



II TROFEO MÁSTER OPEN DE NATACIÓN "CIUDAD DE PONFERRADA"
PONFERRADA, 20/12/2025

Suma Tiempos Máster II Trofeo Máster Ciudad de Ponferrada Femenino

Fem., 20+

1. NOGUERAS GONZALEZ, C.D. Torrelago	W2:18.94	34.20	34.64	38.72	31.38
2. SAEZ FERNANDEZ, L.05 C.D. Torrelago	W2:26.23	32.23	37.61	45.57	30.82
3. VICENTE PRADA, Ana02 C.D.N. Zamora	2:27.16	35.92	37.43	42.15	31.66
4. MERAYO GARCIA, A. 04 C.N. Bierzo-Ponfe	2:43.34	38.38	44.82	44.98	35.21
5. GONZALEZ LOPEZ, Y.05 C.N. Bierzo-Ponfe	2:48.14	38.68	43.36	50.60	35.54

Fem., 25+

1. POLO GIL, Paula 97 C. N. As Meigas	2:26.91	36.22	39.47	39.68	31.54
2. GONZALEZ FIERRO, J99 C.N. Bierzo-Ponfe	2:41.74	38.60	42.33	44.49	36.34
3. GONZALEZ ORALLO, 98 C.N. Bierzo-Ponfe	2:45.34	39.24	44.33	44.74	37.08
4. ARGÜELLO NUÑEZ, L96 C.D.N. Zamora	2:48.74	38.72	43.90	50.81	35.35
5. ALVAREZ OURAL, A. 00 C. Aquatico Avile	3:11.31	46.63	52.00	54.47	38.21

Fem., 30+

1. FRANCO CAL, Alba 91 C. N. As Meigas	2:05.01	29.11	31.93	35.89	28.08
2. BEN CILLERO, Sabel92 C. N. As Meigas	2:20.94	34.26	36.96	38.53	31.23
3. LAZARO PRIETO, C. 91 C.D.N. Zamora	2:41.54	37.85	42.72	46.19	34.82

Fem., 35+

1. RODRIGUEZ FERNANDEZ, C.N. Leon	2:37.74	36.53	39.42	48.38	33.42
2. RODRIGUEZ DE DIOS, C. N. Valdeorras	3:05.14	45.55	48.27	52.07	39.29
3. PRIETO BELVER, Lidi87 C.D.N. Zamora	3:06.74	48.22	48.82	49.87	39.82
4. FRANCO CAL, Sonia 87 C. N. As Meigas	3:48.84	57.02	59.44	1:02.94	49.40

Fem., 40+

1. DE LA TORRE LOPEZ, C.D.N. Zamora	2:29.84	36.25	37.44	43.27	32.92
2. ALONSO NAVARRO, M81 C.D.N. Zamora	2:42.94	38.98	42.82	46.89	34.25
3. BUTINA, Zane 81 C.N. Bierzo-Ponfe	2:48.84	40.95	43.18	48.76	35.93
4. MENDEZ ABELAIRA, J82 C. N. Valdeorras	4:54.54	1:23.05	1:12.05	1:23.57	55.83

Fem., 45+

1. VELA GARCIA, Silvia 78 C.D.N. Zamora	3:13.84	47.67	50.02	58.08	38.11
2. BARCALA PEREZ, M. 76 C. N. Valdeorras	3:14.74	50.50	49.09	53.29	41.89
3. HERNANDEZ ARRIBA, C.D.N. Zamora	3:23.64	56.92	53.22	47.80	45.72
4. COUSO FRAIZ, C. 78 C.N. Triton Bierzo	3:34.44	56.04	55.53	53.95	48.88



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PONFERRADA, 20/12/2025

Fem., 50+

1. HERAS GONZALEZ, M71 C.N. Bierzo-Ponfe	4:44.16	1:20.51	1:23.64	1:06.88	53.13
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Fem., 55+

1. HIDALGO MARTINEZ, 68 C.N. Leon	3:50.37	55.47	1:04.10	1:03.07	47.73
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Fem., 70+

1. DIEZ-ANDINO RUIZ, C51 C.D.N. Zamora	6:11.06	2:04.16	1:18.04	1:41.82	1:07.04
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