:39.84	485
	50m: 31.25 31.25	150m: 1:42.76	37.13 250m: 2:55.13	35.84 350m: 4:06.04	34.44
	100m: 1:05.63 34.38	200m: 2:19.29	36.53 300m: 3:31.60	36.47 400m: 4:39.84	33.80
13.	SECO DIEZ, Nuño	11	C.N. Castilla-Burgos	4:41.83	475
	50m: 31.20 31.20	150m: 1:42.43	36.39 250m:	350m:	
	100m: 1:06.04 34.84	200m: 2:18.45	36.02 300m: 3:30.64	400m: 4:41.83	
14.	VILLAR BENGOCHEA, Gorka	09	C.D. Parquesol	4:43.06	469
	50m: 31.81 31.81	150m: 1:43.10	36.15 250m: 2:55.63	36.06 350m: 4:08.23	36.09
	100m: 1:06.95 35.14	200m: 2:19.57	36.47 300m: 3:32.14	36.51 400m: 4:43.06	34.83
15.	FADON MARQUINA, Adrian	12	C.N. Palencia	4:47.14	449
	50m: 32.03 32.03	150m: 1:43.08	36.41 250m: 2:57.04	36.94 350m: 4:12.24	37.29
	100m: 1:06.67 34.64	200m: 2:20.10	37.02 300m: 3:34.95	37.91 400m: 4:47.14	34.90
16.	PEREZ DE LA FUENTE, Jaime	10	C.D. Torrelago Wellness	4:47.51	447
	50m: 30.79 30.79	150m: 1:42.15	36.21 250m: 2:56.67	37.44 350m: 4:11.33	37.01
	100m: 1:05.94 35.15	200m: 2:19.23	37.08 300m: 3:34.32	37.65 400m: 4:47.51	36.18
17.	RAMOS JIMENEZ, Hector	11	Club Natacion Ciudad De Avila	4:47.57	447
	50m: 31.70 31.70	150m: 1:43.14	36.69 250m: 2:57.61	37.04 350m: 4:11.92	36.29
	100m: 1:06.45 34.75	200m: 2:20.57	37.43 300m: 3:35.63	38.02 400m: 4:47.57	35.65
18.	MORALES LEBEDEVA, Pavel	12	C.Acuatico Salamanca	4:49.13	440
	50m: 31.73 31.73	150m: 1:42.72	36.39 250m: 2:58.03	37.95 350m: 4:13.90	37.46
	100m: 1:06.33 34.60	200m: 2:20.08	37.36 300m: 3:36.44	38.41 400m: 4:49.13	35.23
19.	MAROTO GARCIA, Jorge	08	Club Natacion Ciudad De Avila	4:49.40	439
	50m: 31.35 31.35	150m: 1:41.44	35.35 250m: 2:55.31	37.17 350m: 4:11.55	37.86
	100m: 1:06.09 34.74	200m: 2:18.14	36.70 300m: 3:33.69	38.38 400m: 4:49.40	37.85
20.	MORALES LEBEDEVA, Maxim	12	C.Acuatico Salamanca	4:50.70	433
	50m: 32.44 32.44	150m: 1:45.29	37.14 250m: 3:00.28	37.44 350m: 4:15.48	37.55
	100m: 1:08.15 35.71	200m: 2:22.84	37.55 300m: 3:37.93	37.65 400m: 4:50.70	35.22



Prueba 31, Masc., 400m Libre, Absoluto Masculino

AFEDECYL
ASOCIACIÓN DE FEDERACIONES
DEPORTIVAS DE CASTILLA Y LEÓN