



XII Open Castilla y León Natación Máster Verano Valladolid
Valladolid, 30/5/2026

Prueba 413
30/05/2026 - 11:27

Masc., 400m Libre

20 - 94 años
Resultados

Puntos: AQUA Master 2025

Clasificación	AN		Tiempo		Pts
30+					
1. CANO BAQUERO, Carlos	93	C.N. Camargo	5:17.99	419	
50m: 34.50 34.50	150m: 1:52.81 39.82	250m: 3:14.95 41.03	350m: 4:38.14 41.10		
100m: 1:12.99 38.49	200m: 2:33.92 41.11	300m: 3:57.04 42.09	400m: 5:17.99 39.85		
2. PRIETO MONEDERO, Victor	92	C.D. Jerez Natacion Master	5:43.87	332	
50m: 39.55 39.55	150m: 2:03.50 42.65	250m: 3:30.79 44.31	350m: 5:00.72 45.36		
100m: 1:20.85 41.30	200m: 2:46.48 42.98	300m: 4:15.36 44.57	400m: 5:43.87 43.15		
35+					
1. SUAREZ MENDEZ, Alejandro	87	C.D. Jerez Natacion Master	5:24.29	409	
50m: 34.18 34.18	150m: 1:55.50 41.82	250m: 3:28.29 38.64	350m: 4:56.20 39.23		
100m: 1:13.68 39.50	200m: 2:37.30 41.80	300m: 4:02.34 39.72	400m: 5:24.29 37.96		
2. REDONDO ENRIQUEZ, Jose	89	C.D.N. Zamora	6:05.32	286	
50m: 38.83 38.83	150m: 2:09.68 46.95	250m: 3:46.28 48.51	350m: 5:21.36 47.29		
100m: 1:22.73 43.90	200m: 2:57.77 48.09	300m: 4:34.07 47.79	400m: 6:05.32 43.96		
40+					
1. AGUADO DOMINGUEZ, Ismael	82	C.D. Jerez Natacion Master	4:56.20	578	
50m: 30.64 30.64	150m: 1:42.69 37.04	250m: 2:59.29 38.64	350m: 4:18.24 39.23		
100m: 1:05.65 35.01	200m: 2:20.65 37.96	300m: 3:39.01 39.72	400m: 4:56.20 37.96		
2. FERNANDEZ LOPEZ, Javier	85	C.D. Jerez Natacion Master	5:12.34	492	
50m: 35.58 35.58	150m: 1:54.13 40.17	250m: 3:15.11 40.62	350m: 4:34.77 39.11		
100m: 1:13.96 38.38	200m: 2:34.49 40.36	300m: 3:55.66 40.55	400m: 5:12.34 37.57		
3. CUADRADO PEREZ, Angel	86	C.D.N. Zamora	5:17.04	471	
50m: 34.31 34.31	150m: 1:53.93 40.71	250m: 3:15.99 41.08	350m: 4:39.98 42.15		
100m: 1:13.22 38.91	200m: 2:34.91 40.98	300m: 3:57.83 41.84	400m: 5:17.04 37.06		
4. GARCIA GOMEZ, Manuel	86	C.N. Santa Olaya	5:45.09	365	
50m: 39.18 39.18	150m: 2:03.66 42.43	250m: 3:31.80 44.54	350m: 5:03.67 46.51		
100m: 1:21.23 42.05	200m: 2:47.26 43.60	300m: 4:17.16 45.36	400m: 5:45.09 41.42		
5. FERNANDEZ PEREZ, Victor	85	C.D. Tizona Burgos	5:48.13	356	
50m: 36.23 36.23	150m: 2:01.35 43.78	250m: 3:31.56 45.36	350m: 5:03.93 46.54		
100m: 1:17.57 41.34	200m: 2:46.20 44.85	300m: 4:17.39 45.83	400m: 5:48.13 44.20		
6. PEREZ MARCOS, Manuel	84	Club Natacion Master Leon	6:02.58	315	
50m: 40.97 40.97	150m: 2:11.41 46.38	250m: 3:45.11 46.97	350m: 5:17.46 46.52		
100m: 1:25.03 44.06	200m: 2:58.14 46.73	300m: 4:30.94 45.83	400m: 6:02.58 45.12		
45+					
1. VAQUERO MARTIN, Jaime	81	C.N. Palencia	5:37.35	405	
50m: 35.11 35.11	150m: 1:57.10 42.29	250m: 3:24.98 44.39	350m: 4:54.57 45.31		
100m: 1:14.81 39.70	200m: 2:40.59 43.49	300m: 4:09.26 44.28	400m: 5:37.35 42.78		
2. ORTIZ ESTEBAN, David	78	CD Upstream	7:53.46	146	
50m: 46.36 46.36	150m: 2:40.89 59.80	250m: 4:47.45 1:03.29	350m: 6:54.78 1:02.81		
100m: 1:41.09 54.73	200m: 3:44.16 1:03.27	300m: 5:51.97 1:04.52	400m: 7:53.46 58.68		
50+					
1. MERINO GONZALEZ, Raul	74	C.D. Jerez Natacion Master	5:28.39	473	
50m: 35.34 35.34	150m: 1:55.76 41.15	250m: 3:20.23 42.10	350m: 4:46.72 43.87		
100m: 1:14.61 39.27	200m: 2:38.13 42.37	300m: 4:02.85 42.62	400m: 5:28.39 41.67		
2. MORCHON FUENTES, Oscar Javier	72	C.D. Jerez Natacion Master	5:42.74	416	
50m: 38.30 38.30	150m: 2:04.23 43.28	250m: 3:32.09 43.84	350m: 4:59.60 43.33		
100m: 1:20.95 42.65	200m: 2:48.25 44.02	300m: 4:16.27 44.18	400m: 5:42.74 43.14		
3. DOMINGO ALONSO, Alvaro	74	CD Upstream	5:56.81	369	
50m: 39.72 39.72	150m: 2:09.07 45.61	250m: 3:42.37 46.52	350m: 5:14.21 45.54		
100m: 1:23.46 43.74	200m: 2:55.85 46.78	300m: 4:28.67 46.30	400m: 5:56.81 42.60		



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Clasificación			AN							Tiempo	Pts	
4.	GONZALO GARCIA, Enrique		76		Casino De La Union					6:28.15	286	
	50m:	43.32	43.32	150m:	2:20.68	49.23	250m:	4:00.94	50.02	350m:	5:41.25	49.99
	100m:	1:31.45	48.13	200m:	3:10.92	50.24	300m:	4:51.26	50.32	400m:	6:28.15	46.90
Baja	GUERRERO SIMARRO, Enrique		75		CD Upstream							
55+												
1.	GALLEGO VICARIO, Roberto		69		Club Natacion Master Leon					6:08.10	362	
	50m:	41.36	41.36	150m:	2:12.40	46.08	250m:	3:47.21	47.97	350m:	5:23.01	47.62
	100m:	1:26.32	44.96	200m:	2:59.24	46.84	300m:	4:35.39	48.18	400m:	6:08.10	45.09
2.	NÚÑEZ CACHERO, Raul		71		N. Casa De Asturias					6:11.49	352	
	50m:	39.12	39.12	150m:	2:10.43	46.70	250m:	3:45.99	47.76	350m:	5:23.90	49.28
	100m:	1:23.73	44.61	200m:	2:58.23	47.80	300m:	4:34.62	48.63	400m:	6:11.49	47.59
3.	LARRUCEA CASTAÑEDA, Ramon Angel		69		C.N. Santurtzi					6:22.71	322	
	50m:	43.11	43.11	150m:	2:19.61	49.36	250m:	3:59.30	50.24	350m:	5:36.67	48.75
	100m:	1:30.25	47.14	200m:	3:09.06	49.45	300m:	4:47.92	48.62	400m:	6:22.71	46.04
Baja	GALLEGO RODRIGUEZ, Jose Felix		70		CD Upstream							
Baja	SANCHEZ APARICIO, Enrique		68		Club Natacion Master Leon							
60+												
1.	ESCOBAR SIERRA, Miguel Angel		65		N. Casa De Asturias					6:23.24	350	
	50m:	43.03	43.03	150m:	2:18.09	48.51	250m:	3:58.15	50.14	350m:	5:37.21	49.14
	100m:	1:29.58	46.55	200m:	3:08.01	49.92	300m:	4:48.07	49.92	400m:	6:23.24	46.03
2.	ODRIOZOLA ALEN, Miguel		66		Cdb Natacion Swimtonic					8:43.92	137	
	50m:	48.89	48.89	150m:	2:59.16	1:07.85	250m:			350m:	7:41.16	1:09.40
	100m:	1:51.31	1:02.42	200m:	4:10.72	1:11.56	300m:	6:31.76		400m:	8:43.92	1:02.76
65+												
1.	BUERBAUM SIVERIO, Francisco		61		CD Upstream					6:07.14	432	
	50m:	40.46	40.46	150m:	2:12.47	45.92	250m:	3:45.87	46.33	350m:	5:20.54	47.02
	100m:	1:26.55	46.09	200m:	2:59.54	47.07	300m:	4:33.52	47.65	400m:	6:07.14	46.60
2.	ASENJO SANTAMARIA, Jose Luis		58		CD Upstream					6:26.19	371	
	50m:	43.61	43.61	150m:	2:21.01	49.26	250m:	4:00.90	49.84	350m:		
	100m:	1:31.75	48.14	200m:	3:11.06	50.05	300m:	4:50.46	49.56	400m:	6:26.19	
3.	CARRANZA RODRIGUEZ, Luis Guillermo		57		C.D. Tizona Burgos					7:05.98	277	
	50m:	45.99	45.99	150m:	2:31.79	54.31	250m:	4:19.89	54.36	350m:	6:11.39	55.31
	100m:	1:37.48	51.49	200m:	3:25.53	53.74	300m:	5:16.08	56.19	400m:	7:05.98	54.59