



CIRCUITO CASTILLA Y LEÓN MASTER 2024/2025  
I Trofeo Master Ciudad de Zamora "Nadador Completo"  
I Trofeo Master Ciudad de Ponferrada  
XII OPEN Castilla y León Invierno  
X Trofeo OPEN Master CN Tizona  
XI OPEN Castilla y León Verano

Circuito MASTER 2024 - 2025 Femenino

Fem., 20+ - 42 of 46 Events

|                                  |                     |                         |                     |   |
|----------------------------------|---------------------|-------------------------|---------------------|---|
| 1. FERNÁNDEZ CORTADA, Lucía      | 04                  | C.N. Palencia           | 4888                | 8 |
| 100 Li 1:05.04 671               | 50 Li 29.09 667     | 50 Li 28.67 663         | 50 Li 28.99 641     |   |
| 100 Li 1:04.62 597               | 50 Esp 33.64 569    | 50 Esp 34.13 545        | 50 Esp 34.96 535    |   |
| 100 Est 1:16.61 524              | 100 Esp 1:16.69 518 | 100 Esp 1:17.37 481     | 50 Ma 34.73 426     |   |
| 50 Br 43.36 348                  |                     |                         |                     |   |
| 2. SAEZ FERNANDEZ, Lucia         | 05                  | C.D. Torrelago Wellness | 4079                | 8 |
| 100 Li 1:09.85 542               | 50 Li 30.83 533     | 50 Li 31.39 531         | 100 Li 1:07.46 525  |   |
| 50 Li 31.33 508                  | 200 Li 2:36.86 500  | 200 Li 2:30.42 482      | 50 Ma 34.13 458     |   |
| 50 Ma 34.37 439                  | 50 Esp 38.23 387    | 50 Br 44.16 329         |                     |   |
| 3. ABAD JIMÉNEZ, Ángela          | 02                  | C.N. Ciudad De Avila    | 3814                | 8 |
| 100 Est 1:17.04 515              | 50 Li 31.76 487     | 100 Esp 1:18.59 481     | 50 Esp 36.37 475    |   |
| 50 Ma 33.58 471                  | 50 Ma 33.87 469     | 50 Esp 36.15 458        | 100 Ma 1:17.77 458  |   |
| 50 Br 41.04 410                  |                     |                         |                     |   |
| 4. SEGOVIA MORENO, Silvia        | 04                  | C.D. Torrelago Wellness | 3675                | 8 |
| 50 Esp 34.40 532                 | 100 Est 1:18.89 480 | 200 Est 2:59.95 478     | 50 Li 32.12 471     |   |
| 50 Esp 36.90 455                 | 50 Ma 34.04 452     | 100 Esp 1:21.23 436     | 50 Br 42.41 371     |   |
| 100 Ma 1:25.97 339               |                     |                         |                     |   |
| 5. RIOCEREZO SAN ESTEBAN, Jimena | 03                  | C.D. Tizona Burgos      | 3399                | 8 |
| 50 Ma 32.93 500                  | 50 Li 31.74 488     | 50 Ma 33.20 488         | 50 Li 31.74 488     |   |
| 400 Li 5:49.26 383               | 50 Esp 39.11 362    | 50 Esp 39.35 355        | 50 Br 43.90 335     |   |
| 50 Br 44.30 326                  | 200 Ma 3:11.78 308  |                         |                     |   |
| 6. LOPEZ JIMENEZ, Silvia         | 02                  | C.D.N. Zamora           | 3384                | 7 |
| 50 Ma 32.70 510                  | 50 Esp 35.60 507    | 50 Li 31.35 507         | 100 Li 1:08.84 494  |   |
| 200 Est 2:58.85 486              | 100 Esp 1:18.87 454 | 200 Est 3:02.27 426     |                     |   |
| 7. LAJO GUERRA, Andrea           | 01                  | C.N. Palencia           | 3324                | 6 |
| 100 Esp 1:10.05 648              | 200 Est 2:43.17 594 | 200 Est 2:47.43 549     | 100 Esp 1:15.03 527 |   |
| 100 Li 1:08.44 503               | 200 Li 2:28.35 503  |                         |                     |   |
| 8. FERNANDEZ VEGA, Marina        | 02                  | C.D.N. Zamora           | 2737                | 8 |
| 100 Li 1:13.39 467               | 50 Li 33.18 449     | 50 Li 34.24 389         | 50 Esp 42.44 299    |   |
| 50 Br 47.37 296                  | 50 Esp 42.02 292    | 50 Br 46.55 281         | 50 Ma 40.70 264     |   |
| 9. PELAEZ GOMEZ, Ana             | 01                  | C.D.N. Zamora           | 2531                | 6 |
| 50 Br 40.23 484                  | 200 Li 2:42.15 453  | 100 Br 1:33.25 433      | 50 Br 40.56 425     |   |
| 100 Br 1:32.45 377               | 200 Li 2:45.90 359  |                         |                     |   |
| 10. ANGON MARTÍN, Celia          | 05                  | C.Acuatico Salamanca    | 2300                | 6 |
| 50 Li 32.35 461                  | 50 Li 33.54 414     | 100 Li 1:13.20 411      | 50 Ma 35.47 400     |   |
| 50 Ma 36.62 363                  | 50 Esp 44.16 251    |                         |                     |   |



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|                                       |                    |                        |                    |   |
|---------------------------------------|--------------------|------------------------|--------------------|---|
| 18. PEDRAZA DE FRUTOS, Angela         | 04                 | CD Upstream            | 1565               | 6 |
| 50 Li 36.88 311                       | 50 Li 37.84 288    | 100 Li 1:24.26 269     | 200 Li 3:03.50 265 |   |
| 100 Br 1:49.52 227                    | 100 Br 1:53.17 205 |                        |                    |   |
| 22. MERAYO GARCÍA, Alba               | 04                 | C.N. Bierzo-Ponferrada | 1296               | 6 |
| 50 Li 36.94 309                       | 100 Br 1:43.55 268 | 50 Br 49.37 235        | 50 Li 42.15 208    |   |
| 50 Esp 52.96 145                      | 50 Ma 51.38 131    |                        |                    |   |
| 31. VASQUEZ MOGOLLON, Laura Valentina | 02                 | C.D. Tizona Burgos     | 573                | 7 |
| 50 Br 57.88 146                       | 50 Li 50.47 121    | 100 Li 2:00.38 92      | 50 Li 56.14 88     |   |
| 50 Ma 1:04.20 67                      | 50 Ma 1:07.05 59   | 50 Li -                |                    |   |

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|                              |                     |                        |                     |   |
|------------------------------|---------------------|------------------------|---------------------|---|
| 1. MERAYO YECORA, Eva        | 99                  | C.N. Bierzo-Ponferrada | 4786                | 8 |
| 50 Esp 32.28 680             | 100 Esp 1:09.14 674 | 50 Esp 32.10 655       | 100 Esp 1:12.35 588 |   |
| 100 Esp 1:14.48 565          | 200 Esp 2:38.87 552 | 200 Esp 2:43.58 539    | 50 Ma 32.24 533     |   |
| 50 Br 40.88 461              | 50 Br 39.76 451     |                        |                     |   |
| 2. BLAZQUEZ JIMENEZ, Julia   | 99                  | C.N. Ciudad De Avila   | 3293                | 8 |
| 200 Est 3:03.37 451          | 100 Est 1:21.47 436 | 100 Esp 1:22.51 416    | 50 Ma 35.02 415     |   |
| 200 Li 2:47.12 414           | 50 Ma 35.52 406     | 50 Li 34.26 388        | 50 Esp 38.92 367    |   |
| 50 Br 44.38 324              |                     |                        |                     |   |
| 3. COTOS SUAREZ, Ana         | 97                  | C.Acuatico Salamanca   | 3024                | 8 |
| 50 Ma 33.43 478              | 50 Li 32.06 474     | 400 Li 5:32.44 444     | 200 Li 2:34.73 443  |   |
| 50 Ma 34.55 433              | 50 Br 41.31 402     | 50 Esp 39.54 350       | 50 Br -             |   |
| 4. SERRANO ARRANZ, Lucia     | 97                  | C.N. Madrid Moscardo   | 2853                | 7 |
| 50 Li 31.71 490              | 200 Est 3:01.55 431 | 50 Esp 37.08 425       | 200 Esp 2:53.54 423 |   |
| 200 Li 2:37.84 417           | 50 Ma 37.29 344     | 50 Br 44.45 323        |                     |   |
| 5. GONZALEZ FIERRO, Julia    | 99                  | C.N. Bierzo-Ponferrada | 2781                | 8 |
| 200 Br 3:32.71 367           | 100 Est 1:26.53 364 | 100 Br 1:34.43 354     | 200 Br 3:29.74 353  |   |
| 400 Li 6:01.64 345           | 50 Ma 37.62 335     | 100 Br 1:36.44 332     | 400 Li 6:06.50 331  |   |
| 50 Li 36.16 330              | 50 Br 44.22 328     | 50 Ma 38.27 325        | 50 Li 36.61 318     |   |
| 200 Li 2:52.95 317           | 50 Br 44.74 316     | 400 Li 6:21.55 311     | 50 Ma 38.88 303     |   |
| 50 Esp 41.69 299             | 50 Esp 41.88 295    | 100 Esp 1:32.83 292    |                     |   |
| 6. CALVO ORTEGA, Silvia      | 97                  | C.N. Palencia          | 2452                | 8 |
| 200 Esp 3:08.78 329          | 50 Esp 41.49 320    | 100 Esp 1:28.61 320    | 200 Esp 3:17.44 306 |   |
| 50 Esp 41.37 306             | 50 Li 38.08 297     | 100 Esp 1:32.55 294    | 50 Li 38.21 280     |   |
| 7. GONZALEZ ORALLO, Cristina | 98                  | C.N. Bierzo-Ponferrada | 2335                | 8 |
| 400 Li 6:10.92 320           | 200 Br 3:47.60 299  | 400 Li 6:21.12 295     | 400 Li 6:30.21 291  |   |
| 50 Br 46.32 285              | 50 Li 38.05 283     | 50 Br 48.15 282        | 100 Li 1:23.15 280  |   |
| 50 Ma 40.05 278              | 50 Li 38.70 269     | 50 Ma 41.16 261        | 50 Br 48.58 247     |   |
| 50 Esp 45.74 226             | 50 Ma 44.39 204     |                        |                     |   |



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|---------------------------|--------------------|---------------------|---------------------|---|
| 9. MARIN PORTUGAL, Jimena | 97                 | C.D. Tizona Burgos  | 2240                | 6 |
| 200 Est 3:04.70 442       | 50 Ma 36.31 380    | 100 Esp 1:24.01 375 | 100 Esp 1:25.44 374 |   |
| 100 Ma 1:23.56 370        | 200 Ma 3:13.87 299 |                     |                     |   |

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|-----------------------------|---------------------|---------------------|------------------|---|
| 19. BARBON ZAPICO, Jennifer | 99                  | C.D. Tizona Burgos  | 1156             | 8 |
| 50 Li 47.04 157             | 50 Esp 52.07 153    | 50 Esp 52.26 151    | 50 Li 46.90 151  |   |
| 50 Li 47.93 141             | 50 Li 48.02 141     | 400 Li 8:17.76 132  | 50 Esp 56.03 130 |   |
| 200 Li 4:08.28 126          | 100 Est 2:08.50 111 | 200 Esp 4:37.79 110 | 50 Br 1:06.15 98 |   |
| 50 Br 1:06.45 96            | 50 Ma 59.73 83      | 50 Ma 1:01.93 75    |                  |   |

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|                       |                     |                 |                  |   |
|-----------------------|---------------------|-----------------|------------------|---|
| 1. POMAR SOLANA, Sara | 95                  | C.D.N. Zamora   | 4960             | 8 |
| 100 Est 1:10.90 685   | 100 Br 1:20.13 669  | 50 Br 36.52 632 | 50 Ma 31.57 602  |   |
| 200 Br 2:56.37 602    | 200 Est 2:38.60 601 | 50 Br 37.38 589 | 50 Ma 31.97 580  |   |
| 100 Ma 1:10.93 569    | 50 Li 30.40 567     | 50 Li 30.60 556 | 50 Esp 33.88 530 |   |
| 50 Esp 34.67 495      |                     |                 |                  |   |

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| 2. DIEZ FERNANDEZ, Marta | 95                 | Natacion Sevilla Master, C.D. | 4223             | 8 |
| 50 Br 35.78 672          | 100 Br 1:20.96 649 | 200 Br 2:59.43 571            | 50 Li 30.45 564  |   |
| 50 Ma 33.15 520          | 100 Li 1:11.84 454 | 100 Ma 1:19.98 397            | 50 Esp 37.35 396 |   |

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| 3. RUIZ IAÑEZ, Isabel Maria | 95                 | C.D.N. Zamora       | 4129             | 8 |
| 50 Li 29.98 591             | 50 Ma 31.83 588    | 100 Est 1:16.14 553 | 50 Ma 32.97 529  |   |
| 100 Li 1:08.90 501          | 100 Ma 1:16.74 473 | 200 Li 2:36.82 456  | 50 Esp 36.10 438 |   |
| 50 Br 41.81 421             |                    |                     |                  |   |

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| 4. APORTA DEL TESO, Eva | 91              | C.D.N. Zamora   | 4065                | 8 |
| 50 Li 30.72 588         | 50 Ma 33.05 574 | 50 Li 30.48 563 | 100 Est 1:17.17 531 |   |
| 100 Li 1:09.80 495      | 50 Ma 34.40 466 | 50 Br 41.40 434 | 200 Li 2:44.15 414  |   |
| 50 Esp 37.92 378        |                 |                 |                     |   |

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| 5. SADORNIL GUTIERREZ, Ana Marta | 91                  | C.N. Palencia      | 2869                | 8 |
| 50 Br 42.69 429                  | 50 Br 42.58 399     | 100 Br 1:31.06 397 | 100 Br 1:36.23 386  |   |
| 100 Br 1:34.92 351               | 200 Br 3:32.96 342  | 200 Br 3:36.40 313 | 200 Est 3:31.95 252 |   |
| 200 Est 3:30.99 252              | 200 Est 3:33.14 245 |                    |                     |   |

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| 7. LAZARO PRIETO, Cristina | 91                  | C.D.N. Zamora       | 2650             | 8 |
| 50 Li 34.94 373            | 50 Li 34.98 372     | 50 Li 36.19 336     | 50 Ma 38.56 330  |   |
| 100 Est 1:30.49 329        | 50 Li 37.04 313     | 50 Ma 39.46 308     | 50 Ma 40.32 289  |   |
| 50 Br 47.63 285            | 50 Ma 40.75 280     | 100 Li 1:24.58 278  | 50 Br 48.43 271  |   |
| 50 Esp 42.68 265           | 100 Esp 1:35.31 260 | 100 Esp 1:38.35 247 | 50 Esp 44.24 238 |   |
| 200 Est 3:40.34 224        | 200 Li 3:21.22 224  | 200 Esp 3:39.27 217 |                  |   |

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| 8. PAJUELO CAÑAS, Sara Dacil | 95                  | C.D. Tizona Burgos  | 2477            | 8 |
| 50 Li 35.17 366              | 50 Li 36.17 360     | 50 Li 36.50 327     | 50 Br 46.31 310 |   |
| 50 Br 47.93 303              | 100 Br 1:47.38 278  | 100 Est 1:36.65 270 | 50 Ma 41.59 263 |   |
| 50 Esp 43.96 242             | 100 Esp 1:40.03 225 | 100 Li 1:33.10 208  |                 |   |



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|                         |                     |                     |                    |   |
|-------------------------|---------------------|---------------------|--------------------|---|
| 9. BLANCO APARICIO, Ana | 95                  | Casino De La Union  | 2375               | 8 |
| 50 Li 35.99 342         | 100 Est 1:31.91 314 | 100 Br 1:44.15 304  | 100 Br 1:39.55 304 |   |
| 200 Est 3:18.87 301     | 50 Br 47.60 285     | 400 Est 7:38.58 269 | 50 Ma 41.95 256    |   |
| 100 Esp 1:38.56 246     | 50 Esp 45.69 216    | 200 Ma 4:08.80 154  |                    |   |

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|-------------------------|---------------------|----------------------------|---------------------|---|
| 12. LÓPEZ GARCÍA, Marta | 95                  | C.D. Jerez Natacion Master | 1797                | 8 |
| 50 Li 36.95 316         | 100 Li 1:24.31 281  | 200 Li 3:07.80 276         | 100 Est 1:42.39 227 |   |
| 50 Br 54.47 190         | 100 Esp 1:49.46 179 | 200 Est 4:01.04 171        | 50 Esp 50.76 157    |   |
| 50 Ma 53.23 125         | 200 Ma 4:36.07 112  |                            |                     |   |

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|                          |                 |                     |                     |   |
|--------------------------|-----------------|---------------------|---------------------|---|
| 1. FERNANDEZ PEREZ, Sara | 87              | C.D. Tizona Burgos  | 3706                | 8 |
| 200 Est 2:57.66 500      | 50 Li 33.01 487 | 100 Est 1:20.92 475 | 200 Est 2:56.62 473 |   |
| 50 Li 32.40 464          | 50 Ma 35.30 462 | 50 Ma 35.44 456     | 50 Br 42.79 389     |   |
| 100 Br 1:36.96 383       | 50 Br 43.30 379 | 50 Esp 41.73 290    |                     |   |

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| 2. RODRIGUEZ FERNANDEZ, Ana | 87                  | C.N. Leon           | 3575               | 8 |
| 50 Li 33.35 472             | 100 Li 1:13.73 471  | 50 Ma 35.56 460     | 50 Li 32.52 459    |   |
| 50 Ma 35.67 447             | 50 Li 33.32 427     | 50 Li 33.44 422     | 50 Ma 36.51 417    |   |
| 50 Ma 36.86 405             | 100 Est 1:25.57 402 | 200 Li 2:50.43 399  | 400 Li 5:54.31 394 |   |
| 50 Ma 37.43 387             | 200 Li 2:51.76 368  | 200 Esp 3:10.29 344 | 50 Esp 39.63 338   |   |
| 50 Esp 40.03 328            | 50 Br 47.35 287     | 50 Br 47.74 280     |                    |   |

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|---------------------------|--------------------|--------------------|--------------------|---|
| 3. CARRANZA MARTIN, Paula | 90                 | C.D. Tizona Burgos | 3053               | 8 |
| 100 Li 1:16.00 430        | 50 Li 34.74 418    | 400 Li 5:58.82 408 | 200 Li 2:49.31 407 |   |
| 400 Li 6:08.77 350        | 100 Li 1:18.06 348 | 50 Li 35.69 347    | 200 Li 2:55.40 345 |   |

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| 4. PRIETO BELVER, Lidia | 87                  | C.D.N. Zamora       | 2028                | 8 |
| 400 Li 6:43.98 266      | 50 Li 39.38 258     | 50 Br 49.13 257     | 50 Br 49.22 255     |   |
| 50 Li 39.71 252         | 100 Br 1:51.58 251  | 50 Br 49.73 248     | 50 Li 40.32 241     |   |
| 200 Br 4:10.14 239      | 100 Est 1:42.86 231 | 200 Esp 3:47.03 225 | 200 Esp 3:42.45 215 |   |
| 100 Esp 1:43.63 211     | 100 Esp 1:44.93 191 | 50 Esp 48.00 190    | 50 Esp 48.38 186    |   |
| 50 Esp 50.50 163        | 50 Ma 50.06 162     | 50 Ma 52.22 142     |                     |   |

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|------------------------|--------------------|---------------------|---------------------|---|
| 5. ARIAS GAMAZO, Ester | 90                 | C.D.N. Zamora       | 1873                | 8 |
| 50 Li 40.64 261        | 200 Br 3:57.91 253 | 50 Li 39.95 248     | 100 Est 1:43.25 229 |   |
| 50 Br 51.21 227        | 50 Br 51.24 226    | 50 Br 52.23 216     | 50 Esp 47.92 213    |   |
| 50 Esp 47.69 194       | 50 Esp 48.78 181   | 200 Esp 3:59.34 173 | 50 Ma 50.19 160     |   |



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|                                 |                     |                     |                     |   |
|---------------------------------|---------------------|---------------------|---------------------|---|
| 1. RODRIGUEZ SANCHEZ, Laura     | 81                  | C.N. Cuatro Caminos | <b>3798</b>         | 8 |
| 50 Ma 34.41 549                 | 200 Est 3:01.20 512 | 50 Li 32.75 501     | 100 Br 1:31.79 488  |   |
| 100 Est 1:22.30 474             | 50 Br 42.04 447     | 400 Est 6:52.97 422 | 200 Br 3:34.02 405  |   |
| 100 Br 1:35.38 394              | 200 Est 3:09.75 394 | 50 Esp 39.99 375    |                     |   |
| 2. LOSANTOS PRIETO, Esther      | 83                  | C.D. Tizona Burgos  | <b>3786</b>         | 7 |
| 100 Esp 1:15.69 582             | 50 Esp 34.66 577    | 100 Est 1:17.48 568 | 50 Ma 34.26 557     |   |
| 100 Br 1:25.94 539              | 50 Br 40.52 499     | 50 Li 33.60 464     |                     |   |
| 3. VAZQUEZ FERNANDEZ, Begoña    | 83                  | C.N. Cuatro Caminos | <b>3630</b>         | 8 |
| 200 Li 2:40.41 523              | 50 Li 32.74 501     | 100 Li 1:13.23 497  | 100 Est 1:21.99 479 |   |
| 200 Esp 3:09.17 433             | 50 Br 43.56 402     | 100 Esp 1:27.87 399 | 50 Esp 39.27 396    |   |
| 50 Ma 38.85 382                 |                     |                     |                     |   |
| 4. ALONSO NAVARRO, Maria Teresa | 81                  | C.D.N. Zamora       | <b>3169</b>         | 8 |
| 50 Li 33.29 477                 | 50 Li 33.87 475     | 50 Ma 37.98 416     | 50 Li 35.12 406     |   |
| 50 Ma 39.01 377                 | 50 Esp 40.88 351    | 100 Esp 1:32.88 338 | 200 Esp 3:27.30 329 |   |
| 200 Est 3:22.98 322             | 100 Esp 1:33.10 313 | 50 Esp 42.60 310    | 50 Br 48.77 286     |   |
| 5. BLANCO VECILLA, Patricia     | 84                  | C.D.N. Zamora       | <b>2932</b>         | 8 |
| 200 Br 3:34.37 403              | 100 Est 1:27.15 399 | 50 Li 35.47 394     | 50 Br 43.89 393     |   |
| 50 Ma 39.28 369                 | 50 Br 45.81 354     | 200 Est 3:27.82 339 | 50 Esp 44.03 281    |   |
| 50 Ma 43.70 273                 |                     |                     |                     |   |
| 9. REDONDO ENRIQUEZ, Anabella   | 85                  | C.D.N. Zamora       | <b>1207</b>         | 8 |
| 100 Br 2:09.34 174              | 50 Br 58.07 174     | 50 Li 47.58 171     | 50 Br 58.51 166     |   |
| 50 Li 49.62 144                 | 100 Li 1:51.88 139  | 100 Est 2:04.94 135 | 50 Esp 1:01.22 104  |   |
| 50 Ma 1:00.71 100               |                     |                     |                     |   |
| 13. MARTINEZ RODRIGUEZ, Raquel  | 83                  | CD Upstream         | <b>1051</b>         | 6 |
| 200 Li 3:30.19 232              | 100 Li 1:38.72 203  | 100 Li 1:41.23 179  | 50 Esp 55.41 152    |   |
| 100 Esp 2:01.73 150             | 50 Esp 56.14 135    |                     |                     |   |

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|                               |                     |                    |                     |   |
|-------------------------------|---------------------|--------------------|---------------------|---|
| 1. SAMANIEGO MIGUÉLEZ, Paloma | 78                  | CD Upstream        | <b>4183</b>         | 8 |
| 50 Li 31.48 582               | 50 Li 32.00 554     | 50 Ma 35.20 532    | 50 Br 40.90 525     |   |
| 50 Li 32.61 523               | 50 Br 41.66 497     | 50 Ma 36.29 485    | 100 Est 1:23.49 485 |   |
| 50 Esp 39.03 432              | 200 Est 3:07.06 412 | 50 Esp 39.73 410   |                     |   |
| 2. HERAS VIDAURRE, Elena      | 77                  | C.D. Tizona Burgos | <b>3493</b>         | 8 |
| 50 Br 42.53 491               | 50 Br 42.59 465     | 50 Li 34.37 463    | 100 Br 1:35.50 434  |   |
| 50 Li 34.91 427               | 50 Li 35.43 408     | 50 Ma 38.54 405    | 100 Li 1:17.87 400  |   |
| 100 Est 1:30.39 382           | 50 Ma 40.88 339     | 50 Esp 45.21 278   |                     |   |



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|---------------------------------------------------|---------------------|----------------------------|---------------------|---|
| 3. DE PRADO ESCRIBANO, Maria                      | 79                  | C.N. Palencia              | 2921                | 8 |
| 50 Br 44.97 415                                   | 50 Br 45.05 393     | 100 Br 1:39.27 386         | 50 Br 45.55 380     |   |
| 100 Br 1:38.76 365                                | 200 Br 3:36.64 364  | 200 Br 3:44.10 363         | 50 Li 41.41 255     |   |
| 100 Est 1:46.23 235                               | 200 Est 3:53.39 212 | 200 Est 3:58.22 208        | 50 Ma 52.02 164     |   |
| 50 Esp 55.57 149                                  |                     |                            |                     |   |
| 4. PLAZA LASTRAS, Isabel                          | 80                  | Casino De La Union         | 2778                | 8 |
| 50 Li 35.89 393                                   | 100 Esp 1:32.37 382 | 400 Est 7:16.55 371        | 100 Est 1:31.54 368 |   |
| 200 Est 3:22.32 326                               | 400 Est 7:18.98 320 | 100 Esp 1:35.27 309        | 200 Esp 3:24.19 309 |   |
| 50 Esp 43.80 306                                  | 100 Esp 1:35.62 306 | 200 Est 3:30.43 303        | 200 Est 3:27.32 303 |   |
| 50 Br 51.19 268                                   | 50 Ma 44.68 260     | 200 Ma 3:45.85 254         | 200 Ma 3:50.66 245  |   |
| 5. HERNÁNDEZ ARRIBAS, Susana                      | 76                  | C.D.N. Zamora              | 2736                | 8 |
| 200 Br 3:38.13 394                                | 200 Br 3:36.34 366  | 100 Br 1:42.03 356         | 50 Br 47.91 343     |   |
| 100 Br 1:41.63 335                                | 100 Br 1:42.91 323  | 50 Br 48.69 311            | 50 Br 48.83 308     |   |
| 50 Br 49.87 290                                   | 50 Li 43.13 226     | 400 Li 7:21.57 215         | 100 Li 1:36.37 211  |   |
| 100 Est 1:50.67 208                               | 50 Li 44.54 205     | 50 Li 45.63 191            | 50 Esp 56.78 140    |   |
| 50 Esp 56.98 139                                  | 50 Ma 58.44 116     | 50 Ma 1:00.91 102          |                     |   |
| 6. GONZÁLEZ DE LA FUENTE, M <sup>a</sup> Carolina | 77                  | CD Upstream                | 2676                | 8 |
| 50 Br 45.12 411                                   | 50 Br 45.04 393     | 50 Li 37.25 351            | 100 Br 1:44.51 331  |   |
| 200 Li 3:12.11 310                                | 50 Li 39.08 304     | 100 Br 1:45.03 304         | 100 Est 1:41.24 272 |   |
| 50 Ma 51.22 172                                   | 50 Esp 54.55 158    | 200 Est -                  |                     |   |
| 7. VELA GARCÍA, Silvia                            | 78                  | C.D.N. Zamora              | 2611                | 8 |
| 200 Li 3:04.28 351                                | 50 Li 38.10 328     | 400 Li 6:24.86 325         | 200 Li 3:03.26 324  |   |
| 50 Li 38.30 323                                   | 400 Li 6:26.65 321  | 50 Li 38.43 320            | 50 Li 38.44 319     |   |
| 400 Li 6:46.73 294                                | 100 Esp 1:45.93 253 | 200 Esp 3:54.81 230        | 100 Est 1:48.14 223 |   |
| 50 Esp 49.05 217                                  | 50 Esp 50.47 200    | 50 Ma 49.92 186            | 50 Br 57.74 186     |   |
| 50 Br 57.88 185                                   | 50 Ma 50.21 183     | 100 Li -                   |                     |   |
| 8. MORA ESPINO, Mercedes                          | 79                  | C.D. Jerez Natacion Master | 2587                | 7 |
| 50 Br 43.43 461                                   | 50 Br 44.09 419     | 100 Br 1:37.55 379         | 100 Li 1:19.95 370  |   |
| 200 Li 3:01.74 332                                | 50 Ma 41.38 323     | 200 Est 3:27.22 303        |                     |   |
| 9. GUTIERREZ ROMERO, Beatriz                      | 80                  | CD Upstream                | 1956                | 8 |
| 50 Br 52.25 264                                   | 200 Br 4:14.23 249  | 400 Li 7:09.94 249         | 400 Li 7:00.60 249  |   |
| 50 Br 52.74 245                                   | 50 Br 52.86 243     | 100 Br 1:56.41 239         | 50 Li 43.62 218     |   |
| 50 Li 43.71 217                                   | 100 Est 1:51.92 201 | 50 Esp 54.72 157           | 50 Ma 54.49 143     |   |
| 50 Ma 55.48 135                                   |                     |                            |                     |   |
| 11. MASTROPIETRO ACEVEDO, Gioanna Alejand80       |                     | C.N. Leon                  | 1791                | 6 |
| 50 Li 37.75 337                                   | 50 Li 38.38 332     | 100 Li 1:24.57 320         | 50 Ma 43.34 285     |   |
| 50 Ma 44.03 272                                   | 50 Ma 45.38 245     |                            |                     |   |
| 12. TORIO MATEOS, Silvia                          | 77                  | C.D.N. Zamora              | 1394                | 8 |
| 50 Br 53.50 234                                   | 50 Br 54.59 221     | 50 Br 56.66 207            | 50 Li 45.62 191     |   |
| 50 Li 46.83 183                                   | 50 Li 49.07 153     | 50 Esp 1:00.93 113         | 50 Esp 1:08.58 92   |   |
| 50 Esp 1:05.68 90                                 | 100 Br -            |                            |                     |   |



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|                          |                     |                        |                     |   |
|--------------------------|---------------------|------------------------|---------------------|---|
| 13. GARCIA MARTINEZ, Eva | 80                  | C.N. Bierzo-Ponferrada | 1248                | 8 |
| 50 Li 44.39 207          | 50 Li 46.12 185     | 200 Li 3:54.63 170     | 100 Li 1:46.41 156  |   |
| 50 Ma 55.21 137          | 100 Esp 2:05.27 136 | 100 Esp 2:11.69 131    | 50 Esp 58.78 126    |   |
| 50 Esp 59.91 119         | 200 Li 4:15.53 119  | 50 Ma 58.66 115        | 100 Esp 2:12.56 114 |   |
| 50 Ma 59.01 113          | 50 Esp 1:01.47 110  | 50 Br 1:10.55 102      | 50 Ma 1:01.24 101   |   |
| 50 Ma 1:01.84 96         | 50 Br -             |                        |                     |   |

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|                                  |                     |                        |                     |   |
|----------------------------------|---------------------|------------------------|---------------------|---|
| 1. ALVAREZ GAGO, Marta           | 73                  | S.D. Venatoria         | 4840                | 8 |
| 200 Br 3:05.00 705               | 100 Br 1:26.07 634  | 100 Br 1:28.09 628     | 50 Br 40.17 616     |   |
| 100 Est 1:19.04 610              | 50 Br 40.13 606     | 50 Ma 35.45 544        | 50 Li 33.16 497     |   |
| 50 Li 33.34 489                  | 50 Esp 39.05 465    |                        |                     |   |
| 2. ALVAREZ DURANGO, Eva          | 71                  | S.D. Venatoria         | 3656                | 8 |
| 50 Li 32.80 513                  | 50 Li 34.28 493     | 50 Li 33.31 490        | 50 Esp 41.08 454    |   |
| 100 Li 1:18.63 453               | 100 Esp 1:27.55 426 | 50 Esp 40.50 417       | 100 Esp 1:31.33 410 |   |
| 100 Esp 1:30.22 389              | 200 Esp 3:20.71 356 |                        |                     |   |
| 3. VALLE MUÑOZ, Maria Almudena   | 72                  | C.N. Alcobendas        | 2701                | 7 |
| 50 Li 34.65 435                  | 50 Ma 38.73 417     | 50 Li 35.83 394        | 50 Br 47.14 373     |   |
| 100 Est 1:33.23 371              | 100 Ma 1:33.15 361  | 50 Esp 42.95 350       |                     |   |
| 6. SANCHEZ ANDRES, Olga          | 73                  | C.N. Palencia          | 2132                | 8 |
| 50 Br 49.77 317                  | 100 Br 1:50.11 302  | 50 Br 51.00 295        | 200 Br 4:03.82 290  |   |
| 200 Br 4:22.32 247               | 100 Est 1:49.41 230 | 50 Li 42.95 228        | 200 Est 4:02.79 223 |   |
| 50 Esp 52.26 220                 | 200 Est 4:04.99 217 | 100 Esp 1:54.77 206    | 50 Esp 51.27 205    |   |
| 50 Esp 52.11 196                 | 200 Est 4:21.30 193 | 50 Ma 58.38 121        |                     |   |
| 9. CARAZO GARCIA, Sandra         | 72                  | C.N. Palencia          | 1545                | 6 |
| 400 Li 6:24.64 360               | 400 Est 8:05.01 263 | 200 Ma 3:58.51 239     | 200 Ma 4:00.20 234  |   |
| 100 Ma 1:48.54 228               | 50 Ma 47.85 221     |                        |                     |   |
| 12. PEREZ CASTREJON, Sara        | 71                  | C.D. Tizona Burgos     | 1261                | 6 |
| 50 Br 53.18 265                  | 200 Li 3:35.93 234  | 200 Est 4:04.01 220    | 200 Est 4:17.27 202 |   |
| 50 Ma 49.30 202                  | 50 Ma 56.23 138     |                        |                     |   |
| 13. HERAS GONZÁLEZ, Maria Esther | 71                  | C.N. Bierzo-Ponferrada | 1121                | 8 |
| 50 Li 51.33 146                  | 50 Br 1:04.55 145   | 400 Li 8:43.40 143     | 50 Br 1:05.80 140   |   |
| 50 Li 50.56 140                  | 100 Li 1:57.07 137  | 50 Br 1:05.93 136      | 100 Li 1:54.16 134  |   |
| 50 Li 51.99 129                  | 50 Li 52.31 126     | 50 Li 52.41 125        | 50 Br 1:08.41 122   |   |
| 100 Est 2:35.68 79               | 50 Esp 1:19.54 55   | 50 Ma 1:17.94 51       | 50 Ma 1:18.52 50    |   |
| 50 Ma 1:20.69 46                 | 50 Esp 1:26.91 42   |                        |                     |   |
| 14. LUCAS COCHO, Marta           | 74                  | C.D.N. Zamora          | 1098                | 8 |
| 400 Li 7:56.42 204               | 200 Li 3:56.70 178  | 100 Li 1:50.08 165     | 50 Li 52.56 124     |   |
| 50 Li 53.92 115                  | 50 Br 1:11.49 107   | 50 Ma 1:01.66 103      | 50 Esp 1:04.62 102  |   |
| 100 Esp 2:25.36 101              | 50 Esp 1:08.18 87   |                        |                     |   |



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|                                 |                    |                    |                    |   |
|---------------------------------|--------------------|--------------------|--------------------|---|
| 16. CRESPO FERNANDEZ, Margarita | 71                 | C.N. Leon          | 969                | 8 |
| 50 Br 1:03.54 152               | 100 Br 2:22.67 139 | 50 Li 51.10 135    | 50 Esp 1:01.81 117 |   |
| 50 Li 53.76 116                 | 50 Li 53.91 115    | 50 Esp 1:03.73 107 | 100 Li 2:11.29 88  |   |

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|                                              |                     |                     |                     |   |
|----------------------------------------------|---------------------|---------------------|---------------------|---|
| 1. RODRÍGUEZ NIDAGUILA, M <sup>a</sup> Mar   | 69                  | C.D. Tizona Burgos  | 3621                | 7 |
| 100 Br 1:29.84 638                           | 50 Br 41.72 598     | 100 Est 1:23.68 562 | 100 Esp 1:25.24 489 |   |
| 50 Ma 38.09 459                              | 50 Li 35.87 446     | 50 Esp 39.92 429    |                     |   |
| 2. SANJUÁN MOYANO, Ana Maria                 | 69                  | C.N. Palencia       | 3510                | 8 |
| 100 Br 1:38.49 533                           | 50 Br 44.35 497     | 50 Br 45.12 472     | 50 Br 45.12 472     |   |
| 100 Est 1:32.18 420                          | 50 Li 37.82 381     | 400 Est 7:33.99 358 | 200 Est 3:29.11 352 |   |
| 50 Ma 42.73 325                              | 50 Ma 44.48 288     | 50 Esp 49.45 270    | 100 Esp 1:46.19 253 |   |
| 50 Esp 48.20 244                             |                     |                     |                     |   |
| 3. ALONSO PRIETO, Ines                       | 69                  | S.D. Venatoria      | 2860                | 8 |
| 50 Li 38.31 387                              | 200 Li 3:04.85 377  | 50 Li 38.06 373     | 100 Li 1:24.27 372  |   |
| 50 Li 38.15 371                              | 400 Li 6:38.93 358  | 400 Li 6:33.18 351  | 100 Esp 1:47.67 271 |   |
| 200 Esp 3:45.94 265                          | 50 Esp 49.81 264    |                     |                     |   |
| 4. FERNANDEZ LEBRATO, M <sup>a</sup> Angeles | 70                  | C.D. Tizona Burgos  | 2683                | 8 |
| 50 Li 36.94 432                              | 100 Li 1:26.36 367  | 50 Li 39.21 341     | 50 Li 39.45 335     |   |
| 50 Br 51.94 321                              | 100 Li 1:30.23 303  | 50 Ma 45.72 294     | 200 Li 3:21.73 290  |   |
| 50 Ma 48.45 223                              | 100 Esp 1:51.75 217 |                     |                     |   |
| 5. RODRIGUEZ GONZALEZ, Maria                 | 70                  | S.D. Venatoria      | 2441                | 7 |
| 50 Br 47.30 410                              | 100 Br 1:48.01 404  | 50 Br 48.87 386     | 100 Br 1:47.41 373  |   |
| 200 Br 3:57.93 345                           | 50 Li 42.67 280     | 50 Esp 51.20 243    |                     |   |
| 7. ANDRÉS GONZÁLEZ, Ana Maria                | 70                  | C.N. Palencia       | 1530                | 8 |
| 50 Li 44.20 252                              | 200 Li 3:45.66 220  | 100 Li 1:42.34 220  | 50 Li 46.99 198     |   |
| 200 Li 3:50.60 194                           | 100 Li 1:45.39 190  | 50 Ma 58.69 139     | 50 Ma 59.97 117     |   |
| 8. ORTEGA ABIA, Susana                       | 69                  | C.N. Palencia       | 1485                | 8 |
| 200 Br 4:44.33 242                           | 200 Br 4:45.20 200  | 200 Esp 4:21.97 194 | 100 Esp 2:03.06 181 |   |
| 200 Est 4:25.75 171                          | 50 Esp 57.89 168    | 100 Esp 2:01.65 168 | 200 Esp 4:26.83 161 |   |
| 100 Esp 2:06.73 148                          | 50 Esp 59.09 132    |                     |                     |   |
| 9. GARCIA TARRERO, Emma                      | 70                  | C.N. Palencia       | 1469                | 8 |
| 200 Li 3:48.75 199                           | 50 Li 46.97 198     | 100 Li 1:44.11 197  | 200 Li 3:56.65 190  |   |
| 100 Li 1:48.34 186                           | 400 Li 8:07.03 184  | 400 Li 8:19.60 182  | 100 Esp 2:16.35 133 |   |
| 10. HIDALGO MARTINEZ, Rosa                   | 68                  | C.N. Leon           | 1447                | 8 |
| 50 Li 47.54 203                              | 50 Li 47.63 190     | 50 Li 48.08 185     | 400 Li 8:16.72 185  |   |
| 50 Li 48.29 183                              | 100 Est 2:03.93 173 | 50 Br 1:03.73 167   | 50 Br 1:04.51 161   |   |
| 50 Ma 54.26 158                              | 200 Est 4:36.45 152 | 50 Ma 55.22 150     | 100 Esp 2:13.72 141 |   |
| 200 Esp 4:39.86 139                          | 50 Esp 1:02.39 112  | 50 Esp 1:05.24 98   |                     |   |



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|                                   |                    |                    |                 |   |
|-----------------------------------|--------------------|--------------------|-----------------|---|
| 11. RODRIGUEZ ROMERO, Maria Elena | 68                 | C.N. Palencia      | 1340            | 6 |
| 50 Br 54.20 283                   | 100 Br 2:01.58 283 | 100 Br 2:04.37 240 | 50 Br 56.87 236 |   |
| 50 Li 51.41 160                   | 50 Li 53.06 138    |                    |                 |   |

|                           |                    |                    |                    |   |
|---------------------------|--------------------|--------------------|--------------------|---|
| 13. FUERTES ZAPATA, Maria | 70                 | C.D. Tizona Burgos | 1123               | 8 |
| 200 Li 4:08.38 165        | 400 Li 8:51.92 151 | 400 Li 8:42.13 149 | 400 Li 8:47.45 145 |   |
| 200 Li 4:21.25 133        | 100 Li 1:59.94 129 | 50 Li 54.60 126    | 100 Li 2:03.43 125 |   |
| 50 Li 57.97 111           | 50 Br 1:19.19 87   |                    |                    |   |

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|                                            |                    |                  |                 |   |
|--------------------------------------------|--------------------|------------------|-----------------|---|
| 1. HERNANDEZ MARTIN, M <sup>a</sup> Isabel | 65                 | CD Upstream      | 3076            | 8 |
| 100 Br 1:49.04 441                         | 200 Br 4:02.06 440 | 50 Br 49.22 439  | 50 Br 49.79 413 |   |
| 100 Br 1:49.68 395                         | 100 Li 1:33.42 318 | 50 Li 41.83 316  | 50 Li 41.90 314 |   |
| 100 Est 1:54.94 246                        | 50 Esp 53.95 226   | 50 Ma 1:08.48 94 |                 |   |

|                                |                 |                     |                     |   |
|--------------------------------|-----------------|---------------------|---------------------|---|
| 2. RODRÍGUEZ ROMERO, Ana Maria | 64              | C.N. Palencia       | 2169                | 8 |
| 50 Li 41.01 347                | 50 Ma 44.74 340 | 200 Est 4:00.99 318 | 200 Est 4:00.34 277 |   |
| 50 Li 44.19 268                | 50 Ma 49.75 217 | 100 Ma 2:01.33 209  | 100 Ma 2:02.65 193  |   |

|                                      |                     |                            |                    |   |
|--------------------------------------|---------------------|----------------------------|--------------------|---|
| 5. GARCÍA PALOMARES, María Del Pilar | 65                  | C.D. Jerez Natacion Master | 1179               | 8 |
| 50 Li 52.12 163                      | 100 Est 2:13.46 157 | 200 Est 5:06.25 155        | 200 Li 4:25.22 150 |   |
| 200 Ma 5:04.75 148                   | 50 Br 1:10.79 143   | 50 Ma 1:00.19 139          | 100 Ma 2:24.19 124 |   |
| 50 Esp 1:08.16 112                   | 50 Ma 1:02.25 110   |                            |                    |   |

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|                                        |                    |                    |                     |   |
|----------------------------------------|--------------------|--------------------|---------------------|---|
| 1. APELLANIZ ALBENIZ, Maria Inmaculada | 59                 | C.D. Tizona Burgos | 1974                | 8 |
| 50 Li 44.64 282                        | 50 Li 44.89 272    | 200 Li 3:47.04 262 | 50 Li 46.61 248     |   |
| 100 Li 1:43.39 241                     | 100 Li 1:44.98 236 | 50 Esp 55.18 221   | 100 Esp 2:02.44 212 |   |
| 100 Esp 2:02.79 210                    | 50 Esp 57.37 200   |                    |                     |   |

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|                              |                   |                    |                   |   |
|------------------------------|-------------------|--------------------|-------------------|---|
| 1. ARRIBAS PAMPLIEGA, Felisa | 53                | C.D. Tizona Burgos | 1003              | 8 |
| 100 Br 2:50.83 177           | 50 Br 1:14.82 172 | 100 Br 2:49.27 170 | 50 Br 1:16.64 165 |   |
| 100 Br 3:01.51 138           | 50 Li 1:15.77 65  | 50 Li 1:17.56 61   | 100 Li 2:54.54 55 |   |
| 50 Li 1:22.32 52             | 100 Li 3:00.03 50 |                    |                   |   |

|                                   |                     |                     |                   |   |
|-----------------------------------|---------------------|---------------------|-------------------|---|
| 2. DIEZ-ANDINO RUIZ, Carmen Elena | 51                  | C.D.N. Zamora       | 884               | 8 |
| 400 Li 10:34.29 129               | 200 Esp 5:39.02 120 | 200 Li 5:06.89 116  | 50 Li 1:04.45 106 |   |
| 100 Esp 2:41.02 106               | 50 Li 1:04.41 106   | 100 Esp 2:36.75 103 | 50 Li 1:06.21 98  |   |
| 100 Li 2:24.25 98                 | 100 Esp 2:39.33 98  | 50 Li 1:07.58 92    | 50 Esp 1:15.20 90 |   |
| 50 Esp 1:15.87 88                 | 50 Esp 1:17.86 81   | 100 Est 3:07.42 74  | 50 Br 1:40.67 73  |   |
| 50 Br 1:41.97 70                  | 50 Ma 2:02.06 21    | 50 Ma 2:08.79 18    |                   |   |



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|    |                                   |         |     |         |         |                    |        |         |     |        |         |     |
|----|-----------------------------------|---------|-----|---------|---------|--------------------|--------|---------|-----|--------|---------|-----|
| 3. | GARCÍA LÓPEZ, Maria Victoria      |         |     |         | 53      | C.D.N. Zamora      |        |         |     |        | 823     | 8   |
|    | 200 Esp                           | 5:46.40 | 117 | 100 Esp | 2:34.90 | 107                | 50 Esp | 1:13.34 | 105 | 50 Esp | 1:12.24 | 102 |
|    | 200 Li                            | 5:21.64 | 100 | 100 Esp | 2:38.87 | 99                 | 100 Li | 2:23.52 | 99  | 50 Li  | 1:07.10 | 94  |
|    | 50 Esp                            | 1:15.20 | 90  | 50 Li   | 1:08.00 | 90                 | 50 Li  | 1:08.40 | 89  | 50 Li  | 1:10.09 | 84  |
|    | 50 Esp                            | 1:19.70 | 76  | 50 Li   | 1:14.02 | 70                 |        |         |     |        |         |     |
| 4. | SANTAMARIA MINGUEZ, Blanca Nieves |         |     |         | 53      | C.D. Tizona Burgos |        |         |     |        | 418     | 6   |
|    | 100 Esp                           | 2:48.70 | 83  | 100 Esp | 3:01.05 | 74                 | 50 Esp | 1:22.28 | 74  | 50 Li  | 1:14.56 | 68  |
|    | 100 Li                            | 2:48.93 | 61  | 50 Li   | 1:19.13 | 58                 |        |         |     |        |         |     |