



XII Open Castilla y León Natación Máster Verano Valladolid
Valladolid, 30/5/2026

Prueba 431
30/05/2026 - 18:18

Masc., 400m Estilos

20 - 94 años
Resultados

Puntos: AQUA Master 2025

Clasificación	AN		Tiempo		Pts
25+					
1. MARTINEZ GUTIERREZ, Sergio	98	C.N. Santa Olaya	5:08.72	669	
50m: 30.52 30.52	150m: 1:48.26 41.79	250m: 3:13.95 44.34	350m: 4:33.89 36.33		
100m: 1:06.47 35.95	200m: 2:29.61 41.35	300m: 3:57.56 43.61	400m: 5:08.72 34.83		
2. LOPEZ PUYUELO, Pablo	98	C.D. Tizona Burgos	5:35.20	522	
50m: 32.05 32.05	150m: 1:54.88 44.71	250m: 3:24.91 45.87	350m: 4:53.18 41.94		
100m: 1:10.17 38.12	200m: 2:39.04 44.16	300m: 4:11.24 46.33	400m: 5:35.20 42.02		
40+					
1. RODRIGUEZ TESTERA, Diego	86	C.N. Bierzo-Ponferrada	6:56.89	311	
50m: 45.45 45.45	150m: 2:32.89 53.76	250m: 4:28.18 1:03.57	350m: 6:15.24 48.03		
100m: 1:39.13 53.68	200m: 3:24.61 51.72	300m: 5:27.21 59.03	400m: 6:56.89 41.65		
45+					
1. VAQUERO MARTIN, Jaime	81	C.N. Palencia	6:39.77	357	
50m: 44.43 44.43	150m: 2:29.21 53.50	250m: 4:18.08 56.38	350m: 5:58.38 44.31		
100m: 1:35.71 51.28	200m: 3:21.70 52.49	300m: 5:14.07 55.99	400m: 6:39.77 41.39		
50+					
1. OTEIZA LACALLE, Francisco	76	C.N. Iregua-Villamediana	6:08.08	467	
50m: 38.75 38.75	150m: 2:16.76 51.68	250m: 3:56.44 49.70	350m: 5:27.77 42.75		
100m: 1:25.08 46.33	200m: 3:06.74 49.98	300m: 4:45.02 48.58	400m: 6:08.08 40.31		
2. GONZALO GARCIA, Enrique	76	Casino De La Union	8:06.57	202	
50m: 50.38 50.38	150m: 3:01.25 1:09.67	250m: 5:16.27 1:09.42	350m: 7:16.75 51.95		
100m: 1:51.58 1:01.20	200m: 4:06.85 1:05.60	300m: 6:24.80 1:08.53	400m: 8:06.57 49.82		
55+					
1. ALVAREZ SANCHEZ, Cesar	70	CD Upstream	7:08.04	335	
50m: 45.62 45.62	150m: 2:38.00 55.02	250m: 4:31.32 1:00.25	350m: 6:22.52 48.96		
100m: 1:42.98 57.36	200m: 3:31.07 53.07	300m: 5:33.56 1:02.24	400m: 7:08.04 45.52		