N° ACTA: FACYLLDNMZA

ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- FASE AUTONÓMICA CASTILLA Y LEÓN LARGA DISTANCIA N.MÁSTER ZAMORA
- **FECHA DE LA CELEBRACION.**
  22 NOVIEMBRE DE 2026 -
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**
  FEDERACIÓN CASTILLA Y LEÓN DE NATACIÓN
  LUGAR DE CELEBRACION.
- ZAMORA
- **NOMBRE DE LA PISCINA.**
  LOS ALMENDROS
- **PISCINA DE 25 E. – 8 CALLES.**
- **CLUBES PARTICIPANTES**
  SEGÚN HOJA

COMPOSICION DEL JURADO

JUEZ ÁRBITRO: SERGIO GÓMEZ
JUEZ DE SALIDAS: SUSANA HERNÁNDEZ
JUECES DE VIRAJES / ESTILOS:
JEFE DE CRONOMETRADORES:
CRONOMETRADORES:

PAZ TEJERO	GERARD VÁZQUEZ
JUAN CHIMENO	LUCÍA GALÁN
HUGO FERNÁNDEZ	CLAUDIA CHIMENO
ADRIÁN SILVA	ÁLVARO MARTÍN

CAMARA DE SALIDAS:
LOCUTOR:
PREMIACION:
DURACIÓN COMPETICIÓN:
CRONOMETRAJE ELECTRONICO: MANUEL CANO
SECRETARIA: SONIA MASERO
SECRETARIA DE RESULTADOS: SILVIA GONZÁLEZ

INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: SERGIO GÓMEZ

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
C.D. Parquesol	P0904	ESP	-	1	1	-	1	1	-	-	-
C.D. Tizona Burgos	01358	ESP	3	-	3	3	-	3	-	-	-
C.D.N. Zamora	01251	ESP	1	1	2	1	1	2	-	-	-
Club Benavente Natacion	P0909	ESP	-	1	1	-	1	1	-	-	-
Número total de 4 clubes			4	3	7	4	3	7	-	-	-

Prueba 1 — 3000m Libre — 1 - 98 años
22/11/2026 - 9:30 — Resultados

Puntos: AQUA 2026

Clasificación		AN		Tiempo	Pts

1 - 98 años, Masc.

1.	LOPEZ PUYUELO, Pablo					98	C.D. Tizona Burgos									**36:41.04**	455
50m:	34.17	34.17	800m:	9:43.69	37.54	1550m:	19:00.94	36.90	2300m:	28:13.89	36.47						
100m:	1:09.53	35.36	850m:	10:20.82	37.13	1600m:	19:37.99	37.05	2350m:	28:50.50	36.61						
150m:	1:45.12	35.59	900m:	10:57.95	37.13	1650m:	20:14.79	36.80	2400m:	29:26.84	36.34						
200m:	2:21.04	35.92	950m:	11:35.26	37.31	1700m:	20:51.72	36.93	2450m:	30:03.41	36.57						
250m:	2:57.64	36.60	1000m:	12:12.85	37.59	1750m:	21:28.86	37.14	2500m:	30:39.69	36.28						
300m:	3:33.78	36.14	1050m:	12:50.14	37.29	1800m:	22:05.92	37.06	2550m:	31:16.04	36.35						
350m:	4:10.28	36.50	1100m:	13:27.52	37.38	1850m:	22:42.99	37.07	2600m:	31:52.55	36.51						
400m:	4:46.63	36.35	1150m:	14:04.25	36.73	1900m:	23:19.77	36.78	2650m:	32:28.92	36.37						
450m:	5:23.27	36.64	1200m:	14:41.29	37.04	1950m:	23:56.67	36.90	2700m:	33:05.30	36.38						
500m:	5:59.91	36.64	1250m:	15:18.57	37.28	2000m:	24:33.76	37.09	2750m:	33:41.68	36.38						
550m:	6:37.07	37.16	1300m:	15:55.83	37.26	2050m:	25:10.60	36.84	2800m:	34:18.36	36.68						
600m:	7:14.28	37.21	1350m:	16:32.94	37.11	2100m:	25:47.36	36.76	2850m:	34:54.73	36.37						
650m:	7:51.43	37.15	1400m:	17:09.94	37.00	2150m:	26:24.20	36.84	2900m:	35:31.31	36.58						
700m:	8:28.85	37.42	1450m:	17:46.85	36.91	2200m:	27:01.01	36.81	2950m:	36:07.27	35.96						
750m:	9:06.15	37.30	1500m:	18:24.04	37.19	2250m:	27:37.42	36.41	3000m:	36:41.04	33.77						
2.	MARTIN ANGULO, Daniel					82	C.D. Tizona Burgos									**42:52.05**	285
50m:	40.46	40.46	800m:	11:14.19	42.55	1550m:	21:57.80	43.15	2300m:	32:45.17	43.34						
100m:	1:21.55	41.09	850m:	11:56.68	42.49	1600m:	22:41.15	43.35	2350m:	33:28.51	43.34						
150m:	2:03.29	41.74	900m:	12:39.43	42.75	1650m:	23:24.29	43.14	2400m:	34:11.86	43.35						
200m:	2:45.64	42.35	950m:	13:22.28	42.85	1700m:	24:06.86	42.57	2450m:	34:55.66	43.80						
250m:	3:27.52	41.88	1000m:	14:04.98	42.70	1750m:	24:50.11	43.25	2500m:	35:39.79	44.13						
300m:	4:09.77	42.25	1050m:	14:47.54	42.56	1800m:	25:33.17	43.06	2550m:	36:23.84	44.05						
350m:	4:52.16	42.39	1100m:	15:30.46	42.92	1850m:	26:16.04	42.87	2600m:	37:08.13	44.29						
400m:	5:34.52	42.36	1150m:	16:13.79	43.33	1900m:	26:59.08	43.04	2650m:	37:51.83	43.70						
450m:	6:17.24	42.72	1200m:	16:56.63	42.84	1950m:	27:41.88	42.80	2700m:	38:34.94	43.11						
500m:	6:59.65	42.41	1250m:	17:39.36	42.73	2000m:	28:24.94	43.06	2750m:	39:18.29	43.35						
550m:	7:42.43	42.78	1300m:	18:22.19	42.83	2050m:	29:08.16	43.22	2800m:	40:01.59	43.30						
600m:	8:24.71	42.28	1350m:	19:05.24	43.05	2100m:	29:51.51	43.35	2850m:	40:44.73	43.14						
650m:	9:06.92	42.21	1400m:	19:48.17	42.93	2150m:	30:34.94	43.43	2900m:	41:27.47	42.74						
700m:	9:49.21	42.29	1450m:	20:31.25	43.08	2200m:	31:18.32	43.38	2950m:	42:10.31	42.84						
750m:	10:31.64	42.43	1500m:	21:14.65	43.40	2250m:	32:01.83	43.51	3000m:	42:52.05	41.74						
3.	DOMINGO ALONSO, Alvaro					74	C.D.N. Zamora									**45:52.95**	232
50m:	39.86	39.86	800m:	12:01.60	46.29	1550m:	23:36.01	46.87	2300m:	35:16.86	47.10						
100m:	1:22.31	42.45	850m:	12:47.95	46.35	1600m:	24:22.23	46.22	2350m:	36:04.43	47.57						
150m:	2:06.73	44.42	900m:	13:33.68	45.73	1650m:	25:08.30	46.07	2400m:	36:50.91	46.48						
200m:	2:52.03	45.30	950m:	14:20.45	46.77	1700m:	25:54.81	46.51	2450m:	37:37.01	46.10						
250m:	3:37.07	45.04	1000m:	15:06.20	45.75	1750m:	26:42.06	47.25	2500m:	38:23.25	46.24						
300m:	4:22.73	45.66	1050m:	15:52.06	45.86	1800m:	27:28.79	46.73	2550m:	39:09.30	46.05						
350m:	5:08.26	45.53	1100m:	16:37.99	45.93	1850m:	28:15.24	46.45	2600m:	39:54.80	45.50						
400m:	5:53.82	45.56	1150m:	17:24.24	46.25	1900m:	29:01.44	46.20	2650m:	40:40.41	45.61						
450m:	6:39.44	45.62	1200m:	18:10.29	46.05	1950m:	29:47.85	46.41	2700m:	41:25.77	45.36						
500m:	7:25.51	46.07	1250m:	18:56.60	46.31	2000m:	30:34.70	46.85	2750m:	42:11.31	45.54						
550m:	8:11.56	46.05	1300m:	19:43.17	46.57	2050m:	31:22.01	47.31	2800m:	42:57.26	45.95						
600m:	8:57.51	45.95	1350m:	20:29.88	46.71	2100m:	32:08.76	46.75	2850m:	43:41.47	44.21						
650m:	9:43.78	46.27	1400m:	21:16.23	46.35	2150m:	32:56.26	47.50	2900m:	44:26.52	45.05						
700m:	10:29.28	45.50	1450m:	22:02.80	46.57	2200m:	33:43.09	46.83	2950m:	45:11.67	45.15						
750m:	11:15.31	46.03	1500m:	22:49.14	46.34	2250m:	34:29.76	46.67	3000m:	45:52.95	41.28						
4.	CARRANZA RODRIGUEZ, Luis Guillermo					57	C.D. Tizona Burgos									**56:24.72**	125
50m:	47.98	47.98	800m:	14:32.66	56.60	1550m:	28:42.58	57.84	2300m:	42:58.70	56.22						
100m:	1:40.01	52.03	850m:	15:29.22	56.56	1600m:	29:38.50	55.92	2350m:	43:57.07	58.37						
150m:	2:33.90	53.89	900m:	16:25.04	55.82	1650m:	30:36.08	57.58	2400m:	44:54.43	57.36						
200m:	3:27.54	53.64	950m:	17:21.40	56.36	1700m:	31:33.60	57.52	2450m:	45:51.54	57.11						
250m:	4:20.69	53.15	1000m:	18:17.79	56.39	1750m:	32:30.24	56.64	2500m:	46:48.57	57.03						
300m:	5:15.30	54.61	1050m:	19:15.47	57.68	1800m:	33:26.33	56.09	2550m:	47:45.73	57.16						
350m:	6:09.57	54.27	1100m:	20:12.17	56.70	1850m:	34:24.46	58.13	2600m:	48:43.93	58.20						
400m:	7:04.95	55.38	1150m:	21:07.92	55.75	1900m:	35:21.40	56.94	2650m:	49:42.00	58.07						
450m:	7:59.64	54.69	1200m:	22:05.36	57.44	1950m:	36:18.57	57.17	2700m:	50:38.68	56.68						
500m:	8:55.03	55.39	1250m:	23:01.15	55.79	2000m:	37:14.50	55.93	2750m:	51:37.18	58.50						
550m:	9:50.97	55.94	1300m:	23:58.35	57.20	2050m:	38:12.20	57.70	2800m:	52:34.79	57.61						
600m:	10:47.89	56.92	1350m:	24:55.68	57.33	2100m:	39:09.52	57.32	2850m:	53:32.77	57.98						
650m:	11:44.20	56.31	1400m:	25:52.43	56.75	2150m:	40:07.03	57.51	2900m:	54:29.92	57.15						
700m:	12:40.05	55.85	1450m:	26:48.97	56.54	2200m:	41:05.20	58.17	2950m:	55:27.57	57.65						
750m:	13:36.06	56.01	1500m:	27:44.74	55.77	2250m:	42:02.48	57.28	3000m:	56:24.72	57.15						

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Prueba 1, 3000m Libre

1 - 98 años, Fem.

1. BENGOECHEA ECHEVERRIA, Jaione 79 C.D. Parquesol **44:10.62** 321

50m:	39.09	39.09	800m:	11:21.99	43.63	1550m:	22:26.94	44.67	2300m:	33:43.81	44.86
100m:	1:19.34	40.25	850m:	12:05.81	43.82	1600m:	23:11.77	44.83	2350m:	34:29.11	45.30
150m:	2:01.07	41.73	900m:	12:49.81	44.00	1650m:	23:56.91	45.14	2400m:	35:14.49	45.38
200m:	2:43.11	42.04	950m:	13:33.80	43.99	1700m:	24:41.85	44.94	2450m:	35:59.37	44.88
250m:	3:25.43	42.32	1000m:	14:17.92	44.12	1750m:	25:27.00	45.15	2500m:	36:44.25	44.88
300m:	4:08.26	42.83	1050m:	15:02.32	44.40	1800m:	26:12.62	45.62	2550m:	37:29.10	44.85
350m:	4:51.00	42.74	1100m:	15:46.47	44.15	1850m:	26:57.62	45.00	2600m:	38:14.19	45.09
400m:	5:33.89	42.89	1150m:	16:30.99	44.52	1900m:	27:42.99	45.37	2650m:	38:58.84	44.65
450m:	6:16.91	43.02	1200m:	17:15.45	44.46	1950m:	28:28.27	45.28	2700m:	39:43.61	44.77
500m:	7:00.30	43.39	1250m:	17:59.92	44.47	2000m:	29:13.23	44.96	2750m:	40:28.44	44.83
550m:	7:43.40	43.10	1300m:	18:44.35	44.43	2050m:	29:58.29	45.06	2800m:	41:13.01	44.57
600m:	8:26.85	43.45	1350m:	19:28.77	44.42	2100m:	30:43.59	45.30	2850m:	41:57.79	44.78
650m:	9:10.26	43.41	1400m:	20:13.36	44.59	2150m:	31:28.95	45.36	2900m:	42:42.12	44.33
700m:	9:54.17	43.91	1450m:	20:57.76	44.40	2200m:	32:13.94	44.99	2950m:	43:26.44	44.32
750m:	10:38.36	44.19	1500m:	21:42.27	44.51	2250m:	32:58.95	45.01	3000m:	44:10.62	44.18

2. GARCIA ALVAREZ, Maria Jose 71 Club Benavente Natacion **47:31.44** 258

50m:	48.67	48.67	800m:	12:37.92	47.15	1550m:	24:31.07	48.03	2300m:	36:30.96	48.35
100m:	1:35.88	47.21	850m:	13:25.50	47.58	1600m:	25:18.87	47.80	2350m:	37:17.90	46.94
150m:	2:22.65	46.77	900m:	14:13.35	47.85	1650m:	26:07.46	48.59	2400m:	38:04.86	46.96
200m:	3:09.73	47.08	950m:	15:01.47	48.12	1700m:	26:54.71	47.25	2450m:	38:52.39	47.53
250m:	3:56.90	47.17	1000m:	15:47.88	46.41	1750m:	27:42.84	48.13	2500m:	39:40.23	47.84
300m:	4:43.84	46.94	1050m:	16:35.67	47.79	1800m:	28:29.63	46.79	2550m:	40:27.51	47.28
350m:	5:31.17	47.33	1100m:	17:23.07	47.40	1850m:	29:17.07	47.44	2600m:	41:14.42	46.91
400m:	6:17.76	46.59	1150m:	18:10.12	47.05	1900m:	30:06.43	49.36	2650m:	42:02.08	47.66
450m:	7:04.83	47.07	1200m:	18:57.78	47.66	1950m:	30:53.09	46.66	2700m:	42:50.25	48.17
500m:	7:52.01	47.18	1250m:	19:45.34	47.56	2000m:	31:41.13	48.04	2750m:	43:38.26	48.01
550m:	8:39.45	47.44	1300m:	20:32.50	47.16	2050m:	32:28.76	47.63	2800m:	44:25.26	47.00
600m:	9:27.02	47.57	1350m:	21:19.93	47.43	2100m:	33:17.68	48.92	2850m:	45:11.45	46.19
650m:	10:15.07	48.05	1400m:	22:07.50	47.57	2150m:	34:06.28	48.60	2900m:	45:58.04	46.59
700m:	11:02.77	47.70	1450m:	22:55.66	48.16	2200m:	34:54.73	48.45	2950m:	46:45.86	47.82
750m:	11:50.77	48.00	1500m:	23:43.04	47.38	2250m:	35:42.61	47.88	3000m:	47:31.44	45.58

3. VELA GARCIA, Silvia 78 C.D.N. Zamora **55:27.47** 162

50m:	51.58	51.58	800m:	14:27.36	54.88	1550m:	28:22.40	56.26	2300m:	42:33.63	56.73
100m:	1:43.95	52.37	850m:	15:21.40	54.04	1600m:	29:19.15	56.75	2350m:	43:29.73	56.10
150m:	2:37.42	53.47	900m:	16:16.71	55.31	1650m:	30:15.78	56.63	2400m:	44:25.73	56.00
200m:	3:31.01	53.59	950m:	17:12.38	55.67	1700m:	31:11.76	55.98	2450m:	45:22.31	56.58
250m:	4:25.54	54.53	1000m:	18:08.14	55.76	1750m:	32:08.81	57.05	2500m:	46:18.90	56.59
300m:	5:19.96	54.42	1050m:	19:03.86	55.72	1800m:	33:05.96	57.15	2550m:	47:14.04	55.14
350m:	6:14.68	54.72	1100m:	20:00.47	56.61	1850m:	34:02.85	56.89	2600m:	48:09.99	55.95
400m:	7:09.45	54.77	1150m:	20:56.09	55.62	1900m:	34:59.01	56.16	2650m:	49:04.36	54.37
450m:	8:04.10	54.65	1200m:	21:51.75	55.66	1950m:	35:56.04	57.03	2700m:	50:00.72	56.36
500m:	8:58.32	54.22	1250m:	22:46.19	54.44	2000m:	36:53.46	57.42	2750m:	50:55.79	55.07
550m:	9:53.26	54.94	1300m:	23:42.33	56.14	2050m:	37:50.86	57.40	2800m:	51:51.77	55.98
600m:	10:48.09	54.83	1350m:	24:38.96	56.63	2100m:	38:48.03	57.17	2850m:	52:47.54	55.77
650m:	11:42.71	54.62	1400m:	25:34.93	55.97	2150m:	39:43.65	55.62	2900m:	53:42.71	55.17
700m:	12:37.33	54.62	1450m:	26:30.14	55.21	2200m:	40:40.19	56.54	2950m:	54:36.26	53.55
750m:	13:32.48	55.15	1500m:	27:26.14	56.00	2250m:	41:36.90	56.71	3000m:	55:27.47	51.21