



II TROFEO MÁSTER OPEN DE NATACIÓN "CIUDAD DE PONFERRADA"  
PONFERRADA, 20/12/2025

Prueba 8  
20/12/2025 - 17:20

Fem., 50m Libre

20 años y mayores  
Resultados

| Clasificación | AN                           |    | Tiempo                    | Pts     |           |
|---------------|------------------------------|----|---------------------------|---------|-----------|
| 20+           |                              |    |                           |         |           |
| 1.            | SAEZ FERNANDEZ, Lucia        | 05 | C.D. Torrelago Wellness   | 30.82   | 10,00 472 |
| 2.            | NOGUERAS GONZALEZ, Angela    | 02 | C.D. Torrelago Wellness   | 31.38   | 6,00 447  |
| 3.            | VICENTE PRADA, Ana           | 02 | C.D.N. Zamora             | 31.66   | 4,00 436  |
| 4.            | MERAYO GARCIA, Alba          | 04 | C.N. Bierzo-Ponferrada    | 35.21   | 2,00 317  |
| 5.            | GONZALEZ LOPEZ, Yaiza        | 05 | C.N. Bierzo-Ponferrada    | 35.54   | - 308     |
| 25+           |                              |    |                           |         |           |
| 1.            | POLO GIL, Paula              | 97 | C. N. As Meigas           | 31.54   | 10,00 441 |
| 2.            | ARGÜELLO NUÑEZ, Laura        | 96 | C.D.N. Zamora             | 35.35   | 6,00 313  |
| 3.            | GONZALEZ FIERRO, Julia       | 99 | C.N. Bierzo-Ponferrada    | 36.34   | 4,00 288  |
| 4.            | GONZALEZ ORALLO, Cristina    | 98 | C.N. Bierzo-Ponferrada    | 37.08   | 2,00 271  |
| 5.            | ALVAREZ OURAL, Angela        | 00 | C. Aquatico Aviles Solras | 38.21   | - 248     |
| 30+           |                              |    |                           |         |           |
| 1.            | FRANCO CAL, Alba             | 91 | C. N. As Meigas           | 28.08   | 10,00 648 |
| 2.            | BEN CILLERO, Sabela          | 92 | C. N. As Meigas           | 31.23   | 6,00 471  |
| 3.            | LAZARO PRIETO, Cristina      | 91 | C.D.N. Zamora             | 34.82   | 4,00 339  |
| 35+           |                              |    |                           |         |           |
| 1.            | RODRIGUEZ FERNANDEZ, Ana     | 87 | C.N. Leon                 | 33.42   | 10,00 423 |
| 2.            | RODRIGUEZ DE DIOS, Amparo    | 87 | C. N. Valdeorras          | 39.29   | 6,00 260  |
| 3.            | PRIETO BELVER, Lidia         | 87 | C.D.N. Zamora             | 39.82   | 4,00 250  |
| 4.            | TORRENT I LLAMAS, Ares       | 90 | C. N. As Meigas           | 42.20   | 2,00 210  |
| 5.            | CASTRO MAYO, Joana           | 90 | C. N. As Meigas           | 47.56   | - 146     |
| 6.            | FRANCO CAL, Sonia            | 87 | C. N. As Meigas           | 49.40   | - 131     |
| 40+           |                              |    |                           |         |           |
| 1.            | DE LA TORRE LOPEZ, Paula     | 82 | C.D.N. Zamora             | 32.92   | 10,00 493 |
| 2.            | ALONSO NAVARRO, Maria Teresa | 81 | C.D.N. Zamora             | 34.25   | 6,00 438  |
| 3.            | BUTINA, Zane                 | 81 | C.N. Bierzo-Ponferrada    | 35.93   | 4,00 379  |
| 4.            | MENDEZ ABELAIRA, Jessica     | 82 | C. N. Valdeorras          | 55.83   | 2,00 101  |
| 45+           |                              |    |                           |         |           |
| 1.            | VELA GARCIA, Silvia          | 78 | C.D.N. Zamora             | 38.11   | 10,00 328 |
| 2.            | BARCALA PEREZ, Maria Rosa    | 76 | C. N. Valdeorras          | 41.89   | 6,00 247  |
| 3.            | HERNANDEZ ARRIBAS, Susana    | 76 | C.D.N. Zamora             | 45.72   | 4,00 190  |
| 4.            | COUSO FRAIZ, Carmen A.       | 78 | C.N. Triton Bierzo        | 48.88   | 2,00 155  |
| 50+           |                              |    |                           |         |           |
| 1.            | HERAS GONZALEZ, Maria Esther | 71 | C.N. Bierzo-Ponferrada    | 53.13   | 10,00 120 |
| 2.            | CRESPO FERNANDEZ, Margarita  | 71 | C.N. Leon                 | 1:01.62 | 6,00 77   |
| 55+           |                              |    |                           |         |           |
| 1.            | HIDALGO MARTINEZ, Rosa       | 68 | C.N. Leon                 | 47.73   | 10,00 189 |



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PONFERRADA, 20/12/2025

Prueba 8, Fem., 50m Libre

70+

|    |                                |    |               |         |       |    |
|----|--------------------------------|----|---------------|---------|-------|----|
| 1. | DIEZ-ANDINO RUIZ, Carmen Elena | 51 | C.D.N. Zamora | 1:07.04 | 10,00 | 94 |
|----|--------------------------------|----|---------------|---------|-------|----|