



NADADOR COMPLETO PROMESAS  
CASTILLA Y LEÓN 2025/2026

NADADOR COMPLETO PROMESAS ALEVIN FEM DESPUES DE 1ª J.

Fem., 12 años - 2 of 8 Events

|                                        |    |                         |     |   |
|----------------------------------------|----|-------------------------|-----|---|
| 1. PEREZ DE LA FUENTE, Paola           | 14 | C.D. Torrelago Wellness | 514 | 2 |
| 200 Esp 3:01.53 281 100 Ma 1:27.77 233 |    |                         |     |   |
| 2. PINTO GUTIERREZ, Manuela            | 14 | N. Casa De Asturias     | 489 | 2 |
| 200 Esp 2:57.25 302 100 Ma 1:34.45 187 |    |                         |     |   |
| 3. IBAÑEZ CORRAL, Maria                | 14 | C.N. Palencia           | 466 | 2 |
| 200 Esp 3:09.05 249 100 Ma 1:29.89 217 |    |                         |     |   |
| 4. CARBAJO SANJUAN, Vega               | 14 | C.N. Leon               | 414 | 2 |
| 200 Esp 3:08.09 252 100 Ma 1:39.14 162 |    |                         |     |   |
| CASCON PRIETO, Jimena                  | 14 | C.Acumatico Salamanca   | 414 | 2 |
| 200 Esp 3:12.30 236 100 Ma 1:36.03 178 |    |                         |     |   |
| 6. PEREZ BALLESTEROS, Carmen           | 14 | C.N. Leon               | 381 | 2 |
| 200 Esp 3:19.02 213 100 Ma 1:37.78 168 |    |                         |     |   |
| 7. ABRIL CASTRO, Carla                 | 14 | C.N. Palencia           | 367 | 2 |
| 200 Esp 3:22.17 203 100 Ma 1:38.74 164 |    |                         |     |   |
| 8. MARTIN DE SAN JOSE, Vera            | 14 | C.N.Castilla Zamora     | 356 | 2 |
| 200 Esp 3:16.26 222 100 Ma 1:45.38 134 |    |                         |     |   |
| 9. ABRIL CASTRO, Sara                  | 14 | C.N. Palencia           | 341 | 2 |
| 200 Esp 3:28.93 184 100 Ma 1:40.17 157 |    |                         |     |   |
| 10. ZALDO ARROYO, Vega                 | 14 | C.N. Castilla-Burgos    | 338 | 2 |
| 100 Ma 1:37.33 171 200 Esp 3:35.74 167 |    |                         |     |   |
| 11. MARTINEZ CORUÑA, Paola             | 14 | C.N. Bierzo-Ponferrada  | 333 | 2 |
| 200 Esp 3:19.82 210 100 Ma 1:48.54 123 |    |                         |     |   |
| 12. ALONSO GAMEZ, Daniela              | 14 | C.N. Leon               | 331 | 2 |
| 200 Esp 3:32.80 174 100 Ma 1:40.03 157 |    |                         |     |   |
| 13. RODRIGUEZ RODRIGUEZ, Sara          | 14 | C.N. Bierzo-Ponferrada  | 330 | 2 |
| 200 Esp 3:33.12 173 100 Ma 1:40.00 157 |    |                         |     |   |
| 14. DE LA ROSA ILLERA, Noa             | 14 | C.Acumatico Salamanca   | 328 | 2 |
| 200 Esp 3:35.70 167 100 Ma 1:39.35 161 |    |                         |     |   |
| 15. MACIA ALONSO, Saray                | 14 | C.N. Bierzo-Ponferrada  | 324 | 2 |
| 200 Esp 3:30.68 179 100 Ma 1:42.65 145 |    |                         |     |   |
| 16. CEBRIAN GARCIA, Daniela            | 14 | C.D. Parquesol          | 323 | 2 |
| 200 Esp 3:23.84 198 100 Ma 1:47.92 125 |    |                         |     |   |
| 17. BALBOA ALVAREZ, Vera               | 14 | C.N. Leon               | 318 | 2 |
| 200 Esp 3:19.75 211 100 Ma 1:53.60 107 |    |                         |     |   |
| 18. LEON ALVAREZ, Emma                 | 14 | C.N. Palencia           | 298 | 2 |
| 200 Esp 3:28.20 186 100 Ma 1:51.84 112 |    |                         |     |   |
| 19. SERRANO PERALTA, Valeria           | 14 | C.D.N. Zamora           | 295 | 2 |
| 200 Esp 3:29.57 182 100 Ma 1:51.61 113 |    |                         |     |   |
| 20. MARDARE, Amalia Ioana              | 14 | C.N. Bierzo-Ponferrada  | 292 | 2 |
| 200 Esp 3:38.73 160 100 Ma 1:46.05 132 |    |                         |     |   |



NADADOR COMPLETO PROMESAS  
CASTILLA Y LEÓN 2025/2026

|     |                                        |    |                        |     |   |
|-----|----------------------------------------|----|------------------------|-----|---|
| 21. | MORENO HERNANDEZ, Lucia                | 14 | C.D.N. San Jose Obrero | 281 | 2 |
|     | 200 Esp 3:38.33 161 100 Ma 1:49.46 120 |    |                        |     |   |
| 22. | MARTÍNEZ YÁÑEZ, Maria                  | 14 | C.N. Bierzo-Ponferrada | 279 | 2 |
|     | 200 Esp 3:43.91 149 100 Ma 1:46.66 130 |    |                        |     |   |
| 23. | GONZALEZ GUTIERREZ, Alicia             | 14 | C.Acuatico Salamanca   | 252 | 2 |
|     | 200 Esp 3:50.22 137 100 Ma 1:50.95 115 |    |                        |     |   |
| 24. | PONGA LLAMAZARES, Alejandra            | 14 | CD Acuatico Leon       | 249 | 2 |
|     | 200 Esp 3:50.42 137 100 Ma 1:51.87 112 |    |                        |     |   |
| 25. | MARTINEZ CONTRERAS, Valentina          | 14 | CD Acuatico Leon       | 243 | 2 |
|     | 200 Esp 3:45.70 146 100 Ma 1:57.58 97  |    |                        |     |   |
| 26. | GONZALEZ POLO, Laia                    | 14 | C.N. Castilla-Burgos   | 239 | 2 |
|     | 200 Esp 3:52.32 134 100 Ma 1:54.22 105 |    |                        |     |   |
| 27. | SANTOS PEREZ, Eva                      | 14 | C.N. Leon              | 237 | 2 |
|     | 200 Esp 3:53.30 132 100 Ma 1:54.56 105 |    |                        |     |   |
| 28. | CALVO SANCHEZ, Adriana                 | 14 | CD Acuatico Leon       | 234 | 2 |
|     | 200 Esp 3:43.11 151 100 Ma 2:03.87 83  |    |                        |     |   |
| 29. | VALCARCE CAPELAS, Valeria              | 14 | C.N. Bierzo-Ponferrada | 229 | 2 |
|     | 200 Esp 3:59.76 122 100 Ma 1:53.66 107 |    |                        |     |   |
| 30. | ALVAREZ CABRERA, Silvia                | 14 | C.N. Riavall           | 221 | 2 |
|     | 200 Esp 3:16.71 221 100 Ma -           |    |                        |     |   |
| 31. | JUAN FALAGAN, Carla                    | 14 | C.N. Leon              | 213 | 2 |
|     | 100 Ma 1:49.90 118 200 Esp 4:20.04 95  |    |                        |     |   |
| 32. | DE ABAJO ORTEGA, Maria                 | 14 | C.D. Parquesol         | 212 | 2 |
|     | 200 Esp 3:19.44 212 100 Ma -           |    |                        |     |   |
| 33. | ZHU, Lexi                              | 14 | C.D.N. San Jose Obrero | 210 | 2 |
|     | 200 Esp 3:20.06 210 100 Ma -           |    |                        |     |   |
| 34. | PAZ PRADA, Lara                        | 14 | C.N. Bierzo-Ponferrada | 202 | 2 |
|     | 200 Esp 4:13.37 103 100 Ma 1:56.51 99  |    |                        |     |   |
| 35. | BERMUDEZ VALCARCEL, Paula              | 14 | C.N. Bierzo-Ponferrada | 200 | 2 |
|     | 200 Esp 4:06.11 112 100 Ma 2:01.27 88  |    |                        |     |   |
| 36. | CARRO MARTIN, Brianda                  | 14 | C.D.N. San Jose Obrero | 199 | 2 |
|     | 200 Esp 3:23.61 199 100 Ma -           |    |                        |     |   |
| 37. | GARCIA GARCIA, Naia                    | 14 | C.N. Palencia          | 194 | 2 |
|     | 200 Esp 4:12.02 105 100 Ma 2:01.02 89  |    |                        |     |   |
|     | LOPEZ GARCIA, Vega                     | 14 | C.N. Bierzo-Ponferrada | 194 | 2 |
|     | 200 Esp 4:01.01 120 100 Ma 2:08.40 74  |    |                        |     |   |
| 39. | FERNANDEZ ALONSO, Martina              | 14 | C.D. Parquesol         | 192 | 2 |
|     | 200 Esp 3:25.83 192 100 Ma -           |    |                        |     |   |
| 40. | SANTIAGO BAÑOS, Yanira                 | 14 | C.N. Palencia          | 173 | 2 |
|     | 200 Esp 4:20.48 95 100 Ma 2:06.14 78   |    |                        |     |   |
| 41. | HIGELMO PRIETO, Lucia                  | 14 | C.N. Palencia          | 155 | 2 |
|     | 200 Esp 3:41.14 155 100 Ma -           |    |                        |     |   |
| 42. | SANZ PEREZ, Blanca                     | 14 | C.D. Parquesol         | 137 | 2 |
|     | 200 Esp 3:50.52 137 100 Ma -           |    |                        |     |   |



NADADOR COMPLETO PROMESAS  
CASTILLA Y LEÓN 2025/2026

|                                |    |                     |     |   |
|--------------------------------|----|---------------------|-----|---|
| 43. ARGUELLO CABEZON, Carolina | 14 | C.N.Castilla Zamora | 127 | 2 |
| 200 Esp 3:56.50 127 100 Ma     | -  |                     |     |   |
| 44. MARTINEZ CAZON, Julia      | 14 | N. Casa De Asturias | 124 | 2 |
| 200 Esp 3:57.98 124 100 Ma     | -  |                     |     |   |
| 45. MARTINEZ SECO, Teresa      | 14 | S.D. Venatoria      | 113 | 2 |
| 100 Ma 1:51.65 113 200 Esp     | -  |                     |     |   |
| 46. REVILLA DE CASTRO, Ines    | 14 | C.N. Palencia       | 109 | 2 |
| 200 Esp 4:08.46 109 100 Ma     | -  |                     |     |   |
| 47. MARCOS MOGROVEJO, Valeria  | 14 | C.N. Palencia       | 95  | 2 |
| 100 Ma 1:58.14 95 200 Esp      | -  |                     |     |   |
| 48. BECERRIL PEREZ, Sira       | 14 | C.N. Palencia       | 91  | 2 |
| 100 Ma 2:00.06 91 200 Esp      | -  |                     |     |   |
| 49. CHAKIB ELYAMINE, Assil     | 14 | CD Acuatico Leon    | 90  | 2 |
| 100 Ma 2:00.45 90 200 Esp      | -  |                     |     |   |
| 51. BURGOS DEL RIO, Jimena     | 14 | N. Casa De Asturias | 115 | 1 |
| 200 Esp 4:04.26 115            |    |                     |     |   |
| 52. ARTURO DUARTE, Amaya       | 14 | C.N. Leon           | 48  | 1 |
| 200 Esp 5:25.63 48             |    |                     |     |   |

Fem., 13 años - 2 of 8 Events

|                                        |    |                         |     |   |
|----------------------------------------|----|-------------------------|-----|---|
| 1. DOMINGO RUIZ, Julia                 | 13 | C.N. Palencia           | 785 | 2 |
| 100 Ma 1:13.68 394 200 Esp 2:42.61 391 |    |                         |     |   |
| 2. MARTINEZ MARTIN, Paula              | 13 | C.Acuatico Salamanca    | 766 | 2 |
| 100 Ma 1:14.22 386 200 Esp 2:44.17 380 |    |                         |     |   |
| 3. CARRILLO VIAN, Paola                | 13 | C.N. Palencia           | 702 | 2 |
| 200 Esp 2:39.61 413 100 Ma 1:21.66 289 |    |                         |     |   |
| 4. CASALES MUNGUIA, Leire              | 13 | C.N. Palencia           | 624 | 2 |
| 200 Esp 2:44.17 380 100 Ma 1:26.40 244 |    |                         |     |   |
| 5. CELA CABAÑAS, Gala                  | 13 | C.D. Torrelago Wellness | 582 | 2 |
| 200 Esp 2:55.22 312 100 Ma 1:23.55 270 |    |                         |     |   |
| 6. PEREZ GARCIA, Lucia                 | 13 | C.D.N. San Jose Obrero  | 522 | 2 |
| 200 Esp 2:56.28 307 100 Ma 1:30.13 215 |    |                         |     |   |
| 7. PRIETO GONZALEZ-MOHINO, Sofia       | 13 | C.D. Torrelago Wellness | 520 | 2 |
| 200 Esp 2:58.61 295 100 Ma 1:28.74 225 |    |                         |     |   |
| 8. CAMPOVERDE TORRES, Aitana Cisneth   | 13 | C.D. Parquesol          | 515 | 2 |
| 200 Esp 2:58.75 294 100 Ma 1:29.29 221 |    |                         |     |   |
| 9. VALTUILLE CARUNCHO, Alejandra       | 13 | CD Acuatico Leon        | 507 | 2 |
| 200 Esp 3:06.87 257 100 Ma 1:25.79 250 |    |                         |     |   |
| 10. LOPEZ GARCIA, Carla                | 13 | C.N. Bierzo-Ponferrada  | 457 | 2 |
| 200 Esp 3:05.79 262 100 Ma 1:33.16 195 |    |                         |     |   |
| 11. SEBASTIAN BLANCO, Leyre            | 13 | Casino De La Union      | 434 | 2 |
| 200 Esp 3:05.40 264 100 Ma 1:37.44 170 |    |                         |     |   |
| 12. GRIJALVO RUANO, Aitana             | 13 | C.N. Castilla-Burgos    | 419 | 2 |
| 200 Esp 3:12.02 237 100 Ma 1:35.36 182 |    |                         |     |   |



NADADOR COMPLETO PROMESAS  
CASTILLA Y LEÓN 2025/2026

|     |                                        |    |                         |     |   |
|-----|----------------------------------------|----|-------------------------|-----|---|
| 13. | DE LA PARTE CARTON, Ines               | 13 | C.N. Castilla-Burgos    | 415 | 2 |
|     | 200 Esp 3:07.48 255 100 Ma 1:39.46 160 |    |                         |     |   |
| 14. | DEL BLANCO HERNANDO, Belen             | 13 | N. Casa De Asturias     | 411 | 2 |
|     | 200 Esp 3:13.18 233 100 Ma 1:35.91 178 |    |                         |     |   |
| 15. | RAMOS LA ORDEN, Nerea                  | 13 | C.D.F. Acuatico Soriano | 400 | 2 |
|     | 200 Esp 3:01.00 283 100 Ma 1:50.41 117 |    |                         |     |   |
| 16. | CRESPO FRANCO, Daniela                 | 13 | C.N.Castilla Zamora     | 398 | 2 |
|     | 200 Esp 3:17.70 217 100 Ma 1:35.38 181 |    |                         |     |   |
| 17. | PEREZ FERNANDEZ, Elena                 | 13 | C.N. Palencia           | 394 | 2 |
|     | 200 Esp 3:08.32 251 100 Ma 1:43.33 143 |    |                         |     |   |
| 18. | RUIBAL PUENTE, Claudia                 | 13 | C.N. Bierzo-Ponferrada  | 387 | 2 |
|     | 200 Esp 3:11.37 240 100 Ma 1:42.22 147 |    |                         |     |   |
| 19. | SANTAMARTA CALLEJA, Jimena             | 13 | C.D. Parquesol          | 379 | 2 |
|     | 200 Esp 3:16.18 222 100 Ma 1:40.05 157 |    |                         |     |   |
| 20. | CANTALAPIEDRA GARCIA, Lara             | 13 | C.D. Parquesol          | 373 | 2 |
|     | 200 Esp 3:13.91 230 100 Ma 1:43.34 143 |    |                         |     |   |
| 21. | IRIBARREN MURCIA, Ines                 | 13 | CD Acuatico Leon        | 370 | 2 |
|     | 200 Esp 3:15.48 225 100 Ma 1:42.77 145 |    |                         |     |   |
| 22. | CELADA BANCOV, Lia                     | 13 | C.N. Palencia           | 368 | 2 |
|     | 200 Esp 3:22.49 202 100 Ma 1:38.30 166 |    |                         |     |   |
| 23. | GOMEZ ARRANZ, Elena                    | 13 | Casino De La Union      | 366 | 2 |
|     | 200 Esp 3:15.30 225 100 Ma 1:43.77 141 |    |                         |     |   |
| 24. | ROBLES LOPEZ, Julia                    | 13 | CD Acuatico Leon        | 364 | 2 |
|     | 200 Esp 3:21.03 207 100 Ma 1:40.17 157 |    |                         |     |   |
| 25. | HERNANDEZ DELGADO, Natalia             | 13 | C.Acuatico Salamanca    | 345 | 2 |
|     | 200 Esp 3:31.91 176 100 Ma 1:37.76 169 |    |                         |     |   |
| 26. | MARCOS ALBINO, Laura                   | 13 | C.Acuatico Salamanca    | 338 | 2 |
|     | 200 Esp 3:24.85 195 100 Ma 1:43.31 143 |    |                         |     |   |
| 27. | GARCIA URSAN, Sofia                    | 13 | C.N. Castilla-Burgos    | 337 | 2 |
|     | 200 Esp 3:22.70 202 100 Ma 1:45.14 135 |    |                         |     |   |
| 28. | RODRIGUEZ BELLOTA, Emma                | 13 | C.N. Palencia           | 336 | 2 |
|     | 200 Esp 3:32.26 175 100 Ma 1:39.31 161 |    |                         |     |   |
| 29. | RODRIGUEZ NAVA, Emma                   | 13 | C.Acuatico Salamanca    | 328 | 2 |
|     | 100 Ma 1:38.33 166 200 Esp 3:37.98 162 |    |                         |     |   |
| 30. | TARILONTE CANCHO, Valeria              | 13 | C.N. Palencia           | 325 | 2 |
|     | 200 Esp 3:22.32 203 100 Ma 1:48.86 122 |    |                         |     |   |
| 31. | VALLADARES FURONES, Nora               | 13 | N. Casa De Asturias     | 323 | 2 |
|     | 200 Esp 3:27.83 187 100 Ma 1:45.05 136 |    |                         |     |   |
|     | JIMENEZ MARTIN, Lara                   | 13 | C.Acuatico Salamanca    | 323 | 2 |
|     | 200 Esp 3:24.98 195 100 Ma 1:47.04 128 |    |                         |     |   |
|     | LOPEZ DOMINGO, Gemma                   | 13 | Casino De La Union      | 323 | 2 |
|     | 200 Esp 3:31.87 176 100 Ma 1:42.31 147 |    |                         |     |   |
| 34. | PORRAS VELASCO, Ainhoa                 | 13 | C.N. Palencia           | 322 | 2 |
|     | 200 Esp 3:32.67 174 100 Ma 1:42.18 148 |    |                         |     |   |



NADADOR COMPLETO PROMESAS  
CASTILLA Y LEÓN 2025/2026

|                                        |    |                         |     |   |
|----------------------------------------|----|-------------------------|-----|---|
| 35. GARCIA MARTIN, Isabel              | 13 | C.Acuatico Salamanca    | 315 | 2 |
| 200 Esp 3:36.97 164 100 Ma 1:41.47 151 |    |                         |     |   |
| 36. CASTRO RUIZ, Maria                 | 13 | C.N. Castilla-Burgos    | 304 | 2 |
| 200 Esp 3:24.52 196 100 Ma 1:53.24 108 |    |                         |     |   |
| 37. SIMO ABLANEDO, Alba                | 13 | S.D. Venatoria          | 299 | 2 |
| 200 Esp 3:25.07 195 100 Ma 1:54.60 104 |    |                         |     |   |
| 38. RODRIGUEZ ALVAREZ, Laura           | 13 | C.N. Bierzo-Ponferrada  | 267 | 2 |
| 200 Esp 3:44.59 148 100 Ma 1:49.74 119 |    |                         |     |   |
| 39. BATALLA REYES, Mia Pamela          | 13 | C.N. Leon               | 264 | 2 |
| 200 Esp 3:35.33 168 100 Ma 1:57.85 96  |    |                         |     |   |
| 40. DE UÑA CORBALAN, Angela            | 13 | Club Benavente Natacion | 252 | 2 |
| 200 Esp 3:43.28 151 100 Ma 1:56.03 101 |    |                         |     |   |
| 41. GÓMEZ MARTÍN, Daniela              | 13 | Casino De La Union      | 246 | 2 |
| 200 Esp 3:50.56 137 100 Ma 1:52.89 109 |    |                         |     |   |
| 42. REOYO CUENDE, Leire                | 13 | C.N. Castilla-Burgos    | 232 | 2 |
| 200 Esp 3:54.64 130 100 Ma 1:55.47 102 |    |                         |     |   |
| POLO MORENO, Claudia                   | 13 | C.D. Parquesol          | 232 | 2 |
| 200 Esp 3:13.50 232 100 Ma -           |    |                         |     |   |
| 44. LOZANO CHAMORRO, Andrea            | 13 | N. Casa De Asturias     | 206 | 2 |
| 200 Esp 3:58.75 123 100 Ma 2:03.46 83  |    |                         |     |   |
| 45. VILARIÑO CORTES, Ainhoa            | 13 | C.N. Leon               | 204 | 2 |
| 200 Esp 3:21.77 204 100 Ma -           |    |                         |     |   |
| 46. QUINTERO NOGUEIRAS, Minerva        | 13 | C.N. Bierzo-Ponferrada  | 197 | 2 |
| 100 Ma 1:55.27 103 200 Esp 4:21.42 94  |    |                         |     |   |
| 47. MANSO BLANCO, Noa                  | 13 | C.Acuatico Salamanca    | 185 | 2 |
| 200 Esp 4:21.40 94 100 Ma 1:59.94 91   |    |                         |     |   |
| 48. CHESA BARRERO, Amanda              | 13 | Club Benavente Natacion | 178 | 2 |
| 200 Esp 4:08.46 109 100 Ma 2:11.75 69  |    |                         |     |   |
| 49. FIGUEROA ALQUINGA, Ana Sofia       | 13 | C.N. Castilla-Burgos    | 175 | 2 |
| 100 Ma 1:36.45 175 200 Esp -           |    |                         |     |   |
| 50. SANCHEZ FERREIRA, Ainhoa           | 13 | C.N. Castilla-Burgos    | 156 | 2 |
| 200 Esp 3:40.72 156 100 Ma -           |    |                         |     |   |
| 51. MARTIN HERNANDEZ, Valeria          | 13 | C.Acuatico Salamanca    | 88  | 2 |
| 200 Esp 4:26.56 88 100 Ma -            |    |                         |     |   |
| 52. ANTA SANTOS, Claudia               | 13 | C.N. Riavall            | 265 | 1 |
| 200 Esp 3:05.13 265                    |    |                         |     |   |
| 53. GARCIA AMEZ, Ylenia                | 13 | N. Casa De Asturias     | 152 | 1 |
| 200 Esp 3:42.83 152                    |    |                         |     |   |
| 54. VILLAMOR GONZALEZ, Maria           | 13 | C.N.Castilla Zamora     | 102 | 1 |
| 200 Esp 4:13.88 102                    |    |                         |     |   |
| 55. GARCIA CARNEIRO, Lucia             | 13 | N. Casa De Asturias     | 101 | 1 |
| 200 Esp 4:15.02 101                    |    |                         |     |   |