



Nº ACTA: 4ª JFCCCPO

## ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- 4ª J. FC COPA DE CLUBES PO
- **FECHA DE LA CELEBRACION.**  
19 NOVIEMBRE DE 2022 -
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**  
FEDERACIÓN CASTILLA Y LEÓN DE NATACIÓN
- **LUGAR DE CELEBRACION.**
- PONFERRADA
- **NOMBRE DE LA PISCINA.**  
LA UNIVERSIDAD
- **PISCINA DE 25 M. - 8 CALLES.**
- **CLUBES PARTICIPANTES**  
SEGÚN HOJA

### COMPOSICION DEL JURADO

**JUEZ ÁRBITRO:** Mª ENCINA GONZÁLEZ  
**JUEZ DE SALIDAS:** MARGA CRESPO  
**JUECES DE VIRAJES / ESTILOS:**  
**JEFE DE CRONOMETRADORES:** Mª ANTONIA  
**CRONOMETRADORES:**

ESTHER HERAS	MARCOS PEDREGAL
CASILDA BARBA	YOLANDA GONZÁLEZ
JOSÉ R. ARIAS	JAVIER DE LA PUENTE
FERNANDO SOUSA	NATALIA REPARAZ

### **CAMARA DE SALIDAS:**

**LOCUTOR:** TERESA REQUEJO

**PREMIACION:**

**DURACIÓN COMPETICIÓN:**

**CRONOMETRAJE ELECTRONICO:**

**SECRETARIA:** LAURA FRANCO

**SECRETARIA DE RESULTADOS:**

### INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: Mª ENCINA GONZÁLEZ



Nº ACTA: 3ª JFCCCPO

## ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- 3ª J. FC. COPA CLUBES PO
- **FECHA DE LA CELEBRACION.**  
19 NOVIEMBRE DE 2022 -
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**  
FEDERACIÓN CASTILLA Y LEÓN DE NATACIÓN
- **LUGAR DE CELEBRACION.**
- PONFERRADA
- **NOMBRE DE LA PISCINA.**  
EL TOLARÍN
- **PISCINA DE 25 M. - 6 CALLES.**
- **CLUBES PARTICIPANTES**  
SEGÚN HOJA

### COMPOSICION DEL JURADO

**JUEZ ÁRBITRO:** MARGA CRESPO  
**JUEZ DE SALIDAS:** LAURA FRANCO  
**JUECES DE VIRAJES / ESTILOS:**  
**JEFE DE CRONOMETRADORES:** Mª ANTONIA  
**CRONOMETRADORES:**

PABLO RODRÍGUEZ  
CAVILDA BARBA  
JOSÉ R. ARIAS

FERNÁNDO SOUSA  
MARCOS PEDREGAL  
ESTER HERAS

**CAMARA DE SALIDAS:**

**LOCUTOR:** TERESA REQUEJO

**PREMIACION:**

**DURACIÓN COMPETICIÓN:**

**CRONOMETRAJE ELECTRONICO:**

**SECRETARIA:**

**SECRETARIA DE RESULTADOS:**

### INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: Mª ENCINA GONZÁLEZ



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
C.N. 97 Leon	00850	ESP	1	-	1	1	-	1	-	-	-
C.N. Bierzo-Ponferrada	00814	ESP	-	16	16	-	48	48	-	-	-
C.N. Casa De Asturias	00458	ESP	7	12	19	27	41	68	-	-	-
C.N. Leon	00480	ESP	18	13	31	67	44	111	-	-	-
Cd Acuatico Leon	01483	ESP	6	14	20	20	56	76	-	-	-
Club Natacion Master Leon	01399	ESP	1	-	1	2	-	2	-	-	-
S.D. La Venatoria	00143	ESP	7	9	16	28	36	64	-	-	-
Número total de 7 clubes			40	64	104	145	225	370	-	-	-



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 16  
19/11/2022

Masc., 50m Libre

Open  
Resultados

Puntos: FINA 2022

Clasificación	AN		Tiempo	Pts
1. PUERTAS HIDALGO, Axel	00	C.N. Leon	<b>25.48</b>	495
2. VALENCIANO MIGUELEZ, Hugo	08	C.N. Leon	<b>25.50</b>	494
3. GONZALEZ ALONSO, Daniel	01	C.N. Leon	<b>26.38</b>	446
4. GONZALEZ ALONSO, Julian	01	C.N. Leon	<b>26.60</b>	435
5. DIAZ BAYON, David	07	S.D. La Venatoria	<b>26.82</b>	424
6. FERNANDEZ FERNANDEZ, Enrique	99	Cd Acuatico Leon	<b>27.00</b>	416
7. JORGE SANTAMARIA, Joel	02	C.N. Leon	<b>27.41</b>	397
8. CRESPO SANCHEZ, Javier	07	Cd Acuatico Leon	<b>27.61</b>	389
9. GONZALEZ ALONSO, Mario	01	C.N. Leon	<b>27.62</b>	388
10. MORENO CRESPO, Jonathan	99	C.N. Leon	<b>27.82</b>	380
11. GIMENEZ MONZONIS, Sergio	06	Cd Acuatico Leon	<b>27.95</b>	375
12. ESCODA LLAMAZARES, Isaac	06	C.N. Leon	<b>28.20</b>	365
13. ALVAREZ BELKASEN, Rodrigo	06	C.N. Leon	<b>28.43</b>	356
14. MUÑIZ GARCÍA, Lucas	06	C.N. Casa De Asturias	<b>28.44</b>	356
15. VALENZUELA ÁLVAREZ, Juan Rodrigo	02	C.N. Casa De Asturias	<b>28.59</b>	350
16. MENDEZ GARCIA, Raul	04	C.N. Leon	<b>28.71</b>	346
SERRANO CRESPO, Mario	08	Cd Acuatico Leon	<b>28.71</b>	346
18. MONJE MENCIA, David	06	C.N. Leon	<b>29.49</b>	319
19. LUNA PRADA, Manuel	05	C.N. Casa De Asturias	<b>29.50</b>	319
20. PRADA ÁLVAREZ, Gabriel	06	C.N. Casa De Asturias	<b>29.64</b>	314
21. LUNA PRADA, Diego	08	C.N. Casa De Asturias	<b>31.05</b>	273
22. MARTINEZ ROMERO, Javier	08	S.D. La Venatoria	<b>31.46</b>	263
23. MARTÍN VILLACORTA, Roberto	06	C.N. Leon	<b>31.88</b>	252
24. FERNANDEZ HERREROS, Raul	07	Cd Acuatico Leon	<b>32.34</b>	242
25. SACRISTAN GUTIERREZ, Victor	06	C.N. Leon	<b>32.56</b>	237
26. GONZÁLEZ BRIZ, Marcos	08	C.N. Casa De Asturias	<b>32.94</b>	229
27. MARTINEZ VEGA, Pablo	08	C.N. Leon	<b>33.10</b>	225
28. ENCINA ALVAREZ, Javier	08	S.D. La Venatoria	<b>33.65</b>	215
29. MARTÍÑO ORTEGA, Adrian	08	C.N. Leon	<b>33.83</b>	211
30. FERNANDEZ SUAREZ, Oliver	08	C.N. Leon	<b>34.42</b>	200
31. CARMONA FRAILE, David	08	S.D. La Venatoria	<b>34.63</b>	197
32. ANDRES GONZALEZ, Ivan	08	C.N. Leon	<b>35.00</b>	191
33. RODRÍGUEZ TRENADO, Diego	08	C.N. Casa De Asturias	<b>36.18</b>	173
34. RODRÍGUEZ PARDO, Pablo Miguel	03	S.D. La Venatoria	<b>40.61</b>	122
DSQ GARCIA DEL RIO, Daniel	08	C.N. Leon		
Baja enf. SANTAMARTA MARTINEZ, Alvaro	03	Cd Acuatico Leon		

Prueba 17  
19/11/2022

Fem., 50m Mariposa

Open  
Resultados

Puntos: FINA 2022

Clasificación	AN		Tiempo	Pts
1. PEDREGAL BARBA, Jimena	06	C.N. Bierzo-Ponferrada	<b>30.29</b>	521
2. MIELGO DIEZ, Raquel	07	Cd Acuatico Leon	<b>31.35</b>	470
3. MIELGO DIEZ, Ines	04	Cd Acuatico Leon	<b>32.31</b>	429
4. CORTES CASTRO, Susana Eloisa	06	Cd Acuatico Leon	<b>32.71</b>	414
5. RODRIGUEZ MIGUELEZ, Nerea	10	Cd Acuatico Leon	<b>33.63</b>	380
6. SEQUERA CARO, Miriam	97	C.N. Leon	<b>33.70</b>	378
7. DIEZ FERNANDEZ, Marta	95	Cd Acuatico Leon	<b>33.98</b>	369
8. ARIAS HERAS, Beatriz	07	C.N. Bierzo-Ponferrada	<b>34.81</b>	343
9. SERRANO CRESPO, Lucia	06	Cd Acuatico Leon	<b>35.06</b>	336
10. GONZALEZ NIÑO, Jimena	10	S.D. La Venatoria	<b>35.09</b>	335
11. MORÁN GONZÁLEZ, Ángela	06	C.N. Casa De Asturias	<b>35.53</b>	323
12. CASTAÑO CASTAÑEIRAS, Paula	08	Cd Acuatico Leon	<b>36.81</b>	290
13. RODRIGUEZ RUIZ, Leyre	08	S.D. La Venatoria	<b>36.90</b>	288
14. SARMIENTO SANCHEZ, Carolina	05	C.N. Bierzo-Ponferrada	<b>36.94</b>	287
15. MARTÍN DÁVILA, Aitana	06	C.N. Casa De Asturias	<b>37.21</b>	281



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 17, Fem., 50m Mariposa, Open

Clasificación	AN		Tiempo	Pts	
16.	BARRIO SAN ESTEBAN, Olaya	06	C.N. Casa De Asturias	<b>37.46</b>	275
17.	BLIZNAKOFF MONTERO, Paula Sara	05	C.N. Leon	<b>37.60</b>	272
18.	PEREZ PEREZ, Lucia	10	C.N. Leon	<b>37.64</b>	271
19.	RODRÍGUEZ RODRÍGUEZ, Celia	09	C.N. Bierzo-Ponferrada	<b>37.74</b>	269
20.	ALVAREZ BELKASEN, Nora	03	C.N. Leon	<b>38.30</b>	257
21.	OREJAS VALDERREY, Alejandra	09	S.D. La Venatoria	<b>38.47</b>	254
22.	RODRIGUEZ BLANCO, Gabriela	09	Cd Acuatico Leon	<b>38.50</b>	253
23.	ALVAREZ REPARAZ, Olga	10	C.N. Bierzo-Ponferrada	<b>38.51</b>	253
24.	GÓMEZ FERNÁNDEZ, Valeria	07	C.N. Bierzo-Ponferrada	<b>38.82</b>	247
25.	COMPADRE CEREZAL, Agueda	09	Cd Acuatico Leon	<b>39.12</b>	242
26.	DEL POZO CANO, Claudia	10	C.N. Leon	<b>39.15</b>	241
	SERRANO CRESPO, Laura	09	Cd Acuatico Leon	<b>39.15</b>	241
28.	GARCÍA SOLÍS, Elisabeth	08	Cd Acuatico Leon	<b>39.75</b>	230
29.	CABALLERO PASTOR, Enea	07	C.N. Casa De Asturias	<b>40.91</b>	211
30.	ALVAREZ FERNANDEZ-CID, Paula	08	C.N. Leon	<b>41.20</b>	207
31.	GONZALEZ ORDOÑEZ, Sara	10	C.N. Leon	<b>41.79</b>	198
32.	ALONSO PENAS, Ariadne	08	S.D. La Venatoria	<b>41.85</b>	197
33.	ROMERO GRANJA, Alicia	09	S.D. La Venatoria	<b>41.87</b>	197
34.	DE LA PUENTE MARTÍNEZ, Carla	08	C.N. Bierzo-Ponferrada	<b>43.20</b>	179
35.	MARTIN DÁVILA, Leyre	09	C.N. Casa De Asturias	<b>43.77</b>	172
36.	ALONSO SAN JOSE, Lucia	09	S.D. La Venatoria	<b>44.06</b>	169
37.	MARTÍN DÁVILA, Claudia	09	C.N. Casa De Asturias	<b>44.15</b>	168
38.	REGUERAS VAZQUEZ, Lola	09	C.N. Leon	<b>44.79</b>	161
39.	VARA CASADO, Jimena	07	C.N. Casa De Asturias	<b>46.16</b>	147
40.	DE CASTRO GREGORIO, Mara	09	C.N. Bierzo-Ponferrada	<b>46.57</b>	143
41.	MARTINEZ SECO, Pilar	10	S.D. La Venatoria	<b>47.27</b>	137
42.	ANDRES GONZALEZ, Sara	10	C.N. Leon	<b>47.52</b>	135
43.	CABALLERO PASTOR, Paola	09	C.N. Casa De Asturias	<b>47.85</b>	132
44.	CAMPELO DIEZ, Elisa	10	Cd Acuatico Leon	<b>48.16</b>	129
45.	GONZÁLEZ MARTÍNEZ, Henar	10	C.N. Bierzo-Ponferrada	<b>48.30</b>	128
46.	APARICIO GONZÁLEZ, Jimena	09	Cd Acuatico Leon	<b>48.98</b>	123
47.	ALVAREZ GONZALEZ, Andrea	07	C.N. Casa De Asturias	<b>50.26</b>	114
48.	FANEGO GARCIA, Claudia	09	S.D. La Venatoria	<b>50.39</b>	113
49.	CANELO SANCHEZ, Ana	08	Cd Acuatico Leon	<b>51.09</b>	108
50.	LANZON MORÁN, Julia	07	C.N. Bierzo-Ponferrada	<b>51.80</b>	104
51.	PEREZ GARCÍA, Mencía	10	C.N. Leon	<b>53.77</b>	93
52.	MARTIN MARTINEZ, Emma	10	S.D. La Venatoria	<b>54.91</b>	87
53.	DEL BLANCO HERNANDO, Julia	10	C.N. Casa De Asturias	<b>56.82</b>	78
54.	GONZÁLEZ FERRERAS, Marina	10	C.N. Casa De Asturias	<b>1:04.77</b>	53
DSQ	OVIEDO FERNÁNDEZ, Clara	10	C.N. Bierzo-Ponferrada		
DSQ	CARRETE FERNÁNDEZ, Carolina	09	C.N. Bierzo-Ponferrada		
Baja enf.	PADIAL TORRES, Paula	07	C.N. Leon		
Baja enf.	ALVAREZ ZAMORA, Carmen	09	C.N. Leon		

Prueba 18  
19/11/2022

Masc., 200m Braza

Open  
Resultados

Puntos: FINA 2022

Clasificación	AN		Tiempo	Pts	
1.	JORGE SANTAMARIA, Joel	02	C.N. Leon	<b>2:45.31</b>	384
	50m: 37.09 37.09	100m: 1:20.70 43.61	200m: 2:45.31 1:24.61		
2.	GONZALEZ ALONSO, Daniel	01	C.N. Leon	<b>2:45.90</b>	379
	50m: 35.93 35.93	100m: 1:18.64 42.71	200m: 2:45.90 1:27.26		
3.	GONZALEZ ALONSO, Mario	01	C.N. Leon	<b>2:45.92</b>	379
	50m: 37.48 37.48	100m: 1:19.48 42.00	200m: 2:45.92 1:26.44		
4.	SERRANO CRESPO, Mario	08	Cd Acuatico Leon	<b>2:57.67</b>	309
	50m: 38.93 38.93	100m: 1:24.04 45.11	200m: 2:57.67 1:33.63		
5.	GALLARDO PEREZ, David	08	S.D. La Venatoria	<b>2:57.80</b>	308
	50m: 39.17 39.17	100m: 1:23.77 44.60	200m: 2:57.80 1:34.03		



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 18, Masc., 200m Braza, Open

Clasificación	AN				Clubs	50m	100m	200m	300m	Tiempo	Pts
6.	ALVAREZ BELKASEN, Rodrigo	06	C.N. Leon	50m: 40.84 40.84	100m: 1:28.46 47.62	200m: 3:06.14 1:37.68	<b>3:06.14</b>	269			
7.	MERINO ALVAREZ, Luis	03	S.D. La Venatoria	50m: 41.03 41.03	100m: 1:29.92 48.89	200m: 3:11.57 1:41.65	<b>3:11.57</b>	246			
8.	MONJE MENCIA, David	06	C.N. Leon	50m: 42.65 42.65	100m: 1:31.26 48.61	200m: 3:15.04 1:43.78	<b>3:15.04</b>	233			
9.	GARCIA DEL RIO, Daniel	08	C.N. Leon	50m: 44.44 44.44	100m: 1:34.43 49.99	200m: 3:16.70 1:42.27	<b>3:16.70</b>	227			
10.	FERNANDEZ HERREROS, Raul	07	Cd Acuatico Leon	50m: 44.01 44.01	100m: 1:34.84 50.83	200m: 3:18.73 1:43.89	<b>3:18.73</b>	221			
11.	LUNA PRADA, Diego	08	C.N. Casa De Asturias	50m: 46.35 46.35	100m: 1:37.65 51.30	200m: 3:19.89 1:42.24	<b>3:19.89</b>	217			
12.	MARTÍN VILLACORTA, Roberto	06	C.N. Leon	50m: 45.28 45.28	100m: 1:36.91 51.63	200m: 3:27.60 1:50.69	<b>3:27.60</b>	193			
13.	MENDEZ GARCIA, Raul	04	C.N. Leon	50m: 45.65 45.65	100m: 1:37.25 51.60	200m: 3:29.72 1:52.47	<b>3:29.72</b>	188			
14.	SACRISTAN GUTIERREZ, Victor	06	C.N. Leon	50m: 44.54 44.54	100m: 1:37.77 53.23	200m: 3:34.07 1:56.30	<b>3:34.07</b>	176			
15.	ENCINA ALVAREZ, Javier	08	S.D. La Venatoria	50m: 46.87 46.87	100m: 1:44.29 57.42	200m: 3:42.10 1:57.81	<b>3:42.10</b>	158			
16.	ANDRES GONZALEZ, Ivan	08	C.N. Leon	50m: 49.44 49.44	100m: 1:46.33 56.89	200m: 3:44.22 1:57.89	<b>3:44.22</b>	153			
17.	GONZÁLEZ BRIZ, Marcos	08	C.N. Casa De Asturias	50m: 49.06 49.06	100m: 1:47.99 58.93	200m: 3:47.88 1:59.89	<b>3:47.88</b>	146			
18.	MARTINEZ VEGA, Pablo	08	C.N. Leon	50m: 50.57 50.57	100m: 1:53.86 1:03.29	200m: 4:03.52 2:09.66	<b>4:03.52</b>	120			
19.	RODRÍGUEZ PARDO, Pablo Miguel	03	S.D. La Venatoria	50m: 54.50 54.50	100m: 1:56.51 1:02.01	200m: 4:04.78 2:08.27	<b>4:04.78</b>	118			
20.	FERNANDEZ SUAREZ, Oliver	08	C.N. Leon	50m: 53.80 53.80	100m: 1:56.45 1:02.65	200m: 4:05.39 2:08.94	<b>4:05.39</b>	117			
21.	CARMONA FRAILE, David	08	S.D. La Venatoria	50m: 57.58 57.58	100m: 2:05.82 1:08.24	200m: 4:26.13 2:20.31	<b>4:26.13</b>	92			
DSQ	MARTIÑO ORTEGA, Adrian	08	C.N. Leon								
Baja enf.	SANTAMARTA MARTINEZ, Alvaro	03	Cd Acuatico Leon								
Baja enf.	GIMENEZ MONZONIS, Sergio	06	Cd Acuatico Leon								

Prueba 19  
19/11/2022

Fem., 200m Braza

Open  
Resultados

Puntos: FINA 2022

Clasificación	AN				Clubs	50m	100m	200m	300m	Tiempo	Pts
1.	PEDREGAL BARBA, Jimena	06	C.N. Bierzo-Ponferrada	50m: 37.88 37.88	100m: 1:20.53 42.65	200m: 2:47.85 1:27.32	<b>2:47.85</b>	515			
2.	MIELGO DIEZ, Raquel	07	Cd Acuatico Leon	50m: 41.84 41.84	100m: 1:27.99 46.15	200m: 2:58.47 1:30.48	<b>2:58.47</b>	428			
3.	MIELGO DIEZ, Ines	04	Cd Acuatico Leon	50m: 42.22 42.22	100m: 1:27.71 45.49	200m: 2:58.96 1:31.25	<b>2:58.96</b>	425			
4.	DIEZ FERNANDEZ, Marta	95	Cd Acuatico Leon	50m: 40.87 40.87	100m: 1:27.66 46.79	200m: 3:00.59 1:32.93	<b>3:00.59</b>	413			
5.	CASTAÑO CASTAÑEIRAS, Paula	08	Cd Acuatico Leon	50m: 42.09 42.09	100m: 1:28.71 46.62	200m: 3:01.21 1:32.50	<b>3:01.21</b>	409			
6.	OREJAS VALDERREY, Alejandra	09	S.D. La Venatoria	50m: 41.69 41.69	100m: 1:29.73 48.04	200m: 3:04.07 1:34.34	<b>3:04.07</b>	390			
7.	CORTES CASTRO, Susana Eloisa	06	Cd Acuatico Leon	50m: 42.67 42.67	100m: 1:30.52 47.85	200m: 3:08.73 1:38.21	<b>3:08.73</b>	362			



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 19, Fem., 200m Braza, Open

Clasificación	AN							Tiempo	Pts
8. SERRANO CRESPO, Lucia	06	Cd Acuatico Leon					<b>3:08.77</b>	362	
50m: 42.16 42.16	100m: 1:30.01	47.85	200m: 3:08.77	1:38.76					
9. RODRIGUEZ BLANCO, Gabriela	09	Cd Acuatico Leon					<b>3:12.05</b>	344	
50m: 43.60 43.60	100m: 1:32.63	49.03	200m: 3:12.05	1:39.42					
10. RODRIGUEZ MIGUELEZ, Nerea	10	Cd Acuatico Leon					<b>3:12.61</b>	341	
50m: 44.11 44.11	100m: 1:34.04	49.93	200m: 3:12.61	1:38.57					
11. MORÁN GONZÁLEZ, Ángela	06	C.N. Casa De Asturias					<b>3:13.27</b>	337	
50m: 42.57 42.57	100m: 1:31.89	49.32	200m: 3:13.27	1:41.38					
12. RODRIGUEZ RUIZ, Leyre	08	S.D. La Venatoria					<b>3:15.08</b>	328	
50m: 44.80 44.80	100m: 1:34.27	49.47	200m: 3:15.08	1:40.81					
13. ALVAREZ REPARAZ, Olga	10	C.N. Bierzo-Ponferrada					<b>3:17.05</b>	318	
50m: 44.16 44.16	100m: 1:33.88	49.72	200m: 3:17.05	1:43.17					
14. GONZALEZ NIÑO, Jimena	10	S.D. La Venatoria					<b>3:18.76</b>	310	
50m: 45.96 45.96	100m: 1:36.41	50.45	200m: 3:18.76	1:42.35					
15. PEREZ PEREZ, Lucia	10	C.N. Leon					<b>3:24.96</b>	283	
50m: 47.10 47.10	100m: 1:40.54	53.44	200m: 3:24.96	1:44.42					
16. DEL POZO CANO, Claudia	10	C.N. Leon					<b>3:26.97</b>	274	
50m: 46.90 46.90	100m: 1:39.63	52.73	200m: 3:26.97	1:47.34					
17. SERRANO CRESPO, Laura	09	Cd Acuatico Leon					<b>3:29.24</b>	266	
50m: 46.67 46.67	100m: 1:40.58	53.91	200m: 3:29.24	1:48.66					
18. ARIAS HERAS, Beatriz	07	C.N. Bierzo-Ponferrada					<b>3:29.27</b>	265	
50m: 46.66 46.66	100m: 1:40.66	54.30	200m: 3:29.27	1:48.31					
19. ALONSO PENAS, Ariadne	08	S.D. La Venatoria					<b>3:29.75</b>	264	
50m: 47.20 47.20	100m: 1:41.33	54.13	200m: 3:29.75	1:48.42					
20. SARMIENTO SANCHEZ, Carolina	05	C.N. Bierzo-Ponferrada					<b>3:30.29</b>	262	
50m: 44.46 44.46	100m: 1:36.69	52.23	200m: 3:30.29	1:53.60					
21. RODRÍGUEZ RODRÍGUEZ, Celia	09	C.N. Bierzo-Ponferrada					<b>3:31.27</b>	258	
50m: 45.84 45.84	100m: 1:40.01	54.17	200m: 3:31.27	1:51.26					
22. GONZALEZ ORDOÑEZ, Sara	10	C.N. Leon					<b>3:32.01</b>	255	
50m: 48.71 48.71	100m: 1:42.51	53.80	200m: 3:32.01	1:49.50					
23. ANDRES GONZALEZ, Sara	10	C.N. Leon					<b>3:33.67</b>	249	
50m: 47.86 47.86	100m: 1:42.04	54.18	200m: 3:33.67	1:51.63					
24. MARTIN VILLACORTA, Silvia	09	C.N. Leon					<b>3:33.99</b>	248	
50m: 49.66 49.66	100m: 1:43.61	53.95	200m: 3:33.99	1:50.38					
25. MARTÍN DÁVILA, Aitana	06	C.N. Casa De Asturias					<b>3:37.10</b>	238	
50m: 47.64 47.64	100m: 1:43.15	55.51	200m: 3:37.10	1:53.95					
26. MARTIN DÁVILA, Leyre	09	C.N. Casa De Asturias					<b>3:41.79</b>	223	
50m: 48.51 48.51	100m: 1:45.69	57.18	200m: 3:41.79	1:56.10					
27. GÓMEZ FERNÁNDEZ, Valeria	07	C.N. Bierzo-Ponferrada					<b>3:42.62</b>	220	
50m: 49.72 49.72	100m: 1:45.23	55.51	200m: 3:42.62	1:57.39					
28. COMPADRE CEREZAL, Agueda	09	Cd Acuatico Leon					<b>3:44.92</b>	214	
50m: 48.85 48.85	100m: 1:46.83	57.98	200m: 3:44.92	1:58.09					
29. REGUERAS VAZQUEZ, Lola	09	C.N. Leon					<b>3:45.22</b>	213	
50m: 51.09 51.09	100m: 1:48.15	57.06	200m: 3:45.22	1:57.07					
30. GARCÍA SOLÍS, Elisabeth	08	Cd Acuatico Leon					<b>3:46.18</b>	210	
50m: 51.58 51.58	100m: 1:50.59	59.01	200m: 3:46.18	1:55.59					
31. MARTÍN DÁVILA, Claudia	09	C.N. Casa De Asturias					<b>3:47.26</b>	207	
50m: 51.23 51.23	100m: 1:49.01	57.78	200m: 3:47.26	1:58.25					
32. ALONSO SAN JOSE, Lucia	09	S.D. La Venatoria					<b>3:47.96</b>	205	
50m: 49.04 49.04	100m: 1:45.31	56.27	200m: 3:47.96	2:02.65					
33. MARTINEZ SECO, Pilar	10	S.D. La Venatoria					<b>3:50.41</b>	199	
50m: 53.90 53.90	100m: 1:52.10	58.20	200m: 3:50.41	1:58.31					
34. ROMERO GRANJA, Alicia	09	S.D. La Venatoria					<b>3:53.25</b>	192	
50m: 53.96 53.96	100m: 1:54.66	1:00.70	200m: 3:53.25	1:58.59					
35. VARA CASADO, Jimena	07	C.N. Casa De Asturias					<b>3:58.21</b>	180	
50m: 53.93 53.93	100m: 1:54.67	1:00.74	200m: 3:58.21	2:03.54					





3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 19, Fem., 200m Braza, Open

Clasificación	AN	Tiempo	Pts
36. LANZON MORÁN, Julia 50m: 51.39 51.39 100m: 1:53.27 1:01.88 200m: 3:58.47 2:05.20	07 C.N. Bierzo-Ponferrada	<b>3:58.47</b>	179
37. DE LA PUENTE MARTÍNEZ, Carla 50m: 55.71 55.71 100m: 1:58.19 1:02.48 200m: 4:04.31 2:06.12	08 C.N. Bierzo-Ponferrada	<b>4:04.31</b>	167
38. CABALLERO PASTOR, Paola 50m: 56.96 56.96 100m: 2:01.51 1:04.55 200m: 4:10.07 2:08.56	09 C.N. Casa De Asturias	<b>4:10.07</b>	155
39. MARTIN MARTINEZ, Emma 50m: 58.84 58.84 100m: 2:06.91 1:08.07 200m: 4:24.57 2:17.66	10 S.D. La Venatoria	<b>4:24.57</b>	131
40. PEREZ GARCIA, Mencia 50m: 57.57 57.57 100m: 2:04.95 1:07.38 200m: 4:24.77 2:19.82	10 C.N. Leon	<b>4:24.77</b>	131
41. DEL BLANCO HERNANDO, Julia 50m: 59.57 59.57 100m: 2:08.47 1:08.90 200m: 4:28.57 2:20.10	10 C.N. Casa De Asturias	<b>4:28.57</b>	125
DSQ GONZÁLEZ MARTÍNEZ, Henar	10 C.N. Bierzo-Ponferrada		
DSQ DE CASTRO GREGORIO, Mara	09 C.N. Bierzo-Ponferrada		
DSQ GONZÁLEZ FERRERAS, Marina	10 C.N. Casa De Asturias		
DSQ ALVAREZ GONZALEZ, Andrea	07 C.N. Casa De Asturias		
DSQ CANELO SANCHEZ, Ana	08 Cd Acuatico Leon		
DSQ APARICIO GONZÁLEZ, Jimena	09 Cd Acuatico Leon		
DSQ CAMPELO DIEZ, Elisa	10 Cd Acuatico Leon		
DSQ FANEBO GARCIA, Claudia	09 S.D. La Venatoria		
Baja enf. ALVAREZ ZAMORA, Carmen	09 C.N. Leon		

Prueba 20  
19/11/2022

Masc., 1500m Libre

Open  
Resultados

Puntos: FINA 2022

Clasificación	AN	Tiempo	Pts
1. VIÑUELA GONZALEZ, Kevin Tarek 50m: 31.44 31.44 400m: 4:31.97 1:09.06 800m: 9:08.90 1:09.38 1200m: 13:45.75 1:09.14 100m: 1:04.90 36.46 500m: 5:40.84 1:08.87 900m: 10:17.98 1:09.08 1300m: 14:53.79 1:08.04 200m: 2:13.59 1:08.69 600m: 6:50.11 1:09.27 1000m: 11:27.73 1:09.75 1400m: 16:02.83 1:09.04 300m: 3:22.91 1:09.32 700m: 7:59.52 1:09.41 1100m: 12:36.61 1:08.88 1500m: 17:11.71 1:08.88	95 C.N. 97 Leon	<b>17:11.71</b>	553
2. GONZALEZ ALONSO, Julian 50m: 32.82 32.82 400m: 4:45.27 1:12.27 800m: 9:43.77 1:15.87 1200m: 14:50.34 1:16.07 100m: 1:09.22 36.40 500m: 5:58.06 1:12.79 900m: 11:00.38 1:16.61 1300m: 16:06.71 1:16.37 200m: 2:20.94 1:11.72 600m: 7:11.90 1:13.84 1000m: 12:16.51 1:16.13 1400m: 17:23.37 1:16.66 300m: 3:33.00 1:12.06 700m: 8:27.90 1:16.00 1100m: 13:34.27 1:17.76 1500m: 18:37.63 1:14.26	01 C.N. Leon	<b>18:37.63</b>	435
3. MORENO CRESPO, Jonathan 50m: 32.17 32.17 400m: 4:55.03 1:15.95 800m: 9:59.53 1:15.90 1200m: 15:04.28 1:15.97 100m: 1:08.26 36.09 500m: 6:11.86 1:16.83 900m: 11:15.64 1:16.11 1300m: 16:20.65 1:16.37 200m: 2:23.21 1:14.95 600m: 7:27.55 1:15.69 1000m: 12:31.74 1:16.10 1400m: 17:36.78 1:16.13 300m: 3:39.08 1:15.87 700m: 8:43.63 1:16.08 1100m: 13:48.31 1:16.57 1500m: 18:50.30 1:13.52	99 C.N. Leon	<b>18:50.30</b>	420
4. DIAZ BAYON, David 50m: 32.51 32.51 400m: 5:05.08 1:18.85 800m: 10:18.61 1:17.85 1200m: 15:31.80 1:17.77 100m: 1:10.42 37.91 500m: 6:23.93 1:18.85 900m: 11:37.25 1:18.64 1300m: 16:49.30 1:17.50 200m: 2:27.03 1:16.61 600m: 7:42.48 1:18.55 1000m: 12:55.86 1:18.61 1400m: 18:06.46 1:17.16 300m: 3:46.23 1:19.20 700m: 9:00.76 1:18.28 1100m: 14:14.03 1:18.17 1500m: 19:18.34 1:11.88	07 S.D. La Venatoria	<b>19:18.34</b>	390
5. VALENCIANO MIGUELEZ, Hugo 50m: 31.65 31.65 400m: 4:58.91 1:17.72 800m: 10:17.57 1:19.55 1200m: 15:36.00 1:18.67 100m: 1:08.22 36.57 500m: 6:17.23 1:18.32 900m: 11:38.11 1:20.54 1300m: 16:55.24 1:19.24 200m: 2:24.78 1:16.56 600m: 7:37.43 1:20.20 1000m: 12:57.12 1:19.01 1400m: 18:11.81 1:16.57 300m: 3:41.19 1:16.41 700m: 8:58.02 1:20.59 1100m: 14:17.33 1:20.21 1500m: 19:25.60 1:13.79	08 C.N. Leon	<b>19:25.60</b>	383
6. FERNANDEZ FERNANDEZ, Enrique 50m: 33.21 33.21 400m: 5:06.37 1:20.49 800m: 10:35.25 1:23.24 1200m: 16:12.39 1:25.26 100m: 1:09.72 36.51 500m: 6:27.97 1:21.60 900m: 11:58.34 1:23.09 1300m: 17:35.76 1:23.37 200m: 2:26.44 1:16.72 600m: 7:50.28 1:22.31 1000m: 13:22.47 1:24.13 1400m: 18:59.88 1:24.12 300m: 3:45.88 1:19.44 700m: 9:12.01 1:21.73 1100m: 14:47.13 1:24.66 1500m: 20:24.34 1:24.46	99 Cd Acuatico Leon	<b>20:24.34</b>	330
7. PRADA ÁLVAREZ, Gabriel 50m: 37.28 37.28 400m: 5:34.73 1:26.18 800m: 11:18.46 1:24.15 1200m: 16:55.82 1:24.27 100m: 1:17.98 40.70 500m: 7:01.51 1:26.78 900m: 12:43.15 1:24.69 1300m: 18:19.59 1:23.77 200m: 2:42.33 1:24.35 600m: 8:28.55 1:27.04 1000m: 14:08.41 1:25.26 1400m: 19:43.72 1:24.13 300m: 4:08.55 1:26.22 700m: 9:54.31 1:25.76 1100m: 15:31.55 1:23.14 1500m: 20:54.94 1:11.22	06 C.N. Casa De Asturias	<b>20:54.94</b>	307





3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 20, Masc., 1500m Libre, Open

Clasificación	AN		Tiempo		Pts
8. MUÑIZ GARCÍA, Lucas	06	C.N. Casa De Asturias	<b>21:31.82</b>	281	
50m: 35.47 35.47	400m: 5:30.49 1:27.37	800m: 11:21.08 1:27.73	1200m: 17:16.68 1:29.56		
100m: 1:11.43 35.96	500m: 6:58.07 1:27.58	900m: 12:49.39 1:28.31	1300m: 18:45.84 1:29.16		
200m: 2:37.43 1:26.00	600m: 8:25.81 1:27.74	1000m: 14:17.56 1:28.17	1400m: 20:14.05 1:28.21		
300m: 4:03.12 1:25.69	700m: 9:53.35 1:27.54	1100m: 15:47.12 1:29.56	1500m: 21:31.82 1:17.77		
9. MARTINEZ ROMERO, Javier	08	S.D. La Venatoria	<b>21:47.81</b>	271	
50m: 37.75 37.75	400m: 5:39.03 1:27.44	800m: 11:31.96 1:28.61	1200m: 17:29.28 1:28.94		
100m: 1:18.66 40.91	500m: 7:06.13 1:27.10	900m: 13:01.76 1:29.80	1300m: 18:58.16 1:28.88		
200m: 2:44.45 1:25.79	600m: 8:34.34 1:28.21	1000m: 14:34.14 1:32.38	1400m: 20:25.40 1:27.24		
300m: 4:11.59 1:27.14	700m: 10:03.35 1:29.01	1100m: 16:00.34 1:26.20	1500m: 21:47.81 1:22.41		
10. MERINO ALVAREZ, Luis	03	S.D. La Venatoria	<b>21:49.85</b>	270	
50m: 35.44 35.44	400m: 5:40.84 1:29.27	800m: 11:37.12 1:27.77	1200m: 17:33.75 1:30.14		
100m: 1:16.53 41.09	500m: 7:10.74 1:29.90	900m: 13:05.36 1:28.24	1300m: 19:02.18 1:28.43		
200m: 2:42.94 1:26.41	600m: 8:40.62 1:29.88	1000m: 14:34.47 1:29.11	1400m: 20:27.88 1:25.70		
300m: 4:11.57 1:28.63	700m: 10:09.35 1:28.73	1100m: 16:03.61 1:29.14	1500m: 21:49.85 1:21.97		
11. VALENZUELA ÁLVAREZ, Juan Rodrigo	02	C.N. Casa De Asturias	<b>21:51.30</b>	269	
50m: 35.71 35.71	400m: 5:33.89 1:26.50	800m: 11:26.22 1:28.63	1200m: 17:24.46 1:30.76		
100m: 1:16.58 40.87	500m: 7:01.56 1:27.67	900m: 12:54.22 1:28.00	1300m: 18:56.25 1:31.79		
200m: 2:40.82 1:24.24	600m: 8:29.31 1:27.75	1000m: 14:23.28 1:29.06	1400m: 20:25.03 1:28.78		
300m: 4:07.39 1:26.57	700m: 9:57.59 1:28.28	1100m: 15:53.70 1:30.42	1500m: 21:51.30 1:26.27		
12. ESCODA LLAMAZARES, Isaac	06	C.N. Leon	<b>21:55.08</b>	267	
50m: 37.34 37.34	400m: 5:44.78 1:29.37	800m: 11:37.65 1:28.00	1200m: 17:34.43 1:30.17		
100m: 1:18.94 41.60	500m: 7:12.46 1:27.68	900m: 13:05.77 1:28.12	1300m: 19:03.41 1:28.98		
200m: 2:46.27 1:27.33	600m: 8:42.60 1:30.14	1000m: 14:34.45 1:28.68	1400m: 20:29.64 1:28.23		
300m: 4:15.41 1:29.14	700m: 10:09.65 1:27.05	1100m: 16:04.26 1:29.81	1500m: 21:55.08 1:25.44		
13. LUNA PRADA, Manuel	05	C.N. Casa De Asturias	<b>22:01.56</b>	263	
50m: 37.77 37.77	400m: 5:37.24 1:27.85	800m: 11:43.23 1:32.47	1200m: 17:43.94 1:28.65		
100m: 1:18.15 40.38	500m: 7:07.51 1:30.27	900m: 13:14.08 1:30.85	1300m: 19:13.97 1:30.03		
200m: 2:41.77 1:23.62	600m: 8:38.63 1:31.12	1000m: 14:43.81 1:29.73	1400m: 20:40.22 1:26.25		
300m: 4:09.39 1:27.62	700m: 10:10.76 1:32.13	1100m: 16:15.29 1:31.48	1500m: 22:01.56 1:21.34		
14. GALLARDO PEREZ, David	08	S.D. La Venatoria	<b>22:06.49</b>	260	
50m: 35.72 35.72	400m: 5:40.71 1:29.96	800m: 11:37.33 1:27.73	1200m: 17:33.94 1:30.12		
100m: 1:17.32 41.60	500m: 7:10.38 1:29.67	900m: 13:05.75 1:28.42	1300m: 19:06.45 1:32.51		
200m: 2:42.82 1:25.50	600m: 8:41.00 1:30.62	1000m: 14:34.77 1:29.02	1400m: 20:41.18 1:34.73		
300m: 4:10.75 1:27.93	700m: 10:09.60 1:28.60	1100m: 16:03.82 1:29.05	1500m: 22:06.49 1:25.31		
15. CRESPO SANCHEZ, Javier	07	Cd Acuatico Leon	<b>23:06.42</b>	227	
50m: 36.36 36.36	400m: 5:54.68 1:32.85	800m: 12:09.20 1:33.42	1200m: 18:31.07 1:35.88		
100m: 1:18.64 42.28	500m: 7:27.81 1:33.13	900m: 13:45.15 1:35.95	1300m: 20:06.58 1:35.51		
200m: 2:47.94 1:29.30	600m: 9:01.86 1:34.05	1000m: 15:21.15 1:36.00	1400m: 21:40.15 1:33.57		
300m: 4:21.83 1:33.89	700m: 10:35.78 1:33.92	1100m: 16:55.19 1:34.04	1500m: 23:06.42 1:26.27		

Prueba 11  
19/11/2022

Fem., 50m Braza

Open  
Resultados

Puntos: FINA 2022

Clasificación	AN	Tiempo	Pts
1. DIEZ FERNANDEZ, Marta	95	Cd Acuatico Leon	<b>36.81</b> 467
2. OREJAS VALDERREY, Alejandra	09	S.D. La Venatoria	<b>38.08</b> 421
3. MIELGO DIEZ, Ines	04	Cd Acuatico Leon	<b>38.38</b> 412
4. MIELGO DIEZ, Raquel	07	Cd Acuatico Leon	<b>38.49</b> 408
5. CASTAÑO CASTAÑEIRAS, Paula	08	Cd Acuatico Leon	<b>38.50</b> 408
6. CORTES CASTRO, Susana Eloisa	06	Cd Acuatico Leon	<b>39.16</b> 387
7. MORÁN GONZÁLEZ, Ángela	06	C.N. Casa De Asturias	<b>39.58</b> 375
8. SERRANO CRESPO, Lucia	06	Cd Acuatico Leon	<b>40.88</b> 340
9. ALVAREZ REPARAZ, Olga	10	C.N. Bierzo-Ponferrada	<b>42.32</b> 307
10. RODRIGUEZ BLANCO, Gabriela	09	Cd Acuatico Leon	<b>42.51</b> 303
11. DEL POZO CANO, Claudia	10	C.N. Leon	<b>42.83</b> 296
12. PÉREZ PEREZ, Lucia	10	C.N. Leon	<b>42.97</b> 293
13. SARMIENTO SANCHEZ, Carolina	05	C.N. Bierzo-Ponferrada	<b>43.05</b> 291
14. FERNÁNDEZ RODRÍGUEZ, Maria Encina	05	C.N. Bierzo-Ponferrada	<b>43.79</b> 277
15. SERRANO CRESPO, Laura	09	Cd Acuatico Leon	<b>46.15</b> 237
16. MARTIN DÁVILA, Leyre	09	C.N. Casa De Asturias	<b>46.21</b> 236
17. ALONSO PENAS, Ariadne	08	S.D. La Venatoria	<b>46.45</b> 232



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 11, Fem., 50m Braza, Open

Clasificación	AN		Tiempo	Pts
18. REGUERAS VAZQUEZ, Lola	09	C.N. Leon	<b>46.53</b>	231
19. ANDRES GONZALEZ, Sara	10	C.N. Leon	<b>47.00</b>	224
20. MARTIN VILLACORTA, Silvia	09	C.N. Leon	<b>47.28</b>	220
21. COMPADRE CEREZAL, Agueda	09	Cd Acuatico Leon	<b>47.50</b>	217
22. VARA CASADO, Jimena	07	C.N. Casa De Asturias	<b>47.64</b>	215
23. ALONSO SAN JOSE, Lucia	09	S.D. La Venatoria	<b>47.92</b>	211
24. ALVAREZ BELKASEN, Nora	03	C.N. Leon	<b>49.00</b>	198
25. GARCÍA SOLÍS, Elisabeth	08	Cd Acuatico Leon	<b>49.32</b>	194
26. MARTÍN DÁVILA, Claudia	09	C.N. Casa De Asturias	<b>49.48</b>	192
27. GARCÍA GÓMEZ, María	05	C.N. Bierzo-Ponferrada	<b>49.54</b>	191
28. MARTINEZ SECO, Pilar	10	S.D. La Venatoria	<b>49.72</b>	189
29. ABELLA YAÑEZ, Carla	05	C.N. Bierzo-Ponferrada	<b>49.95</b>	186
30. APARICIO GONZÁLEZ, Jimena	09	Cd Acuatico Leon	<b>50.21</b>	184
31. DIEZ CARRERA, Fabiola	06	C.N. Bierzo-Ponferrada	<b>51.27</b>	172
ROMERO GRANJA, Alicia	09	S.D. La Venatoria	<b>51.27</b>	172
33. LANZON MORÁN, Julia	07	C.N. Bierzo-Ponferrada	<b>51.52</b>	170
34. CALLEJA COLADO, Sara	08	C.N. Casa De Asturias	<b>51.77</b>	167
35. CABALLERO PASTOR, Paola	09	C.N. Casa De Asturias	<b>52.89</b>	157
36. DE LA PUENTE MARTÍNEZ, Carla	08	C.N. Bierzo-Ponferrada	<b>54.04</b>	147
37. ALVAREZ GONZALEZ, Andrea	07	C.N. Casa De Asturias	<b>54.96</b>	140
38. ALVAREZ FERNANDEZ-CID, Paula	08	C.N. Leon	<b>55.31</b>	137
39. PEREZ GARCIA, Mencia	10	C.N. Leon	<b>55.38</b>	137
40. DE CASTRO GREGORIO, Mara	09	C.N. Bierzo-Ponferrada	<b>55.41</b>	136
41. CAMPELO DIEZ, Elisa	10	Cd Acuatico Leon	<b>55.45</b>	136
42. GONZÁLEZ MARTÍNEZ, Henar	10	C.N. Bierzo-Ponferrada	<b>55.61</b>	135
43. DEL BLANCO HERNANDO, Julia	10	C.N. Casa De Asturias	<b>55.73</b>	134
44. MARTIN MARTINEZ, Emma	10	S.D. La Venatoria	<b>57.36</b>	123
45. FANEGO GARCIA, Claudia	09	S.D. La Venatoria	<b>1:00.52</b>	105
46. CANELO SANCHEZ, Ana	08	Cd Acuatico Leon	<b>1:10.16</b>	67
47. GONZÁLEZ FERRERAS, Marina	10	C.N. Casa De Asturias	<b>1:15.00</b>	55
48. OVIEDO FERNÁNDEZ, Clara	10	C.N. Bierzo-Ponferrada	<b>1:16.02</b>	53
Baja enf. PADIAL TORRES, Paula	07	C.N. Leon		
Baja enf. ALVAREZ ZAMORA, Carmen	09	C.N. Leon		

Prueba 12  
19/11/2022

Masc., 200m Espalda

Open  
Resultados

Puntos: FINA 2022

Clasificación	AN		Tiempo	Pts
1. GONZALEZ ALONSO, Daniel	01	C.N. Leon	<b>2:27.42</b>	367
50m: 34.32 34.32 100m: 1:12.90 38.58 200m: 2:27.42 1:14.52				
2. PUERTAS HIDALGO, Axel	00	C.N. Leon	<b>2:27.59</b>	366
50m: 34.34 34.34 100m: 1:12.19 37.85 200m: 2:27.59 1:15.40				
3. GONZALEZ ALONSO, Julian	01	C.N. Leon	<b>2:27.62</b>	366
50m: 34.69 34.69 100m: 1:12.57 37.88 200m: 2:27.62 1:15.05				
4. GONZALEZ ALONSO, Mario	01	C.N. Leon	<b>2:35.09</b>	315
50m: 34.97 34.97 100m: 1:15.38 40.41 200m: 2:35.09 1:19.71				
5. FERNANDEZ FERNANDEZ, Enrique	99	Cd Acuatico Leon	<b>2:39.25</b>	291
50m: 34.94 34.94 100m: 1:14.67 39.73 200m: 2:39.25 1:24.58				
6. SERRANO CRESPO, Mario	08	Cd Acuatico Leon	<b>2:42.87</b>	272
50m: 37.94 37.94 100m: 1:20.01 42.07 200m: 2:42.87 1:22.86				
7. GALLARDO PEREZ, David	08	S.D. La Venatoria	<b>2:43.50</b>	269
50m: 37.52 37.52 100m: 1:18.71 41.19 200m: 2:43.50 1:24.79				
8. MUÑIZ GARCÍA, Lucas	06	C.N. Casa De Asturias	<b>2:44.75</b>	263
50m: 35.91 35.91 100m: 1:17.75 41.84 200m: 2:44.75 1:27.00				
9. DIAZ BAYON, David	07	S.D. La Venatoria	<b>2:44.81</b>	263
50m: 36.47 36.47 100m: 1:17.18 40.71 200m: 2:44.81 1:27.63				



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 12, Masc., 200m Espalda, Open

Clasificación		AN				Tiempo	Pts
10.	PRADA ÁLVAREZ, Gabriel	06	C.N. Casa De Asturias			<b>2:46.17</b>	256
	50m: 40.70 40.70	100m: 1:23.21	42.51	200m: 2:46.17	1:22.96		
11.	ALVAREZ BELKASEN, Rodrigo	06	C.N. Leon			<b>2:46.19</b>	256
	50m: 41.26 41.26	100m: 1:24.63	43.37	200m: 2:46.19	1:21.56		
12.	MERINO ALVAREZ, Luis	03	S.D. La Venatoria			<b>2:49.11</b>	243
	50m: 39.11 39.11	100m: 1:21.55	42.44	200m: 2:49.11	1:27.56		
13.	LUNA PRADA, Manuel	05	C.N. Casa De Asturias			<b>2:49.95</b>	240
	50m: 39.02 39.02	100m: 1:21.93	42.91	200m: 2:49.95	1:28.02		
14.	VALENZUELA ÁLVAREZ, Juan Rodrigo	02	C.N. Casa De Asturias			<b>2:51.52</b>	233
	50m: 40.01 40.01	100m: 1:23.99	43.98	200m: 2:51.52	1:27.53		
15.	ESCODA LLAMAZARES, Isaac	06	C.N. Leon			<b>2:53.27</b>	226
	50m: 38.88 38.88	100m: 1:23.63	44.75	200m: 2:53.27	1:29.64		
16.	CRESPO SANCHEZ, Javier	07	Cd Acuatico Leon			<b>2:59.49</b>	203
	50m: 39.67 39.67	100m: 1:25.58	45.91	200m: 2:59.49	1:33.91		
17.	MENDEZ GARCIA, Raul	04	C.N. Leon			<b>3:00.12</b>	201
	50m: 43.23 43.23	100m: 1:29.33	46.10	200m: 3:00.12	1:30.79		
18.	FERNANDEZ HERREROS, Raul	07	Cd Acuatico Leon			<b>3:02.37</b>	194
	50m: 41.59 41.59	100m: 1:26.30	44.71	200m: 3:02.37	1:36.07		
19.	GARCIA DEL RIO, Daniel	08	C.N. Leon			<b>3:03.81</b>	189
	50m: 41.21 41.21	100m: 1:28.06	46.85	200m: 3:03.81	1:35.75		
20.	GONZÁLEZ BRIZ, Marcos	08	C.N. Casa De Asturias			<b>3:06.70</b>	181
	50m: 43.20 43.20	100m: 1:30.40	47.20	200m: 3:06.70	1:36.30		
21.	MORENO CRESPO, Jonathan	99	C.N. Leon			<b>3:07.28</b>	179
	50m: 43.20 43.20	100m: 1:30.21	47.01	200m: 3:07.28	1:37.07		
22.	LUNA PRADA, Diego	08	C.N. Casa De Asturias			<b>3:08.38</b>	176
	50m: 45.98 45.98	100m: 1:33.74	47.76	200m: 3:08.38	1:34.64		
23.	MARTINEZ ROMERO, Javier	08	S.D. La Venatoria			<b>3:14.82</b>	159
	50m: 43.91 43.91	100m: 1:32.52	48.61	200m: 3:14.82	1:42.30		
24.	ENCINA ALVAREZ, Javier	08	S.D. La Venatoria			<b>3:21.02</b>	145
	50m: 45.73 45.73	100m: 1:36.08	50.35	200m: 3:21.02	1:44.94		
25.	MARTIÑO ORTEGA, Adrian	08	C.N. Leon			<b>3:21.94</b>	143
	50m: 47.34 47.34	100m: 1:38.94	51.60	200m: 3:21.94	1:43.00		
26.	ANDRES GONZALEZ, Ivan	08	C.N. Leon			<b>3:22.68</b>	141
	50m: 46.21 46.21	100m: 1:38.42	52.21	200m: 3:22.68	1:44.26		
27.	RODRÍGUEZ TRENADO, Diego	08	C.N. Casa De Asturias			<b>3:35.04</b>	118
	50m: 48.09 48.09	100m: 1:44.18	56.09	200m: 3:35.04	1:50.86		
28.	SACRISTAN GUTIERREZ, Victor	06	C.N. Leon			<b>3:35.65</b>	117
	50m: 49.44 49.44	100m: 1:46.06	56.62	200m: 3:35.65	1:49.59		
29.	MARTINEZ VEGA, Pablo	08	C.N. Leon			<b>3:37.91</b>	113
	50m: 48.04 48.04	100m: 1:43.02	54.98	200m: 3:37.91	1:54.89		
30.	RODRÍGUEZ PARDO, Pablo Miguel	03	S.D. La Venatoria			<b>3:38.99</b>	112
	50m: 51.94 51.94	100m: 1:48.56	56.62	200m: 3:38.99	1:50.43		
31.	FERNANDEZ SUAREZ, Oliver	08	C.N. Leon			<b>3:44.05</b>	104
	50m: 49.56 49.56	100m: 1:46.54	56.98	200m: 3:44.05	1:57.51		
32.	CARMONA FRAILE, David	08	S.D. La Venatoria			<b>3:44.13</b>	104
	50m: 52.72 52.72	100m: 1:49.94	57.22	200m: 3:44.13	1:54.19		
Baja enf.	AGUILAR DURAN, Pablo	08	Club Natacion Master Leon				



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 13  
19/11/2022

Fem., 100m Mariposa

Open  
Resultados

Puntos: FINA 2022

Clasificación				AN			Tiempo	Pts
1.	PEDREGAL BARBA, Jimena			06	C.N. Bierzo-Ponferrada		<b>1:09.55</b>	483
	50m:	33.11	33.11	100m:	1:09.55	36.44		
2.	MIELGO DIEZ, Raquel			07	Cd Acuatico Leon		<b>1:09.72</b>	480
	50m:	32.99	32.99	100m:	1:09.72	36.73		
3.	MIELGO DIEZ, Ines			04	Cd Acuatico Leon		<b>1:13.40</b>	411
	50m:	34.13	34.13	100m:	1:13.40	39.27		
4.	CORTES CASTRO, Susana Eloisa			06	Cd Acuatico Leon		<b>1:15.18</b>	382
	50m:	34.25	34.25	100m:	1:15.18	40.93		
5.	GONZALEZ NIÑO, Jimena			10	S.D. La Venatoria		<b>1:17.44</b>	350
	50m:	35.33	35.33	100m:	1:17.44	42.11		
6.	RODRIGUEZ MIGUELEZ, Nerea			10	Cd Acuatico Leon		<b>1:18.34</b>	338
	50m:	34.82	34.82	100m:	1:18.34	43.52		
7.	RODRIGUEZ RUIZ, Leyre			08	S.D. La Venatoria		<b>1:18.70</b>	333
	50m:	36.34	36.34	100m:	1:18.70	42.36		
8.	SEQUERA CARO, Miriam			97	C.N. Leon		<b>1:18.71</b>	333
	50m:	37.56	37.56	100m:	1:18.71	41.15		
9.	ARIAS HERAS, Beatriz			07	C.N. Bierzo-Ponferrada		<b>1:21.12</b>	304
	50m:	37.13	37.13	100m:	1:21.12	43.99		
10.	SERRANO CRESPO, Lucia			06	Cd Acuatico Leon		<b>1:22.41</b>	290
	50m:	38.23	38.23	100m:	1:22.41	44.18		
11.	CASTAÑO CASTAÑEIRAS, Paula			08	Cd Acuatico Leon		<b>1:24.38</b>	270
	50m:	38.13	38.13	100m:	1:24.38	46.25		
12.	MORÁN GONZÁLEZ, Ángela			06	C.N. Casa De Asturias		<b>1:26.95</b>	247
	50m:	38.96	38.96	100m:	1:26.95	47.99		
13.	MARTÍN DÁVILA, Aitana			06	C.N. Casa De Asturias		<b>1:28.09</b>	237
	50m:	39.70	39.70	100m:	1:28.09	48.39		
14.	BLIZNAKOFF MONTERO, Paula Sara			05	C.N. Leon		<b>1:28.80</b>	232
	50m:	40.61	40.61	100m:	1:28.80	48.19		
15.	SARMIENTO SANCHEZ, Carolina			05	C.N. Bierzo-Ponferrada		<b>1:28.96</b>	231
	50m:	40.06	40.06	100m:	1:28.96	48.90		
16.	SERRANO CRESPO, Laura			09	Cd Acuatico Leon		<b>1:29.26</b>	228
	50m:	41.06	41.06	100m:	1:29.26	48.20		
17.	FERNÁNDEZ RODRÍGUEZ, María Encina			05	C.N. Bierzo-Ponferrada		<b>1:31.37</b>	213
	50m:	42.37	42.37	100m:	1:31.37	49.00		
18.	BARRIO SAN ESTEBAN, Olaya			06	C.N. Casa De Asturias		<b>1:31.39</b>	213
	50m:	43.00	43.00	100m:	1:31.39	48.39		
19.	RODRÍGUEZ RODRÍGUEZ, Celia			09	C.N. Bierzo-Ponferrada		<b>1:32.20</b>	207
	50m:	42.12	42.12	100m:	1:32.20	50.08		
20.	GÓMEZ FERNÁNDEZ, Valeria			07	C.N. Bierzo-Ponferrada		<b>1:32.59</b>	204
	50m:	40.41	40.41	100m:	1:32.59	52.18		
21.	DEL POZO CANO, Claudia			10	C.N. Leon		<b>1:33.32</b>	200
	50m:	42.34	42.34	100m:	1:33.32	50.98		
22.	GARCÍA SOLÍS, Elisabeth			08	Cd Acuatico Leon		<b>1:34.19</b>	194
	50m:	41.40	41.40	100m:	1:34.19	52.79		
23.	ALVAREZ REPARAZ, Olga			10	C.N. Bierzo-Ponferrada		<b>1:34.96</b>	189
	50m:	43.07	43.07	100m:	1:34.96	51.89		
24.	GONZALEZ ORDOÑEZ, Sara			10	C.N. Leon		<b>1:35.09</b>	189
	50m:	44.42	44.42	100m:	1:35.09	50.67		
25.	CABALLERO PASTOR, Enea			07	C.N. Casa De Asturias		<b>1:35.84</b>	184
	50m:	44.89	44.89	100m:	1:35.84	50.95		
26.	ALVAREZ BELKASEN, Nora			03	C.N. Leon		<b>1:36.37</b>	181
	50m:	41.53	41.53	100m:	1:36.37	54.84		



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 13, Fem., 100m Mariposa, Open

Clasificación		AN		Tiempo	Pts
27.	RODRIGUEZ BLANCO, Gabriela	09	Cd Acuatico Leon	<b>1:37.66</b>	174
	50m: 43.70 43.70	100m: 1:37.66	53.96		
28.	ROMERO GRANJA, Alicia	09	S.D. La Venatoria	<b>1:39.76</b>	163
	50m: 45.18 45.18	100m: 1:39.76	54.58		
29.	ALONSO SAN JOSE, Lucia	09	S.D. La Venatoria	<b>1:39.95</b>	162
	50m: 44.69 44.69	100m: 1:39.95	55.26		
30.	MARTÍN DÁVILA, Claudia	09	C.N. Casa De Asturias	<b>1:41.83</b>	154
	50m: 46.41 46.41	100m: 1:41.83	55.42		
31.	COMPADRE CEREZAL, Agueda	09	Cd Acuatico Leon	<b>1:42.04</b>	153
	50m: 46.99 46.99	100m: 1:42.04	55.05		
32.	ALVAREZ FERNANDEZ-CID, Paula	08	C.N. Leon	<b>1:42.45</b>	151
	50m: 45.27 45.27	100m: 1:42.45	57.18		
33.	VARA CASADO, Jimena	07	C.N. Casa De Asturias	<b>1:43.43</b>	147
	50m: 50.94 50.94	100m: 1:43.43	52.49		
34.	DIEZ CARRERA, Fabiola	06	C.N. Bierzo-Ponferrada	<b>1:44.61</b>	142
	50m: 44.86 44.86	100m: 1:44.61	59.75		
35.	MARTIN VILLACORTA, Silvia	09	C.N. Leon	<b>1:45.41</b>	138
	50m: 47.23 47.23	100m: 1:45.41	58.18		
36.	DE LA PUENTE MARTÍNEZ, Carla	08	C.N. Bierzo-Ponferrada	<b>1:45.68</b>	137
	50m: 48.66 48.66	100m: 1:45.68	57.02		
37.	ANDRES GONZALEZ, Sara	10	C.N. Leon	<b>1:45.70</b>	137
	50m: 48.47 48.47	100m: 1:45.70	57.23		
38.	GONZÁLEZ MARTÍNEZ, Henar	10	C.N. Bierzo-Ponferrada	<b>1:49.76</b>	123
	50m: 50.40 50.40	100m: 1:49.76	59.36		
39.	MARTINEZ SECO, Pilar	10	S.D. La Venatoria	<b>1:50.83</b>	119
	50m: 50.67 50.67	100m: 1:50.83	1:00.16		
40.	CABALLERO PASTOR, Paola	09	C.N. Casa De Asturias	<b>1:53.58</b>	111
	50m: 53.10 53.10	100m: 1:53.58	1:00.48		
41.	ALVAREZ GONZALEZ, Andrea	07	C.N. Casa De Asturias	<b>1:56.26</b>	103
	50m: 54.45 54.45	100m: 1:56.26	1:01.81		
42.	CANELO SANCHEZ, Ana	08	Cd Acuatico Leon	<b>2:00.99</b>	91
	50m: 55.60 55.60	100m: 2:00.99	1:05.39		
43.	APARICIO GONZÁLEZ, Jimena	09	Cd Acuatico Leon	<b>2:07.32</b>	78
	50m: 55.14 55.14	100m: 2:07.32	1:12.18		
44.	FANEGO GARCIA, Claudia	09	S.D. La Venatoria	<b>2:08.91</b>	75
	50m: 56.49 56.49	100m: 2:08.91	1:12.42		
45.	LANZON MORÁN, Julia	07	C.N. Bierzo-Ponferrada	<b>2:10.79</b>	72
	50m: 56.16 56.16	100m: 2:10.79	1:14.63		
46.	MARTIN MARTINEZ, Emma	10	S.D. La Venatoria	<b>2:14.55</b>	66
	50m: 59.60 59.60	100m: 2:14.55	1:14.95		
DSQ	CAMPELO DIEZ, Elisa	10	Cd Acuatico Leon		
Baja enf.	PADIAL TORRES, Paula	07	C.N. Leon		
Baja enf.	ALVAREZ ZAMORA, Carmen	09	C.N. Leon		



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 14  
19/11/2022

Masc., 200m Libre

Open  
Resultados

Puntos: FINA 2022

Clasificación			AN				Tiempo	Pts
1.	VALENCIANO MIGUELEZ, Hugo		08	C.N. Leon			<b>2:06.27</b>	487
	50m: 28.91 28.91	100m: 1:01.41		32.50	200m: 2:06.27	1:04.86		
2.	GONZALEZ ALONSO, Julian		01	C.N. Leon			<b>2:07.38</b>	474
	50m: 29.49 29.49	100m: 1:02.29		32.80	200m: 2:07.38	1:05.09		
3.	GONZALEZ ALONSO, Daniel		01	C.N. Leon			<b>2:10.50</b>	441
	50m: 29.89 29.89	100m: 1:03.26		33.37	200m: 2:10.50	1:07.24		
4.	GONZALEZ ALONSO, Mario		01	C.N. Leon			<b>2:11.81</b>	428
	50m: 29.28 29.28	100m: 1:03.34		34.06	200m: 2:11.81	1:08.47		
5.	MORENO CRESPO, Jonathan		99	C.N. Leon			<b>2:13.42</b>	413
	50m: 30.15 30.15	100m: 1:04.01		33.86	200m: 2:13.42	1:09.41		
6.	JORGE SANTAMARIA, Joel		02	C.N. Leon			<b>2:14.15</b>	406
	50m: 30.31 30.31	100m: 1:04.59		34.28	200m: 2:14.15	1:09.56		
7.	DIAZ BAYON, David		07	S.D. La Venatoria			<b>2:18.31</b>	370
	50m: 30.23 30.23	100m: 1:05.67		35.44	200m: 2:18.31	1:12.64		
8.	FERNANDEZ FERNANDEZ, Enrique		99	Cd Acuatico Leon			<b>2:19.49</b>	361
	50m: 31.31 31.31	100m: 1:06.05		34.74	200m: 2:19.49	1:13.44		
9.	MONJE MENCIA, David		06	C.N. Leon			<b>2:21.42</b>	346
	50m: 31.39 31.39	100m: 1:06.55		35.16	200m: 2:21.42	1:14.87		
10.	CRESPO SANCHEZ, Javier		07	Cd Acuatico Leon			<b>2:21.80</b>	344
	50m: 31.83 31.83	100m: 1:08.07		36.24	200m: 2:21.80	1:13.73		
11.	ALVAREZ BELKASEN, Rodrigo		06	C.N. Leon			<b>2:21.87</b>	343
	50m: 31.12 31.12	100m: 1:08.30		37.18	200m: 2:21.87	1:13.57		
12.	VALENZUELA ÁLVAREZ, Juan Rodrigo		02	C.N. Casa De Asturias			<b>2:22.00</b>	342
	50m: 31.47 31.47	100m: 1:08.38		36.91	200m: 2:22.00	1:13.62		
13.	SERRANO CRESPO, Mario		08	Cd Acuatico Leon			<b>2:23.33</b>	333
	50m: 32.04 32.04	100m: 1:09.29		37.25	200m: 2:23.33	1:14.04		
14.	GALLARDO PEREZ, David		08	S.D. La Venatoria			<b>2:25.28</b>	319
	50m: 32.46 32.46	100m: 1:09.40		36.94	200m: 2:25.28	1:15.88		
15.	MUÑIZ GARCÍA, Lucas		06	C.N. Casa De Asturias			<b>2:28.62</b>	298
	50m: 31.39 31.39	100m: 1:08.25		36.86	200m: 2:28.62	1:20.37		
16.	MERINO ALVAREZ, Luis		03	S.D. La Venatoria			<b>2:30.09</b>	290
	50m: 32.02 32.02	100m: 1:11.09		39.07	200m: 2:30.09	1:19.00		
17.	MARTINEZ ROMERO, Javier		08	S.D. La Venatoria			<b>2:32.60</b>	276
	50m: 34.04 34.04	100m: 1:13.01		38.97	200m: 2:32.60	1:19.59		
18.	ESCODA LLAMAZARES, Isaac		06	C.N. Leon			<b>2:32.68</b>	275
	50m: 35.33 35.33	100m: 1:15.22		39.89	200m: 2:32.68	1:17.46		
19.	PRADA ÁLVAREZ, Gabriel		06	C.N. Casa De Asturias			<b>2:35.07</b>	263
	50m: 34.61 34.61	100m: 1:13.75		39.14	200m: 2:35.07	1:21.32		
20.	PUERTAS HIDALGO, Axel		00	C.N. Leon			<b>2:36.58</b>	255
	50m: 29.68 29.68	100m: 1:02.16		32.48	200m: 2:36.58	1:34.42		
21.	MENDEZ GARCIA, Raul		04	C.N. Leon			<b>2:36.69</b>	255
	50m: 33.88 33.88	100m: 1:12.45		38.57	200m: 2:36.69	1:24.24		
22.	FERNANDEZ HERREROS, Raul		07	Cd Acuatico Leon			<b>2:36.81</b>	254
	50m: 35.63 35.63	100m: 1:14.56		38.93	200m: 2:36.81	1:22.25		
23.	MARTÍN VILLACORTA, Roberto		06	C.N. Leon			<b>2:38.16</b>	248
	50m: 34.71 34.71	100m: 1:14.90		40.19	200m: 2:38.16	1:23.26		
24.	LUNA PRADA, Diego		08	C.N. Casa De Asturias			<b>2:42.72</b>	227
	50m: 34.76 34.76	100m: 1:18.00		43.24	200m: 2:42.72	1:24.72		
25.	GARCIA DEL RIO, Daniel		08	C.N. Leon			<b>2:43.08</b>	226
	50m: 35.82 35.82	100m: 1:18.08		42.26	200m: 2:43.08	1:25.00		
26.	LUNA PRADA, Manuel		05	C.N. Casa De Asturias			<b>2:46.01</b>	214
	50m: 36.71 36.71	100m: 1:17.84		41.13	200m: 2:46.01	1:28.17		



3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 14, Masc., 200m Libre, Open

Clasificación	AN	Club	Tiempo	Pts
27. GONZÁLEZ BRIZ, Marcos	08	C.N. Casa De Asturias	<b>2:48.83</b>	203
50m: 38.49 38.49	100m: 1:22.29 43.80	200m: 2:48.83 1:26.54		
28. SACRISTAN GUTIERREZ, Victor	06	C.N. Leon	<b>2:49.07</b>	203
50m: 38.44 38.44	100m: 1:21.72 43.28	200m: 2:49.07 1:27.35		
29. MARTIÑO ORTEGA, Adrian	08	C.N. Leon	<b>2:49.16</b>	202
50m: 38.50 38.50	100m: 1:37.62 59.12	200m: 2:49.16 1:11.54		
30. ANDRES GONZALEZ, Ivan	08	C.N. Leon	<b>2:50.16</b>	199
50m: 38.66 38.66	100m: 1:21.63 42.97	200m: 2:50.16 1:28.53		
31. ENCINA ALVAREZ, Javier	08	S.D. La Venatoria	<b>2:53.97</b>	186
50m: 36.82 36.82	100m: 1:20.78 43.96	200m: 2:53.97 1:33.19		
32. FERNANDEZ SUAREZ, Oliver	08	C.N. Leon	<b>2:56.12</b>	179
50m: 36.79 36.79	100m: 1:22.46 45.67	200m: 2:56.12 1:33.66		
33. MARTINEZ VEGA, Pablo	08	C.N. Leon	<b>3:10.85</b>	141
50m: 40.30 40.30	100m: 1:30.50 50.20	200m: 3:10.85 1:40.35		
34. CARMONA FRAILE, David	08	S.D. La Venatoria	<b>3:17.08</b>	128
50m: 41.47 41.47	100m: 1:32.37 50.90	200m: 3:17.08 1:44.71		
35. RODRÍGUEZ TRENADO, Diego	08	C.N. Casa De Asturias	<b>3:21.53</b>	119
50m: 43.20 43.20	100m: 1:36.73 53.53	200m: 3:21.53 1:44.80		
36. RODRÍGUEZ PARDO, Pablo Miguel	03	S.D. La Venatoria	<b>3:49.98</b>	80
50m: 47.52 47.52	100m: 1:45.84 58.32	200m: 3:49.98 2:04.14		
Baja enf. AGUILAR DURAN, Pablo	08	Club Natacion Master Leon		

Prueba 15  
19/11/2022

Fem., 800m Libre

Open  
Resultados

Puntos: FINA 2022

Clasificación	AN	Club	Tiempo	Pts
1. PEDREGAL BARBA, Jimena	06	C.N. Bierzo-Ponferrada	<b>9:58.13</b>	514
50m: 32.71 32.71	300m: 3:37.87 1:15.14	600m: 7:27.70 1:17.59		
100m: 1:08.49 35.78	400m: 4:54.19 1:16.32	700m: 8:43.96 1:16.26		
200m: 2:22.73 1:14.24	500m: 6:10.11 1:15.92	800m: 9:58.13 1:14.17		
2. RODRIGUEZ RUIZ, Leyre	08	S.D. La Venatoria	<b>10:39.99</b>	420
50m: 34.15 34.15	400m: 5:15.17 4:01.76	600m: 7:59.82 1:21.78	800m: 10:39.99 1:18.02	
100m: 1:13.41 39.26	500m: 6:38.04 1:22.87	700m: 9:21.97 1:22.15		
3. SEQUERA CARO, Miriam	97	C.N. Leon	<b>10:48.51</b>	403
50m: 36.34 36.34	300m: 3:58.46 1:21.82	600m: 8:06.16 1:22.76		
100m: 1:15.64 39.30	400m: 5:20.77 1:22.31	700m: 9:29.14 1:22.98		
200m: 2:36.64 1:21.00	500m: 6:43.40 1:22.63	800m: 10:48.51 1:19.37		
4. RODRIGUEZ MIGUELEZ, Nerea	10	Cd Acuatico Leon	<b>10:51.91</b>	397
50m: 35.56 35.56	300m: 4:01.76 1:23.52	600m: 8:12.61 1:24.15		
100m: 1:14.79 39.23	400m: 5:25.53 1:23.77	700m: 9:35.08 1:22.47		
200m: 2:38.24 1:23.45	500m: 6:48.46 1:22.93	800m: 10:51.91 1:16.83		
5. OREJAS VALDERREY, Alejandra	09	S.D. La Venatoria	<b>10:57.27</b>	387
50m: 36.21 36.21	300m: 4:03.12 1:23.52	600m: 8:14.30 1:23.30		
100m: 1:16.42 40.34	400m: 5:27.28 1:24.16	700m: 9:37.72 1:23.42		
200m: 2:39.31 1:22.89	500m: 6:51.00 1:23.72	800m: 10:57.27 1:19.55		
6. ARIAS HERAS, Beatriz	07	C.N. Bierzo-Ponferrada	<b>11:17.70</b>	353
50m: 36.21 36.21	300m: 4:06.73 1:27.01	600m: 8:28.78 1:27.96		
100m: 1:16.92 40.71	400m: 5:33.73 1:27.00	700m: 9:55.85 1:27.07		
200m: 2:39.72 1:22.80	500m: 7:00.82 1:27.09	800m: 11:17.70 1:21.85		
7. RODRÍGUEZ RODRÍGUEZ, Celia	09	C.N. Bierzo-Ponferrada	<b>11:21.68</b>	347
50m: 38.51 38.51	300m: 4:11.83 1:26.51	600m: 8:33.15 1:27.34		
100m: 1:20.24 41.73	400m: 5:39.07 1:27.24	700m: 10:00.21 1:27.06		
200m: 2:45.32 1:25.08	500m: 7:05.81 1:26.74	800m: 11:21.68 1:21.47		
8. DIEZ FERNANDEZ, Marta	95	Cd Acuatico Leon	<b>11:25.08</b>	342
50m: 36.37 36.37	300m: 4:07.39 1:26.82	600m: 8:32.12 1:28.41		
100m: 1:16.68 40.31	400m: 5:34.90 1:27.51	700m: 9:59.89 1:27.77		
200m: 2:40.57 1:23.89	500m: 7:03.71 1:28.81	800m: 11:25.08 1:25.19		





3ª-4ª J. FC COPA DE CLUBES PO  
PONFERRADA, 19/11/2022

Prueba 15, Fem., 800m Libre, Open

Clasificación	AN		Tiempo		Pts
9. GONZALEZ NIÑO, Jimena	10	S.D. La Venatoria	<b>11:27.51</b>	338	
50m: 37.58 37.58	300m: 4:17.53	1:28.56	600m: 8:40.57	1:28.07	
100m: 1:21.53 43.95	400m: 5:45.94	1:28.41	700m: 10:07.56	1:26.99	
200m: 2:48.97 1:27.44	500m: 7:12.50	1:26.56	800m: 11:27.51	1:19.95	
10. PEREZ PEREZ, Lucia	10	C.N. Leon	<b>11:30.81</b>	334	
50m: 38.07 38.07	300m: 4:12.28	1:29.39	600m: 8:37.07	1:30.19	
100m: 1:21.31 43.24	400m: 5:39.26	1:26.98	700m: 10:07.25	1:30.18	
200m: 2:45.89 1:24.58	500m: 7:06.88	1:27.62	800m: 11:30.81	1:23.56	
11. MARTÍN DÁVILA, Aitana	06	C.N. Casa De Asturias	<b>11:42.46</b>	317	
50m: 37.21 37.21	300m: 4:17.09	1:29.02	600m: 8:46.64	1:30.29	
100m: 1:19.83 42.62	400m: 5:46.72	1:29.63	700m: 10:16.32	1:29.68	
200m: 2:48.07 1:28.24	500m: 7:16.35	1:29.63	800m: 11:42.46	1:26.14	
12. BARRIO SAN ESTEBAN, Olaya	06	C.N. Casa De Asturias	<b>12:07.56</b>	285	
50m: 39.59 39.59	300m: 4:30.46	1:32.96	600m: 9:08.37	1:31.46	
100m: 1:24.26 44.67	400m: 6:03.76	1:33.30	700m: 10:40.72	1:32.35	
200m: 2:57.50 1:33.24	500m: 7:36.91	1:33.15	800m: 12:07.56	1:26.84	
13. GÓMEZ FERNÁNDEZ, Valeria	07	C.N. Bierzo-Ponferrada	<b>12:13.81</b>	278	
50m: 42.50 42.50	300m: 4:36.46	1:33.36	600m: 9:13.87	1:31.27	
100m: 1:33.26 50.76	400m: 6:09.45	1:32.99	700m: 10:45.74	1:31.87	
200m: 3:03.10 1:29.84	500m: 7:42.60	1:33.15	800m: 12:13.81	1:28.07	
14. ALONSO PENAS, Ariadne	08	S.D. La Venatoria	<b>12:44.38</b>	246	
50m: 39.94 39.94	300m: 4:38.35	1:37.14	600m: 9:34.53	1:39.01	
100m: 1:25.28 45.34	400m: 6:16.98	1:38.63	700m: 11:12.32	1:37.79	
200m: 3:01.21 1:35.93	500m: 7:55.52	1:38.54	800m: 12:44.38	1:32.06	
15. MARTIN DÁVILA, Leyre	09	C.N. Casa De Asturias	<b>12:44.51</b>	246	
50m: 38.96 38.96	300m: 4:39.01	1:37.55	600m: 9:32.90	1:38.52	
100m: 1:24.70 45.74	400m: 6:16.63	1:37.62	700m: 11:16.53	1:43.63	
200m: 3:01.46 1:36.76	500m: 7:54.38	1:37.75	800m: 12:44.51	1:27.98	
16. GONZALEZ ORDOÑEZ, Sara	10	C.N. Leon	<b>12:44.92</b>	246	
50m: 42.33 42.33	300m: 4:40.04	1:34.48	600m: 9:33.48	1:37.53	
100m: 1:29.89 47.56	400m: 6:17.94	1:37.90	700m: 11:12.61	1:39.13	
200m: 3:05.56 1:35.67	500m: 7:55.95	1:38.01	800m: 12:44.92	1:32.31	
17. CALLEJA COLADO, Sara	08	C.N. Casa De Asturias	<b>13:32.84</b>	205	
50m: 41.20 41.20	300m: 4:53.82	1:44.29	600m: 10:10.85	1:45.41	
100m: 1:29.44 48.24	400m: 6:39.97	1:46.15	700m: 11:54.71	1:43.86	
200m: 3:09.53 1:40.09	500m: 8:25.44	1:45.47	800m: 13:32.84	1:38.13	
DNF BLIZNAKOFF MONTERO, Paula Sara	05	C.N. Leon			