



Nº ACTA: FALDNSG

ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- FASE AUTONÓMICA CYL LARGA DISTANCIA NATACIÓN SEGOVIA
- **FECHA DE LA CELEBRACION.**
24 NOVIEMBRE DE 2024
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**
FEDERACIÓN CASTILLA Y LEÓN DE NATACIÓN
- **LUGAR DE CELEBRACION.**
- SEGOVIA
- **NOMBRE DE LA PISCINA.**
JOSÉ CARLOS CASADO
- **PISCINA DE 25 E. - 6 CALLES.**
- **CLUBES PARTICIPANTES**
SEGÚN HOJA

COMPOSICION DEL JURADO

JUEZ ÁRBITRO: REBECA BARRERA

JUEZ DE SALIDAS:

JUECES DE VIRAJES / ESTILOS:

JEFE DE CRONOMETRADORES: ESTRELLA FADRIQUE

CRONOMETRADORES:

ANA SEN

AMELIA HERRERO

GABRIELA AYUSO

LUCÍA GÓMEZ

CARLA LÓPEZ

CÉSAR HERRERO

CAMARA DE SALIDAS: CECILIA MORILLO

LOCUTOR:

PREMIACION:

DURACIÓN COMPETICIÓN:

CRONOMETRAJE ELECTRONICO: MANUEL CANO

SECRETARIA:

SECRETARIA DE RESULTADOS: NURIA RODRÍGUEZ

INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: REBECA BARRERA



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN SEGOVIA
SEGOVIA, 24/11/2024

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
C.D. Torrelago Wellness	01351	ESP	4	5	9	4	3	7	-	-	-
C.D.N. Zamora	01251	ESP	6	-	6	5	-	5	-	-	-
C.N. Bierzo-Ponferrada	00814	ESP	3	2	5	3	2	5	-	-	-
C.N. Castilla-Burgos	00727	ESP	3	3	6	2	3	5	-	-	-
Casino De La Union	00680	ESP	3	7	10	1	6	7	-	-	-
Club Benavente Natacion	P0909	ESP	4	3	7	4	3	7	-	-	-
Número total de 6 clubes			23	20	43	19	17	36	-	-	-



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN SEGOVIA
SEGOVIA, 24/11/2024

Prueba 1
24/11/2024

3000m Libre

15 - 98 años
Resultados

Puntos: AQUA 2024

Clasificación	AN		Tiempo						Pts		
SENIOR MASCULINO, Masc.											
1. CHAMORRO NAVARRO, Arturo	94		Club Benavente Natacion						40:15.79	344	
50m:	36.53	36.53	800m:	10:35.82	40.42	1550m:	20:43.00	40.64	2300m:	30:48.65	40.25
100m:	1:13.81	37.28	850m:	11:16.60	40.78	1600m:	21:23.55	40.55	2350m:	31:29.07	40.42
150m:	1:52.32	38.51	900m:	11:56.98	40.38	1650m:	22:03.55	40.00	2400m:	32:10.08	41.01
200m:	2:31.80	39.48	950m:	12:37.70	40.72	1700m:	22:43.81	40.26	2450m:	32:51.02	40.94
250m:	3:11.20	39.40	1000m:	13:18.41	40.71	1750m:	23:23.80	39.99	2500m:	33:31.74	40.72
300m:	3:51.08	39.88	1050m:	13:59.34	40.93	1800m:	24:03.68	39.88	2550m:	34:12.71	40.97
350m:	4:31.06	39.98	1100m:	14:40.20	40.86	1850m:	24:44.06	40.38	2600m:	34:53.55	40.84
400m:	5:10.99	39.93	1150m:	15:20.50	40.30	1900m:	25:25.04	40.98	2650m:	35:34.22	40.67
450m:	5:51.42	40.43	1200m:	16:01.08	40.58	1950m:	26:05.84	40.80	2700m:	36:14.47	40.25
500m:	6:31.71	40.29	1250m:	16:41.13	40.05	2000m:	26:46.38	40.54	2750m:	36:54.95	40.48
550m:	7:12.37	40.66	1300m:	17:21.49	40.36	2050m:	27:27.04	40.66	2800m:	37:36.16	41.21
600m:	7:53.00	40.63	1350m:	18:01.59	40.10	2100m:	28:07.71	40.67	2850m:	38:16.91	40.75
650m:	8:33.79	40.79	1400m:	18:42.00	40.41	2150m:	28:48.11	40.40	2900m:	38:57.20	40.29
700m:	9:14.43	40.64	1450m:	19:21.99	39.99	2200m:	29:27.83	39.72	2950m:	39:37.18	39.98
750m:	9:55.40	40.97	1500m:	20:02.36	40.37	2250m:	30:08.40	40.57	3000m:	40:15.79	38.61

JUNIOR 2 MASCULINO, Masc.

1. DE LA FUENTE ALONSO, Diego	06		C.D. Torrelago Wellness						33:05.96	620	
50m:	29.75	29.75	800m:	8:40.44	33.11	1550m:	17:02.33	33.27	2300m:	25:23.82	33.63
100m:	1:00.94	31.19	850m:	9:13.95	33.51	1600m:	17:35.47	33.14	2350m:	25:57.20	33.38
150m:	1:32.91	31.97	900m:	9:47.27	33.32	1650m:	18:08.72	33.25	2400m:	26:30.55	33.35
200m:	2:05.33	32.42	950m:	10:20.78	33.51	1700m:	18:41.84	33.12	2450m:	27:03.82	33.27
250m:	2:37.92	32.59	1000m:	10:54.30	33.52	1750m:	19:15.20	33.36	2500m:	27:37.52	33.70
300m:	3:10.40	32.48	1050m:	11:27.67	33.37	1800m:	19:48.24	33.04	2550m:	28:11.26	33.74
350m:	3:42.97	32.57	1100m:	12:01.21	33.54	1850m:	20:21.66	33.42	2600m:	28:44.84	33.58
400m:	4:15.66	32.69	1150m:	12:34.68	33.47	1900m:	20:55.13	33.47	2650m:	29:18.47	33.63
450m:	4:48.80	33.14	1200m:	13:08.00	33.32	1950m:	21:28.46	33.33	2700m:	29:51.88	33.41
500m:	5:21.50	32.70	1250m:	13:41.46	33.46	2000m:	22:02.21	33.75	2750m:	30:25.16	33.28
550m:	5:54.65	33.15	1300m:	14:15.03	33.57	2050m:	22:35.77	33.56	2800m:	30:58.23	33.07
600m:	6:27.71	33.06	1350m:	14:48.67	33.64	2100m:	23:09.33	33.56	2850m:	31:30.79	32.56
650m:	7:00.80	33.09	1400m:	15:22.30	33.63	2150m:	23:43.08	33.75	2900m:	32:03.50	32.71
700m:	7:33.91	33.11	1450m:	15:55.76	33.46	2200m:	24:16.74	33.66	2950m:	32:35.77	32.27
750m:	8:07.33	33.42	1500m:	16:29.06	33.30	2250m:	24:50.19	33.45	3000m:	33:05.96	30.19
2. CASADO RODRIGUEZ, Fernando	07		Club Benavente Natacion						38:41.99	388	
50m:	35.33	35.33	800m:	10:21.99	38.93	1550m:	20:16.17	38.94	2300m:	29:46.94	39.96
100m:	1:12.41	37.08	850m:	11:01.11	39.12	1600m:	20:54.56	38.39	2350m:	30:25.75	38.81
150m:	1:50.62	38.21	900m:	11:40.63	39.52	1650m:	21:29.27	34.71	2400m:	31:04.41	38.66
200m:	2:28.66	38.04	950m:	12:19.84	39.21	1700m:	22:05.69	36.42	2450m:	31:43.33	38.92
250m:	3:06.89	38.23	1000m:	12:59.57	39.73	1750m:	22:43.33	37.64	2500m:	32:22.54	39.21
300m:	3:45.69	38.80	1050m:	13:39.41	39.84	1800m:	23:21.64	38.31	2550m:	33:01.37	38.83
350m:	4:25.57	39.88	1100m:	14:19.30	39.89	1850m:	23:59.79	38.15	2600m:	33:39.55	38.18
400m:	5:05.34	39.77	1150m:	14:59.13	39.83	1900m:	24:36.17	36.38	2650m:	34:18.46	38.91
450m:	5:45.22	39.88	1200m:	15:39.02	39.89	1950m:	25:14.35	38.18	2700m:	34:56.81	38.35
500m:	6:25.44	40.22	1250m:	16:18.56	39.54	2000m:	25:53.35	39.00	2750m:	35:36.00	39.19
550m:	7:04.76	39.32	1300m:	16:58.34	39.78	2050m:	26:31.59	38.24	2800m:	36:14.35	38.35
600m:	7:44.61	39.85	1350m:	17:38.03	39.69	2100m:	27:10.55	38.96	2850m:	36:51.58	37.23
650m:	8:23.14	38.53	1400m:	18:17.91	39.88	2150m:	27:49.48	38.93	2900m:	37:29.28	37.70
700m:	9:03.38	40.24	1450m:	18:57.83	39.92	2200m:	28:28.28	38.80	2950m:	38:06.89	37.61
750m:	9:43.06	39.68	1500m:	19:37.23	39.40	2250m:	29:06.98	38.70	3000m:	38:41.99	35.10

JUNIOR 2 FEMENINO, Fem.

1. CECILIA GARCIA, Carlota	06		Club Benavente Natacion						41:35.51	385	
50m:	34.04	34.04	700m:	9:21.81	41.57	1350m:	18:22.34	42.48	2000m:	27:28.16	42.27
100m:	1:11.42	37.38	750m:	10:03.23	41.42	1400m:	19:04.73	42.39	2050m:	28:10.37	42.21
150m:	1:50.64	39.22	800m:	10:44.72	41.49	1450m:	19:46.80	42.07	2100m:	28:52.88	42.51
200m:	2:31.01	40.37	850m:	11:26.08	41.36	1500m:	20:28.78	41.98	2150m:	29:35.68	42.80
250m:	3:11.25	40.24	900m:	12:07.50	41.42	1550m:	21:11.14	42.36	2200m:	30:18.38	42.70
300m:	3:52.09	40.84	950m:	12:48.46	40.96	1600m:	21:54.11	42.97	2250m:	31:01.27	42.89
350m:	4:33.05	40.96	1000m:	13:29.34	40.88	1650m:	22:36.18	42.07	2300m:	31:43.81	42.54
400m:	5:13.60	40.55	1050m:	14:10.90	41.56	1700m:	23:17.96	41.78	2350m:	32:27.31	43.50
450m:	5:55.09	41.49	1100m:	14:51.84	40.94	1750m:	23:59.54	41.58	2400m:	33:09.92	42.61
500m:	6:36.00	40.91	1150m:	15:33.74	41.90	1800m:	24:41.32	41.78	2450m:	33:53.08	43.16
550m:	7:17.68	41.68	1200m:	16:15.70	41.96	1850m:	25:22.67	41.35	2500m:	34:35.53	42.45
600m:	7:58.94	41.26	1250m:	16:57.70	42.00	1900m:	26:03.92	41.25	2550m:	35:18.33	42.80
650m:	8:40.24	41.30	1300m:	17:39.86	42.16	1950m:	26:45.89	41.97	2600m:	36:00.83	42.50
2650m:	36:43.54	42.71	2750m:	38:08.23	42.02	2850m:	39:31.71	42.14	2950m:	40:55.42	42.70
2700m:	37:26.21	42.67	2800m:	38:49.57	41.34	2900m:	40:12.72	41.01	3000m:	41:35.51	40.09

FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN SEGOVIA SEGOVIA, 24/11/2024

Prueba 1, Fem., 3000m Libre, JUNIOR 2 FEMENINO

Clasificación	AN	Tiempo	Pts				
2. MARTIN ALVARO, Lucia	07	Casino De La Union	42:19.49	365			
50m: 37.70	37.70	800m: 11:03.66	42.42	1550m: 21:46.93	42.61	2300m: 32:30.59	42.90
100m: 1:17.03	39.33	850m: 11:46.45	42.79	1600m: 22:29.67	42.74	2350m: 33:14.08	43.49
150m: 1:57.99	40.96	900m: 12:29.45	43.00	1650m: 23:12.10	42.43	2400m: 33:57.30	43.22
200m: 2:39.50	41.51	950m: 13:12.15	42.70	1700m: 23:54.73	42.63	2450m: 34:40.55	43.25
250m: 3:21.31	41.81	1000m: 13:54.85	42.70	1750m: 24:37.36	42.63	2500m: 35:23.32	42.77
300m: 4:02.86	41.55	1050m: 14:37.32	42.47	1800m: 25:20.19	42.83	2550m: 36:06.10	42.78
350m: 4:44.68	41.82	1100m: 15:20.16	42.84	1850m: 26:03.06	42.87	2600m: 36:48.35	42.25
400m: 5:26.40	41.72	1150m: 16:03.30	43.14	1900m: 26:46.11	43.05	2650m: 37:30.84	42.49
450m: 6:08.23	41.83	1200m: 16:46.52	43.22	1950m: 27:28.99	42.88	2700m: 38:11.86	41.02
500m: 6:50.03	41.80	1250m: 17:29.29	42.77	2000m: 28:11.98	42.99	2750m: 38:53.65	41.79
550m: 7:31.68	41.65	1300m: 18:12.33	43.04	2050m: 28:55.07	43.09	2800m: 39:35.78	42.13
600m: 8:14.02	42.34	1350m: 18:55.05	42.72	2100m: 29:38.01	42.94	2850m: 40:17.27	41.49
650m: 8:56.58	42.56	1400m: 19:38.26	43.21	2150m: 30:21.10	43.09	2900m: 40:59.00	41.73
700m: 9:38.70	42.12	1450m: 20:21.12	42.86	2200m: 31:04.08	42.98	2950m: 41:40.31	41.31
750m: 10:21.24	42.54	1500m: 21:04.32	43.20	2250m: 31:47.69	43.61	3000m: 42:19.49	39.18
Baja	ARRUZA ROBETA, Beatriz	06	Club Benavente Natacion				

JUNIOR 1 MASCULINO, Masc.

1. CELA CABAÑAS, Alvar	09	C.D. Torrelago Wellness	34:17.56	557			
50m: 30.59	30.59	800m: 9:00.81	34.99	1550m: 17:39.24	35.35	2300m: 26:20.57	33.61
100m: 1:02.87	32.28	850m: 9:35.04	34.23	1600m: 18:14.28	35.04	2350m: 26:54.37	33.80
150m: 1:36.24	33.37	900m: 10:09.59	34.55	1650m: 18:49.25	34.97	2400m: 27:28.65	34.28
200m: 2:09.98	33.74	950m: 10:44.01	34.42	1700m: 19:24.41	35.16	2450m: 28:02.93	34.28
250m: 2:43.94	33.96	1000m: 11:18.34	34.33	1750m: 19:58.75	34.34	2500m: 28:37.44	34.51
300m: 3:18.29	34.35	1050m: 11:52.87	34.53	1800m: 20:33.72	34.97	2550m: 29:12.00	34.56
350m: 3:52.30	34.01	1100m: 12:27.63	34.76	1850m: 21:08.70	34.98	2600m: 29:46.38	34.38
400m: 4:26.45	34.15	1150m: 13:01.87	34.24	1900m: 21:43.60	34.90	2650m: 30:20.86	34.48
450m: 5:01.00	34.55	1200m: 13:36.06	34.19	1950m: 22:18.58	34.98	2700m: 30:55.24	34.38
500m: 5:35.57	34.57	1250m: 14:10.44	34.38	2000m: 22:53.06	34.48	2750m: 31:29.42	34.18
550m: 6:09.32	33.75	1300m: 14:45.08	34.64	2050m: 23:27.98	34.92	2800m: 32:03.05	33.63
600m: 6:43.52	34.20	1350m: 15:19.88	34.80	2100m: 24:03.27	35.29	2850m: 32:36.98	33.93
650m: 7:17.52	34.00	1400m: 15:54.50	34.62	2150m: 24:38.12	34.85	2900m: 33:11.14	34.16
700m: 7:51.35	33.83	1450m: 16:28.65	34.15	2200m: 25:13.15	35.03	2950m: 33:45.29	34.15
750m: 8:25.82	34.47	1500m: 17:03.89	35.24	2250m: 25:46.96	33.81	3000m: 34:17.56	32.27
2. GALÁN VELA, Jorge	08	C.D.N. Zamora	36:09.64	475			
50m: 30.92	30.92	800m: 9:24.57	37.07	1550m: 18:26.93	36.44	2300m: 27:38.09	36.39
100m: 1:04.23	33.31	850m: 10:00.82	36.25	1600m: 19:03.50	36.57	2350m: 28:15.26	37.17
150m: 1:38.35	34.12	900m: 10:36.80	35.98	1650m: 19:39.90	36.40	2400m: 28:51.84	36.58
200m: 2:12.83	34.48	950m: 11:12.40	35.60	1700m: 20:16.49	36.59	2450m: 29:28.84	37.00
250m: 2:47.37	34.54	1000m: 11:48.19	35.79	1750m: 20:52.95	36.46	2500m: 30:06.56	37.72
300m: 3:22.49	35.12	1050m: 12:23.87	35.68	1800m: 21:29.46	36.51	2550m: 30:43.47	36.91
350m: 3:58.55	36.06	1100m: 13:00.12	36.25	1850m: 22:06.49	37.03	2600m: 31:20.24	36.77
400m: 4:35.03	36.48	1150m: 13:35.93	35.81	1900m: 22:43.07	36.58	2650m: 31:56.82	36.58
450m: 5:10.99	35.96	1200m: 14:11.87	35.94	1950m: 23:19.74	36.67	2700m: 32:33.35	36.53
500m: 5:47.16	36.17	1250m: 14:48.52	36.65	2000m: 23:56.41	36.67	2750m: 33:10.19	36.84
550m: 6:22.93	35.77	1300m: 15:24.62	36.10	2050m: 24:33.44	37.03	2800m: 33:45.91	35.72
600m: 6:59.12	36.19	1350m: 16:01.27	36.65	2100m: 25:10.73	37.29	2850m: 34:21.97	36.06
650m: 7:33.92	34.80	1400m: 16:37.81	36.54	2150m: 25:47.18	36.45	2900m: 34:58.19	36.22
700m: 8:10.79	36.87	1450m: 17:13.97	36.16	2200m: 26:24.16	36.98	2950m: 35:34.40	36.21
750m: 8:47.50	36.71	1500m: 17:50.49	36.52	2250m: 27:01.70	37.54	3000m: 36:09.64	35.24
3. FERNÁNDEZ HERNÁNDEZ, Hugo	09	C.D.N. Zamora	37:34.31	424			
50m: 33.99	33.99	800m: 9:55.64	37.75	1550m: 19:22.34	38.02	2300m: 28:52.29	38.34
100m: 1:09.67	35.68	850m: 10:33.49	37.85	1600m: 20:00.61	38.27	2350m: 29:30.31	38.02
150m: 1:46.61	36.94	900m: 11:11.60	38.11	1650m: 20:38.13	37.52	2400m: 30:08.11	37.80
200m: 2:24.01	37.40	950m: 11:49.74	38.14	1700m: 21:16.08	37.95	2450m: 30:45.54	37.43
250m: 3:01.61	37.60	1000m: 12:27.72	37.98	1750m: 21:53.73	37.65	2500m: 31:23.08	37.54
300m: 3:38.94	37.33	1050m: 13:05.44	37.72	1800m: 22:31.95	38.22	2550m: 32:01.44	38.36
350m: 4:16.30	37.36	1100m: 13:43.02	37.58	1850m: 23:10.10	38.15	2600m: 32:37.90	36.46
400m: 4:53.55	37.25	1150m: 14:20.82	37.80	1900m: 23:48.56	38.46	2650m: 33:16.09	38.19
450m: 5:31.00	37.45	1200m: 14:58.02	37.20	1950m: 24:27.24	38.68	2700m: 33:53.77	37.68
500m: 6:08.40	37.40	1250m: 15:36.20	38.18	2000m: 25:05.05	37.81	2750m: 34:31.16	37.39
550m: 6:46.22	37.82	1300m: 16:13.91	37.71	2050m: 25:42.90	37.85	2800m: 35:08.84	37.68
600m: 7:23.90	37.68	1350m: 16:51.22	37.31	2100m: 26:20.78	37.88	2850m: 35:46.03	37.19
650m: 8:02.01	38.11	1400m: 17:29.31	38.09	2150m: 26:58.46	37.68	2900m: 36:22.97	36.94
700m: 8:39.95	37.94	1450m: 18:07.14	37.83	2200m: 27:36.18	37.72	2950m: 36:58.93	35.96
750m: 9:17.89	37.94	1500m: 18:44.32	37.18	2250m: 28:13.95	37.77	3000m: 37:34.31	35.38

FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN SEGOVIA

SEGOVIA, 24/11/2024

Prueba 1, Masc., 3000m Libre, JUNIOR 1 MASCULINO

Clasificación	AN				Tiempo				Pts		
4. ALONSO LOPEZ, Ivan	08 C.N. Castilla-Burgos				37:38.74				421		
50m:	32.59	32.59	800m:	9:52.03	38.63	1550m:	19:16.53	37.84	2300m:	28:49.86	38.02
100m:	1:07.86	35.27	850m:	10:30.01	37.98	1600m:	19:54.94	38.41	2350m:	29:28.29	38.43
150m:	1:43.43	35.57	900m:	11:08.00	37.99	1650m:	20:32.78	37.84	2400m:	30:06.80	38.51
200m:	2:20.22	36.79	950m:	11:45.79	37.79	1700m:	21:11.00	38.22	2450m:	30:45.61	38.81
250m:	2:57.30	37.08	1000m:	12:22.97	37.18	1750m:	21:48.70	37.70	2500m:	31:24.88	39.27
300m:	3:34.61	37.31	1050m:	13:01.62	38.65	1800m:	22:26.82	38.12	2550m:	32:03.24	38.36
350m:	4:12.68	38.07	1100m:	13:39.14	37.52	1850m:	23:04.75	37.93	2600m:	32:42.32	39.08
400m:	4:50.46	37.78	1150m:	14:14.01	34.87	1900m:	23:43.22	38.47	2650m:	33:20.55	38.23
450m:	5:27.89	37.43	1200m:	14:51.44	37.43	1950m:	24:21.55	38.33	2700m:	33:58.66	38.11
500m:	6:04.97	37.08	1250m:	15:28.79	37.35	2000m:	25:00.20	38.65	2750m:	34:36.31	37.65
550m:	6:42.51	37.54	1300m:	16:06.34	37.55	2050m:	25:38.27	38.07	2800m:	35:13.13	36.82
600m:	7:20.25	37.74	1350m:	16:43.96	37.62	2100m:	26:16.95	38.68	2850m:	35:50.69	37.56
650m:	7:57.90	37.65	1400m:	17:22.10	38.14	2150m:	26:55.35	38.40	2900m:	36:27.69	37.00
700m:	8:35.30	37.40	1450m:	18:00.47	38.37	2200m:	27:33.65	38.30	2950m:	37:04.19	36.50
750m:	9:13.40	38.10	1500m:	18:38.69	38.22	2250m:	28:11.84	38.19	3000m:	37:38.74	34.55
5. FERNÁNDEZ HERNÁNDEZ, Diego	09 C.D.N. Zamora				38:24.98				396		
50m:	33.67	33.67	800m:	9:58.52	38.77	1550m:	19:39.44	38.69	2300m:	29:22.15	39.07
100m:	1:08.85	35.18	850m:	10:37.28	38.76	1600m:	20:17.32	37.88	2350m:	30:01.47	39.32
150m:	1:44.87	36.02	900m:	11:15.81	38.53	1650m:	20:55.63	38.31	2400m:	30:40.45	38.98
200m:	2:21.68	36.81	950m:	11:53.96	38.15	1700m:	21:34.22	38.59	2450m:	31:19.70	39.25
250m:	2:58.85	37.17	1000m:	12:32.38	38.42	1750m:	22:13.27	39.05	2500m:	31:58.31	38.61
300m:	3:36.28	37.43	1050m:	13:10.95	38.57	1800m:	22:51.97	38.70	2550m:	32:37.50	39.19
350m:	4:13.94	37.66	1100m:	13:49.80	38.85	1850m:	23:30.97	39.00	2600m:	33:16.31	38.81
400m:	4:51.86	37.92	1150m:	14:28.44	38.64	1900m:	24:09.71	38.74	2650m:	33:55.61	39.30
450m:	5:29.84	37.98	1200m:	15:07.62	39.18	1950m:	24:48.89	39.18	2700m:	34:34.42	38.81
500m:	6:08.10	38.26	1250m:	15:46.76	39.14	2000m:	25:27.70	38.81	2750m:	35:13.19	38.77
550m:	6:46.15	38.05	1300m:	16:25.87	39.11	2050m:	26:06.93	39.23	2800m:	35:52.17	38.98
600m:	7:24.40	38.25	1350m:	17:04.87	39.00	2100m:	26:45.91	38.98	2850m:	36:31.04	38.87
650m:	8:02.85	38.45	1400m:	17:44.27	39.40	2150m:	27:25.11	39.20	2900m:	37:09.72	38.68
700m:	8:41.61	38.76	1450m:	18:22.32	38.05	2200m:	28:04.02	38.91	2950m:	37:47.62	37.90
750m:	9:19.75	38.14	1500m:	19:00.75	38.43	2250m:	28:43.08	39.06	3000m:	38:24.98	37.36
6. CAMARERO GARCINUÑO, Elias	08 C.N. Castilla-Burgos				38:29.46				394		
50m:	36.68	36.68	800m:	10:00.79	37.54	1550m:	19:41.29	38.56	2300m:	29:26.30	39.08
100m:	1:11.89	35.21	850m:	10:39.10	38.31	1600m:	20:20.04	38.75	2350m:	30:05.30	39.00
150m:	1:49.09	37.20	900m:	11:18.18	39.08	1650m:	20:58.85	38.81	2400m:	30:44.42	39.12
200m:	2:26.48	37.39	950m:	11:56.96	38.78	1700m:	21:37.80	38.95	2450m:	31:23.44	39.02
250m:	3:04.05	37.57	1000m:	12:35.51	38.55	1750m:	22:16.78	38.98	2500m:	32:02.49	39.05
300m:	3:41.85	37.80	1050m:	13:14.05	38.54	1800m:	22:55.80	39.02	2550m:	32:41.55	39.06
350m:	4:19.21	37.36	1100m:	13:53.22	39.17	1850m:	23:34.77	38.97	2600m:	33:20.70	39.15
400m:	4:56.87	37.66	1150m:	14:32.30	39.08	1900m:	24:13.70	38.93	2650m:	34:00.29	39.59
450m:	5:34.51	37.64	1200m:	15:11.26	38.96	1950m:	24:52.68	38.98	2700m:	34:39.92	39.63
500m:	6:12.55	38.04	1250m:	15:49.86	38.60	2000m:	25:31.62	38.94	2750m:	35:19.08	39.16
550m:	6:50.32	37.77	1300m:	16:29.14	39.28	2050m:	26:10.87	39.25	2800m:	35:58.18	39.10
600m:	7:27.84	37.52	1350m:	17:07.40	38.26	2100m:	26:50.01	39.14	2850m:	36:36.91	38.73
650m:	8:06.98	39.14	1400m:	17:46.31	38.91	2150m:	27:29.08	39.07	2900m:	37:15.68	38.77
700m:	8:45.97	38.99	1450m:	18:24.50	38.19	2200m:	28:08.15	39.07	2950m:	37:53.21	37.53
750m:	9:23.25	37.28	1500m:	19:02.73	38.23	2250m:	28:47.22	39.07	3000m:	38:29.46	36.25
7. LOPEZ ALONSO, Carlos	09 Club Benavente Natacion				41:49.01				307		
50m:	35.63	35.63	800m:	10:39.76	41.17	1550m:	21:07.84	42.16	2300m:	31:48.09	43.21
100m:	1:14.02	38.39	850m:	11:21.34	41.58	1600m:	21:50.44	42.60	2350m:	32:30.89	42.80
150m:	1:52.51	38.49	900m:	12:02.91	41.57	1650m:	22:32.55	42.11	2400m:	33:13.78	42.89
200m:	2:31.88	39.37	950m:	12:44.94	42.03	1700m:	23:14.66	42.11	2450m:	33:56.86	43.08
250m:	3:11.77	39.89	1000m:	13:26.39	41.45	1750m:	23:57.04	42.38	2500m:	34:39.55	42.69
300m:	3:51.56	39.79	1050m:	14:08.26	41.87	1800m:	24:39.17	42.13	2550m:	35:22.72	43.17
350m:	4:31.19	39.63	1100m:	14:50.03	41.77	1850m:	25:21.71	42.54	2600m:	36:05.78	43.06
400m:	5:11.27	40.08	1150m:	15:31.79	41.76	1900m:	26:04.46	42.75	2650m:	36:48.71	42.93
450m:	5:52.39	41.12	1200m:	16:13.39	41.60	1950m:	26:47.14	42.68	2700m:	37:32.72	44.01
500m:	6:33.26	40.87	1250m:	16:55.14	41.75	2000m:	27:29.97	42.83	2750m:	38:15.88	43.16
550m:	7:13.85	40.59	1300m:	17:37.51	42.37	2050m:	28:12.61	42.64	2800m:	38:58.65	42.77
600m:	7:55.11	41.26	1350m:	18:19.51	42.00	2100m:	28:55.96	43.35	2850m:	39:41.83	43.18
650m:	8:35.95	40.84	1400m:	19:01.78	42.27	2150m:	29:38.84	42.88	2900m:	40:24.04	42.21
700m:	9:16.97	41.02	1450m:	19:43.56	41.78	2200m:	30:21.93	43.09	2950m:	41:06.68	42.64
750m:	9:58.59	41.62	1500m:	20:25.68	42.12	2250m:	31:04.88	42.95	3000m:	41:49.01	42.33
8. HERRERO HERNANDO, Angel	08 Club Benavente Natacion				42:11.30				299		
50m:	38.57	38.57	600m:	8:32.20	43.47	1150m:	16:16.86	42.14	1700m:	24:00.00	40.46
100m:	1:20.77	42.20	650m:	9:14.31	42.11	1200m:	16:58.71	41.85	1750m:	24:42.46	42.46
150m:	2:03.74	42.97	700m:	9:56.68	42.37	1250m:	17:39.97	41.26	1800m:	25:22.62	40.16
200m:	2:46.14	42.40	750m:	10:39.52	42.84	1300m:	18:23.18	43.21	1850m:	26:02.59	39.97
250m:	3:29.84	43.70	800m:	11:22.34	42.82	1350m:	19:04.77	41.59	1900m:	26:44.44	41.85
300m:	4:12.98	43.14	850m:	12:06.46	44.12	1400m:	19:46.79	42.02	1950m:	27:25.09	40.65
350m:	4:55.38	42.40	900m:	12:49.01	42.55	1450m:	20:29.77	42.98	2000m:	28:07.06	41.97
400m:	5:39.89	44.51	950m:	13:30.02	41.01	1500m:	21:11.51	41.74	2050m:	28:48.82	41.76
450m:	6:22.97	43.08	1000m:	14:10.88	40.86	1550m:	21:54.79	43.28	2100m:	29:29.67	40.85
500m:	7:05.50	42.53	1050m:	14:52.58	41.70	1600m:	22:37.64	42.85	2150m:	30:11.48	41.81
550m:	7:48.73	43.23	1100m:	15:34.72	42.14	1650m:	23:19.54	41.90	2200m:	30:53.56	42.08
2250m:	31:35.55	41.99	2400m:	33:42.73	41.76	2550m:	35:52.52	43.42	2700m:	38:04.40	43.60
2300m:	32:18.52	42.97	2450m:	34:25.38	42.65	2600m:	36:35.93	43.41	2750m:	38:47.85	43.45
2350m:	33:00.97	42.45	2500m:	35:09.10	43.72	2650m:	37:20.80	44.87	2800m:	39:30.14	42.29



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN SEGOVIA SEGOVIA, 24/11/2024

Prueba 1, Masc., 3000m Libre, JUNIOR 1 MASCULINO

Clasificación	AN					Tiempo					Pts	
	2850m:	40:10.89	40.75	2900m:	40:52.45	41.56	2950m:	41:33.99	41.54	3000m:	42:11.30	37.31

JUNIOR 1 FEMENINO, Fem.

1. DELGADO NISTAL, Nadia	09	C.N. Castilla-Burgos	40:07.01	429
50m: 37.54 37.54	800m: 10:33.25 39.90	1550m: 20:40.50 40.42	2300m: 30:46.24 40.22	
100m: 1:16.59 39.05	850m: 11:13.37 40.12	1600m: 21:20.82 40.32	2350m: 31:26.41 40.17	
150m: 1:55.40 38.81	900m: 11:53.92 40.55	1650m: 22:01.10 40.28	2400m: 32:07.44 41.03	
200m: 2:34.70 39.30	950m: 12:34.29 40.37	1700m: 22:41.59 40.49	2450m: 32:47.97 40.53	
250m: 3:14.31 39.61	1000m: 13:14.71 40.42	1750m: 23:21.33 39.74	2500m: 33:28.86 40.89	
300m: 3:54.12 39.81	1050m: 13:54.54 39.83	1800m: 24:01.30 39.97	2550m: 34:09.37 40.51	
350m: 4:33.94 39.82	1100m: 14:34.65 40.11	1850m: 24:42.20 40.90	2600m: 34:49.73 40.36	
400m: 5:13.87 39.93	1150m: 15:15.14 40.49	1900m: 25:22.59 40.39	2650m: 35:29.62 39.89	
450m: 5:53.79 39.92	1200m: 15:56.00 40.86	1950m: 26:03.10 40.51	2700m: 36:09.72 40.10	
500m: 6:33.55 39.76	1250m: 16:36.99 40.99	2000m: 26:43.35 40.25	2750m: 36:49.12 39.40	
550m: 7:13.56 40.01	1300m: 17:17.60 40.61	2050m: 27:23.82 40.47	2800m: 37:29.23 40.11	
600m: 7:53.23 39.67	1350m: 17:58.29 40.69	2100m: 28:04.35 40.53	2850m: 38:09.50 40.27	
650m: 8:33.33 40.10	1400m: 18:39.16 40.87	2150m: 28:44.71 40.36	2900m: 38:49.04 39.54	
700m: 9:13.10 39.77	1450m: 19:19.99 40.83	2200m: 29:24.94 40.23	2950m: 39:28.16 39.12	
750m: 9:53.35 40.25	1500m: 20:00.08 40.09	2250m: 30:06.02 41.08	3000m: 40:07.01 38.85	
2. JIMENEZ GARCIA, Erika	09	Club Benavente Natacion	44:12.11	321
50m: 37.68 37.68	800m: 11:01.48 42.84	1550m: 22:14.77 45.61	2300m: 33:47.81 44.69	
100m: 1:16.90 39.22	850m: 11:44.21 42.73	1600m: 23:00.60 45.83	2350m: 34:33.79 45.98	
150m: 1:56.77 39.87	900m: 12:27.53 43.32	1650m: 23:47.47 46.87	2400m: 35:18.97 45.18	
200m: 2:37.24 40.47	950m: 13:10.81 43.28	1700m: 24:33.52 46.05	2450m: 36:04.24 45.27	
250m: 3:18.20 40.96	1000m: 13:54.92 44.11	1750m: 25:21.02 47.50	2500m: 36:49.50 45.26	
300m: 3:59.15 40.95	1050m: 14:37.74 42.82	1800m: 26:08.06 47.04	2550m: 37:33.96 44.46	
350m: 4:40.48 41.33	1100m: 15:22.79 45.05	1850m: 26:54.23 46.17	2600m: 38:18.66 44.70	
400m: 5:21.77 41.29	1150m: 16:08.10 45.31	1900m: 27:40.50 46.27	2650m: 39:03.76 45.10	
450m: 6:03.43 41.66	1200m: 16:53.58 45.48	1950m: 28:28.62 48.12	2700m: 39:48.15 44.39	
500m: 6:44.89 41.46	1250m: 17:38.96 45.38	2000m: 29:14.40 45.78	2750m: 40:33.11 44.96	
550m: 7:26.90 42.01	1300m: 18:24.47 45.51	2050m: 30:00.33 45.93	2800m: 41:16.98 43.87	
600m: 8:09.75 42.85	1350m: 19:10.85 46.38	2100m: 30:46.77 46.44	2850m: 42:01.43 44.45	
650m: 8:52.72 42.97	1400m: 19:57.80 46.95	2150m: 31:31.88 45.11	2900m: 42:45.20 43.77	
700m: 9:35.30 42.58	1450m: 20:42.73 44.93	2200m: 32:17.13 45.25	2950m: 43:29.74 44.54	
750m: 10:18.64 43.34	1500m: 21:29.16 46.43	2250m: 33:03.12 45.99	3000m: 44:12.11 42.37	
3. GARCIA GIL, Sofia	09	Casino De La Union	44:27.33	315
50m: 36.34 36.34	800m: 11:18.71 43.81	1550m: 22:27.87 45.49	2300m: 33:48.79 45.29	
100m: 1:15.43 39.09	850m: 12:03.22 44.51	1600m: 23:13.37 45.50	2350m: 34:34.26 45.47	
150m: 1:56.96 41.53	900m: 12:47.47 44.25	1650m: 23:58.48 45.11	2400m: 35:19.34 45.08	
200m: 2:38.47 41.51	950m: 13:30.51 43.04	1700m: 24:44.43 45.95	2450m: 36:05.78 46.44	
250m: 3:20.48 42.01	1000m: 14:15.04 44.53	1750m: 25:29.66 45.23	2500m: 36:52.98 47.20	
300m: 4:03.82 43.34	1050m: 14:59.72 44.68	1800m: 26:14.45 44.79	2550m: 37:38.52 45.54	
350m: 4:47.39 43.57	1100m: 15:43.89 44.17	1850m: 26:59.00 44.55	2600m: 38:24.75 46.23	
400m: 5:30.90 43.51	1150m: 16:27.77 43.88	1900m: 27:44.40 45.40	2650m: 39:10.23 45.48	
450m: 6:13.56 42.66	1200m: 17:12.54 44.77	1950m: 28:30.15 45.75	2700m: 39:56.15 45.92	
500m: 6:56.57 43.01	1250m: 17:56.60 44.06	2000m: 29:16.28 46.13	2750m: 40:42.16 46.01	
550m: 7:40.55 43.98	1300m: 18:41.96 45.36	2050m: 30:01.84 45.56	2800m: 41:28.54 46.38	
600m: 8:24.68 44.13	1350m: 19:26.20 44.24	2100m: 30:45.45 43.61	2850m: 42:13.52 44.98	
650m: 9:07.63 42.95	1400m: 20:11.85 45.65	2150m: 31:30.79 45.34	2900m: 42:58.51 44.99	
700m: 9:51.36 43.73	1450m: 20:56.46 44.61	2200m: 32:16.09 45.30	2950m: 43:43.24 44.73	
750m: 10:34.90 43.54	1500m: 21:42.38 45.92	2250m: 33:03.50 47.41	3000m: 44:27.33 44.09	
4. ARRIBAS NARROS, Sofia	09	Casino De La Union	44:58.35	305
50m: 41.54 41.54	800m: 11:40.86 44.74	1550m: 23:06.20 45.92	2300m: 34:30.05 45.83	
100m: 1:24.53 42.99	850m: 12:25.34 44.48	1600m: 23:51.97 45.77	2350m: 35:15.36 45.31	
150m: 2:08.26 43.73	900m: 13:10.72 45.38	1650m: 24:37.20 45.23	2400m: 36:01.03 45.67	
200m: 2:51.94 43.68	950m: 13:55.98 45.26	1700m: 25:22.37 45.17	2450m: 36:47.41 46.38	
250m: 3:36.02 44.08	1000m: 14:41.98 46.00	1750m: 26:07.09 44.72	2500m: 37:33.63 46.22	
300m: 4:19.90 43.88	1050m: 15:27.83 45.85	1800m: 26:51.77 44.68	2550m: 38:18.64 45.01	
350m: 5:03.64 43.74	1100m: 16:13.93 46.10	1850m: 27:36.95 45.18	2600m: 39:04.81 46.17	
400m: 5:47.42 43.78	1150m: 16:59.99 46.06	1900m: 28:23.03 46.08	2650m: 39:50.37 45.56	
450m: 6:31.55 44.13	1200m: 17:45.50 45.51	1950m: 29:08.47 45.44	2700m: 40:35.86 45.49	
500m: 7:14.75 43.20	1250m: 18:31.97 46.47	2000m: 29:54.04 45.57	2750m: 41:21.68 45.82	
550m: 7:58.76 44.01	1300m: 19:17.23 45.26	2050m: 30:41.41 47.37	2800m: 42:05.78 44.10	
600m: 8:42.47 43.71	1350m: 20:02.33 45.10	2100m: 31:27.47 46.06	2850m: 42:50.16 44.38	
650m: 9:26.65 44.18	1400m: 20:48.55 46.22	2150m: 32:13.51 46.04	2900m: 43:34.60 44.44	
700m: 10:11.61 44.96	1450m: 21:34.31 45.76	2200m: 32:59.04 45.53	2950m: 44:17.44 42.84	
750m: 10:56.12 44.51	1500m: 22:20.28 45.97	2250m: 33:44.22 45.18	3000m: 44:58.35 40.91	



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN SEGOVIA
SEGOVIA, 24/11/2024

Prueba 2
24/11/2024

2000m Libre

13 - 14 años
Resultados

Puntos: AQUA 2024

Clasificación			AN							Tiempo	Pts
INFANTIL MASCULINO, Masc.											
1. MERAYO SÁNCHEZ, Miguel			10	C.N. Bierzo-Ponferrada						24:55.06	430
50m:	32.80	32.80	550m:	6:40.06	37.55	1050m:	12:56.69	37.06	1550m:	19:15.73	38.41
100m:	1:07.61	34.81	600m:	7:17.92	37.86	1100m:	13:34.22	37.53	1600m:	19:53.47	37.74
150m:	1:42.91	35.30	650m:	7:55.84	37.92	1150m:	14:12.66	38.44	1650m:	20:31.34	37.87
200m:	2:19.12	36.21	700m:	8:32.45	36.61	1200m:	14:50.77	38.11	1700m:	21:07.93	36.59
250m:	2:55.94	36.82	750m:	9:10.39	37.94	1250m:	15:28.57	37.80	1750m:	21:46.76	38.83
300m:	3:32.77	36.83	800m:	9:47.81	37.42	1300m:	16:06.09	37.52	1800m:	22:25.61	38.85
350m:	4:09.72	36.95	850m:	10:25.74	37.93	1350m:	16:43.19	37.10	1850m:	23:04.69	39.08
400m:	4:47.10	37.38	900m:	11:03.92	38.18	1400m:	17:21.54	38.35	1900m:	23:43.76	39.07
450m:	5:25.04	37.94	950m:	11:42.02	38.10	1450m:	17:59.53	37.99	1950m:	24:21.22	37.46
500m:	6:02.51	37.47	1000m:	12:19.63	37.61	1500m:	18:37.32	37.79	2000m:	24:55.06	33.84
2. GOMES COCO, Alexandre			10	C.D.N. Zamora						25:07.91	419
50m:	33.06	33.06	550m:	6:43.64	38.00	1050m:	12:56.83	36.26	1550m:	19:19.64	38.67
100m:	1:09.04	35.98	600m:	7:21.09	37.45	1100m:	13:35.46	38.63	1600m:	19:58.43	38.79
150m:	1:45.94	36.90	650m:	7:57.86	36.77	1150m:	14:13.68	38.22	1650m:	20:37.09	38.66
200m:	2:23.12	37.18	700m:	8:34.90	37.04	1200m:	14:51.34	37.66	1700m:	21:15.63	38.54
250m:	2:59.20	36.08	750m:	9:13.28	38.38	1250m:	15:29.02	37.68	1750m:	21:54.93	39.30
300m:	3:36.61	37.41	800m:	9:51.23	37.95	1300m:	16:05.73	36.71	1800m:	22:34.23	39.30
350m:	4:13.37	36.76	850m:	10:28.04	36.81	1350m:	16:43.39	37.66	1850m:	23:13.17	38.94
400m:	4:50.86	37.49	900m:	11:06.08	38.04	1400m:	17:23.45	40.06	1900m:	23:52.68	39.51
450m:	5:28.38	37.52	950m:	11:42.59	36.51	1450m:	18:02.48	39.03	1950m:	24:26.63	33.95
500m:	6:05.64	37.26	1000m:	12:20.57	37.98	1500m:	18:40.97	38.49	2000m:	25:07.91	41.28
3. LÓPEZ MARTÍN, Pablo			11	C.D.N. Zamora						26:37.89	352
50m:	34.96	34.96	550m:	7:02.95	39.30	1050m:	13:41.24	40.87	1550m:	20:31.85	41.41
100m:	1:11.61	36.65	600m:	7:43.10	40.15	1100m:	14:22.49	41.25	1600m:	21:13.14	41.29
150m:	1:49.58	37.97	650m:	8:22.65	39.55	1150m:	15:03.78	41.29	1650m:	21:54.30	41.16
200m:	2:27.48	37.90	700m:	9:01.95	39.30	1200m:	15:44.53	40.75	1700m:	22:35.87	41.57
250m:	3:06.01	38.53	750m:	9:41.90	39.95	1250m:	16:25.62	41.09	1750m:	23:16.82	40.95
300m:	3:44.65	38.64	800m:	10:20.79	38.89	1300m:	17:05.92	40.30	1800m:	23:58.62	41.80
350m:	4:24.27	39.62	850m:	11:01.39	40.60	1350m:	17:46.62	40.70	1850m:	24:38.12	39.50
400m:	5:03.97	39.70	900m:	11:41.09	39.70	1400m:	18:27.44	40.82	1900m:	25:18.06	39.94
450m:	5:43.83	39.86	950m:	12:20.80	39.71	1450m:	19:08.81	41.37	1950m:	25:54.84	36.78
500m:	6:23.65	39.82	1000m:	13:00.37	39.57	1500m:	19:50.44	41.63	2000m:	26:37.89	43.05
4. PURAS RODRIGUEZ, Alonso			11	C.D. Torrelago Wellness						26:43.93	348
50m:	33.56	33.56	550m:	7:10.85	40.52	1050m:	13:53.94	41.52	1550m:	20:43.62	41.73
100m:	1:12.27	38.71	600m:	7:51.24	40.39	1100m:	14:34.62	40.68	1600m:	21:24.26	40.64
150m:	1:52.03	39.76	650m:	8:30.03	38.79	1150m:	15:15.13	40.51	1650m:	22:04.58	40.32
200m:	2:29.55	37.52	700m:	9:10.37	40.34	1200m:	15:54.98	39.85	1700m:	22:45.62	41.04
250m:	3:09.17	39.62	750m:	9:49.87	39.50	1250m:	16:36.23	41.25	1750m:	23:26.05	40.43
300m:	3:49.20	40.03	800m:	10:30.56	40.69	1300m:	17:17.66	41.43	1800m:	24:06.84	40.79
350m:	4:30.61	41.41	850m:	11:11.18	40.62	1350m:	17:58.05	40.39	1850m:	24:47.92	41.08
400m:	5:10.62	40.01	900m:	11:51.36	40.18	1400m:	18:39.23	41.18	1900m:	25:28.89	40.97
450m:	5:50.57	39.95	950m:	12:31.60	40.24	1450m:	19:20.59	41.36	1950m:	26:07.57	38.68
500m:	6:30.33	39.76	1000m:	13:12.42	40.82	1500m:	20:01.89	41.30	2000m:	26:43.93	36.36
5. BELLO COCA, Diego			10	C.N. Bierzo-Ponferrada						26:57.86	339
50m:	34.90	34.90	550m:	7:06.04	40.06	1050m:	13:53.49	41.13	1550m:	20:49.43	41.63
100m:	1:11.46	36.56	600m:	7:46.23	40.19	1100m:	14:34.99	41.50	1600m:	21:31.62	42.19
150m:	1:49.51	38.05	650m:	8:26.85	40.62	1150m:	15:16.18	41.19	1650m:	22:13.71	42.09
200m:	2:27.97	38.46	700m:	9:07.35	40.50	1200m:	15:57.98	41.80	1700m:	22:54.80	41.09
250m:	3:07.11	39.14	750m:	9:48.09	40.74	1250m:	16:39.68	41.70	1750m:	23:35.70	40.90
300m:	3:46.19	39.08	800m:	10:28.81	40.72	1300m:	17:20.72	41.04	1800m:	24:17.23	41.53
350m:	4:25.74	39.55	850m:	11:09.20	40.39	1350m:	18:02.20	41.48	1850m:	24:58.24	41.01
400m:	5:05.63	39.89	900m:	11:49.85	40.65	1400m:	18:44.09	41.89	1900m:	25:38.31	40.07
450m:	5:45.89	40.26	950m:	12:31.41	41.56	1450m:	19:26.39	42.30	1950m:	26:18.53	40.22
500m:	6:25.98	40.09	1000m:	13:12.36	40.95	1500m:	20:07.80	41.41	2000m:	26:57.86	39.33
6. PÉREZ DE LA FUENTE, Jaime			10	C.D. Torrelago Wellness						27:57.82	304
50m:	34.62	34.62	550m:	7:25.78	41.94	1050m:	14:32.28	42.99	1550m:	21:40.53	42.61
100m:	1:13.25	38.63	600m:	8:07.54	41.76	1100m:	15:14.97	42.69	1600m:	22:23.59	43.06
150m:	1:53.38	40.13	650m:	8:50.60	43.06	1150m:	15:57.41	42.44	1650m:	23:06.89	43.30
200m:	2:33.97	40.59	700m:	9:32.95	42.35	1200m:	16:40.14	42.73	1700m:	23:49.32	42.43
250m:	3:14.71	40.74	750m:	10:14.77	41.82	1250m:	17:22.75	42.61	1750m:	24:31.91	42.59
300m:	3:56.19	41.48	800m:	10:56.71	41.94	1300m:	18:06.27	43.52	1800m:	25:14.22	42.31
350m:	4:37.35	41.16	850m:	11:39.38	42.67	1350m:	18:49.23	42.96	1850m:	25:56.59	42.37
400m:	5:18.90	41.55	900m:	12:22.45	43.07	1400m:	19:31.92	42.69	1900m:	26:38.66	42.07
450m:	6:00.54	41.64	950m:	13:05.66	43.21	1450m:	20:15.46	43.54	1950m:	27:19.83	41.17
500m:	6:43.84	43.30	1000m:	13:49.29	43.63	1500m:	20:57.92	42.46	2000m:	27:57.82	37.99

FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN SEGOVIA
SEGOVIA, 24/11/2024

Prueba 2, Masc., 2000m Libre, INFANTIL MASCULINO

Table with columns: Clasificación, AN, C.N. Bierzo-Ponferrada, Tiempo, Pts. It lists two swimmers: 7. LÓPEZ FERNÁNDEZ, Álex and 8. MARTÍN JAÉN, Alberto, with their respective race times from 50m to 2000m.

INFANTIL FEMENINO, Fem.

Table with columns: Clasificación, AN, C.D. Torrelago Wellness, C.N. Castilla-Burgos, Casino De La Union, Tiempo, Pts. It lists four swimmers: 1. CARLÓN DE FUENTES, Irene; 2. CARLON DE FUENTES, Elisa; 3. RAMOS VILUMBRALES, Nuria; and 4. GUERRA HERNANZ, Sandra, with their respective race times from 50m to 2000m.



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN SEGOVIA
SEGOVIA, 24/11/2024

Prueba 2, Fem., 2000m Libre, INFANTIL FEMENINO

Clasificación			AN			Tiempo	Pts					
5.	FERNANDEZ ISABEL, Marina		11	Casino De La Union		27:20.39	402					
	50m:	37.24	37.24	550m:	7:22.76	40.67	1050m:	14:13.22	41.53	1550m:	21:09.17	41.63
	100m:	1:16.75	39.51	600m:	8:03.17	40.41	1100m:	14:53.76	40.54	1600m:	21:51.17	42.00
	150m:	1:56.89	40.14	650m:	8:44.43	41.26	1150m:	15:35.37	41.61	1650m:	22:32.15	40.98
	200m:	2:37.78	40.89	700m:	9:24.67	40.24	1200m:	16:16.79	41.42	1700m:	23:14.01	41.86
	250m:	3:18.03	40.25	750m:	10:05.44	40.77	1250m:	16:59.06	42.27	1750m:	23:56.15	42.14
	300m:	3:58.81	40.78	800m:	10:46.66	41.22	1300m:	17:41.03	41.97	1800m:	24:38.10	41.95
	350m:	4:39.53	40.72	850m:	11:27.33	40.67	1350m:	18:22.75	41.72	1850m:	25:19.63	41.53
	400m:	5:20.30	40.77	900m:	12:08.38	41.05	1400m:	19:04.28	41.53	1900m:	26:01.69	42.06
	450m:	6:01.24	40.94	950m:	12:49.94	41.56	1450m:	19:45.73	41.45	1950m:	26:42.01	40.32
	500m:	6:42.09	40.85	1000m:	13:31.69	41.75	1500m:	20:27.54	41.81	2000m:	27:20.39	38.38
6.	SALAS ALVAREZ, Ines		11	C.N. Castilla-Burgos		27:36.24	390					
	50m:	37.49	37.49	550m:	7:24.64	40.16	1050m:	14:16.39	41.77	1550m:	21:16.63	43.15
	100m:	1:17.85	40.36	600m:	8:05.06	40.42	1100m:	14:57.95	41.56	1600m:	21:58.68	42.05
	150m:	1:58.82	40.97	650m:	8:45.90	40.84	1150m:	15:40.59	42.64	1650m:	22:39.59	40.91
	200m:	2:39.61	40.79	700m:	9:26.85	40.95	1200m:	16:23.65	43.06	1700m:	23:22.14	42.55
	250m:	3:20.42	40.81	750m:	10:07.50	40.65	1250m:	17:05.20	41.55	1750m:	24:05.92	43.78
	300m:	4:01.18	40.76	800m:	10:48.17	40.67	1300m:	17:46.88	41.68	1800m:	24:48.43	42.51
	350m:	4:41.79	40.61	850m:	11:28.85	40.68	1350m:	18:28.85	41.97	1850m:	25:30.65	42.22
	400m:	5:22.75	40.96	900m:	12:11.13	42.28	1400m:	19:10.81	41.96	1900m:	26:12.40	41.75
	450m:	6:03.64	40.89	950m:	12:52.56	41.43	1450m:	19:51.80	40.99	1950m:	26:54.72	42.32
	500m:	6:44.48	40.84	1000m:	13:34.62	42.06	1500m:	20:33.48	41.68	2000m:	27:36.24	41.52
7.	ALVAREZ REPARAZ, Olga		10	C.N. Bierzo-Ponferrada		28:20.23	361					
	50m:	37.33	37.33	550m:	7:34.70	42.68	1050m:	14:47.01	43.89	1550m:	21:57.51	43.50
	100m:	1:17.33	40.00	600m:	8:18.07	43.37	1100m:	15:29.71	42.70	1600m:	22:40.87	43.36
	150m:	1:58.49	41.16	650m:	9:00.68	42.61	1150m:	16:12.73	43.02	1650m:	23:24.87	44.00
	200m:	2:39.54	41.05	700m:	9:43.44	42.76	1200m:	16:55.85	43.12	1700m:	24:08.11	43.24
	250m:	3:21.09	41.55	750m:	10:26.79	43.35	1250m:	17:38.68	42.83	1750m:	24:51.17	43.06
	300m:	4:02.56	41.47	800m:	11:10.18	43.39	1300m:	18:21.66	42.98	1800m:	25:34.63	43.46
	350m:	4:44.38	41.82	850m:	11:53.06	42.88	1350m:	19:04.08	42.42	1850m:	26:16.02	41.39
	400m:	5:26.83	42.45	900m:	12:36.54	43.48	1400m:	19:46.25	42.17	1900m:	26:57.47	41.45
	450m:	6:09.29	42.46	950m:	13:20.47	43.93	1450m:	20:29.51	43.26	1950m:	27:39.41	41.94
	500m:	6:52.02	42.73	1000m:	14:03.12	42.65	1500m:	21:14.01	44.50	2000m:	28:20.23	40.82
8.	GONZALEZ CARRO, Veronica		11	C.D. Torrelago Wellness		29:04.08	334					
	50m:	38.66	38.66	550m:	7:45.72	43.14	1050m:	15:06.56	44.14	1550m:	22:33.85	44.58
	100m:	1:20.26	41.60	600m:	8:29.60	43.88	1100m:	15:50.90	44.34	1600m:	23:19.27	45.42
	150m:	2:02.27	42.01	650m:	9:13.65	44.05	1150m:	16:34.87	43.97	1650m:	24:03.63	44.36
	200m:	2:44.69	42.42	700m:	9:57.71	44.06	1200m:	17:19.41	44.54	1700m:	24:47.25	43.62
	250m:	3:26.28	41.59	750m:	10:41.63	43.92	1250m:	18:04.14	44.73	1750m:	25:31.48	44.23
	300m:	4:08.92	42.64	800m:	11:25.24	43.61	1300m:	18:49.49	45.35	1800m:	26:14.92	43.44
	350m:	4:52.72	43.80	850m:	12:09.60	44.36	1350m:	19:34.94	45.45	1850m:	26:58.40	43.48
	400m:	5:35.91	43.19	900m:	12:53.57	43.97	1400m:	20:19.98	45.04	1900m:	27:41.04	42.64
	450m:	6:18.92	43.01	950m:	13:37.94	44.37	1450m:	21:05.56	45.58	1950m:	28:22.89	41.85
	500m:	7:02.58	43.66	1000m:	14:22.42	44.48	1500m:	21:49.27	43.71	2000m:	29:04.08	41.19
9.	ÁLVAREZ NÚÑEZ, Nuria		11	C.N. Bierzo-Ponferrada		30:09.78	299					
	50m:	39.25	39.25	550m:	8:02.49	45.01	1050m:	15:41.68	46.34	1550m:	23:25.56	45.45
	100m:	1:21.40	42.15	600m:	8:48.38	45.89	1100m:	16:27.15	45.47	1600m:	24:11.13	45.57
	150m:	2:05.00	43.60	650m:	9:33.15	44.77	1150m:	17:13.90	46.75	1650m:	24:57.83	46.70
	200m:	2:49.57	44.57	700m:	10:18.28	45.13	1200m:	18:00.47	46.57	1700m:	25:44.96	47.13
	250m:	3:34.03	44.46	750m:	11:04.13	45.85	1250m:	18:46.84	46.37	1750m:	26:31.86	46.90
	300m:	4:18.22	44.19	800m:	11:50.57	46.44	1300m:	19:34.09	47.25	1800m:	27:17.01	45.15
	350m:	5:03.47	45.25	850m:	12:36.74	46.17	1350m:	20:20.47	46.38	1850m:	28:02.05	45.04
	400m:	5:47.67	44.20	900m:	13:23.14	46.40	1400m:	21:07.27	46.80	1900m:	28:47.25	45.20
	450m:	6:32.32	44.65	950m:	14:08.71	45.57	1450m:	21:53.46	46.19	1950m:	29:30.22	42.97
	500m:	7:17.48	45.16	1000m:	14:55.34	46.63	1500m:	22:40.11	46.65	2000m:	30:09.78	39.56
10.	GÓMEZ MARTÍN, Aitana		11	Casino De La Union		33:52.03	211					
	50m:	44.28	44.28	550m:	9:11.53	51.24	1050m:	17:41.34	49.35	1550m:	26:12.48	52.04
	100m:	1:31.76	47.48	600m:	10:02.54	51.01	1100m:	18:32.94	51.60	1600m:	27:02.04	49.56
	150m:	2:21.61	49.85	650m:	10:55.14	52.60	1150m:	19:24.36	51.42	1650m:	27:53.38	51.34
	200m:	3:11.71	50.10	700m:	11:46.54	51.40	1200m:	20:14.36	50.00	1700m:	28:44.96	51.58
	250m:	4:02.16	50.45	750m:	12:37.07	50.53	1250m:	21:05.41	51.05	1750m:	29:36.80	51.84
	300m:	4:53.80	51.64	800m:	13:26.05	48.98	1300m:	21:56.44	51.03	1800m:	30:28.59	51.79
	350m:	5:44.64	50.84	850m:	14:17.98	51.93	1350m:	22:48.30	51.86	1850m:	31:21.19	52.60
	400m:	6:36.55	51.91	900m:	15:08.80	50.82	1400m:	23:39.35	51.05	1900m:	32:13.97	52.78
	450m:	7:28.90	52.35	950m:	16:00.43	51.63	1450m:	24:30.88	51.53	1950m:	33:04.17	50.20
	500m:	8:20.29	51.39	1000m:	16:51.99	51.56	1500m:	25:20.44	49.56	2000m:	33:52.03	47.86