



Nº ACTA: 4ª JLTALPO

## ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- 4ª J. LIGA TERRITORIAL ALEVIN PO
- **FECHA DE LA CELEBRACION.**  
11 FEBRERO 2023 -
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**  
FEDERACIÓN CASTILLA Y LEÓN DE NATACIÓN
- **LUGAR DE CELEBRACION.**
- PONFERRADA
- **NOMBRE DE LA PISCINA.**  
LA UNIVERSIDAD
- **PISCINA DE 25 M. - 8 CALLES.**
- **CLUBES PARTICIPANTES**  
SEGÚN HOJA

### COMPOSICION DEL JURADO

**JUEZ ÁRBITRO:** ALBERTO FERNÁNDEZ

**JUEZ DE SALIDAS:** LAURA FRANCO

**JUECES DE VIRAJES / ESTILOS:**

**JEFE DE CRONOMETRADORES:** TERESA REQUEJO

**CRONOMETRADORES:**

BEATRIZ ARIAS

J. RAMÓN ARIAS

MARINA RODRÍGUEZ

FERNANDO SOUSA

FRANCISCO J. ÁLVAREZ

PATRICIA NUÑEZ

JAVIER DE LA PUENTE

MARÍO ÁLVAREZ

**CAMARA DE SALIDAS:**

**LOCUTOR:**

**PREMIACION:**

**DURACIÓN COMPETICIÓN:**

**CRONOMETRAJE ELECTRONICO:**

**SECRETARIA:** TERESA FRANCO

**SECRETARIA DE RESULTADOS:**

### INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: ALBERTO FERNÁNDEZ



4ª J. LIGA TERRITORIAL ALEVIN PO  
PONFERRADA, 11/2/2023

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
C.D. Torrelago Wellness	01351	ESP	6	4	10	10	8	18	-	-	-
C.N. Bierzo-Ponferrada	00814	ESP	8	5	13	11	9	20	-	-	-
C.N. Casa De Asturias	00458	ESP	2	5	7	2	6	8	-	-	-
C.N. Leon	00480	ESP	6	8	14	8	12	20	-	-	-
Cd Acuatico Leon	01483	ESP	2	2	4	4	2	6	-	-	-
S.D. La Venatoria	00143	ESP	3	4	7	6	7	13	-	-	-
Número total de 6 clubes			27	28	55	41	44	85	-	-	-



4ª J. LIGA TERRITORIAL ALEVIN PO  
PONFERRADA, 11/2/2023

Prueba 57  
11/02/2023

Fem., 200m Mariposa

11 años  
Resultados

Puntos: FINA 2022

Clasificación			AN				Tiempo	Pts
1.	ALONSO SAN JOSE, Angela		12	S.D. La Venatoria			<b>3:46.42</b>	147
	50m: 50.68 50.68	100m: 1:49.64		58.96 200m: 3:46.42		1:56.78		
2.	SUÁREZ DÍAZ, Daniela		12	C.N. Bierzo-Ponferrada			<b>4:14.63</b>	103
	50m: 54.90 54.90	100m: 2:00.77		1:05.87 200m: 4:14.63		2:13.86		
3.	PEREZ LLORENTE, Clara		12	C.N. Leon			<b>4:15.67</b>	102
	50m: 53.52 53.52	100m: 1:58.85		1:05.33 200m: 4:15.67		2:16.82		
4.	GARCIA ALVAREZ, Alexia		12	C.N. Leon			<b>4:16.77</b>	101
	50m: 55.93 55.93	100m: 2:00.79		1:04.86 200m: 4:16.77		2:15.98		
5.	RODRIGUEZ PRIETO, Isabel		12	C.N. Leon			<b>4:25.90</b>	91
	50m: 57.01 57.01	100m: 2:04.77		1:07.76 200m: 4:25.90		2:21.13		
6.	PUENTE OBLANCA, Nagore		12	C.N. Leon			<b>4:57.21</b>	65
	50m: 1:09.39 1:09.39	100m: 2:20.74		1:11.35 200m: 4:57.21		2:36.47		
Baja enf.	CEMBRANOS ROLDAN, Sara		12	S.D. La Venatoria				

Prueba 58  
11/02/2023

Fem., 200m Mariposa

12 años  
Resultados

Puntos: FINA 2022

Clasificación			AN				Tiempo	Pts
1.	CACHAPERIN PAZ, Paula		11	C.D. Torrelago Wellness			<b>2:33.14</b>	476
	50m: 33.78 33.78	100m: 1:11.57		37.79 200m: 2:33.14		1:21.57		
2.	ALFONSO SICILIA, Vega		11	C.D. Torrelago Wellness			<b>3:09.81</b>	250
	50m: 38.60 38.60	100m: 1:27.16		48.56 200m: 3:09.81		1:42.65		
3.	FRANCO ROJO, Cecilia		11	C.D. Torrelago Wellness			<b>3:18.53</b>	218
	50m: 43.08 43.08	100m: 1:34.99		51.91 200m: 3:18.53		1:43.54		
4.	TARODO FERNÁNDEZ, María		11	C.N. Casa De Asturias			<b>3:27.97</b>	190
	50m: 45.06 45.06	100m: 1:39.03		53.97 200m: 3:27.97		1:48.94		
5.	GOMEZ DIEZ, Ana		11	S.D. La Venatoria			<b>3:45.58</b>	149
	50m: 45.35 45.35	100m: 1:43.53		58.18 200m: 3:45.58		2:02.05		
6.	ANCARES ZAMBRANO, Inés		11	C.N. Bierzo-Ponferrada			<b>3:54.84</b>	132
	50m: 54.94 54.94	100m: 1:56.30		1:01.36 200m: 3:54.84		1:58.54		
7.	FERNANDEZ GONZALEZ, Mercedes		11	C.D. Torrelago Wellness			<b>4:04.03</b>	117
	50m: 49.03 49.03	100m: 1:54.17		1:05.14 200m: 4:04.03		2:09.86		
8.	ÁLVAREZ NÚÑEZ, Nuria		11	C.N. Bierzo-Ponferrada			<b>4:09.24</b>	110
	50m: 51.41 51.41	100m: 1:56.13		1:04.72 200m: 4:09.24		2:13.11		
9.	ALIJA VALENCIANO, Celia		11	C.N. Leon			<b>4:09.38</b>	110
	50m: 46.67 46.67	100m: 1:51.15		1:04.48 200m: 4:09.38		2:18.23		
10.	ORTIZ HORMIGOS, Alejandra		11	C.N. Leon			<b>4:15.70</b>	102
	50m: 57.66 57.66	100m: 2:02.51		1:04.85 200m: 4:15.70		2:13.19		
11.	RODRÍGUEZ MARTÍNEZ, Marina		11	C.N. Bierzo-Ponferrada			<b>4:21.29</b>	95
	50m: 54.78 54.78	100m: 2:00.63		1:05.85 200m: 4:21.29		2:20.66		
Baja enf.	FLORES PACHECO, Cristina		11	C.N. Leon				



4ª J. LIGA TERRITORIAL ALEVIN PO  
PONFERRADA, 11/2/2023

Prueba 59  
11/02/2023

Masc., 200m Braza

13 años  
Resultados

Puntos: FINA 2022

Clasificación	AN	Equipo	Tiempo	Pts
1. RODRIGUEZ GRAÑEDA, Javier 50m: 43.35 43.35 100m: 1:31.87	10	C.D. Torrelago Wellness 48.52 200m: 3:09.41 1:37.54	<b>3:09.41</b>	255
2. MERAYO SÁNCHEZ, Miguel 50m: 45.21 45.21 100m: 1:36.61	10	C.N. Bierzo-Ponferrada 51.40 200m: 3:18.47 1:41.86	<b>3:18.47</b>	221
3. RODRIGUEZ BLANCO, Rodrigo 50m: 47.27 47.27 100m: 1:40.69	10	Cd Acuatico Leon 53.42 200m: 3:31.29 1:50.60	<b>3:31.29</b>	183
4. GARCIA AMEZ, Kevin 50m: 47.40 47.40 100m: 1:43.30	10	C.N. Leon 55.90 200m: 3:37.38 1:54.08	<b>3:37.38</b>	168
5. GALLARDO PEREZ, Diego 50m: 47.92 47.92 100m: 1:43.37	10	S.D. La Venatoria 55.45 200m: 3:38.33 1:54.96	<b>3:38.33</b>	166
6. LÓPEZ FERNÁNDEZ, Álex 50m: 48.27 48.27 100m: 1:45.95	10	C.N. Bierzo-Ponferrada 57.68 200m: 3:43.01 1:57.06	<b>3:43.01</b>	156
7. ALIJA VALENCIANO, Miguel 50m: 51.00 51.00 100m: 1:52.29	10	C.N. Leon 1:01.29 200m: 3:46.65 1:54.36	<b>3:46.65</b>	149
8. VALLADARES CAMPOS, Erik 50m: 50.98 50.98 100m: 1:50.38	10	C.N. Leon 59.40 200m: 3:51.73 2:01.35	<b>3:51.73</b>	139
9. BELLO COCA, Diego 50m: 50.62 50.62 100m: 1:49.78	10	C.N. Bierzo-Ponferrada 59.16 200m: 3:51.94 2:02.16	<b>3:51.94</b>	139
10. PÉREZ DE LA FUENTE, Jaime 50m: 55.50 55.50 100m: 2:01.51	10	C.D. Torrelago Wellness 1:06.01 200m: 4:13.03 2:11.52	<b>4:13.03</b>	107
Baja enf. ROJO ESTEBAN, Ricardo	10	C.D. Torrelago Wellness		
Baja enf. PEREZ USTARIZ, Samuel	10	S.D. La Venatoria		

Prueba 60  
11/02/2023

Masc., 200m Braza

14 años  
Resultados

Puntos: FINA 2022

Clasificación	AN	Equipo	Tiempo	Pts
1. CELA CABAÑAS, Alvar 50m: 36.75 36.75 100m: 1:17.73	09	C.D. Torrelago Wellness 40.98 200m: 2:40.51 1:22.78	<b>2:40.51</b>	419
2. ALVAREZ FERNANDEZ, Mario 50m: 39.24 39.24 100m: 1:25.25	09	C.D. Torrelago Wellness 46.01 200m: 2:53.88 1:28.63	<b>2:53.88</b>	330
3. GUILLEN MARTIN, Guillermo 50m: 43.84 43.84 100m: 1:36.11	09	C.D. Torrelago Wellness 52.27 200m: 3:19.57 1:43.46	<b>3:19.57</b>	218
4. PEDREGAL BARBA, Alvaro 50m: 44.12 44.12 100m: 1:35.07	09	C.N. Bierzo-Ponferrada 50.95 200m: 3:21.31 1:46.24	<b>3:21.31</b>	212
5. DE FRANCISCO ALVAREZ, Lucas 50m: 45.82 45.82 100m: 1:39.23	09	C.N. Leon 53.41 200m: 3:23.89 1:44.66	<b>3:23.89</b>	204
6. FOLLA SORIA, Izan 50m: 46.38 46.38 100m: 1:39.32	09	C.N. Bierzo-Ponferrada 52.94 200m: 3:25.11 1:45.79	<b>3:25.11</b>	201
7. ALVADO ABAD, Carlos 50m: 50.20 50.20 100m: 1:48.86	09	S.D. La Venatoria 58.66 200m: 3:46.58 1:57.72	<b>3:46.58</b>	149
8. CARREÑO SANTOS, Hugo 50m: 49.71 49.71 100m: 1:49.48	09	Cd Acuatico Leon 59.77 200m: 3:53.08 2:03.60	<b>3:53.08</b>	137
9. MARTINEZ SIDDI, Unai 50m: 51.98 51.98 100m: 1:52.87	09	C.N. Leon 1:00.89 200m: 3:56.95 2:04.08	<b>3:56.95</b>	130
10. BLANCO FERNÁNDEZ, Álvaro 50m: 57.08 57.08 100m: 2:03.22	09	C.N. Bierzo-Ponferrada 1:06.14 200m: 4:17.58 2:14.36	<b>4:17.58</b>	101
DSQ RODRÍGUEZ RODRÍGUEZ, Alejandro	09	C.N. Bierzo-Ponferrada		
Baja enf. SAMPEDRO CASTELLANOS, Asier	09	C.N. Casa De Asturias		



4ª J. LIGA TERRITORIAL ALEVIN PO  
PONFERRADA, 11/2/2023

Prueba 61  
11/02/2023

Fem., 200m Espalda

11 años  
Resultados

Puntos: FINA 2022

Clasificación			AN				Tiempo	Pts
1.	VEGA VAZQUEZ, Jimena		12	C.N. Casa De Asturias			<b>3:17.86</b>	217
	50m: 47.22 47.22	100m: 1:38.86		51.64 200m: 3:17.86		1:39.00		
2.	ALONSO SAN JOSE, Angela		12	S.D. La Venatoria			<b>3:26.61</b>	190
	50m: 49.28 49.28	100m: 1:42.12		52.84 200m: 3:26.61		1:44.49		
3.	SUÁREZ DÍAZ, Daniela		12	C.N. Bierzo-Ponferrada			<b>3:55.48</b>	128
	50m: 54.88 54.88	100m: 1:56.39		1:01.51 200m: 3:55.48		1:59.09		
4.	AVILES CARLON, Marta		12	C.N. Leon			<b>4:11.87</b>	105
	50m: 58.15 58.15	100m: 2:05.72		1:07.57 200m: 4:11.87		2:06.15		
5.	RODRIGUEZ PRIETO, Isabel		12	C.N. Leon			<b>4:13.21</b>	103
	50m: 59.92 59.92	100m: 2:06.75		1:06.83 200m: 4:13.21		2:06.46		
DSQ	ÁLVAREZ GARCÍA, Alma		12	C.N. Bierzo-Ponferrada				
DSQ	MUÑIZ GARCÍA, Julia		12	C.N. Casa De Asturias				
DSQ	DE ANDRÉS FIDALGO, Paula		12	Cd Acuatico Leon				
DSQ	PONGA LLAMAZAREZ, Valeria		12	Cd Acuatico Leon				
Baja enf.	CEMBRANOS ROLDAN, Sara		12	S.D. La Venatoria				

Prueba 62  
11/02/2023

Fem., 200m Espalda

12 años  
Resultados

Puntos: FINA 2022

Clasificación			AN				Tiempo	Pts
1.	CACHAPERIN PAZ, Paula		11	C.D. Torrelago Wellness			<b>2:30.89</b>	489
	50m: 35.32 35.32	100m: 1:13.85		38.53 200m: 2:30.89		1:17.04		
2.	FRANCO ROJO, Cecilia		11	C.D. Torrelago Wellness			<b>2:52.91</b>	325
	50m: 41.94 41.94	100m: 1:25.32		43.38 200m: 2:52.91		1:27.59		
3.	ALFONSO SICILIA, Vega		11	C.D. Torrelago Wellness			<b>2:58.15</b>	297
	50m: 42.22 42.22	100m: 1:27.95		45.73 200m: 2:58.15		1:30.20		
4.	TARODO FERNÁNDEZ, María		11	C.N. Casa De Asturias			<b>3:03.25</b>	273
	50m: 44.50 44.50	100m: 1:31.25		46.75 200m: 3:03.25		1:32.00		
5.	GOMEZ DIEZ, Ana		11	S.D. La Venatoria			<b>3:11.39</b>	240
	50m: 45.28 45.28	100m: 1:34.57		49.29 200m: 3:11.39		1:36.82		
6.	RODRIGUEZ MARTINEZ, Carla		11	C.N. Casa De Asturias			<b>3:26.99</b>	189
	50m: 52.86 52.86	100m: 1:45.33		52.47 200m: 3:26.99		1:41.66		
7.	FERNANDEZ GONZALEZ, Mercedes		11	C.D. Torrelago Wellness			<b>3:27.80</b>	187
	50m: 48.24 48.24	100m: 1:42.78		54.54 200m: 3:27.80		1:45.02		
8.	ALIJA VALENCIANO, Celia		11	C.N. Leon			<b>3:31.76</b>	177
	50m: 51.83 51.83	100m: 1:47.23		55.40 200m: 3:31.76		1:44.53		
9.	ÁLVAREZ NÚÑEZ, Nuria		11	C.N. Bierzo-Ponferrada			<b>3:37.67</b>	163
	50m: 49.16 49.16	100m: 1:47.04		57.88 200m: 3:37.67		1:50.63		
10.	RODRÍGUEZ MARTÍNEZ, Marina		11	C.N. Bierzo-Ponferrada			<b>3:43.89</b>	149
	50m: 51.97 51.97	100m: 1:49.36		57.39 200m: 3:43.89		1:54.53		
11.	ANCARES ZAMBRANO, Inés		11	C.N. Bierzo-Ponferrada			<b>3:46.13</b>	145
	50m: 54.98 54.98	100m: 1:53.39		58.41 200m: 3:46.13		1:52.74		
12.	MARTINEZ PEREZ, Irene		11	S.D. La Venatoria			<b>4:06.17</b>	112
	50m: 58.84 58.84	100m: 2:01.85		1:03.01 200m: 4:06.17		2:04.32		
13.	ORTIZ HORMIGOS, Alejandra		11	C.N. Leon			<b>4:21.85</b>	93
	50m: 1:01.10 1:01.10	100m: 2:09.05		1:07.95 200m: 4:21.85		2:12.80		
Baja enf.	RODRÍGUEZ TRENADO, Andrea		11	C.N. Casa De Asturias				
Baja enf.	FLORES PACHECO, Cristina		11	C.N. Leon				



4ª J. LIGA TERRITORIAL ALEVIN PO  
PONFERRADA, 11/2/2023

Prueba 63  
11/02/2023

Masc., 800m Libre

13 años  
Resultados

Puntos: FINA 2022

Clasificación	AN		Tiempo				Pts
1. RODRIGUEZ GRAÑEDA, Javier	10	C.D. Torrelago Wellness	<b>10:07.78</b>				388
50m: 34.43 34.43	300m: 3:46.05	1:17.49	600m: 7:36.70	1:16.52			
100m: 1:11.59 37.16	400m: 5:02.70	1:16.65	700m: 8:53.87	1:17.17			
200m: 2:28.56 1:16.97	500m: 6:20.18	1:17.48	800m: 10:07.78	1:13.91			
2. MERAYO SÁNCHEZ, Miguel	10	C.N. Bierzo-Ponferrada	<b>11:23.57</b>				272
50m: 38.41 38.41	300m: 4:15.44	1:27.81	600m: 8:39.98	1:27.82			
100m: 1:20.18 41.77	400m: 5:44.00	1:28.56	700m: 10:04.91	1:24.93			
200m: 2:47.63 1:27.45	500m: 7:12.16	1:28.16	800m: 11:23.57	1:18.66			
3. GALLARDO PEREZ, Diego	10	S.D. La Venatoria	<b>12:01.65</b>				231
50m: 38.00 38.00	300m: 4:20.51	1:31.85	600m: 9:00.86	1:32.70			
100m: 1:20.12 42.12	400m: 5:54.45	1:33.94	700m: 10:34.98	1:34.12			
200m: 2:48.66 1:28.54	500m: 7:28.16	1:33.71	800m: 12:01.65	1:26.67			
4. BELLO COCA, Diego	10	C.N. Bierzo-Ponferrada	<b>12:35.49</b>				202
50m: 40.54 40.54	300m: 4:36.85	1:35.72	600m: 9:27.13	1:35.98			
100m: 1:26.87 46.33	400m: 6:14.01	1:37.16	700m: 11:04.61	1:37.48			
200m: 3:01.13 1:34.26	500m: 7:51.15	1:37.14	800m: 12:35.49	1:30.88			
5. PÉREZ DE LA FUENTE, Jaime	10	C.D. Torrelago Wellness	<b>13:23.75</b>				167
50m: 40.95 40.95	300m: 4:55.02	1:42.65	600m: 10:05.94	1:45.49			
100m: 1:30.19 49.24	400m: 6:38.13	1:43.11	700m: 11:49.69	1:43.75			
200m: 3:12.37 1:42.18	500m: 8:20.45	1:42.32	800m: 13:23.75	1:34.06			
6. GARCIA AMEZ, Kevin	10	C.N. Leon	<b>13:31.37</b>				163
50m: 42.64 42.64	300m: 4:55.37	1:41.02	600m: 10:09.75	1:42.78			
100m: 1:31.69 49.05	400m: 6:42.05	1:46.68	700m: 11:56.07	1:46.32			
200m: 3:14.35 1:42.66	500m: 8:26.97	1:44.92	800m: 13:31.37	1:35.30			
7. RODRIGUEZ BLANCO, Rodrigo	10	Cd Acuatico Leon	<b>13:37.19</b>				159
50m: 44.43 44.43	300m: 5:02.43	1:43.18	600m: 10:18.43	1:45.66			
100m: 1:34.51 50.08	400m: 6:48.03	1:45.60	700m: 12:01.32	1:42.89			
200m: 3:19.25 1:44.74	500m: 8:32.77	1:44.74	800m: 13:37.19	1:35.87			
8. CUATIN GARCIA, Juan Felipe	10	C.N. Leon	<b>16:39.17</b>				87
50m: 48.81 48.81	300m: 6:06.33	2:08.12	600m: 12:36.07	2:09.00			
100m: 1:48.00 59.19	400m: 8:17.11	2:10.78	700m: 14:44.11	2:08.04			
200m: 3:58.21 2:10.21	500m: 10:27.07	2:09.96	800m: 16:39.17	1:55.06			
Baja enf. PEREZ USTARIZ, Samuel	10	S.D. La Venatoria					

Prueba 64  
11/02/2023

Masc., 1500m Libre

14 años  
Resultados

Puntos: FINA 2022

Clasificación	AN		Tiempo				Pts
1. CELA CABAÑAS, Alvar	09	C.D. Torrelago Wellness	<b>16:52.34</b>				585
50m: 31.80 31.80	400m: 4:30.73	1:08.13	800m: 9:02.91	1:08.65	1200m: 13:33.67	1:07.73	
100m: 1:05.44 33.64	500m: 5:38.43	1:07.70	900m: 10:10.18	1:07.27	1300m: 14:41.93	1:08.26	
200m: 2:14.09 1:08.65	600m: 6:46.14	1:07.71	1000m: 11:18.21	1:08.03	1400m: 15:47.91	1:05.98	
300m: 3:22.60 1:08.51	700m: 7:54.26	1:08.12	1100m: 12:25.94	1:07.73	1500m: 16:52.34	1:04.43	
2. ALVAREZ FERNANDEZ, Mario	09	C.D. Torrelago Wellness	<b>17:46.22</b>				501
50m: 33.05 33.05	400m: 4:46.36	1:12.47	800m: 9:36.12	1:12.78	1200m: 14:20.27	1:09.07	
100m: 1:08.69 35.64	500m: 5:59.43	1:13.07	900m: 10:47.30	1:11.18	1300m: 15:30.94	1:10.67	
200m: 2:21.61 1:12.92	600m: 7:11.38	1:11.95	1000m: 12:00.62	1:13.32	1400m: 16:41.04	1:10.10	
300m: 3:33.89 1:12.28	700m: 8:23.34	1:11.96	1100m: 13:11.20	1:10.58	1500m: 17:46.22	1:05.18	
3. CAMPOS IBAÑEZ, Alejandro	09	C.N. Bierzo-Ponferrada	<b>21:18.28</b>				290
50m: 34.32 34.32	400m: 5:28.58	1:26.57	800m: 11:19.56	1:28.47	1200m: 17:10.12	1:28.78	
100m: 1:11.80 37.48	500m: 6:55.60	1:27.02	900m: 12:45.32	1:25.76	1300m: 18:39.15	1:29.03	
200m: 2:35.57 1:23.77	600m: 8:23.00	1:27.40	1000m: 14:13.01	1:27.69	1400m: 19:59.92	1:20.77	
300m: 4:02.01 1:26.44	700m: 9:51.09	1:28.09	1100m: 15:41.34	1:28.33	1500m: 21:18.28	1:18.36	
4. PEDREGAL BARBA, Alvaro	09	C.N. Bierzo-Ponferrada	<b>21:20.81</b>				289
50m: 38.06 38.06	400m: 5:41.18	1:28.10	800m: 11:29.95	1:26.13	1200m: 17:13.12	1:25.71	
100m: 1:20.85 42.79	500m: 7:09.54	1:28.36	900m: 12:55.91	1:25.96	1300m: 18:38.05	1:24.93	
200m: 2:45.16 1:24.31	600m: 8:36.83	1:27.29	1000m: 14:21.52	1:25.61	1400m: 19:59.89	1:21.84	
300m: 4:13.08 1:27.92	700m: 10:03.82	1:26.99	1100m: 15:47.41	1:25.89	1500m: 21:20.81	1:20.92	



4ª J. LIGA TERRITORIAL ALEVIN PO  
PONFERRADA, 11/2/2023

Prueba 64, Masc., 1500m Libre, 14 años

Clasificación	AN										Tiempo	Pts
5. DE FRANCISCO ALVAREZ, Lucas	09 C.N. Leon										<b>22:43.87</b>	239
50m:	36.14	36.14	400m:	5:49.17	1:29.40	800m:	12:02.07	1:33.06	1200m:	18:21.33	1:35.98	
100m:	1:19.29	43.15	500m:	7:20.83	1:31.66	900m:	13:36.29	1:34.22	1300m:	19:54.81	1:33.48	
200m:	2:49.11	1:29.82	600m:	8:54.13	1:33.30	1000m:	15:11.45	1:35.16	1400m:	21:25.29	1:30.48	
300m:	4:19.77	1:30.66	700m:	10:29.01	1:34.88	1100m:	16:45.35	1:33.90	1500m:	22:43.87	1:18.58	
6. ALVADO ABAD, Carlos	09 S.D. La Venatoria										<b>25:28.41</b>	170
50m:	42.57	42.57	400m:	6:34.08	1:41.74	800m:	13:22.36	1:42.29	1200m:	20:18.80	1:45.66	
100m:	1:29.92	47.35	500m:	8:16.46	1:42.38	900m:	15:05.61	1:43.25	1300m:	22:03.61	1:44.81	
200m:	3:10.07	1:40.15	600m:	9:59.19	1:42.73	1000m:	16:48.92	1:43.31	1400m:	23:49.23	1:45.62	
300m:	4:52.34	1:42.27	700m:	11:40.07	1:40.88	1100m:	18:33.14	1:44.22	1500m:	25:28.41	1:39.18	
7. CARREÑO SANTOS, Hugo	09 Cd Acuatico Leon										<b>26:21.82</b>	153
50m:	50.34	50.34	400m:	6:48.07	1:47.60	800m:	13:55.55	1:48.40	1200m:	21:09.15	1:46.96	
100m:	1:32.77	42.43	500m:	8:34.91	1:46.84	900m:	15:44.43	1:48.88	1300m:	22:56.75	1:47.60	
200m:	3:15.75	1:42.98	600m:	10:21.31	1:46.40	1000m:	17:33.15	1:48.72	1400m:	24:43.03	1:46.28	
300m:	5:00.47	1:44.72	700m:	12:07.15	1:45.84	1100m:	19:22.19	1:49.04	1500m:	26:21.82	1:38.79	
8. BARRIO SAN ESTEBAN, Julián	09 C.N. Casa De Asturias										<b>27:18.54</b>	138
50m:	45.45	45.45	400m:	6:53.00	1:49.13	800m:	14:13.96	1:51.52	1200m:	21:44.99	1:55.18	
100m:	1:34.04	48.59	500m:	8:42.53	1:49.53	900m:	16:05.95	1:51.99	1300m:	23:39.61	1:54.62	
200m:	3:17.93	1:43.89	600m:	10:31.85	1:49.32	1000m:	18:00.71	1:54.76	1400m:	25:34.76	1:55.15	
300m:	5:03.87	1:45.94	700m:	12:22.44	1:50.59	1100m:	19:49.81	1:49.10	1500m:	27:18.54	1:43.78	