



XXXI COPA DE CLUBES DE NATACIÓN SEGUNDA DIVISIÓN RFEN VA
VALLADOLID, 13 - 14/12/2025

Prueba 26
14/12/2025 - 11:14

Fem., 400m Libre

ABSOLUTO FEMENINO
Resultados

RA	4:10.49	NATALIA FERNANDEZ, DIAZ	CASTELLON	27/11/2009
MM 18	4:14.77	CAÑAS GARRIDO, SARA	PALMA M.	03/12/2010
MM 17	4:12.02	SARA CAÑAS, GARRIDO	CASTELLON	27/11/2009
MM 16	4:10.64	SARA CAÑAS, GARRIDO	MADRID	20/12/2008
MM 15	4:25.67	SARA CAÑAS, GARRIDO	MADRID	16/03/2007
MM 14	4:23.70	SARA CAÑAS, GARRIDO	BARCELONA	16/12/2006
MM 13	4:26.72	VEGA ALFONSO, SICILIA	VALLADOLID	15/12/2024
MM 12	4:46.07	SARA CAÑAS, GARRIDO	BURGOS	27/11/2004

Puntos: AQUA 2025

Clasificación	AN				Tiempo				Pts
1. LIARTE QUESADA, Elena	07	Cn.Caceres Delfines			4:26.08				647
50m: 30.99 30.99	150m: 1:38.77	34.06 250m: 2:45.83	33.10	350m: 3:53.03				33.70	
100m: 1:04.71 33.72	200m: 2:12.73	33.96 300m: 3:19.33	33.50	400m: 4:26.08				33.05	
2. GARRIDO REBOLLO, Yara	05	CD Acuatico Leon			4:31.54				609
50m: 31.46 31.46	150m: 1:39.73	34.37 250m: 2:48.44	34.01	350m: 3:57.77				34.92	
100m: 1:05.36 33.90	200m: 2:14.43	34.70 300m: 3:22.85	34.41	400m: 4:31.54				33.77	
3. CARLON DE FUENTES, Irene	10	C.D. Torrelago Wellness			4:31.68				608
50m: 31.01 31.01	150m: 1:39.12	34.40 250m: 2:47.77	34.45	350m: 3:57.68				35.04	
100m: 1:04.72 33.71	200m: 2:13.32	34.20 300m: 3:22.64	34.87	400m: 4:31.68				34.00	
4. ARROYO BONIFACIO, Sofia	07	CD Acuatico Leon			4:32.40				603
50m: 30.96 30.96	150m: 1:39.46	34.67 250m: 2:49.29	35.11	350m: 3:59.80				34.79	
100m: 1:04.79 33.83	200m: 2:14.18	34.72 300m: 3:25.01	35.72	400m: 4:32.40				32.60	
5. DOMINGO RUIZ, Andrea	09	C.N. Palencia			4:32.67				602
50m: 31.57 31.57	150m: 1:40.24	34.63 250m: 2:49.26	34.38	350m: 3:58.62				34.86	
100m: 1:05.61 34.04	200m: 2:14.88	34.64 300m: 3:23.76	34.50	400m: 4:32.67				34.05	
6. SANTIAGO GARCIA, Naia	10	C.N. Palencia			4:44.24				531
50m: 32.11 32.11	150m: 1:42.68	35.72 250m: 2:55.97	36.85	350m: 4:09.37				36.67	
100m: 1:06.96 34.85	200m: 2:19.12	36.44 300m: 3:32.70	36.73	400m: 4:44.24				34.87	
7. CARLON DE FUENTES, Elisa	10	C.D. Torrelago Wellness			4:44.83				528
50m: 31.19 31.19	150m: 1:40.40	35.20 250m: 2:54.06	37.16	350m: 4:08.92				37.25	
100m: 1:05.20 34.01	200m: 2:16.90	36.50 300m: 3:31.67	37.61	400m: 4:44.83				35.91	
8. GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos			4:46.79				517
50m: 33.82 33.82	150m: 1:46.33	36.57 250m: 2:58.75	35.69	350m: 4:11.39				36.37	
100m: 1:09.76 35.94	200m: 2:23.06	36.73 300m: 3:35.02	36.27	400m: 4:46.79				35.40	
9. CARVAJAL RAMOS, Lucia	11	Cn.Caceres Delfines			4:47.12				515
50m: 32.62 32.62	150m: 1:43.95	36.13 250m: 2:56.72	36.64	350m: 4:10.28				36.98	
100m: 1:07.82 35.20	200m: 2:20.08	36.13 300m: 3:33.30	36.58	400m: 4:47.12				36.84	
10. SACEDO PARIS, Maria	05	Club Natacion Ciudad De Avila			5:10.54				407
50m: 35.21 35.21	150m: 1:52.78	39.43 250m: 3:11.42	39.25	350m: 4:31.58				39.82	
100m: 1:13.35 38.14	200m: 2:32.17	39.39 300m: 3:51.76	40.34	400m: 5:10.54				38.96	
11. MARIN BERMEJO, Mencia	12	C.N. Castilla-Burgos			5:13.57				395
50m: 35.19 35.19	150m: 1:54.52	40.14 250m: 3:16.00	40.59	350m: 4:35.92				39.70	
100m: 1:14.38 39.19	200m: 2:35.41	40.89 300m: 3:56.22	40.22	400m: 5:13.57				37.65	
12. MUÑOZ GARCÍA, María	10	C.D. Parquesol			5:18.55				377
50m: 34.60 34.60	150m: 1:55.28	41.22 250m: 3:17.79	41.27	350m: 4:40.24				41.10	
100m: 1:14.06 39.46	200m: 2:36.52	41.24 300m: 3:59.14	41.35	400m: 5:18.55				38.31	
13. GARCIA MARCOS, Alicia Ainara	10	C.Acuatico Salamanca			5:23.92				359
50m: 36.95 36.95	150m: 1:58.19	41.35 250m: 3:21.46	41.48	350m: 4:43.71				41.47	
100m: 1:16.84 39.89	200m: 2:39.98	41.79 300m: 4:02.24	40.78	400m: 5:23.92				40.21	
14. PRIETO GARCIA, Candelas	12	C.D.N. Zamora			5:25.94				352
50m: 36.97 36.97	150m: 1:58.38	41.30 250m: 3:21.72	41.98	350m: 4:47.18				43.69	
100m: 1:17.08 40.11	200m: 2:39.74	41.36 300m: 4:03.49	41.77	400m: 5:25.94				38.76	
15. VELA ALONSO, Jimena	10	C.D. Parquesol			5:27.00				349
50m: 36.37 36.37	150m: 1:57.67	41.34 250m: 3:22.19	42.47	350m: 4:46.00				41.96	
100m: 1:16.33 39.96	200m: 2:39.72	42.05 300m: 4:04.04	41.85	400m: 5:27.00				41.00	
16. SANCHEZ HERNANDEZ, Ruth	10	C.Acuatico Salamanca			5:29.17				342
50m: 37.61 37.61	150m: 2:00.81	41.79 250m: 3:24.87	41.63	350m: 4:48.59				42.47	
100m: 1:19.02 41.41	200m: 2:43.24	42.43 300m: 4:06.12	41.25	400m: 5:29.17				40.58	
17. ALFONSO ANIDO, Carla	11	C.N.Castilla Zamora			5:59.89				261
50m: 37.44 37.44	150m: 2:06.29	46.19 250m: 3:41.77	48.12	350m: 5:17.50				46.32	
100m: 1:20.10 42.66	200m: 2:53.65	47.36 300m: 4:31.18	49.41	400m: 5:59.89				42.39	



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Clasificación	AN										Tiempo	Pts
18. SANCHEZ PEON, Leah	11										6:21.81	219
50m:	40.40	40.40	150m:	2:15.84	48.81	250m:	3:54.81	49.61	350m:	5:34.68	50.63	
100m:	1:27.03	46.63	200m:	3:05.20	49.36	300m:	4:44.05	49.24	400m:	6:21.81	47.13	
19. GARATE AVALOS, Keyra Jonnyt	12										6:44.61	184
50m:	39.34	39.34	150m:	2:23.27	52.96	250m:	4:07.67	53.46	350m:	5:55.07	53.91	
100m:	1:30.31	50.97	200m:	3:14.21	50.94	300m:	5:01.16	53.49	400m:	6:44.61	49.54	
20. CIRIA PADILLA, Lucia	09										7:03.01	161
50m:	42.54	42.54	150m:	2:25.75	52.89	250m:	4:14.79	54.58	350m:	6:07.57	57.03	
100m:	1:32.86	50.32	200m:	3:20.21	54.46	300m:	5:10.54	55.75	400m:	7:03.01	55.44	