



CTO CyL Abso. Open IV Trofeo Ciudad de Valladolid Open N. Inclusiva
Valladolid, 18 - 19/4/2026

Prueba 21
19/04/2026 - 16:43

Masc., 400m Libre

Abs.
Resultados Final

RA	3:56.59	JOSE ANTONIO ALONSO, TELLEZ	PALMA DE MALLORCA	06/04/2008
MMA 18	4:01.74	FABIO MARTIN, ROJO	LAS PALMAS DE G.C.	06/08/2021
MMA 17	4:00.67	MARCO RIVERA, MIRANDA	BARCELONA	04/08/2000
MMA 16	4:05.96	DIEGO DE LA FUENTE, ALONSO	LOGROÑO	28/07/2022
MMA 15	4:12.23	MARCOS TIERNO, RECIO	PALMA MALLORCA	02/03/2013
MMA 14	4:21.60	ALVAR CELA, CABAÑAS	Madrid	16/07/2023

Puntos: AQUA 2025

Clasificación	AN				Tiempo	Pts
Absoluto Masculino						
1. GUEVARA RODRIGUEZ, Ignacio	07	C.N. Mirasierra	4:12.38	663		
50m: 28.85 28.85	150m: 1:31.99 31.89	250m: 2:36.64 32.50	350m: 3:42.81 32.87			
100m: 1:00.10 31.25	200m: 2:04.14 32.15	300m: 3:09.94 33.30	400m: 4:12.38 29.57			
2. LARA FONTECHA, Nuño	09	C.N. Castilla-Burgos	4:12.42	662		
50m: 29.15 29.15	150m: 1:33.15 32.17	250m: 2:37.68 32.19	350m: 3:41.81 31.53			
100m: 1:00.98 31.83	200m: 2:05.49 32.34	300m: 3:10.28 32.60	400m: 4:12.42 30.61			
3. WEI ALBA, Pablo	09	FDNA	4:22.84	586		
50m: 30.25 30.25	150m: 1:36.39 33.28	250m: 2:42.86 32.75	350m: 3:49.94 33.60			
100m: 1:03.11 32.86	200m: 2:10.11 33.72	300m: 3:16.34 33.48	400m: 4:22.84 32.90			
4. RUBIO LUBIAN, Nacho	08	FDNA	4:25.52	569		
50m: 31.17 31.17	150m: 1:37.41 33.30	250m: 2:44.21 33.31	350m: 3:52.46 34.17			
100m: 1:04.11 32.94	200m: 2:10.90 33.49	300m: 3:18.29 34.08	400m: 4:25.52 33.06			
5. LOPEZ MARTIN, Alejandro	09	C.D.N. Zamora	4:25.95	566		
50m: 29.66 29.66	150m: 1:35.39 33.37	250m: 2:43.86 34.36	350m: 3:53.03 34.45			
100m: 1:02.02 32.36	200m: 2:09.50 34.11	300m: 3:18.58 34.72	400m: 4:25.95 32.92			
6. VALLE DOMINGUEZ, Pablo	08	FDNA	4:26.27	564		
50m: 29.60 29.60	150m: 1:36.04 33.39	250m: 2:44.30 33.38	350m: 3:53.35 34.55			
100m: 1:02.65 33.05	200m: 2:10.92 34.88	300m: 3:18.80 34.50	400m: 4:26.27 32.92			
7. RODRIGUEZ BLANCO, David	10	Club Natacion Master Leon	4:31.58	532		
50m: 31.71 31.71	150m: 1:39.53 33.64	250m: 2:48.68 34.65	350m: 3:57.86 34.72			
100m: 1:05.89 34.18	200m: 2:14.03 34.50	300m: 3:23.14 34.46	400m: 4:31.58 33.72			
8. PARRONDO FERNANDEZ, Iker	11	C.D. Gredos San Diego	4:56.52	408		
50m: 33.72 33.72	150m: 1:48.09 37.65	250m: 3:03.07 37.53	350m: 4:19.54 38.39			
100m: 1:10.44 36.72	200m: 2:25.54 37.45	300m: 3:41.15 38.08	400m: 4:56.52 36.98			