



XXXI COPA DE CLUBES DE NATACIÓN SEGUNDA DIVISIÓN RFEN VA
VALLADOLID, 13 - 14/12/2025

Prueba 2
13/12/2025 - 10:24

Fem., 400m Estilos

ABSOLUTO FEMENINO
Resultados

RA	4:49.17	SARA CAÑAS, GARRIDO	SABADELL	18/04/2009
MM 18	4:57.72	GARRIDO REBOLLO, YARA	M86_MADRID	19/11/2023
MM 17	4:49.17	SARA CAÑAS, GARRIDO	SABADELL	18/04/2009
MM 16	4:57.63	SARA CAÑAS, GARRIDO	HOSPITALET	19/04/2008
MM 15	5:03.39	YARA GARRIDO, REBOLLO	VALLADOLID	06/12/2020
MM 14	5:11.05	SANDRA SANTOS, MARTINEZ	Madrid	15/11/2024
MM 13	5:03.64	NAYARA PINEDA, LOPEZ	VALLADOLID	19/12/2021
MM 12	5:25.09	PAULA CACHAPERIN, PAZ	ZAMORA	29/01/2023

Puntos: AQUA 2025

Clasificación	AN										Tiempo	Pts
1.	LIARTE QUESADA, Elena	07	Cn.Caceres Delfines								5:00.92	611
	50m: 33.08 33.08	150m: 1:49.98	38.88	250m: 3:10.56	42.95	350m: 4:28.56	34.39					
	100m: 1:11.10 38.02	200m: 2:27.61	37.63	300m: 3:54.17	43.61	400m: 5:00.92	32.36					
2.	GARRIDO REBOLLO, Yara	05	CD Acuatico Leon								5:03.31	597
	50m: 32.67 32.67	150m: 1:48.28	40.06	250m: 3:10.07	41.89	350m: 4:28.28	35.32					
	100m: 1:08.22 35.55	200m: 2:28.18	39.90	300m: 3:52.96	42.89	400m: 5:03.31	35.03					
3.	DOMINGO RUIZ, Andrea	09	C.N. Palencia								5:05.69	583
	50m: 32.57 32.57	150m: 1:49.68	40.45	250m: 3:12.07	42.97	350m: 4:31.68	36.43					
	100m: 1:09.23 36.66	200m: 2:29.10	39.42	300m: 3:55.25	43.18	400m: 5:05.69	34.01					
4.	RAMOS VILUMBRALES, Nuria	11	C.N. Castilla-Burgos								5:20.22	507
	50m: 30.93 30.93	150m: 1:47.50	40.85	250m: 3:14.15	47.14	350m: 4:43.04	39.39					
	100m: 1:06.65 35.72	200m: 2:27.01	39.51	300m: 4:03.65	49.50	400m: 5:20.22	37.18					
5.	CASTAÑO CASTAÑEIRAS, Paula	08	CD Acuatico Leon								5:24.77	486
	50m: 32.76 32.76	150m: 1:52.86	41.49	250m: 3:19.89	45.72	350m: 4:46.63	39.53					
	100m: 1:11.37 38.61	200m: 2:34.17	41.31	300m: 4:07.10	47.21	400m: 5:24.77	38.14					
6.	CASTAÑO MACIAS, Alba	09	C.D. Parquesol								5:27.76	473
	50m: 32.64 32.64	150m: 1:55.02	43.91	250m: 3:22.88	45.04	350m: 4:48.85	39.72					
	100m: 1:11.11 38.47	200m: 2:37.84	42.82	300m: 4:09.13	46.25	400m: 5:27.76	38.91					
7.	GUERRA MEDIAVILLA, Lucia	11	C.N. Castilla-Burgos								5:34.39	445
	50m: 34.72 34.72	150m: 2:00.48	44.48	250m: 3:29.34	46.01	350m: 4:55.92	40.21					
	100m: 1:16.00 41.28	200m: 2:43.33	42.85	300m: 4:15.71	46.37	400m: 5:34.39	38.47					
8.	GASPAR RUEDA, Alba	10	Cn.Caceres Delfines								5:46.44	401
	50m: 41.04 41.04	150m: 2:11.49	44.37	250m: 3:42.68	46.81	350m: 5:09.39	40.09					
	100m: 1:27.12 46.08	200m: 2:55.87	44.38	300m: 4:29.30	46.62	400m: 5:46.44	37.05					
9.	ALVAREZ REPARAZ, Olga	10	C.N. Bierzo-Ponferrada								5:47.48	397
	50m: 39.82 39.82	150m: 2:11.69	44.96	250m: 3:41.40	46.59	350m: 5:08.80	39.84					
	100m: 1:26.73 46.91	200m: 2:54.81	43.12	300m: 4:28.96	47.56	400m: 5:47.48	38.68					
10.	FERNANDEZ GONZALEZ, Mercedes	11	C.D. Torrelago Wellness								5:47.83	396
	50m: 36.78 36.78	150m: 2:08.64	45.92	250m: 3:37.68	45.02	350m: 5:07.67	40.92					
	100m: 1:22.72 45.94	200m: 2:52.66	44.02	300m: 4:26.75	49.07	400m: 5:47.83	40.16					
11.	REVILLA PEREZ, Emma	10	C.D. Parquesol								6:04.95	343
	50m: 40.44 40.44	150m: 2:20.12	47.35	250m: 3:53.26	47.57	350m: 5:23.07	40.94					
	100m: 1:32.77 52.33	200m: 3:05.69	45.57	300m: 4:42.13	48.87	400m: 6:04.95	41.88					
12.	VICENTE ALFONSO, Lucia	08	C.Acuatico Salamanca								6:11.14	326
	50m: 37.71 37.71	150m: 2:09.29	46.25	250m: 3:50.04	55.64	350m: 5:29.64	43.97					
	100m: 1:23.04 45.33	200m: 2:54.40	45.11	300m: 4:45.67	55.63	400m: 6:11.14	41.50					
13.	GONZALEZ CARRO, Veronica	11	C.D. Torrelago Wellness								6:12.15	323
	50m: 39.20 39.20	150m: 2:14.49	47.56	250m: 3:52.39	52.18	350m: 5:30.19	42.98					
	100m: 1:26.93 47.73	200m: 3:00.21	45.72	300m: 4:47.21	54.82	400m: 6:12.15	41.96					
14.	ASENSIO RODRIGUEZ, Paula	09	C.N. Palencia								6:12.95	321
	50m: 39.82 39.82	150m: 2:15.14	47.34	250m: 3:53.54	50.82	350m: 5:29.61	43.88					
	100m: 1:27.80 47.98	200m: 3:02.72	47.58	300m: 4:45.73	52.19	400m: 6:12.95	43.34					
15.	SAN JUAN MARTIN, Aitana	08	Club Natacion Ciudad De Avila								6:28.22	284
	50m: 41.98 41.98	150m: 2:22.31	49.72	250m: 4:06.57	54.36	350m: 5:45.61	43.89					
	100m: 1:32.59 50.61	200m: 3:12.21	49.90	300m: 5:01.72	55.15	400m: 6:28.22	42.61					
16.	GARCIA MARCOS, Alicia Ainara	10	C.Acuatico Salamanca								6:29.30	282
	50m: 44.28 44.28	150m: 2:24.48	47.50	250m: 4:07.52	57.33	350m: 5:48.33	43.81					
	100m: 1:36.98 52.70	200m: 3:10.19	45.71	300m: 5:04.52	57.00	400m: 6:29.30	40.97					
17.	SUAREZ DIAZ, Daniela	12	C.N. Bierzo-Ponferrada								6:29.76	281
	50m: 42.17 42.17	150m: 2:21.32	49.11	250m: 4:04.02	54.81	350m: 5:46.64	45.80					
	100m: 1:32.21 50.04	200m: 3:09.21	47.89	300m: 5:00.84	56.82	400m: 6:29.76	43.12					



XXXI COPA DE CLUBES DE NATACIÓN SEGUNDA DIVISIÓN RFEN VA
VALLADOLID, 13 - 14/12/2025

Prueba 2, Fem., 400m Estilos, ABSOLUTO FEMENINO

Clasificación	AN								Tiempo	Pts
18. RAMIREZ REVILLA, Nuria	98								7:14.37	203
50m: 44.25 44.25	150m: 2:38.53	1:01.29	250m: 4:37.86	1:00.30	350m: 6:26.53	48.64				
100m: 1:37.24 52.99	200m: 3:37.56	59.03	300m: 5:37.89	1:00.03	400m: 7:14.37	47.84				