



CTO CyL Abso. Open IV Trofeo Ciudad de Valladolid Open N. Inclusiva
Valladolid, 18 - 19/4/2026

Prueba 5
18/04/2026 - 16:45

Fem., 400m Libre

Abs.
Resultados Final

RA	4:14.72	SARA CAÑAS, GARRIDO	DOHA	31/12/2009
MMA 18	4:22.62	SARA CAÑAS, GARRIDO	MALAGA	25/04/2010
MMA 17	4:14.72	SARA CAÑAS, GARRIDO	DOHA	09/12/2009
MMA 16	4:18.55	SARA CAÑAS, GARRIDO	BELGRADO	31/07/2008
MMA 15	4:25.52	SARA CAÑAS, GARRIDO	GIJON	22/12/2007
MMA 14	4:28.09	SARA CAÑAS, GARRIDO	RIO MAYOR	30/06/2006

Puntos: AQUA 2025

Clasificación	AN				Tiempo	Pts
1. GARRIDO REBOLLO, Yara	05	CD Acuatico Leon	4:38.74	602		
50m: 31.57 31.57	150m: 1:42.08 35.48	250m: 2:52.87 34.88	350m: 4:03.62 35.79			
100m: 1:06.60 35.03	200m: 2:17.99 35.91	300m: 3:27.83 34.96	400m: 4:38.74 35.12			
2. GONZALEZ VAZQUEZ, Maria	08	FDNA	4:39.40	597		
50m: 32.00 32.00	150m: 1:41.50 35.04	250m: 2:52.54 35.55	350m: 4:04.01 35.56			
100m: 1:06.46 34.46	200m: 2:16.99 35.49	300m: 3:28.45 35.91	400m: 4:39.40 35.39			
3. ARROYO BONIFACIO, Sofia	07	CD Acuatico Leon	4:41.51	584		
50m: 31.61 31.61	150m: 1:41.97 35.50	250m: 2:53.93 35.68	350m: 4:06.28 35.96			
100m: 1:06.47 34.86	200m: 2:18.25 36.28	300m: 3:30.32 36.39	400m: 4:41.51 35.23			
4. MERE FERNANDEZ, Nerea	08	FDNA	4:42.05	581		
50m: 32.63 32.63	150m: 1:43.18 35.33	250m: 2:54.83 35.56	350m: 4:07.15 35.88			
100m: 1:07.85 35.22	200m: 2:19.27 36.09	300m: 3:31.27 36.44	400m: 4:42.05 34.90			
5. GONZALEZ RAMIRO, Daniela	09	FDNA	4:47.64	547		
50m: 32.81 32.81	150m: 1:43.47 35.62	250m: 2:56.46 36.64	350m: 4:10.93 37.18			
100m: 1:07.85 35.04	200m: 2:19.82 36.35	300m: 3:33.75 37.29	400m: 4:47.64 36.71			
6. GUERRA MEDIAVILLA, Lucia	11	C.N. Castilla-Burgos	4:49.95	534		
50m: 32.84 32.84	150m: 1:45.50 36.71	250m: 2:59.53 36.85	350m: 4:13.70 37.32			
100m: 1:08.79 35.95	200m: 2:22.68 37.18	300m: 3:36.38 36.85	400m: 4:49.95 36.25			
7. VAZQUEZ ABARCA, Iria	09	C.D. Gredos San Diego	4:52.44	521		
50m: 32.77 32.77	150m: 1:45.50 36.54	250m: 3:00.24 37.39	350m: 4:15.90 38.10			
100m: 1:08.96 36.19	200m: 2:22.85 37.35	300m: 3:37.80 37.56	400m: 4:52.44 36.54			
8. CARLON DE FUENTES, Elisa	10	C.D. Torrelago Wellness	4:56.35	501		
50m: 32.59 32.59	150m: 1:45.84 36.96	250m: 3:01.33 37.61	350m: 4:18.77 38.55			
100m: 1:08.88 36.29	200m: 2:23.72 37.88	300m: 3:40.22 38.89	400m: 4:56.35 37.58			