



F. AUTONÓMICA DE CYL LARGA DISTANCIA N. MÁSTER VALLADOLID
VALLADOLID, 22/11/2025

Prueba 1
22/11/2025

3000m Libre

20 - 79 años
Lista de salida

	AN		M.Acreditada	Long	M.Convertida
<u>Serie 1 de 2</u>					
1	ASENJO SANTAMARIA, Jose Luis	58	CD Upstream	6:11.05 25m	6:11.05
2	DOMINGO ALONSO, Alvaro	74	CD Upstream	5:45.21 50m	5:45.21
3	CARRANZA RODRIGUEZ, L.	57	C.D. Tizona Burgos	54:43.07 50m	54:43.07
4	BOAL FERNANDEZ, Laura	83	C.D. Torrelago Wellness	52:37.67 25m	52:37.67
5	VELA GARCIA, Silvia	78	C.D.N. Zamora	54:35.55 25m	54:35.55
6	GALLEGO VICARIO, Roberto	69	Club Natacion Master Leon	5:41.17 25m	5:41.17
7	ESCOBAR SIERRA, Miguel Angel	65	N. Casa De Asturias	6:08.51 50m	6:08.51
8	HERNANDEZ ARRIBAS, Susana	76	C.D.N. Zamora	7:15.81 50m	7:16.00
<u>Serie 2 de 2</u>					
1	CARRANZA MARTIN, Paula	90	C.D. Tizona Burgos	48:08.53 25m	48:08.53
2	GARCIA ALVAREZ, Maria Jose	71	Club Benavente Natacion	45:09.38 25m	45:09.38
3	FERNANDEZ PEREZ, Sara	87	C.D. Tizona Burgos	41:30.50 25m	41:30.50
4	LOPEZ PUYUELO, Pablo	98	C.D. Tizona Burgos	36:18.44 25m	36:18.44
5	SERRANO SANZ, Ruben	80	C.N. Triton Bierzo	38:14.76 25m	38:14.76
6	SERRANO SANZ, Mario	81	C.N. Triton Bierzo	41:34.58 25m	41:34.58
7	GONZALEZ ALVAREZ, Jesus	93	C.N. Triton Bierzo	47:34.71 25m	47:34.71
8	HERNANDEZ GONZALEZ, J.	72	Club Benavente Natacion	49:43.90 25m	49:43.90