



## RECORDS Y MEJORES MARCAS DE CASTILLA Y LEÓN - PISCINA 50 METROS - FEMENINO

| PRUEBA        | ABSOLUTO  | 12 AÑOS   | 13 AÑOS  | 14 AÑOS   | 15 AÑOS   | 16 AÑOS  | 17 AÑOS   | 18 AÑOS  |
|---------------|---|---|--|---|---|--|---|--|
| 50m Libre     | Blanca Cerón<br>Castilla Burgos<br>Cádiz<br>31/12/99<br>25.93                   | Sandra Guerra<br>Casino de la Unión<br>Madrid<br>13/07/23<br>29.07          | Vega Alfonso<br>Torrelago Wellness<br>Donostia<br>27/12/24<br>27.16          | Vega Alfonso<br>Torrelago Wellness<br>Ciudad Real<br>17/07/25<br>26.99        | Nerea Rodriguez<br>Acuático León<br>Ciudad Real<br>17/07/25<br>26.76        | Noemi Feliz<br>C.N. Ponferrada<br>Brescia<br>21/03/04<br>26.97         | Yael Mantecón<br>Acuático León<br>Sabadell<br>06/03/25<br>26.88                 | Yael Mantecón<br>Acuático León<br>Gijón<br>22/05/26<br>26.76             |
|               | Natalia Fernández<br>Gimn. Valladolid<br>Málaga<br>05/04/09<br>56.66            | Sandra Guerra<br>Casino de la Unión<br>Madrid<br>14/07/23<br>1:03.34        | Vega Alfonso<br>Torrelago Wellness<br>Ciudad Real<br>12/07/24<br>59.35       | Vega Alfonso<br>Torrelago Wellness<br>Palma M.<br>14/02/25<br>58.13           | Vega Alfonso<br>Torrelago Wellness<br>Valladolid<br>18/04/26<br>58.07       | Noemi Feliz<br>C.N. Ponferrada<br>Palma<br>20/03/04<br>58.10           | Yael Mantecón<br>Acuático León<br>Palma<br>15/02/25<br>58.94                    | Natalia Fernández<br>Gimn. Valladolid<br>Terrassa<br>08/08/08<br>58.76   |
| 100m Libre    | Noemi Feliz<br>Gimn. Valladolid<br>Málaga<br>03/04/09<br>2:00.08                | Paula Cachaperin<br>Torrelago Wellness<br>Madrid<br>14/07/23<br>2:15.58     | Vega Alfonso<br>Torrelago Wellness<br>Ciudad Real<br>13/07/24<br>2:09.77     | Vega Alfonso<br>Torrelago Wellness<br>Palma M.<br>15/02/25<br>2:06.55         | Vega Alfonso<br>Torrelago Wellness<br>Pontevedra<br>14/02/26<br>2:07.22     | Noemi Feliz<br>C.N. Ponferrada<br>Cádiz<br>06/03/04<br>2:07.03         | Sara Cañas<br>Gimn. Valladolid<br>Las Palmas<br>24/07/09<br>2:02.08             | Natalia Fernández<br>Gimn. Valladolid<br>Palma M.<br>04/04/08<br>2:04.28 |
|               | Sara Cañas<br>Gimn. Valladolid<br>Doha<br>09/12/09<br>4:14.72                   | Paula Cachaperin<br>Torrelago Wellness<br>Madrid<br>16/07/23<br>4:47.91     | Vega Alfonso<br>Torrelago Wellness<br>Ciudad Real<br>14/07/24<br>4:30.55     | Sara Cañas<br>Gimn. Valladolid<br>Rio Mayor<br>30/06/06<br>4:28.09            | Sara Cañas<br>Gimn. Valladolid<br>Gijón<br>22/12/07<br>4:25.52              | Sara Cañas<br>Gimn. Valladolid<br>Belgrado<br>31/07/08<br>4:18.55      | Sara Cañas<br>Gimn. Valladolid<br>Doha<br>09/12/09<br>4:14.72                   | Sara Cañas<br>Gimn. Valladolid<br>Málaga<br>25/04/10<br>4:22.62          |
| 200m Libre    | Sara Cañas<br>Gimn. Valladolid<br>Málaga<br>02/04/09<br>8:44.63                 | Sara Cañas<br>A.D. Sarabris<br>Gijón<br>30/06/04<br>9:48.84                 | Sara Cañas<br>Gimn. Valladolid<br>Valladolid<br>28/06/05<br>9:29.85          | Sara Cañas<br>Gimn. Valladolid<br>Barcelona<br>01/12/06<br>9:05.36            | Sara Cañas<br>Gimn. Valladolid<br>Madrid<br>02/12/07<br>9:08.60             | Sara Cañas<br>Gimn. Valladolid<br>Belgrado<br>31/07/08<br>8:48.35      | Sara Cañas<br>Gimn. Valladolid<br>Barcelona<br>18/04/09<br>8:44.63              | Sara Cañas<br>Gimn. Valladolid<br>Málaga<br>22/04/10<br>8:52.06          |
|               | Paula Alonso<br>C.D. Parquesol<br>Oeiras<br>24/07/16<br>16:43.41                | Tope a Batir<br>20.38.53  | Irene Carlon<br>Torrelago Wellness<br>Barcelona<br>16/12/23<br>18:55.98      | Sara Cañas<br>Gimn. Valladolid<br>Barcelona<br>03/12/06<br>17:28.49           | Sara Cañas<br>Gimn. Valladolid<br>Madrid<br>02/12/07<br>17:19.58            | Sara Cañas<br>Gimn. Valladolid<br>Palma M.<br>04/04/08<br>16:47.67     | Sara Cañas<br>Gimn. Valladolid<br>Málaga<br>04/04/09<br>16:49.41                | Sara Cañas<br>Gimn. Valladolid<br>Málaga<br>24/04/10<br>17:08.27         |
| 50m Espalda   | Nerea Rodriguez<br>Acuático León<br>Gijón<br>23/05/26<br>29.66                  | Paula Cachaperin<br>Torrelago Wellness<br>Madrid<br>14/07/23<br>32.32       | Paula Cachaperin<br>Torrelago Wellness<br>Palma de M.<br>14/02/25<br>31.37   | Paula Cachaperin<br>Torrelago Wellness<br>Sabadell<br>21/07/24<br>30.25       | Nerea Rodriguez<br>Acuático León<br>Gijón<br>17/05/25<br>30.14              | Blanca Soto<br>Acuático León<br>Gijón<br>23/05/26<br>29.66             | Blanca Soto<br>Gimn. Valladolid<br>Cádiz<br>13/04/07<br>30.69                   | Lucía Mediavilla<br>Acuático León<br>Palma M.<br>02/04/23<br>30.44       |
|               | Blanca Soto<br>Gimn. Valladolid<br>Cádiz<br>14/07/07<br>1:05.01                 | Paula Cachaperin<br>Torrelago Wellness<br>Madrid<br>16/07/23<br>1:09.15     | Paula Cachaperin<br>Torrelago Wellness<br>Donostia<br>27/12/24<br>1:07.65    | Paula Cachaperin<br>Torrelago Wellness<br>Valladolid<br>27/04/25<br>1:06.02   | Paula Cachaperin<br>Torrelago Wellness<br>Valladolid<br>24/05/26<br>1:05.68 | Blanca Soto<br>Gimn. Valladolid<br>Barcelona<br>28/07/06<br>1:05.47    | Blanca Soto<br>Gimn. Valladolid<br>Cádiz<br>14/07/07<br>1:05.01                 | Blanca Soto<br>Gimn. Valladolid<br>Palma M.<br>05/04/08<br>1:06.40       |
| 100m Espalda  | Fiamma Barreda<br>Castilla Burgos<br>Las Palmas<br>24/07/09<br>2:20.00          | Paula Cachaperin<br>Torrelago Wellness<br>Madrid<br>15/07/23<br>2:30.96     | Paula Cachaperin<br>Torrelago Wellness<br>Ciudad Real<br>13/07/24<br>2:28.11 | Paula Cachaperin<br>Torrelago Wellness<br>Valladolid<br>26/04/25<br>2:23.47   | Paula Cachaperin<br>Torrelago Wellness<br>Valladolid<br>23/05/26<br>2:21.75 | Sara Cañas<br>Gimn. Valladolid<br>Tarrasa<br>05/08/08<br>2:21.06       | Blanca Soto<br>Gimn. Valladolid<br>Cádiz<br>12/04/07<br>2:20.25                 | Jimena Pedregal<br>Acuático León<br>Valladolid<br>5/05/2024<br>2:24.37   |
|               | Nayara Pineda<br>Torrelago Wellness<br>Samorin, Eslovaquia<br>01/07/25<br>31.05 | Silvia de Pablo<br>Torrelago Wellness<br>Tarragona<br>20/07/19<br>37.09     | Nayara Pineda<br>Torrelago Wellness<br>Valladolid<br>03/07/21<br>34.08       | Nayara Pineda<br>Torrelago Wellness<br>Valladolid<br>25/06/22<br>32.45        | Nayara Pineda<br>Torrelago Wellness<br>Rotterdam<br>30/12/23<br>31.34       | Nayara Pineda<br>Torrelago Wellness<br>Sabadell<br>23/02/24<br>31.11   | Nayara Pineda<br>Torrelago Wellness<br>Samorin, Eslovaquia<br>01/07/25<br>31.05 | Nayara Pineda<br>Torrelago Wellness<br>Pontevedra<br>15/02/26<br>31.58   |
| 50m Braza     | Nayara Pineda<br>Torrelago Wellness<br>Rotterdam<br>03/12/23<br>1:07.90         | Silvia de Pablo<br>Torrelago Wellness<br>Tarragona<br>20/07/19<br>1:18.43   | Nayara Pineda<br>Torrelago Wellness<br>Belgrado<br>26/10/21<br>1:13.34       | Nayara Pineda<br>Torrelago Wellness<br>Banská Bystrica<br>28/07/22<br>1:10.88 | Nayara Pineda<br>Torrelago Wellness<br>Rotterdam<br>03/12/23<br>1:07.90     | Nayara Pineda<br>Torrelago Wellness<br>Sabadell<br>25/02/24<br>1:08.29 | Nayara Pineda<br>Torrelago Wellness<br>Palma M.<br>15/02/25<br>1:08.39          | Nayara Pineda<br>Torrelago Wellness<br>Pontevedra<br>14/02/26<br>1:07.49 |
|               | Nayara Pineda<br>Torrelago Wellness<br>Netanya<br>09/09/23<br>2:26.50           | Sandra Santos<br>C.N. Palencia<br>Jaén<br>15/07/22<br>2:47.40               | Nayara Pineda<br>Torrelago Wellness<br>Belgrado<br>16/10/21<br>2:38.31       | Nayara Pineda<br>Torrelago Wellness<br>Banská Bystrica<br>26/07/22<br>2:34.06 | Nayara Pineda<br>Torrelago Wellness<br>Netanya<br>09/09/23<br>2:26.50       | Nayara Pineda<br>Torrelago Wellness<br>Doha<br>15/02/24<br>2:27.45     | Nayara Pineda<br>Torrelago Wellness<br>Palma M.<br>14/02/25<br>2:32.06          | Nayara Pineda<br>Torrelago Wellness<br>Pontevedra<br>13/02/26<br>2:34.78 |
| 200m Braza    | Nerea Rodriguez<br>Acuático León<br>Sabadell<br>11/03/26<br>27.65               | Julia Domingo<br>CN Palencia<br>Cádiz<br>11/07/25<br>31.28                  | Nerea Rodriguez<br>Acuático León<br>Sabadell<br>21/07/23<br>30.06            | Nerea Rodriguez<br>Acuático León<br>Sabadell<br>19/07/24<br>28.98             | Nerea Rodriguez<br>Acuático León<br>Ciudad Real<br>18/07/25<br>28.16        | Nerea Rodriguez<br>Acuático León<br>Sabadell<br>11/03/26<br>27.65      | Nayara Pineda<br>Torrelago Wellness<br>Castellón<br>27/07/25<br>28.93           | Sara Rodriguez<br>C.N. León<br>Sabadell<br>10/04/19<br>28.70             |
|               | Nerea Rodriguez<br>Acuático León<br>Ciudad Real<br>20/07/25<br>1:01.47          | Julia Domingo<br>CN Palencia<br>Cádiz<br>12/07/25<br>1:10.84                | Irene Carlon<br>Torrelago Wellness<br>Sabadell<br>23/07/23<br>1:06.69        | Nerea Rodriguez<br>Acuático León<br>Donostia<br>27/12/24<br>1:04.65           | Nerea Rodriguez<br>Acuático León<br>Ciudad Real<br>20/07/25<br>1:01.47      | Nerea Rodriguez<br>Acuático León<br>Pontevedra<br>13/02/26<br>1:02.53  | Nayara Pineda<br>Torrelago Wellness<br>Castellón<br>27/07/25<br>1:02.88         | Sara Rodriguez<br>C.N. León<br>Valladolid<br>06/07/19<br>1:03.88         |
| 100m Mariposa | Alejandra Tornero<br>C.D. Parquesol<br>Palma de Mallorca<br>14/06/25<br>2:18.34 | Paula Cachaperin<br>Torrelago Wellness<br>Valladolid<br>18/06/23<br>2:37.95 | Nayara Pineda<br>Torrelago Wellness<br>Valladolid<br>20/07/21<br>2:30.71     | Nayara Pineda<br>Torrelago Wellness<br>Banská Bystrica<br>25/07/22<br>2:21.20 | Nayara Pineda<br>Torrelago Wellness<br>Valladolid<br>05/03/23<br>2:21.57    | Yara Garrido<br>Acuático León<br>Las Palmas<br>05/08/21<br>2:23.53     | Yara Garrido<br>C.D. Parquesol<br>Valladolid<br>25/06/22<br>2:20.82             | Alejandra Tornero<br>C.D. Parquesol<br>Málaga<br>29/07/23<br>2:19.87     |
|               | Noemi Feliz<br>Gimn. Valladolid<br>Las Palmas<br>24/07/09<br>2:17.76            | Sandra Santos<br>C.N. Palencia<br>Jaén<br>17/07/22<br>2:34.02               | Sandra Santos<br>C.N. Palencia<br>Sabadell<br>23/07/23<br>2:27.40            | Sandra Santos<br>C.N. Palencia<br>Sabadell<br>21/07/24<br>2:24.24             | Noemi Feliz<br>C.N. Ponferrada<br>Palma M.<br>12/03/23<br>2:22.53           | Yara Garrido<br>Acuático León<br>Las Palmas<br>07/08/21<br>2:23.62     | Yara Garrido<br>Acuático León<br>Torremolinos<br>12/04/22<br>2:22.22            | Yara Garrido<br>C.D. Parquesol<br>Málaga<br>30/07/23<br>2:24.09          |
| 200m Estilos  | Yara Garrido<br>Acuático León<br>Las Palmas<br>04/08/21<br>4:57.28              | Sandra Santos<br>C.N. Palencia<br>Jaén<br>15/07/22<br>5:31.20               | Sandra Santos<br>C.N. Palencia<br>Sabadell<br>21/07/23<br>5:12.87            | Nayara Pineda<br>Torrelago Wellness<br>Palma M.<br>12-02-22<br>5:05.17        | Yara Garrido<br>Acuático León<br>Castellón<br>19/12/20<br>5:07.29           | Yara Garrido<br>Acuático León<br>Las Palmas<br>04/08/21<br>4:57.28     | Yara Garrido<br>Acuático León<br>Torremolinos<br>10/04/22<br>4:58.17            | Yara Garrido<br>C.D. Parquesol<br>Málaga<br>30/03/23<br>5:02.27          |