



Nº ACTA: FACYLDDNVA

## ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- FASE AUTONÓMICA CASTILLA Y LEÓN LARGA DISTANCIA NATACIÓN VALLADOLID
- **FECHA DE LA CELEBRACION.**  
22 NOVIEMBRE DE 2025 -
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**  
FEDERACIÓN CASTILLA Y LEÓN DE NATACIÓN
- **LUGAR DE CELEBRACION.**
- VALLADOLID
- **NOMBRE DE LA PISCINA.**  
CEAR RÍO ESGUEVA
- **PISCINA DE 50 E. - 8 CALLES.**
- **CLUBES PARTICIPANTES**  
SEGÚN HOJA

### COMPOSICION DEL JURADO

**JUEZ ÁRBITRO:** SERGIO DÍEZ

**JUEZ DE SALIDAS:**

**JUECES DE VIRAJES / ESTILOS:**

**JEFE DE CRONOMETRADORES:** ROSARIO LORENZO

**CRONOMETRADORES:**

ANTONIO GARCÍA

L.PABLO ALONSO

BEATRIZ BARRIO

ANDREA TORNERO

IGNACION ARÉVALO

ESTHER SASETA

AURORA RAMOS

NIEVES ALONSO

**CAMARA DE SALIDAS:**

**LOCUTOR:**

**PREMIACION:**

**DURACIÓN COMPETICIÓN:**

**CRONOMETRAJE ELECTRONICO:** MANUEL CANO

**SECRETARIA:**

**SECRETARIA DE RESULTADOS:** NURIA RODRÍGUEZ

### INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: SERGIO DÍEZ



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN VALLADOLID  
VALLADOLID, 22/11/2025

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
C.Acuatico Salamanca	01002	ESP	5	-	5	5	-	5	-	-	-
C.D. Parquesol	P0904	ESP	1	-	1	1	-	1	-	-	-
C.D. Torrelago Wellness	01351	ESP	2	-	2	2	-	2	-	-	-
C.D.N. Zamora	01251	ESP	6	1	7	6	1	7	-	-	-
C.N. Castilla-Burgos	00727	ESP	3	2	5	3	2	5	-	-	-
Club Benavente Natacion	P0909	ESP	1	2	3	1	2	3	-	-	-
Club Natacion Master Leon	01399	ESP	1	-	1	1	-	1	-	-	-
Número total de 7 clubes			19	5	24	19	5	24	-	-	-



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN VALLADOLID  
VALLADOLID, 22/11/2025

Prueba 1  
22/11/2025

3000m Libre

16 - 98 años  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo		Pts
<b>ABSOLUTO FEMENINO, Fem.</b>					
1. CECILIA GARCIA, Carlota	06		Club Benavente Natacion		<b>41:41.37</b> 382
50m:	37.07	37.07	900m:	12:16.71	41.81
100m:	1:16.49	39.42	950m:	12:58.52	41.81
150m:	1:56.97	40.48	1000m:	13:40.93	42.41
200m:	2:37.63	40.66	1050m:	14:23.33	42.40
250m:	3:17.74	40.11	1100m:	15:05.33	42.00
300m:	3:58.23	40.49	1150m:	15:47.86	42.53
350m:	4:39.23	41.00	1200m:	16:30.25	42.39
400m:	5:20.47	41.24	1250m:	17:12.46	42.21
500m:	6:03.09	1:22.62	1300m:	17:54.35	41.89
550m:	7:30.93	47.84	1350m:	18:36.06	41.71
600m:	8:06.21	35.28	1400m:	19:18.22	42.16
700m:	9:29.61	1:23.40	1450m:	19:59.77	41.55
750m:	10:11.54	41.93	1500m:	20:41.02	41.25
800m:	10:52.87	41.33	1550m:	21:22.91	41.89
850m:	11:34.90	42.03	1600m:	22:04.56	41.65
			1650m:	22:46.92	42.36
			1700m:	23:28.21	41.29
			1800m:	24:51.94	1:23.73
			1850m:	25:34.70	42.76
			1900m:	26:17.75	43.05
			1950m:	27:01.05	43.30
			2000m:	27:43.97	42.92
			2050m:	28:26.75	42.78
			2100m:	29:09.70	42.95
			2150m:	29:51.26	41.56
			2200m:	30:33.25	41.99
			2250m:	31:14.66	41.41
			2300m:	31:56.41	41.75
			2350m:	32:38.26	41.85
			2400m:	33:20.47	42.21
			2450m:	34:02.54	42.07
			2500m:	34:44.25	41.71
			2550m:	35:26.14	41.89
			2600m:	36:08.32	42.18
			2650m:	36:50.38	42.06
			2700m:	37:32.05	41.67
			2750m:	38:15.54	43.49
			2800m:	38:55.75	40.21
			2850m:	39:37.65	41.90
			2900m:	40:19.17	41.52
			2950m:	40:59.70	40.53
			3000m:	41:41.37	41.67

**JUNIOR 2 MASCULINO, Masc.**

1. GALAN VELA, Jorge	08		C.D.N. Zamora		<b>36:00.09</b> 482
50m:	32.72	32.72	800m:	9:24.14	35.78
100m:	1:06.62	33.90	850m:	10:00.14	36.00
150m:	1:41.38	34.76	900m:	10:36.55	36.41
200m:	2:16.72	35.34	950m:	11:12.51	35.96
250m:	2:52.29	35.57	1000m:	11:48.41	35.90
300m:	3:27.51	35.22	1050m:	12:24.86	36.45
350m:	4:03.12	35.61	1100m:	13:00.91	36.05
400m:	4:38.39	35.27	1150m:	13:37.01	36.10
450m:	5:13.81	35.42	1200m:	14:13.34	36.33
500m:	5:49.20	35.39	1250m:	14:49.58	36.24
550m:	6:24.99	35.79	1300m:	15:25.61	36.03
600m:	7:01.17	36.18	1350m:	16:01.52	35.91
650m:	7:37.18	36.01	1400m:	16:37.30	35.78
700m:	8:12.48	35.30	1450m:	17:13.91	36.61
750m:	8:48.36	35.88	1500m:	17:50.19	36.28
			1550m:	18:26.90	36.71
			1600m:	19:03.13	36.23
			1650m:	19:39.43	36.30
			1700m:	20:15.23	35.80
			1750m:	20:51.61	36.38
			1800m:	21:27.58	35.97
			1850m:	22:03.69	36.11
			1900m:	22:40.58	36.89
			1950m:	23:16.94	36.36
			2000m:	23:53.03	36.09
			2050m:	24:29.40	36.37
			2100m:	25:05.80	36.40
			2150m:	25:42.52	36.72
			2200m:	26:18.56	36.04
			2250m:	26:54.54	35.98
			2300m:	27:30.76	36.22
			2350m:	28:07.39	36.63
			2400m:	28:43.78	36.39
			2450m:	29:20.42	36.64
			2500m:	29:57.78	37.36
			2550m:	30:35.08	37.30
			2600m:	31:11.53	36.45
			2650m:	31:48.10	36.57
			2700m:	32:24.72	36.62
			2750m:	33:00.81	36.09
			2800m:	33:36.86	36.05
			2850m:	34:12.44	35.58
			2900m:	34:48.71	36.27
			2950m:	35:24.61	35.90
			3000m:	36:00.09	35.48
2. ALONSO LOPEZ, Ivan	08		C.N. Castilla-Burgos		<b>37:01.91</b> 442
50m:	33.83	33.83	800m:	9:29.02	35.93
100m:	1:09.00	35.17	850m:	10:05.59	36.57
150m:	1:43.93	34.93	900m:	10:42.48	36.89
200m:	2:19.62	35.69	950m:	11:19.02	36.54
250m:	2:55.36	35.74	1000m:	11:55.18	36.16
300m:	3:29.95	34.59	1050m:	12:32.26	37.08
350m:	4:05.26	35.31	1100m:	13:09.18	36.92
400m:	4:41.34	36.08	1150m:	13:45.15	35.97
450m:	5:16.15	34.81	1200m:	14:22.20	37.05
500m:	5:51.50	35.35	1250m:	14:59.39	37.19
550m:	6:27.78	36.28	1300m:	15:36.32	36.93
600m:	7:03.95	36.17	1350m:	16:13.20	36.88
650m:	7:40.14	36.19	1400m:	16:51.05	37.85
700m:	8:16.17	36.03	1450m:	17:29.35	38.30
750m:	8:53.09	36.92	1500m:	18:06.60	37.25
			1550m:	18:43.40	36.80
			1600m:	19:20.87	37.47
			1650m:	19:58.65	37.78
			1700m:	20:35.35	36.70
			1750m:	21:12.80	37.45
			1800m:	21:50.22	37.42
			1850m:	22:28.19	37.97
			1900m:	23:05.75	37.56
			1950m:	23:43.38	37.63
			2000m:	24:21.90	38.52
			2050m:	24:59.68	37.78
			2100m:	25:38.78	39.10
			2150m:	26:16.58	37.80
			2200m:	26:54.84	38.26
			2250m:	27:33.09	38.25
			2300m:	28:12.09	39.00
			2350m:	28:49.66	37.57
			2400m:	29:27.73	38.07
			2450m:	30:06.00	38.27
			2500m:	30:44.82	38.82
			2550m:	31:22.98	38.16
			2600m:	32:01.62	38.64
			2650m:	32:38.71	37.09
			2700m:	33:16.93	38.22
			2750m:	33:55.46	38.53
			2800m:	34:33.39	37.93
			2850m:	35:10.81	37.42
			2900m:	35:48.43	37.62
			2950m:	36:26.72	38.29
			3000m:	37:01.91	35.19
3. CASADO RODRIGUEZ, Fernando	07		Club Benavente Natacion		<b>38:25.72</b> 396
50m:	35.63	35.63	800m:	10:10.46	38.95
100m:	1:13.22	37.59	850m:	10:49.70	39.24
150m:	1:50.89	37.67	900m:	11:28.96	39.26
200m:	2:28.16	37.27	950m:	12:07.57	38.61
250m:	3:06.24	38.08	1000m:	12:46.46	38.89
300m:	3:44.18	37.94	1050m:	13:25.59	39.13
350m:	4:22.35	38.17	1100m:	14:04.21	38.62
400m:	5:00.37	38.02	1150m:	14:43.39	39.18
450m:	5:38.69	38.32	1200m:	15:22.48	39.09
500m:	6:17.51	38.82	1250m:	16:01.09	38.61
550m:	6:55.80	38.29	1300m:	16:40.06	38.97
600m:	7:34.40	38.60	1350m:	17:17.74	37.68
650m:	8:13.17	38.77	1400m:	17:55.43	37.69
700m:	8:52.06	38.89	1450m:	18:33.09	37.66
750m:	9:31.51	39.45	1500m:	19:11.57	38.48
			1550m:	19:49.08	37.51
			1600m:	20:27.02	37.94
			1650m:	21:03.15	36.13
			1700m:	21:40.67	37.52
			1750m:	22:18.73	38.06
			1800m:	22:56.45	37.72
			1850m:	23:35.15	38.70
			1900m:	24:14.37	39.22
			1950m:	24:53.33	38.96
			2000m:	25:32.32	38.99
			2050m:	26:11.56	39.24
			2100m:	26:51.02	39.46
			2150m:	27:30.99	39.97
			2200m:	28:10.61	39.62
			2250m:	28:49.76	39.15
			2300m:	29:29.01	39.25
			2350m:	30:07.68	38.67
			2400m:	30:48.03	40.35
			2450m:	31:28.32	40.29
			2500m:	32:07.69	39.37
			2550m:	32:45.45	37.76
			2600m:	33:24.50	39.05
			2650m:	34:03.08	38.58
			2700m:	34:41.15	38.07
			2750m:	35:19.28	38.13
			2800m:	35:58.07	38.79
			2850m:	36:36.29	38.22
			2900m:	37:13.22	36.93
			2950m:	37:49.98	36.76
			3000m:	38:25.72	35.74



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN VALLADOLID  
VALLADOLID, 22/11/2025

Prueba 1, 3000m Libre

JUNIOR 1 MASCULINO, Masc.

<b>1. FERNANDEZ HERNANDEZ, Diego</b>		<b>09</b>	<b>C.D.N. Zamora</b>		<b>34:12.11</b>	<b>562</b>					
50m:	32.28	32.28	800m:	9:01.87	33.90	1550m:	17:35.25	34.59	2300m:	26:11.59	34.38
100m:	1:05.29	33.01	850m:	9:36.07	34.20	1600m:	18:09.64	34.39	2350m:	26:46.08	34.49
150m:	1:38.93	33.64	900m:	10:10.08	34.01	1650m:	18:44.06	34.42	2400m:	27:20.50	34.42
200m:	2:12.68	33.75	950m:	10:44.24	34.16	1700m:	19:18.40	34.34	2450m:	27:55.11	34.61
250m:	2:46.83	34.15	1000m:	11:18.40	34.16	1750m:	19:52.37	33.97	2500m:	28:29.87	34.76
300m:	3:21.08	34.25	1050m:	11:52.48	34.08	1800m:	20:26.72	34.35	2550m:	29:04.62	34.75
350m:	3:55.05	33.97	1100m:	12:26.53	34.05	1850m:	21:01.35	34.63	2600m:	29:39.41	34.79
400m:	4:29.10	34.05	1150m:	13:00.69	34.16	1900m:	21:35.99	34.64	2650m:	30:13.85	34.44
450m:	5:03.09	33.99	1200m:	13:34.96	34.27	1950m:	22:10.44	34.45	2700m:	30:49.04	35.19
500m:	5:37.42	34.33	1250m:	14:09.03	34.07	2000m:	22:44.74	34.30	2750m:	31:22.42	33.38
550m:	6:11.42	34.00	1300m:	14:42.93	33.90	2050m:	23:19.27	34.53	2800m:	31:57.10	34.68
600m:	6:45.34	33.92	1350m:	15:17.18	34.25	2100m:	23:53.48	34.21	2850m:	32:31.55	34.45
650m:	7:19.72	34.38	1400m:	15:51.54	34.36	2150m:	24:27.80	34.32	2900m:	33:06.22	34.67
700m:	7:53.83	34.11	1450m:	16:25.95	34.41	2200m:	25:02.46	34.66	2950m:	33:39.90	33.68
750m:	8:27.97	34.14	1500m:	17:00.66	34.71	2250m:	25:37.21	34.75	3000m:	34:12.11	32.21
<b>2. LOPEZ MARTIN, Alejandro</b>		<b>09</b>	<b>C.D.N. Zamora</b>		<b>35:14.11</b>	<b>514</b>					
50m:	34.39	34.39	750m:	8:40.25	34.52	1450m:	16:54.58	35.28	2150m:	25:11.81	35.70
100m:	1:08.49	34.10	800m:	9:15.02	34.77	1500m:	17:30.00	35.42	2200m:	25:47.70	35.89
150m:	1:42.98	34.49	850m:	9:50.05	35.03	1550m:	18:05.32	35.32	2250m:	26:23.66	35.96
200m:	2:17.36	34.38	900m:	10:25.18	35.13	1600m:	18:40.78	35.46	2450m:	28:46.77	23.11
250m:	2:51.12	33.76	950m:	11:00.70	35.52	1650m:	19:15.99	35.21	2500m:	29:22.48	35.71
300m:	3:26.86	35.74	1000m:	11:36.19	35.49	1700m:	19:51.10	35.11	2600m:	30:33.43	1:10.95
350m:	4:02.10	35.24	1050m:	12:11.47	35.28	1750m:	20:26.55	35.45	2650m:	31:09.11	35.68
400m:	4:37.27	35.17	1100m:	12:46.83	35.36	1800m:	21:02.02	35.47	2700m:	31:44.52	35.41
450m:	5:12.60	35.33	1150m:	13:22.34	35.51	1850m:	21:37.80	35.78	2750m:	32:20.32	35.80
500m:	5:48.23	35.63	1200m:	13:57.82	35.48	1900m:	22:13.45	35.65	2800m:	32:55.82	35.50
550m:	6:22.70	34.47	1250m:	14:33.40	35.58	1950m:	22:49.01	35.56	2850m:	33:31.46	35.64
600m:	6:57.40	34.70	1300m:	15:08.76	35.36	2000m:	23:24.87	35.86	2900m:	34:06.49	35.03
650m:	7:31.45	34.05	1350m:	15:43.89	35.13	2050m:	24:00.42	35.55	2950m:	34:41.06	34.57
700m:	8:05.73	34.28	1400m:	16:19.30	35.41	2100m:	24:36.11	35.69	3000m:	35:14.11	33.05
<b>3. RODRIGUEZ BLANCO, David</b>		<b>10</b>	<b>Club Natacion Master Leon</b>		<b>35:31.72</b>	<b>501</b>					
50m:	35.05	35.05	800m:	9:22.19	34.98	1550m:	18:16.03	36.52	2300m:	27:12.76	36.13
100m:	1:09.58	34.53	850m:	9:57.59	35.40	1600m:	18:51.62	35.59	2350m:	27:48.21	35.45
150m:	1:44.52	34.94	900m:	10:32.99	35.40	1650m:	19:27.30	35.68	2400m:	28:23.62	35.41
200m:	2:19.27	34.75	950m:	11:08.64	35.65	1700m:	20:03.16	35.86	2450m:	28:59.13	35.51
250m:	2:54.35	35.08	1000m:	11:44.05	35.41	1750m:	20:38.91	35.75	2500m:	29:34.72	35.59
300m:	3:29.29	34.94	1050m:	12:19.24	35.19	1800m:	21:14.63	35.72	2550m:	30:10.30	35.58
350m:	4:04.40	35.11	1100m:	12:54.86	35.62	1850m:	21:50.28	35.65	2600m:	30:45.95	35.65
400m:	4:39.89	35.49	1150m:	13:30.32	35.46	1900m:	22:26.18	35.90	2650m:	31:21.75	35.80
450m:	5:15.05	35.16	1200m:	14:06.15	35.83	1950m:	23:02.20	36.02	2700m:	31:57.55	35.80
500m:	5:50.36	35.31	1250m:	14:41.43	35.28	2000m:	23:39.49	37.29	2750m:	32:33.74	36.19
550m:	6:25.45	35.09	1300m:	15:16.91	35.48	2050m:	24:13.66	34.17	2800m:	33:08.92	35.18
600m:	7:00.69	35.24	1350m:	15:52.50	35.59	2100m:	24:49.43	35.77	2850m:	33:45.08	36.16
650m:	7:35.92	35.23	1400m:	16:28.13	35.63	2150m:	25:25.22	35.79	2900m:	34:21.32	36.24
700m:	8:11.56	35.64	1450m:	17:04.11	35.98	2200m:	26:00.81	35.59	2950m:	34:57.37	36.05
750m:	8:47.21	35.65	1500m:	17:39.51	35.40	2250m:	26:36.63	35.82	3000m:	35:31.72	34.35
<b>4. GOMES COCO, Alexandre</b>		<b>10</b>	<b>C.D.N. Zamora</b>		<b>35:39.61</b>	<b>496</b>					
50m:	33.26	33.26	800m:	9:17.00	35.27	1550m:	18:11.37	35.78	2300m:	27:11.87	36.66
100m:	1:07.51	34.25	850m:	9:52.75	35.75	1600m:	18:47.19	35.82	2350m:	27:47.74	35.87
150m:	1:42.08	34.57	900m:	10:28.28	35.53	1650m:	19:22.79	35.60	2400m:	28:23.14	35.40
200m:	2:16.49	34.41	950m:	11:03.33	35.05	1700m:	19:58.56	35.77	2450m:	28:59.16	36.02
250m:	2:51.05	34.56	1000m:	11:38.71	35.38	1750m:	20:34.25	35.69	2500m:	29:35.24	36.08
300m:	3:25.65	34.60	1050m:	12:14.33	35.62	1800m:	21:09.92	35.67	2550m:	30:11.59	36.35
350m:	4:00.69	35.04	1100m:	12:49.76	35.43	1850m:	21:45.89	35.97	2600m:	30:48.58	36.99
400m:	4:36.12	35.43	1150m:	13:25.32	35.56	1900m:	22:22.00	36.11	2650m:	31:25.16	36.58
450m:	5:10.92	34.80	1200m:	14:01.00	35.68	1950m:	22:58.67	36.67	2700m:	32:00.89	35.73
500m:	5:46.21	35.29	1250m:	14:36.28	35.28	2000m:	23:35.24	36.57	2750m:	32:38.08	37.19
550m:	6:21.68	35.47	1300m:	15:11.91	35.63	2050m:	24:11.63	36.39	2800m:	33:14.55	36.47
600m:	6:56.64	34.96	1350m:	15:47.66	35.75	2100m:	24:47.96	36.33	2850m:	33:51.02	36.47
650m:	7:31.62	34.98	1400m:	16:23.25	35.59	2150m:	25:23.56	35.60	2900m:	34:27.88	36.86
700m:	8:06.59	34.97	1450m:	16:59.58	36.33	2200m:	25:58.39	34.83	2950m:	35:04.35	36.47
750m:	8:41.73	35.14	1500m:	17:35.59	36.01	2250m:	26:35.21	36.82	3000m:	35:39.61	35.26
<b>5. FERNANDEZ HERNANDEZ, Hugo</b>		<b>09</b>	<b>C.D.N. Zamora</b>		<b>36:19.83</b>	<b>469</b>					
50m:	33.73	33.73	600m:	7:07.83	37.06	1150m:	13:46.02	35.47	1700m:	20:26.01	37.06
100m:	1:08.19	34.46	650m:	7:44.17	36.34	1200m:	14:21.42	35.40	1750m:	21:03.29	37.28
150m:	1:43.09	34.90	700m:	8:20.65	36.48	1250m:	14:56.95	35.53	1800m:	21:40.12	36.83
200m:	2:18.47	35.38	750m:	8:56.80	36.15	1300m:	15:32.88	35.93	1850m:	22:16.74	36.62
250m:	2:54.09	35.62	800m:	9:33.65	36.85	1350m:	16:08.80	35.92	1900m:	22:53.86	37.12
300m:	3:29.91	35.82	850m:	10:10.60	36.95	1400m:	16:45.04	36.24	1950m:	23:30.89	37.03
350m:	4:05.83	35.92	900m:	10:46.99	36.39	1450m:	17:20.94	35.90	2000m:	24:07.71	36.82
400m:	4:42.19	36.36	950m:	11:22.56	35.57	1500m:	17:57.02	36.08	2050m:	24:44.96	37.25
450m:	5:18.48	36.29	1000m:	11:58.62	36.06	1550m:	18:34.67	37.65	2100m:	25:22.20	37.24
500m:	5:55.00	36.52	1050m:	12:34.81	36.19	1600m:	19:12.08	37.41	2150m:	25:59.64	37.44
550m:	6:30.77	35.77	1100m:	13:10.55	35.74	1650m:	19:48.95	36.87	2200m:	26:36.44	36.80
2250m:	27:13.72	37.28	2400m:	29:05.17	37.00	2550m:	30:54.17	36.57	2700m:	32:43.59	36.85
2300m:	27:50.99	37.27	2450m:	29:41.00	35.83	2600m:	31:30.90	36.73	2750m:	33:20.28	36.69
2350m:	28:28.17	37.18	2500m:	30:17.60	36.60	2650m:	32:06.74	35.84	2800m:	33:56.55	36.27



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN VALLADOLID  
VALLADOLID, 22/11/2025

Prueba 1, Masc., 3000m Libre, JUNIOR 1 MASCULINO

Clasificación	2850m:			2900m:			2950m:			3000m:			AN	Tiempo	Pts
6. BILBAO SEBASTIAN, Adrian	34:31.92	35.37		35:07.83	35.91		35:43.92	36.09		36:19.83	35.91				
	10			10			C.N. Castilla-Burgos			36:21.88			467		
50m:	34.58	34.58		800m:	9:42.69	36.96	1550m:	18:56.45	36.65	2300m:	28:02.19	36.88			
100m:	1:10.14	35.56		850m:	10:19.34	36.65	1600m:	19:32.72	36.27	2350m:	28:39.47	37.28			
150m:	1:46.17	36.03		900m:	10:56.30	36.96	1650m:	20:08.18	35.46	2400m:	29:15.68	36.21			
200m:	2:22.62	36.45		950m:	11:33.51	37.21	1700m:	20:44.26	36.08	2450m:	29:51.82	36.14			
250m:	2:58.83	36.21		1000m:	12:10.89	37.38	1750m:	21:19.86	35.60	2500m:	30:28.56	36.74			
300m:	3:35.64	36.81		1050m:	12:47.91	37.02	1800m:	21:56.05	36.19	2550m:	31:04.47	35.91			
350m:	4:12.23	36.59		1100m:	13:25.52	37.61	1850m:	22:32.05	36.00	2600m:	31:40.50	36.03			
400m:	4:49.05	36.82		1150m:	14:01.92	36.40	1900m:	23:09.18	37.13	2650m:	32:16.18	35.68			
450m:	5:25.36	36.31		1200m:	14:38.97	37.05	1950m:	23:46.06	36.88	2700m:	32:51.84	35.66			
500m:	6:01.97	36.61		1250m:	15:15.84	36.87	2000m:	24:22.46	36.40	2750m:	33:27.73	35.89			
550m:	6:38.69	36.72		1300m:	15:52.53	36.69	2050m:	24:58.81	36.35	2800m:	34:03.04	35.31			
600m:	7:15.53	36.84		1350m:	16:29.51	36.98	2100m:	25:35.68	36.87	2850m:	34:38.79	35.75			
650m:	7:52.32	36.79		1400m:	17:06.62	37.11	2150m:	26:11.94	36.26	2900m:	35:13.98	35.19			
700m:	8:29.19	36.87		1450m:	17:43.48	36.86	2200m:	26:48.81	36.87	2950m:	35:48.98	35.00			
750m:	9:05.73	36.54		1500m:	18:19.80	36.32	2250m:	27:25.31	36.50	3000m:	36:21.88	32.90			
7. PEREZ DE LA FUENTE, Jaime				900m:	11:32.62	39.28	1650m:	21:27.31	39.61	2400m:	31:42.96	41.90			
	10			10			C.D. Torrelago Wellness			39:59.09			351		
50m:	35.28	35.28		950m:	12:11.70	39.08	1700m:	22:07.34	40.03	2450m:	32:24.68	41.72			
100m:	1:12.11	36.83		1000m:	12:51.01	39.31	1750m:	22:47.76	40.42	2500m:	33:06.52	41.84			
150m:	1:50.11	38.00		1050m:	13:30.80	39.79	1800m:	23:28.63	40.87	2550m:	33:48.37	41.85			
200m:	2:28.30	38.19		1100m:	14:10.47	39.67	1850m:	24:09.08	40.45	2600m:	34:29.46	41.09			
250m:	3:06.29	37.99		1150m:	14:50.30	39.83	1900m:	24:49.78	40.70	2650m:	35:11.52	42.06			
300m:	3:44.64	38.35		1200m:	15:29.51	39.21	1950m:	25:30.38	40.60	2700m:	35:53.39	41.87			
400m:	5:02.06	1:17.42		1250m:	16:09.06	39.55	2000m:	26:11.61	41.23	2750m:	36:34.48	41.09			
450m:	5:40.52	38.46		1300m:	16:48.71	39.65	2050m:	26:52.40	40.79	2800m:	37:16.55	42.07			
500m:	6:19.46	38.94		1350m:	17:28.44	39.73	2100m:	27:33.62	41.22	2850m:	37:57.73	41.18			
550m:	6:58.49	39.03		1400m:	18:08.37	39.93	2150m:	28:14.90	41.28	2900m:	38:39.25	41.52			
650m:	8:16.79	1:18.30		1450m:	18:48.14	39.77	2200m:	28:56.15	41.25	2950m:	39:20.70	41.45			
700m:	8:55.28	38.49		1500m:	19:28.06	39.92	2250m:	29:37.55	41.40	3000m:	39:59.09	38.39			
750m:	9:34.85	39.57		1550m:	20:07.93	39.87	2300m:	30:19.00	41.45						
800m:	10:13.18	38.33		1600m:	20:47.70	39.77	2350m:	31:01.06	42.06						
850m:	10:53.34	40.16													
8. VALLEJO HUIDOBRO, Mario				800m:	10:54.48	41.81	1550m:	21:29.82	42.80	2300m:	32:18.87	43.75			
	09			09			C.D. Parquesol			42:08.89			300		
50m:	37.80	37.80		850m:	11:35.58	41.10	1600m:	22:12.38	42.56	2350m:	33:01.48	42.61			
100m:	1:17.13	39.33		900m:	12:17.19	41.61	1650m:	22:56.76	44.38	2400m:	33:45.00	43.52			
150m:	1:57.40	40.27		950m:	12:58.96	41.77	1700m:	23:40.22	43.46	2450m:	34:28.99	43.99			
200m:	2:38.17	40.77		1000m:	13:40.62	41.66	1750m:	24:23.15	42.93	2500m:	35:12.58	43.59			
250m:	3:18.16	39.99		1050m:	14:22.08	41.46	1800m:	25:05.95	42.80	2550m:	35:54.64	42.06			
300m:	3:58.81	40.65		1100m:	15:04.85	42.77	1850m:	25:48.83	42.88	2600m:	36:35.70	41.06			
350m:	4:40.07	41.26		1150m:	15:48.05	43.20	1900m:	26:32.28	43.45	2650m:	37:17.57	41.87			
400m:	5:21.25	41.18		1200m:	16:30.06	42.01	1950m:	27:15.76	43.48	2700m:	37:58.54	40.97			
450m:	6:02.46	41.21		1250m:	17:12.29	42.23	2000m:	27:58.55	42.79	2750m:	38:40.20	41.66			
500m:	6:43.48	41.02		1300m:	17:54.30	42.01	2050m:	28:42.00	43.45	2800m:	39:22.06	41.86			
550m:	7:25.21	41.73		1350m:	18:36.90	42.60	2100m:	29:24.80	42.80	2850m:	40:04.22	42.16			
600m:	8:06.98	41.77		1400m:	19:20.08	43.18	2150m:	30:08.53	43.73	2900m:	40:46.16	41.94			
650m:	8:49.24	42.26		1450m:	20:03.71	43.63	2200m:	30:51.66	43.13	2950m:	41:29.00	42.84			
700m:	9:30.79	41.55		1500m:	20:47.02	43.31	2250m:	31:35.12	43.46	3000m:	42:08.89	39.89			
750m:	10:12.67	41.88													

JUNIOR 1 FEMENINO, Fem.

1. DELGADO NISTAL, Nadia				800m:	10:09.93	38.74	1550m:	19:51.24	39.11	2300m:	29:36.29	39.40			
	09			09			C.N. Castilla-Burgos			38:30.50			485		
50m:	35.06	35.06		850m:	10:48.64	38.71	1600m:	20:29.65	38.41	2350m:	30:15.12	38.83			
100m:	1:11.25	36.19		900m:	11:27.96	39.32	1650m:	21:08.75	39.10	2400m:	30:54.18	39.06			
150m:	1:48.39	37.14		950m:	12:06.98	39.02	1700m:	21:48.07	39.32	2450m:	31:32.70	38.52			
200m:	2:25.92	37.53		1000m:	12:45.64	38.66	1750m:	22:26.96	38.89	2500m:	32:11.24	38.54			
250m:	3:03.99	38.07		1050m:	13:24.61	38.97	1800m:	23:06.02	39.06	2550m:	32:49.96	38.72			
300m:	3:42.31	38.32		1100m:	14:04.12	39.51	1850m:	23:44.98	38.96	2600m:	33:28.56	38.60			
350m:	4:20.98	38.67		1150m:	14:43.24	39.12	1900m:	24:23.94	38.96	2650m:	34:06.98	38.42			
400m:	4:59.54	38.56		1200m:	15:22.17	38.93	1950m:	25:03.22	39.28	2700m:	34:45.29	38.31			
450m:	5:38.38	38.84		1250m:	16:00.24	38.07	2000m:	25:42.26	39.04	2750m:	35:24.03	38.74			
500m:	6:16.94	38.56		1300m:	16:38.95	38.71	2050m:	26:21.01	38.75	2800m:	36:02.62	38.59			
550m:	6:55.88	38.94		1350m:	17:16.80	37.85	2100m:	27:00.10	39.09	2850m:	36:40.58	37.96			
600m:	7:34.56	38.68		1400m:	17:55.34	38.54	2150m:	27:39.29	39.19	2900m:	37:17.41	36.83			
650m:	8:13.05	38.49		1450m:	18:33.67	38.33	2200m:	28:18.13	38.84	3000m:	38:30.50	1:13.09			
700m:	8:52.27	39.22		1500m:	19:12.13	38.46	2250m:	28:56.89	38.76						
750m:	9:31.19	38.92													



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN VALLADOLID  
VALLADOLID, 22/11/2025

Prueba 1, Fem., 3000m Libre, JUNIOR 1 FEMENINO

Clasificación	AN		Club Benavente Natacion						Tiempo	Pts	
2. JIMENEZ GARCIA, Erika	09								<b>41:03.25</b>	401	
50m:	36.84	36.84	800m:	10:34.61	40.82	1550m:	20:50.76	1:22.84	2300m:	31:13.64	41.69
100m:	1:14.70	37.86	850m:	11:15.66	41.05	1600m:	21:32.18	41.42	2350m:	31:55.53	41.89
150m:	1:53.39	38.69	900m:	11:55.61	39.95	1650m:	22:14.18	42.00	2400m:	32:37.11	41.58
200m:	2:32.57	39.18	950m:	12:36.01	40.40	1700m:	22:55.60	41.42	2450m:	33:18.94	41.83
250m:	3:11.89	39.32	1000m:	13:16.24	40.23	1750m:	23:37.22	41.62	2500m:	34:00.76	41.82
300m:	3:51.80	39.91	1050m:	13:56.88	40.64	1800m:	24:18.70	41.48	2550m:	34:42.86	42.10
350m:	4:31.37	39.57	1100m:	14:37.89	41.01	1850m:	25:00.01	41.31	2600m:	35:25.03	42.17
400m:	5:11.61	40.24	1150m:	15:19.25	41.36	1900m:	25:41.19	41.18	2650m:	36:09.51	44.48
450m:	5:51.42	39.81	1200m:	16:00.75	41.50	1950m:	26:22.43	41.24	2700m:	36:51.50	41.99
500m:	6:31.65	40.23	1250m:	16:41.97	41.22	2000m:	27:03.79	41.36	2750m:	37:33.57	42.07
550m:	7:11.75	40.10	1300m:	17:23.49	41.52	2050m:	27:45.51	41.72	2800m:	38:14.38	40.81
600m:	7:51.85	40.10	1350m:	18:04.95	41.46	2100m:	28:26.97	41.46	2850m:	38:55.76	41.38
650m:	8:32.52	40.67	1400m:	18:46.85	41.90	2150m:	29:08.84	41.87	2900m:	39:36.69	40.93
700m:	9:13.33	40.81	1450m:	19:27.92	41.07	2200m:	29:50.40	41.56	2950m:	40:19.57	42.88
750m:	9:53.79	40.46	1500m:	19:27.92		2250m:	30:31.95	41.55	3000m:	41:03.25	43.68

Prueba 2  
22/11/2025

2000m Libre

14 - 15 años  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Club Benavente Natacion						Tiempo	Pts	
<b>INFANTIL MASCULINO, Masc.</b>											
1. TEJEDOR CILLERUELO, Nicolas	12		C.D. Torrelago Wellness						<b>23:56.36</b>	485	
50m:	32.31	32.31	550m:	6:28.75	35.24	1050m:	12:26.74	36.20	1550m:	18:28.84	36.19
100m:	1:07.13	34.82	600m:	7:04.79	36.04	1100m:	13:02.71	35.97	1600m:	19:06.13	37.29
150m:	1:42.86	35.73	650m:	7:40.19	35.40	1150m:	13:39.01	36.30	1650m:	19:42.32	36.19
200m:	2:18.88	36.02	700m:	8:16.60	36.41	1200m:	14:15.56	36.55	1700m:	20:19.97	37.65
250m:	2:55.13	36.25	750m:	8:51.38	34.78	1250m:	14:51.55	35.99	1750m:	20:55.47	35.50
300m:	3:31.22	36.09	800m:	9:26.90	35.52	1300m:	15:27.76	36.21	1800m:	21:31.93	36.46
350m:	4:06.95	35.73	850m:	10:03.03	36.13	1350m:	16:04.13	36.37	1850m:	22:09.43	37.50
400m:	4:42.37	35.42	900m:	10:38.88	35.85	1400m:	16:40.29	36.16	1900m:	22:46.08	36.65
450m:	5:18.16	35.79	950m:	11:14.39	35.51	1450m:	17:16.47	36.18	1950m:	23:22.03	35.95
500m:	5:53.51	35.35	1000m:	11:50.54	36.15	1500m:	17:52.65	36.18	2000m:	23:56.36	34.33
2. VIERA MORAGA, Mario	12		C.N. Castilla-Burgos						<b>24:17.04</b>	465	
50m:	33.82	33.82	550m:	6:37.53	36.72	1050m:	12:45.35	37.43	1550m:	18:53.08	36.81
100m:	1:09.41	35.59	600m:	7:13.66	36.13	1100m:	13:22.36	37.01	1600m:	19:28.96	35.88
150m:	1:45.29	35.88	650m:	7:50.54	36.88	1150m:	13:58.67	36.31	1650m:	20:05.60	36.64
200m:	2:21.38	36.09	700m:	8:27.65	37.11	1200m:	14:35.34	36.67	1700m:	20:42.43	36.83
250m:	2:57.77	36.39	750m:	9:04.05	36.40	1250m:	15:11.50	36.16	1750m:	21:18.82	36.39
300m:	3:34.57	36.80	800m:	9:40.55	36.50	1300m:	15:48.46	36.96	1800m:	21:55.37	36.55
350m:	4:10.88	36.31	850m:	10:17.45	36.90	1350m:	16:24.93	36.47	1850m:	22:31.19	35.82
400m:	4:47.63	36.75	900m:	10:54.32	36.87	1400m:	17:02.03	37.10	1900m:	23:07.46	36.27
450m:	5:24.13	36.50	950m:	11:30.78	36.46	1450m:	17:38.93	36.90	1950m:	23:42.55	35.09
500m:	6:00.81	36.68	1000m:	12:07.92	37.14	1500m:	18:16.27	37.34	2000m:	24:17.04	34.49
3. LOPEZ MARTIN, Pablo	11		C.D.N. Zamora						<b>24:51.30</b>	434	
50m:	33.18	33.18	550m:	6:35.91	36.92	1050m:	12:46.04	37.27	1550m:	19:08.23	38.70
100m:	1:07.73	34.55	600m:	7:12.38	36.47	1100m:	13:23.52	37.48	1600m:	19:46.70	38.47
150m:	1:43.62	35.89	650m:	7:49.70	37.32	1150m:	14:01.03	37.51	1650m:	20:24.82	38.12
200m:	2:19.38	35.76	700m:	8:26.43	36.73	1200m:	14:38.67	37.64	1700m:	21:03.52	38.70
250m:	2:55.82	36.44	750m:	9:03.60	37.17	1250m:	15:16.74	38.07	1750m:	21:42.46	38.94
300m:	3:32.55	36.73	800m:	9:40.82	37.22	1300m:	15:55.10	38.36	1800m:	22:20.51	38.05
350m:	4:09.37	36.82	850m:	10:17.64	36.82	1350m:	16:33.49	38.39	1850m:	22:59.05	38.54
400m:	4:45.53	36.16	900m:	10:54.48	36.84	1400m:	17:12.24	38.75	1900m:	23:37.03	37.98
450m:	5:22.28	36.75	950m:	11:31.48	37.00	1450m:	17:50.95	38.71	1950m:	24:14.58	37.55
500m:	5:58.99	36.71	1000m:	12:08.77	37.29	1500m:	18:29.53	38.58	2000m:	24:51.30	36.72
4. MORALES LEBEDEVA, Pavel	12		C.Acuatico Salamanca						<b>26:05.60</b>	375	
50m:	39.53	39.53	550m:	7:17.47	39.24	1050m:	13:49.74	39.06	1550m:	20:21.04	39.03
100m:	1:19.02	39.49	600m:	7:57.98	40.51	1100m:	14:28.65	38.91	1600m:	20:59.14	38.10
150m:	1:58.98	39.96	650m:	8:36.06	38.08	1150m:	15:08.53	39.88	1650m:	21:38.58	39.44
200m:	2:39.59	40.61	700m:	9:16.22	40.16	1200m:	15:47.34	38.81	1700m:	22:17.75	39.17
250m:	3:19.49	39.90	750m:	9:55.74	39.52	1250m:	16:25.88	38.54	1750m:	22:56.35	38.60
300m:	3:58.52	39.03	800m:	10:33.24	37.50	1300m:	17:04.94	39.06	1800m:	23:35.52	39.17
350m:	4:38.29	39.77	850m:	11:12.34	39.10	1350m:	17:44.23	39.29	1850m:	24:13.95	38.43
400m:	5:18.88	40.59	900m:	11:51.47	39.13	1400m:	18:23.58	39.35	1900m:	24:52.68	38.73
450m:	5:59.08	40.20	950m:	12:31.55	40.08	1450m:	19:03.15	39.57	1950m:	25:31.07	38.39
500m:	6:38.23	39.15	1000m:	13:10.68	39.13	1500m:	19:42.01	38.86	2000m:	26:05.60	34.53



FASE AUTONÓMICA DE CYL LARGA DISTANCIA NATACIÓN VALLADOLID  
VALLADOLID, 22/11/2025

Prueba 2, Masc., 2000m Libre, INFANTIL MASCULINO

Clasificación			AN					Tiempo	Pts			
5.	HERNANDEZ PIRIZ, Damaso		11	C.Acuatico Salamanca				<b>26:26.88</b>	360			
	50m:	38.42	38.42	550m:	7:18.54	40.37	1050m:	13:57.68	39.82	1550m:	20:33.71	39.28
	100m:	1:18.14	39.72	600m:	7:58.13	39.59	1100m:	14:37.76	40.08	1600m:	21:13.25	39.54
	150m:	1:58.29	40.15	650m:	8:38.08	39.95	1150m:	15:16.92	39.16	1650m:	21:53.00	39.75
	200m:	2:38.34	40.05	700m:	9:18.18	40.10	1200m:	15:56.12	39.20	1700m:	22:32.20	39.20
	250m:	3:18.32	39.98	750m:	9:57.96	39.78	1250m:	16:36.09	39.97	1750m:	23:11.57	39.37
	300m:	3:58.16	39.84	800m:	10:37.87	39.91	1300m:	17:16.02	39.93	1800m:	23:50.83	39.26
	350m:	4:37.84	39.68	850m:	11:17.92	40.05	1350m:	17:55.95	39.93	1850m:	24:30.38	39.55
	400m:	5:18.28	40.44	900m:	11:57.91	39.99	1400m:	18:35.30	39.35	1900m:	25:09.42	39.04
	450m:	5:58.60	40.32	950m:	12:38.11	40.20	1450m:	19:14.94	39.64	1950m:	25:48.35	38.93
	500m:	6:38.17	39.57	1000m:	13:17.86	39.75	1500m:	19:54.43	39.49	2000m:	26:26.88	38.53
6.	SANCHEZ GASCON, Samuel		11	C.Acuatico Salamanca				<b>26:32.72</b>	356			
	50m:	38.16	38.16	550m:	7:25.74	39.04	1050m:	14:02.39	39.54	1550m:	20:38.69	40.30
	100m:	1:17.29	39.13	600m:	8:05.97	40.23	1100m:	14:42.32	39.93	1600m:	21:18.11	39.42
	150m:	1:57.67	40.38	650m:	8:46.62	40.65	1150m:	15:22.34	40.02	1650m:	21:57.70	39.59
	200m:	2:38.76	41.09	700m:	9:26.68	40.06	1200m:	16:02.69	40.35	1700m:	22:38.07	40.37
	250m:	3:19.29	40.53	750m:	10:07.42	40.74	1250m:	16:41.48	38.79	1750m:	23:18.80	40.73
	300m:	4:00.11	40.82	800m:	10:47.69	40.27	1300m:	17:21.05	39.57	1800m:	23:59.09	40.29
	350m:	4:40.92	40.81	850m:	11:27.31	39.62	1350m:	18:00.60	39.55	1850m:	24:38.40	39.31
	400m:	5:21.61	40.69	900m:	12:06.47	39.16	1400m:	18:40.13	39.53	1900m:	25:17.60	39.20
	450m:	6:02.86	41.25	950m:	12:44.59	38.12	1450m:	19:18.80	38.67	1950m:	25:56.52	38.92
	500m:	6:46.70	43.84	1000m:	13:22.85	38.26	1500m:	19:58.39	39.59	2000m:	26:32.72	36.20
Baja	RODRIGUEZ GARCIA, Adrian		12	C.Acuatico Salamanca								
Baja	MORALES LEBEDEVA, Maxim		12	C.Acuatico Salamanca								

INFANTIL FEMENINO, Fem.

1.	RAMOS VILUMBRALES, Nuria		11	C.N. Castilla-Burgos				<b>24:35.83</b>	552			
	50m:	34.33	34.33	550m:	6:42.56	36.95	1050m:	12:53.48	36.92	1550m:	19:04.91	37.20
	100m:	1:10.30	35.97	600m:	7:19.38	36.82	1100m:	13:30.54	37.06	1600m:	19:41.98	37.07
	150m:	1:46.89	36.59	650m:	7:56.69	37.31	1150m:	14:07.94	37.40	1650m:	20:19.11	37.13
	200m:	2:23.73	36.84	700m:	8:33.49	36.80	1200m:	14:45.17	37.23	1700m:	20:55.85	36.74
	250m:	3:00.71	36.98	750m:	9:10.67	37.18	1250m:	15:22.27	37.10	1750m:	21:32.56	36.71
	300m:	3:37.85	37.14	800m:	9:47.72	37.05	1300m:	15:59.35	37.08	1800m:	22:09.81	37.25
	350m:	4:14.57	36.72	850m:	10:24.86	37.14	1350m:	16:36.64	37.29	1850m:	22:46.49	36.68
	400m:	4:51.94	37.37	900m:	11:02.07	37.21	1400m:	17:13.76	37.12	1900m:	23:23.48	36.99
	450m:	5:28.69	36.75	950m:	11:39.22	37.15	1450m:	17:50.61	36.85	1950m:	24:00.19	36.71
	500m:	6:05.61	36.92	1000m:	12:16.56	37.34	1500m:	18:27.71	37.10	2000m:	24:35.83	35.64
2.	REFOYO MARTIN, Africa		12	C.D.N. Zamora				<b>26:59.84</b>	417			
	50m:	38.41	38.41	550m:	7:17.12	40.98	1050m:	14:03.93	39.63	1550m:	20:54.70	41.52
	100m:	1:17.10	38.69	600m:	7:57.74	40.62	1100m:	14:44.14	40.21	1600m:	21:36.10	41.40
	150m:	1:56.53	39.43	650m:	8:38.11	40.37	1150m:	15:25.74	41.60	1650m:	22:17.37	41.27
	200m:	2:35.89	39.36	700m:	9:18.70	40.59	1200m:	16:06.06	40.32	1700m:	22:58.94	41.57
	250m:	3:15.77	39.88	750m:	9:59.86	41.16	1250m:	16:47.01	40.95	1750m:	23:40.02	41.08
	300m:	3:55.43	39.66	800m:	10:41.16	41.30	1300m:	17:28.10	41.09	1800m:	24:20.22	40.20
	350m:	4:34.80	39.37	850m:	11:22.63	41.47	1350m:	18:09.50	41.40	1850m:	24:59.46	39.24
	400m:	5:14.75	39.95	900m:	12:02.85	40.22	1400m:	18:50.20	40.70	1900m:	25:39.40	39.94
	450m:	5:55.60	40.85	950m:	12:44.02	41.17	1450m:	19:31.24	41.04	1950m:	26:19.73	40.33
	500m:	6:36.14	40.54	1000m:	13:24.30	40.28	1500m:	20:13.18	41.94	2000m:	26:59.84	40.11