



CTO CyL Abso. Open IV Trofeo Ciudad de Valladolid Open N. Inclusiva
Valladolid, 18 - 19/4/2026

Prueba 24
19/04/2026 - 17:17

Fem., 400m Estilos

Abs.
Resultados Final

RA	4:57.28	YARA GARRIDO, REBOLLO	LAS PALMAS DE G.C.	04/08/2021
MMA 18	5:02.27	YARA GARRIDO, REBOLLO	Palma de Mallorca	30/03/2023
MMA 17	4:58.17	YARA GARRIDO, REBOLLO	TORREMOLINOS	10/04/2022
MMA 16	4:57.28	YARA GARRIDO, REBOLLO	LAS PALMAS DE G.C.	04/08/2021
MMA 15	5:07.29	YARA GARRIDO, REBOLLO	CASTELLÓN	19/12/2020
MMA 14	5:05.17	NAYARA PINEDA, LOPEZ	Palma de Mallorca	12/02/2022

Puntos: AQUA 2025

Clasificación	AN				Tempo	Pts
Absoluto Femenino						
1. GARRIDO REBOLLO, Yara	05	CD Acuatico Leon			5:10.37	618
50m: 32.39 32.39	150m: 1:51.28	41.50	250m: 3:16.93	44.05	350m: 4:35.97	34.41
100m: 1:09.78 37.39	200m: 2:32.88	41.60	300m: 4:01.56	44.63	400m: 5:10.37	34.40
2. DOMINGO RUIZ, Andrea	09	C.N. Palencia			5:24.19	542
50m: 33.97 33.97	150m: 1:55.38	42.40	250m: 3:23.93	46.50	350m: 4:49.01	38.31
100m: 1:12.98 39.01	200m: 2:37.43	42.05	300m: 4:10.70	46.77	400m: 5:24.19	35.18
3. RAMOS VILUMBRALES, Nuria	11	C.N. Castilla-Burgos			5:25.19	537
50m: 33.93 33.93	150m: 1:57.32	43.16	250m: 3:27.37	47.84	350m: 4:50.98	36.50
100m: 1:14.16 40.23	200m: 2:39.53	42.21	300m: 4:14.48	47.11	400m: 5:25.19	34.21
4. PAVON TOLEDO, Laura	12	C.D. Gredos San Diego			5:34.25	494
50m: 37.72 37.72	150m: 2:07.13	44.48	250m: 3:34.85	44.10	350m: 4:59.15	38.74
100m: 1:22.65 44.93	200m: 2:50.75	43.62	300m: 4:20.41	45.56	400m: 5:34.25	35.10
5. GUERRA MEDIAVILLA, Lucia	11	C.N. Castilla-Burgos			5:35.03	491
50m: 35.51 35.51	150m: 2:01.63	42.88	250m: 3:30.70	46.57	350m: 4:56.88	38.97
100m: 1:18.75 43.24	200m: 2:44.13	42.50	300m: 4:17.91	47.21	400m: 5:35.03	38.15
6. CAMINERO QUIJANO, Lola	12	C.N. Palencia			5:57.55	404
50m: 37.28 37.28	150m: 2:07.51	44.62	250m: 3:45.02	52.94	350m: 5:19.64	40.83
100m: 1:22.89 45.61	200m: 2:52.08	44.57	300m: 4:38.81	53.79	400m: 5:57.55	37.91
7. FERNANDEZ GONZALEZ, Mercedes	11	C.D. Torrelago Wellness			5:59.30	398
50m: 38.45 38.45	150m: 2:12.33	46.57	250m: 3:47.46	50.88	350m: 5:19.87	40.57
100m: 1:25.76 47.31	200m: 2:56.58	44.25	300m: 4:39.30	51.84	400m: 5:59.30	39.43
8. DELGADO SANCHEZ, Noa	11	C.D. Gredos San Diego			6:03.25	385
50m: 38.33 38.33	150m: 2:10.89	47.28	250m: 3:47.83	51.62	350m: 5:22.80	41.83
100m: 1:23.61 45.28	200m: 2:56.21	45.32	300m: 4:40.97	53.14	400m: 6:03.25	40.45